

KONK A DONK

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Music: "Konk A Donk / Blame It On The Bossa Nova", Album "Don't Stop" (Ross Mitchell, His Band and Singers, DLD 1016)
Download possible from amazon.com - 3:58 min Stop music 2:12 min
Rhythm & Phase: MB, Phase III + 1 (Aida)
Timing: qqS throughout, unless noted - reflects actual weight changes
Footwork: opposite unless noted (Woman's footwork in parentheses)
Sequence: Intro - A - B - A - B - A

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INTRODUCTION

- 1-4** WAIT 2 MEAS ; ; SIDE, DRAW, CLOSE ; SIDE WALK 3 ;
1-2 {Wait 2} In BFLY M fcg ptr & WALL w/trlfeet free wait 2 meas ; ;
3 {Sd Draw CI (SS)} Stp sd R, draw L to R w/no weight, cl L to R, - ;
4 {Sd Walk 3} Stp sd R, cl L to R, sd R, - ;

PART A

- 1-4** AIDA ; BACK BASIC ; OPEN CUCARACHA ; BACK BASIC ;
1 {Aida} Stp thru L, sd R to fc, bk L twd RLOD to "V" Back-to-Back pos w/trlarms extended twd LOD, - ;
2 {Bk Basic} In OP LOD rk bk R, rec L, fwd R, - ;
3 {Open Cuca} In OP LOD rk sd L w/partial weight & hip action, rec R, cl L to R, - ;
4 {Bk Basic} Repeat meas 2 of Part A ;

- 5-8** OPEN CUCARACHA ; BACK BASIC TO FACE ; SIDE, DRAW, CLOSE ; SIDE WALK 3 ;
5 {Open Cuca} Repeat meas 3 of Part A ;
6 {Bk Basic to Fc} In OP LOD rk bk R, rec L, fwd R to BFLY WALL, - ;
7 {Sd Draw CI (SS)} Stp sd L, draw R to L w/no weight, cl R to L, - ;
8 {Sd Walk 3} Stp sd L, cl R to L, sd L, - ;

- 9-12** AIDA ; BACK BASIC ; OPEN CUCARACHA ; BACK BASIC ;
9 {Aida} Stp thru R, sd L to fc, bk R twd LOD to "V" Back-to-Back pos w/larms extended twd RLOD, - ;
10 {Bk Basic} In OP RLOD rk bk L, rec R, fwd L, - ;
11 {Open Cuca} In OP RLOD rk sd R w/partial weight & hip action, rec L, cl R to L, - ;
12 {Bk Basic} Repeat meas 10 of Part A ;

- 13-16** OPEN CUCARACHA ; BACK BASIC TO FACE ; CUCARACHA ; SIDE, DRAW, CLOSE ;
13 {Open Cuca} Repeat meas 11 of Part A ;
14 {Bk Basic to Fc} In OP RLOD rk bk L, rec R, fwd L to BFLY WALL, - ;
15 {Cuca} Rk sd R w/partial weight & hip action, rec L, cl R to L, - ;
16 {Sd Draw CI (SS)} Repeat meas 7 of Part A ;

PART B

- 1-4** CLOSED BASIC ; ; CUCARACHA TWICE ; ;
1-2 {CI Basic} In CP WALL rk fwd L, rec bk R, cl L to R, - ; Rk bk R, rec fwd L, cl R to L, - ;
3-4 {Cuca 2x} Rk sd L w/partial weight & hip action, rec R, cl L to R, - ; Then repeat meas 15 of Part A ;

- 5-8** HALF BASIC ; UNDERARM TURN ; MAN UNDERARM TURN ; BACK HALF BASIC ;
5 {Half Basic} In CP WALL rk fwd L, rec bk R, sm sd L, - ;
6 {Undrm Trn} Rk bk R twd DLC leadg W to trn RF undr jnd ldhnds, rec L, sd R to fc, - ;
(W trng ½ RF undr jnd ldarms stp fwd L, cont RF trn stp sd & fwd R, sd L to fc, - ;)
7 {M Undrm Trn} Trng ½ RF undr jnd trlarms stp fwd L, cont RF trn stp sd & fwd R, sd L to fc, - ;
(W rk bk R twd DRW while M trns RF undr jnd trlhnds, rec L, sd R to fc, - ;)
8 {Bk Half Basic} In CP WALL rk bk R, rec L, sm sd R, - ;

- 9-12** CLOSED BASIC ; ; CUCARACHA TWICE ; ;
Repeat meas 1-4 of Part B ; ; ; ;

- 13-16** HALF BASIC ; UNDERARM TURN ; MAN UNDERARM TURN ; BACK HALF BASIC ;
Repeat meas 5-8 of Part B ; ; ; ;

Suggested Cues:

Intro With **trift free** wait 2;; Sd Draw Cl; Sd Walk 3;

A to RLOD Aida; Bk Basic; Open Cuca; Bk Basic;
Open Cuca; Bk Basic to Fc; Sd Draw Cl; Sd Walk 3;
to LOD Aida; Bk Basic; Open Cuca; Bk Basic;
Open Cuca; Bk Basic to Fc; Cuca; Sd Draw Cl;

B Cl Basic;; Cuca 2x;;
½ Basic; Lady Undrm Trn; M Undrm Trn; Bk ½ Basic;
repeat;;; ;;;

A

B

A

& Stop music at 2.12