

LA LONTANANZA (The Distance)

Music NDMI (Alessandro Olivato)
<https://vndance.info/product/ndmi-piano-dreams/>
Track # 2 Time 2:48
Available from choreographer

Rhythm: **Waltz** Phase: **IV+1 (Bk Tipple Chasse)**

Footwork: **Opposite except where (Noted)**

Release Date: July 17

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Sequence: **INTRO AA B A END**

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INTRO

01-04 BFLY POS WALL LEAD FOOT FREE WAIT 2 MEASURES ; ; ROLL 3 to SCP ; CHAIR & SLIP :

{Wait} BFLY POS WALL ld ft free wt 2 meas ; ; **{Roll 3 to SCP}** Start LF trn (*W RF*) sd & fwd L, small sd R cont LF trn, sd & fwd L cont LF trn to SCP LOD ; **{Chair & Slip}** Ck fwd R w/bent knee, rec L w/ slight LF trn, sm bk R (*W ck fwd L, rec R swvlg 5/8 LF, fwd L*) to CP DLC ;

PART A

01-04 REVERSE WAVE ; ; BACK TIPPLE CHASSE PIVOT ; PIVOT 2 to DLC ;

{Reverse Wave} Fwd L starting LF bdy trn 1/4, sd R LOD, back L (*W Bk R starting LF bdy trn 1/4, cl L to R [heel trn], fwd R*) CP M fcg COH ; Bk R to WALL comm curving left face, bk L curving LF, bk R to end fcg RLOD (*W fwd L comm curving LF, fwd R curving LF, fwd L to end fcg LOD*) CP RLOD ; **{Bk R Tipple Chasse Pivot}** [SQ&Q] Bk L comm RF trn, cont RF trn sd R toe pointing DLC/cl L cont slight RF trn, fwd R LOD btwn W's feet and pivot 3/8 RF to CP DRW (*W Fwd R outsd ptr comm RF trn, cont RF trn sd L/cl R to L, bk L and pivot 3/8 RF to CP fc DLC*) ; **{Pivot 2 to DLC}** [SS] Bk L pivot RF, fwd R heel to ball cont trn to CP DLC ;

05-08 VIENNESE TURNS ; ; HOVER to BJO ; CROSS PIVOT to SCAR :

{Viennese Turns} Fwd L stg LF trn, sd R cont trn, XLif to fc RLOD (*W bk R stg LF trn, sd L cont trn, cl R*) ; Bk R cont LF trn, sd L cont trn, cl R (*W fwd L cont LF trn, sd R cont trn, XLif*) to CP DLW ; **{Hover to BJO}** Fwd L, sd & fwd R rising, sd & fwd L (*Bk R, sd & bk L rising trng LF to BJO, bk R*) to BJO LOD ; **{Cross Pivot to SCAR}** Fwd R comm RF trn, sd L cont RF trn, cont trn sd R (*W bk L comm RF trn, cl R [heel trn] with right sd stretch, cont RF trn sd L to SCAR*) ;

09-12 FORWARD CHECK/W DEVELOPE ; OP FINISH ; TELEMARK to SCP ; START IN & OUT RUNS ; ;

{Fwd Ck/W Develope} [S] Fwd L outsd W checking, -, - (*W bk R, bring L ft up R leg to insd of R knee, extend L ft fwd*) to SCAR DLW ; **{OP Finish}** Bk R com LF trn, contg LF trn sd L to mom CP, compg ½ LF trn fwd R to BJO DLC ; **{Telemark to SCP}** Fwd L comm LF trn, sd R w/ a strong LF trn, sd & slightly fwd L (*W bk R comm LF trn, cl L [heel trn], sd & slightly fwd R*) to SCP DLW ; **{Start In & Out Runs}** Trng RF fwd R, sd & bk L to CP RLOD, bk R (*W fwd L, fwd R btwn M's ft, fwd L*) to BJO RLOD ;

13-16 FINISH IN & OUT RUNS ; MANEUVER UNDERTURNED ; OUTSIDE CHANGE to SCP ; CHAIR & SLIP ;

{Finish In & Out Runs} Trng RF bk L, cont trn fwd R btwn W's ft, sd & fwd L (*W trng RF fwd R, cont trn sd L in frnt of M, cont trn fwd & sd R*) to SCP LOD ; **{Maneuver Underturned}** Trng RF fwd R, sd L trn RF to DRW, cl R (*W fwd L, R, L*) to CP DRW ; **{Outsd Change to SCP}** Comm LF trn bk L, bk & sd R cont LF trn, sd & fwd L (*W fwd R, L, R*) to SCP LOD ; **{Chair & Slip}** Repeat meas 4 Intro ;

PART B

01-04 DIAMOND TURN / W INSIDE TURNS ; ; ;

{Diamond Turn} Fwd L trng LF, compg ¼ LF trn sd R, bk L to BJO DRC ; Staying in BJO & trng LF bk R, compg ¼ LF trn sd L, fwd R (*W fwd L comm LF trn under lead hands fc RDC, small sd R cont LF trn, small sd L compg LF trn*) to BJO DRW ; Repeat meas 1,2 Part B to BJO DLW & DLC ; ;

05-08 TURN LEFT & R CHASSE to BJO ; BACK UP WALTZ ; HOVER CORTE ; SLOW OUTSIDE SWIVEL ;

{Trn Left & R Chasse to BJO} [1,2&3] Fwd L stg to trn LF, contg LF trn sd R/cl L, sd & bk R to BJO RLOD ; **{Back Up Waltz}** Bk R, bk L, cl R ; **{Hover Corte}** Bk R, trng LF sd & fwd L LOD leavg R leg in pl, compg ½ LF trn rec R (*W fwd L, trng LF sd & fwd R & brush L to R, fwd L*) to BJO DLW ; **{Slow Outsd Swivel}** [S] Bk L trng body RF, allow R to draw bk slightly in front of L (*W fwd R, swivel RF*) to SCP LOD, -;

09-12 THRU SYNCOPATED VINE ; CROSS HESITATION ; BACK BACK/LOCK BACK ; IMPETUS to SCP ;

{Thru Syncop Vine} [S,Q&Q] Thru R, sd L/XRib (*W XLib*), sd L to SCP LOD ; **{Cross Hesitation}** [S,-,-/SQQ] Fwd R, w/o chg wgt trn ¼ LF on ball of R ft, cont trng LF on ball of R ft ckg (*W fwd L stg LF trn, sd R arnd M trng LF, contg LF trn cl L*) to BJO DRC ; **{Bk Bk/Lk Bk}** (1,2&3) Bk L, bk R/lk Lf, bk R to BJO ; **{Impetus to SCP}** Bk L w/ RF bdy trn, cl R [heel trn] contg RF trn, fwd L (*W fwd R outsd ptr pvtg RF, sd & fwd L contg RF trn arnd M, brush R & fwd R*) to SCP DLC ;

13-17 WEAVE 6 to BJO ; ; OP NATURAL ; SPIN TURN ; BOX FINISH ;

{Weave 6 to BJO} Fwd R DLC, fwd L stg LF trn, contg trn sd & bk R to fc DRC (*W fwd L trng LF, sd & bk R to CP, contg LF trn sd & fwd L LOD to BJO*) ; Bk L LOD, bk R trng LF trn, sd & fwd L (*W fwd R outsd ptr, fwd L to CP contg LF trn, sd & bk R*) to BJO DLW ; **{OP Natural}** Fwd R stg RF trn, cont trn sd & bk L, bk R w/ R sd ld (*W bk L trng RF, fwd R btwn man's feet, fwd L*) to BJO DRC ; **{Spin Turn}** Stg RF upper bdy trn bk L pvtg ½ RF to fc LOD, fwd R btwn W's ft heel to toe cont trn leavg L leg xtnd bk & sd, rec L (*W stg RF upper bdy trn fwd R btwn M's ft heel to toe pvtg ½ RF, bk L cont trn brush R to L, fwd R btwn M's ft*) to CP DLW ; **{Box Finish}** Bk R, sd & bk L trng 1/4 LF, cl R to CP DLC ;

ENDING

01-05 FORWARD WALTZ ; MANEUVER UNDERTURNED ; OUTSIDE CHANGE to SCP ; THRU SYNCOPATED VINE ; CHAIR ;

{Fwd Waltz} Fwd L, fwd & sd R, cl L ; **{Maneuver Underturned}** Repeat meas 14 Part A ; **{Outsd Change to SCP}** Repeat meas 15 Part A ; **{Thru Syncop Vine}** Repeat meas 9 Part B ; **{Chair}** [Q] Strong fwd R in lunge action bending knee ;