

LA MENTIRA

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Music: La Mentira (Yellow Days) by The New 101 Strings Orchestra
From the CD album Strictly Ballroom: Strictly Rumba & Bolero
Available from iTunes Music Downloads

Rhythm/Phase: Rumba Phase III

Music Speed: As downloaded

Footwork: Opposite throughout directions for M (and for W where noted).

Sequence: Introduction A B C B Ending

..... INTRODUCTION (8 Measures)

BFLY POS FCNG PTNR & WALL W/ LEAD FEET FREE WAIT 2 MEAS;; FENCE LINE TWICE;; REVERSE UNDERARM TURN; UNDERARM TURN; LARIAT 6 BFLY;;

[1 & 2] In bfly pos fcng partner & wall w/ lead feet free wait 2 measures;; [3 & 4] Twd RLOD cross lunge thru L with bent knee look direction of lunge, rec R trng to fc partner, step sd L, -; Twd LOD cross lunge thru R with bent knee look direction of lunge, rec L trng to fc partner, step sd R, -; [5] XLIF of right, rec R, sd L, -; (W XRIF under joined lead hands commence lf turn 1/2, rec L complete lf turn to fc partner, sd R, -;) [6] Bk R, rec L, sd R, -; (W XLIF under joined lead hands commence 1/2 rf turn, rec R complete rf turn to fc partner, sd L, -;) [7 & 8] Step in place L, R, L, -; R, L, R, -; (W circle M clockwise with joined lead hands fwd R, fwd L, fwd R, -; Fwd L, fwd R, sd L end fcng M bfly pos, -;)

..... PART A (16 Measures)

(IN BFLY) RUMBA BOX;; REVERSE THE BOX;; 2 SIDE CLOSES; SIDE & THRU; SIDE WALKS;; REPEAT MEAS 1 THRU 8;;; ;;;

NOTE: All of Part A is done in butterfly position. [1 & 2] Sd L, cl R, fwd L, -; Sd R, cl L, bk R, -; [3 & 4] Sd L, cl R, bk L, -; Sd R, cl L, fwd R, -; [5] Sd L, cl R, sd L, cl R; [6] Sd L, -, thru R, -; [7 & 8] Sd L, cl R, sd L, -; Cl R, sd L, cl R, -; [9 - 16] Repeat measures 1 thru 8;;; ;;;

..... PART B (16 Measures)

CHASE W/ PEEK-A-BOO BLND BFLY;;; FENCE LINE REV; THRU SERPIENTE;; FENCE LINE LOD; TO REV, CRAB WALKS;; SHLDR TO SHLDR TWICE;; BRK BK OPN FC LOD; PROGRESSIVE WALK 3; CIRCLE AWAY & TOG BFLY WALL;;

[1 - 4] Fwd L commence 1/2 rf turn, rec R, cl L, -; Sd R look over left shldr, rec L, cl R, -; Sd L look over right shldr, rec R, cl L, -; Fwd R commence 1/2 lf turn, rec L, cl R blnd bfly pos, -; (W bk R, rec L, cl R, -; Sd L, rec R, cl L, -; Sd R, rec L, cl R, -; Fwd L, rec R, cl L blnd bfly pos, -;) [5] Same as measure 3 of Introduction; [6 & 7] Twd LOD thru R, sd L, bhnd R, fan L counter-clockwise; Bhnd L, sd R, thru L, fan R counter-clockwise; [8] Same as measure 4 of Introduction; [9 & 10] Twd RLOD XLIF of right, sd R, XLIF of right, -; Sd R, XLIF of right, sd R, -; [11 & 12] From bfly pos fwd L to bfly scdar pos, rec R to fc, sd L, -; Fwd R to bfly bjo pos, rec L to fc, sd R, -; [13] Commence lf turn bhnd L open body to fc LOD, rec fwd R, fwd L, -; [14] Fwd R, fwd L, fwd R, -; [15 & 16] Circling away from partner twd COH (W twd wall) fwd L, fwd R, fwd L, -; Circling back twd partner & wall fwd R, fwd L, fwd R end bfly pos, -;

..... PART C (16 Measures)

DOOR TWICE OP LOD;; KIKI WALKS;; CIRCLE AWAY & TOG BFLY;; 1/2 BASIC; WHIP BFLY COH; REPEAT MEAS 1 THRU 8 BACK TO FC WALL;;; ;;;

[1 & 2] Rk sd L, rec R, XLIF of right, -; Rk sd R, rec L, XRIF of left blnd opn pos fcng LOD, -; [3 & 4] Placing each foot directly in front of supporting foot fwd L, fwd R, fwd L, -; Fwd R, fwd L, fwd R, -; [5 & 6] Same as measures 15 & 16 of Part B;; [7] Fwd L, rec R, sd L, -; [8] Bk R commence 1/4 lf turn, rec fwd L trng 1/4 to complete turn & fc COH bfly pos, sd R, -; (W fwd L outside M on his left side, fwd R commence 1/2 lf turn to fc wall, sd L, -;) [9 - 16] Repeat measures 1 thru 8 back to M fcng wall;;; ;;;

..... ENDING (7 Measures)

FENCE LINE TWICE;; REVERSE UNDERARM TURN; UNDERARM TURN; LARIAT 6 BFLY;; THRU, SD, BHND & FREEZE;

[1 & 2] Same as measures 3 & 4 of Introduction;; [3] Same as measure 5 of Introduction; [4] Same as measure 6 of Introduction; [5 & 6] Same as measures 7 & 8 of Introduction;; [7] Twd RLOD thru L with slight lf turn, sd R continue lf turn, bhnd L end in "V" back-to-back pos, -;