

# LA MIA SERENATA

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Music: La Mia Serenata (My Serenade) by Romana  
From the CD album Romantic Latin  
Available from iTunes Music Downloads

Rhythm/Phase: Rumba Phase IV

Music Speed: As downloaded

Footwork: Opposite throughout directions for M (and for W where noted).

Sequence: Introduction A B C Bridge D B C Ending

## ..... INTRODUCTION (4 Measures) .....

BFLY POS FCNG PARTNER & WALL LEAD FEET FREE WAIT 2 MEAS;; ALEMANA  
BFLY;;

[1 & 2] In bfly pos fcng partner & wall with lead feet free wait 2 measures;; [3 & 4] Fwd L, rec R, cl L leading W to turn rf, -; Bk R, rec L, sd R blind bfly pos, -; (W bk R, rec L, sd R commence rf swivel, -; Continue rf turn under joined lead hands fwd L, continue rf turn fwd R, sd L blind bfly pos, -;)

## ..... PART A (12 Measures) .....

1/2 BASIC; AIDA LOD; SWITCH ROCK FALL LOD; SPOT TURN BFLY; TO RLOD,  
CRAB WALKS;; THRU SERPIENTE;; FLAIR TO FENCE LINE RLOD; TO LOD, CRAB  
WALK 3; CIRCLE AWAY 3; TOG 3 BFLY;

[1] Fwd L, rec R, sd L, -; [2] Toward LOD fwd R turning rf, sd L continue rf turn, bk R ending in "V" back-to-back pos fcng RLOD, -; [3] Turning lf to fc partner sd L checking bringing joined hands thru, rec R, sd L toward LOD, -; [4] XRIF commence 1/2 turn on crossing foot, rec L complete turn to fc partner, step sd R bfly pos, -; [5 & 6] Toward RLOD XLIF of right, sd R, XLIF of right, -; Sd R, XLIF of right, sd R, -; [7 & 8] Toward RLOD thru L, sd R, bhnd L, fan R clockwise; Bhnd R, sd L, thru R, fan L clockwise; [9] With left foot free from prior measure cross lunge thru L toward RLOD with bent knee and looking direction of lunge, rec R turning to fc partner, step sd L, -; [10] Toward LOD XRIF of left, sd L, XRIF of left, -; [11] Circling lf away from partner toward COH (W toward wall) fwd L, fwd R, fwd L, -; [12] Continue circle back to fc partner & wall in bfly pos fwd R, fwd L, fwd R, -;

## ..... PART B (10 Measures) .....

1/2 BASIC; UNDERARM TURN CP; CROSS BODY COH;; LATIN WHISK; THRU FC  
CL; CROSS BODY WALL;; LATIN WHISK; THRU FC CL BFLY;

[1] Fwd L, rec R, sd L, -; [2] Bk R, rec L, sd R blind clsd pos wall, -; (W XLIF under joined lead hands commence 1/2 rf turn, rec R complete rf turn to fc partner, sd L blind clsd pos, -;) [3 & 4] Fwd L, rec R, sd L turning lf foot turned about 1/4 turn body turned 1/8 turn, -; Bk R continue lf turn, small fwd L, sd & fwd R end clsd pos COH, -; (W bk R, rec L, fwd R toward M staying on right side ending in an L-shaped pos, -; Fwd L commencing to turn left, fwd R turning 1/2 lf end with right foot back, sd & bk L, -;) [5] XLIF of right, rec R, sd L, -; [6] Toward RLOD thru R, sd L fc partner, cl R, -; [7 & 8] Same as measures 3 & 4 except end fcng wall;; [9] Same as measure 5 this part; [10] Toward LOD thru R, sd L fc partner, cl R blind bfly pos, -;

## ..... PART C (9 Measures) .....

FULL CHASE BFLY;;; NEW YKR IN 4 FC LOD; PROGRESSIVE WALK 6;; CIRCLE  
AWAY 3; TOG 3 TO FC [NO HANDS – EXTEND ARMS];

[1 – 4] Fwd L commence 1/2 rf turn, rec fwd R, fwd L, -; Fwd R commence 1/2 lf turn, rec fwd L, fwd R, -; Fwd L, rec R, bk L, -; Bk R, rec L, fwd R, -; [5] Toward RLOD step thru L with straight leg to side by side pos, rec R to fc partner, sd L start slight lf body turn, toward LOD fwd R opn pos LOD; [6 & 7] Down LOD in opn pos fwd L, fwd R, fwd L, -; Fwd R, fwd L, fwd R, -; [8] Same as measure 11 of Part A; [9] Same as measure 12 of Part A except when you're back to partner there is no hand contact & arms should be extended out to side & parallel to floor;

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## ..... BRIDGE (2 Measures) .....

### TIME STEPS;;

[1 & 2] XLIB of right, rec R, sd L, -; XRIB of left, rec L, sd R, -;

## ..... PART D (12 Measures) .....

CHASE W/ PEEK-A-BOO BFLY;;; DOOR TWICE;; SIDE WALKS;; ALEMANA;;

### LARIAT BFLY;;

[1 - 4] Fwd L commence 1/2 rf turn, rec R, cl L, -; Sd R look over left shldr, rec L, cl R, -; Sd L look over right shldr, rec R, cl L, -; Fwd R commence 1/2 lf turn, rec L, cl R blind bfly pos, -; [5 & 6] Rk sd L, rec R, XLIF of right, -; Rk sd R, rec L, XRIF of left, -; [7 & 8] Sd L, cl R, sd L, -; Cl R, sd L, cl R, -; [9 & 10] Fwd L, rec R, cl L leading W to turn rf, -; Bk R, rec L, sd R, -; (W bk R, rec L, sd R commence rf swivel, -; Continue rf turn under joined lead hands fwd L, continue rf turn fwd R, fwd & sd L toward M's right side, -;) [11 & 12] Step in place L, R, L, -; R, L, R, -; (W circle M clockwise with joined lead hands fwd R, fwd L, fwd R, -; Fwd L, fwd R, fwd & sd L end fcng M bfly pos, -;)

## ..... ENDING (14 Measures) .....

TIME STEPS BFLY;; LACE ACROSS; PROGRESSIVE WALK 3; LACE BACK;

PROGRESSIVE WALK 3; CIRCLE AWAY 3; TOG 3 BFLY; FULL CHASE BFLY;;;;

### 1/2 BASIC; AIDA IN 3;

[1 & 2] Same as measures 1 & 2 of Bridge;; [3] With M's left and W's right hands joined and passing bhnd W moving diag across line of progression ending in left open pos fcng line of progression fwd L, cl R, fwd L, -; [4] Fwd R, fwd L, fwd R, -; [5] With M's right and W's left hands joined and passing bhnd W moving diag across line of progression ending in open pos fcng line of progression fwd L, cl R, fwd L, -; [6] Fwd R, fwd L, fwd R, -; [7] Same as measure 11 of Part A; [8] Same as measure 12 of Part A; [9 - 12] Same as measures 1 thru 4 of Part C;;; [13] Same as measure 1 of Part A; [14] Same as measure 2 of Part A;