

CHOREOGRAPHERS: Russ and Judy Francis, 142 E. 1450 N. Layton, UT, 801-628-4752, Email: rounds-by-russ@comcast.net
MUSIC: CD Mercury #13632-7 Track #10 "Lie To Me" Artist: Brook Benton
FOOTWORK: Opposite For Woman Except Where Noted
RHYTHM: WEST COAST SWING
DANCE LEVEL: Phase V
SPEED: 48 RPM
RELEASED: APRIL 2009

SEQUENCE: INTRO – A – B – A – END

INTRO

1 – 4 **LOPN FCNG LOD WAIT;; CHICKEN WLK -2 SLO'S & -4 QK'S;;**
(Chicken Wlk -2 Slo's & -4 Qk's) Bk L-, bk R-; bk L,R,L,R to LOPN/LOD; **(Woman with swivel action fwd R-, fwd L-; with swivel action & slowly raising lft arm straight upward fwd R,L,R,L;)**

PART A

1 – 16 **SUGAR PUSH;;, UNDRARM TRN;;, TUCK N' SPIN;;, LFT SD PASS;;, WHIP TRN;;, SUGAR PUSH;;,**
(Sugar Push) Bk L, bk R, tap L plc rt hnd on Woman's lft hip, fwd L; anchor or coaster to LOPN/LOD, **(Woman fwd R, fwd L, trng slightly rt fc tap R, bk L; anchor or coaster,)** **(Undrarm Trn)** Trng ½ rt fc bk-trn L, fwd-trn R, fwd chasse L/R,L; anchor or coaster to LOPN/RLOD, **(Woman fwd L, fwd R, trng ½ rt fc undr lead hnds [French Cross]; anchor or coaster,)** **(Tuck N' Spin)** Bk L, bk R, tap L, fwd L; anchor or coaster stp to LOPN/RLOD, **(Woman fwd R, fwd L, tap R, free spin full rt fc trn bk R; anchor or coaster stp,)** **(Lft Sd Pass)** Trng ½ lft fc bk-trn L, clo-trn R, fwd chasse L/R,L; anchor or coaster to LOPN/LOD, **(Woman fwd R, fwd L, pass on Man's lft sd [French Cross]; anchor or coaster,)** **(Whip Trn)** Bk L, rcvr R, trng ½ rt fc chasse L/R,L to CP; trng ½ rt fc cross R bhnd, fwd L, anchor or coaster to LOPN/LOD; **(Woman fwd R, fwd L; trng 1/2 lft fc chasse R/L,R to CP; fwd L, trng ½ lft fc R, anchor or coaster;)** **(Sugar Push)** Bk L, bk R, tap L plc rt hnd on Woman's lft hip, fwd L; anchor or coaster to LOPN/LOD, **(Woman fwd R, fwd L, trng slightly rt fc tap R, bk L; anchor or coaster,)**

TUMMY WHIP;;, UNDRARM TRN;;, SUGAR PUSH;;, LFT SD PASS;;,
(Tummy Whip) Bk L, rcvr R, work arnd Woman's rt sd catch Woman's waist with rt hnd fwd chasse L/R,L; cross R bhnd, fwd L, anchor or coaster to LOPN/LOD; **(Woman fwd R, fwd L, fwd chasse R/L,R; thrusting both arms fwd bk L, bk R, anchor or coaster;)** **(Undrarm Trn)** Trng ½ rt fc bk-trn L, fwd-trn R, fwd chasse L/R,L; anchor or coaster to LOPN/RLOD, **(Sugar Push)** Bk L, bk R, tap L plc rt hnd on Woman's lft hip, fwd L; anchor or coaster to LOPN/RLOD, **(Woman fwd R, fwd L, trng slightly rt fc tap R, bk L; anchor or coaster,)** **(Lft Sd Pass)** Trng ½ lft fc bk-trn L, clo-trn R, fwd chasse L/R,L; anchor or coaster to LOPN/LOD, **(Woman fwd R, fwd L, pass on Man's lft sd [French Cross]; anchor or coaster,)**

PART B

1 – 8 **WHIP TRN;;, UNDRARM TRN TO TRIPLE TRAVEL & ROLL;;, TUCK N' SPIN;;, LFT SD PASS;;,**
(Whip Trn) Bk L, rcvr R, trng ½ rt fc chasse L/R,L to CP; trng ½ rt fc cross R bhnd, fwd L, anchor or coaster to LOPN/LOD; **(Woman fwd R, fwd L; trng 1/2 lft fc chasse R/L,R to CP; fwd L, trng ½ lft fc R, anchor or coaster;)** **(Undrarm Trn To Triple Trav & Roll)** Trng ½ rt fc bk-trn L, fwd-trn R, fwd chasse L/R,L; **(Woman fwd L, fwd R, trng ½ rt fc undr lead hnds [French Cross]; with rt hnds jnd sd R/clo L, sd R, trng ½ rt fc roll L, trng ½ rt fc roll R to lft hnds jnd; sd L/clo R, sd L to rt hnds jnd, sd R/clo L, sd R to lft hnds jnd; sd L/clo R, sd L, trng ½ lft fc roll R, trng ½ lft fc roll L; anchor or coaster to LOPN/RLOD,)** **(Tuck N' Spin)** Bk L, bk R, tap L, fwd L; anchor or coaster stp to LOPN/RLOD, **(Woman fwd R, fwd L, tap R, free spin full rt fc trn bk R; anchor or coaster stp,)** **(Lft Sd Pass)** Trng ½ lft fc bk-trn L, clo-trn R, fwd chasse L/R,L; anchor or coaster to LOPN/LOD, **(Woman fwd R, fwd L, pass on Man's lft sd [French Cross]; anchor or coaster,)**

SUGAR PUSH;;, TUMMY WHIP;;, TUCK N' SPIN;;, CHICKEN WLK -2 SLO'S & -4 QK'S;;
(Sugar Push) Bk L, bk R, tap L plc rt hnd on Woman's lft hip, fwd L; anchor or coaster to LOPN/LOD, **(Woman fwd R, fwd L, trng slightly rt fc tap R, bk L; anchor or coaster,)** **(Tummy Whip)** Bk L, rcvr R, work arnd Woman's rt sd catch Woman's waist with rt hnd fwd chasse L/R,L; cross R bhnd, fwd L, anchor or coaster to LOPN/LOD; **(Tuck N' Spin)** Bk L, bk R, tap L, fwd L; anchor or coaster stp to LOPN/LOD, **(Woman fwd R, fwd L, tap R, free spin full rt fc trn bk R; anchor or coaster stp,)** **(Chicken Wlk -2 Slo's & -4 Qk's)** Bk L-, bk R-; bk L,R,L,R to LOPN/LOD; **(Woman with swivel action fwd R-, fwd L-; with swivel action & slowly raising lft arm straight upward fwd R,L,R,L;)**

REPEAT PART "A"

END

1 **APT/RCVR & PNT SD & HOLD; (Apt/Rcvr & Pnt Sd & Hold)** Bk L-, rcvr R-; pnt L to the sd & hold;