

THE LION SLEEPS TONIGHT

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RECORD: DOWNLOAD NAPSTER OR RCA GS 447-0702 ARTIST: The Tokens
FOOTWORK: Opposite throughout RELEASED: JUNE 2011
RHYTHM: RUMBA / JIVE PHASE: Phase III + 2 + 1 (Spanish Arms, Leg Crawl)
(New Yorker in 4)
SEQUENCE: INTRO – A – B – A – B – A – C – B – A – END SPEED: 42 RPM

INTRODUCTION

[RUMBA]

1-4 LOP-FCG WALL WAIT ; ; NEW YORKER ; SPOT TURN ;

1-2] LOP-FCG M fcg ptr & wall 1d ft free for both wait ; ;

3-4] Swvl RF (LF) thru L to sd by sd pos, rec R swvl to fc ptr, sd L, - ; XRIF trng ½ LF (RF), rec L cont LF trn to fc ptr, sd R, - ;

5-8 ½ BASIC & WHIP [BFLY COH] ; ; NEW YORKER & WHIP [BFLY WALL] ; ;

1-2] Fwd L, rec R, sd L, - ; Trng ¼ LF bk R, rec fwd L trng ¼ LF [fc COH], sd R, - (fwd L, fwd R trng ½ LF trn, sd L) ;

3-4] Swvl RF (LF) thru L to sd by sd pos, rec R swvl to fc ptr, sd L, - ;

Trng ¼ LF bk R, rec fwd L trng ¼ LF [fc WALL], sd R, - (fwd L, fwd R trng ½ LF trn, sd L) ;

PART A

[JIVE]

1-4 JIVE CHASSE L & R ; SPANISH ARMS 2 X ; ; ;

1-4] Sd L/cl R, sd L, sd R/cl L, sd R ; Rk apt L, rec R comm ¼ RF (LF) trn, sd L/cl R, sd L comp ¼ RF trn (Rk apt R, rec L trng ¼ LF, sd R/cl L, sd R trng ¾ RF) ; Cont RF trn sd R/cl L, sd R comp ¼ RF trn, Rk apt L, rec R comm ¼ RF (LF) trn,

sd L/cl R, sd L comp ¼ RF trn ; Cont RF trn sd R/cl L, sd R comp ¼ RF trn (Rk apt R, rec L trng ¼ LF, sd R/cl L, sd R trng ¾ RF)

5-8 LINK ROCK , , ; ROCK & KICK BALL CHANGE 2 X , , ; SWIVEL WALK 4 TO BFLY [3rd TIME TO CP] ;

5-7] Rk apt L, rec R, sm fwd L/cl R, sm fwd L ; Sd R/cl L, sd R to CP, blndg to SCP rk bk L, rec R ; Kick L ft fwd/take weight on ball of L ft, sip R, kick L ft fwd/take weight on ball of L ft, sip R ;

8] Swvl RF fwd L directly in frnt of R, swvl LF fwd R directly in frnt of L, swvl RF fwd L directly in frnt of R, swvl LF fwd R directly in frnt of L swvl RF to BFLY WALL [*3rd time face to CP WALL];

PART B

[RUMBA]

1-4 SERPIENTE ; ; CRAB WALKS ; ;

1-2] Sd L, XRIB, fan L CCW, - ; XLIB, sd R, thru L, fan R CCW to BFLY ;

3-4] XRIF, sd L, XRIF, - ; Sd L, XRIF, sd L, - ;

5-8 SPOT TURN ; NEW YORKER ; CUCARACHA ; SD DRAW CL BFLY ;

5-6] XRIF trng ½ LF (RF), rec L cont LF trn to fc ptr, sd R, - ; Swvl RF (LF) thru L to sd by sd pos, rec R swvl to fc ptr, sd L, - ;

7-8] Sd R, rec L, cl R, - ; Sd L, draw R to L, cl R, - to low BFLY WALL ;

PART C

[JIVE]

1-4 RT TURNING TRIPLE ; ROCK REC SWIVEL 2 ; RT TURNING TRIPLES ; ROCK REC SWIVEL 2 ;

1] Comm ¼ RF trn sd L/cl R, sd L, comm ¼ RF trn sd R/cl L, sd R [CP COH] ;

2] Blndg to SCP RLOD rk bk L, rec R, swvl RF fwd L directly in frnt of R, swvl LF fwd R directly in frnt of L ;

3] Blndg to fc ptr comm ¼ RF trn sd L/cl R, sd L, comm ¼ RF trn sd R/cl L, sd R [CP WALL] ;

4] Blndg to SCP LOD rk bk L, rec R, swvl RF fwd L directly in frnt of R, swvl LF fwd R directly in frnt of L ;

5-8 CHASSE L & R ; ROCK REC SWIVEL 2 ; 2 FWD TRIPLES ; QK ROCK THE BOAT 2 X TO BFLY ;

5] [CP WALL] Sd L/cl R, sd L, sd R/cl L, sd R ;

6] Blndg to SCP LOD rk bk L, rec R, swvl RF fwd L directly in frnt of R, swvl LF fwd R directly in frnt of L ;

7-8] Fwd L/cl R, fwd L, fwd R/cl L fwd R ; Fwd L w/straight knee leaning fwd, w/rkg motion & relaxing knees cl R leaning bkward, fwd L w/straight knee leaning fwd, w rkg motion & relaxing knees cl R leaning bkward blndg to BFLY WALL ;

ENDING

[RUMBA]

1-4 SERPIENTE ; ; CRAB WALKS ; ;

1-2] Sd L, XRIB, fan L CCW, - ; XLIB, sd R, thru L, fan R CCW to BFLY ;

3-4] XRIF, sd L, XRIF, - ; Sd L, XRIF, sd L, - ;

5-7 SPOT TURN ; NEW YORKER IN 4 TO CP ; DIP BACK & LEG CRAWL [KISSES PERMITTED] ;

5-6] XRIF trng ½ LF (RF), rec L cont LF trn to fc ptr, sd R, - ; Swvl RF (LF) thru L to sd by sd pos, rec R swvl to fc ptr, sd L, cl R [CP WALL] ;

7] Bk L bending knee slightly & slight LF twist leaving R leg extended fwd (Fwd R bending knee slightly & slight LF twist, lifting L leg up along man's outer thigh w/toe pntd to floor, - , - ;