

LIVE FAST LOVE HARD DIE YOUNG

Choreo: Jerry Buckmaster & Zodie Reigel
4220 E. Alton Road, Oak Creek, Wisconsin 53154
Record: Faron Young: Satisfied Mind
Track 7 - "Live Fast Love Hard" Available at I-Tunes
Footwork: Opposite Unless Noted
Rhythm: Two Step RAL Phase: II
Sequence: Intro – A – B – C – A – B – End

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Speed: 2:15 @ Slow up 7%

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INTRO

1-4 OP-FCG WALL wt 2 meas ; ;

1-2 OP Fcg ptr & WALL trlg hnds joined wait ; ;

APT PT ; TOG to SCP TCH ;

1-2 [OP-FCG WALL – **APT PT & TOG to SCP TCH**] Apt L , - , Pt R twd ptr , - ; Tog R , - , Tch L , Blend to SCP ;

PART A

1-16 2 FWD TS ; ; STRUT 4 ; ;

1-2 [SCP LOD – **2 FWD TS**] Fwd L , CI R , Fwd L , - ; Fwd R , CI L , Fwd R , - ;

3-4 [SCP LOD – **STRUT 4**] Fwd L , - , Fwd R , - ; Fwd L , - , Fwd R , - ;

CIRC AWY 2 TS ; ; STRUT TOG 4 to OP LOD ; ;

5-6 [SCP LOD – **CIRC AWY 2 TS**] Trng LF (W RF) in ½ circle pattern Fwd L , CI R , Fwd L , - ;
Fwd R , CI L , Fwd R end fcg RLOD , - ;

7-8 [6 FT APT FCG RLOD – **STRUT TOG 4**] Trng LF to fc ptr (W RF) Fwd L , - , Fwd R , - ;
Fwd L , - , Fwd R , Blend to OP LOD ;

2 FWD TS ; ; DBL HTCH ; ;

9-10 [OP LOD – **2 FWD TS**] Fwd L , CI R , Fwd L , - ; Fwd R , CI L , Fwd R , - ;

11-12 [OP LOD – **DBL HTCH**] Fwd L , CI R , Bk L , - ; Bk R , CI L , Fwd R , - ;

CHRLSTN ; ; SCOOT 4 ; ; WLK & PKUP ; ;

13-14 [OP LOD – **CHRLSTN**] Fwd L , - , Pt R LOD , - ; Bk R , - , Pt L RLOD , - ;

15-16 [OP LOD – **SCOOT 4 & WLK & PKUP**] Fwd L , CI R , Fwd L , CI R ;
Fwd L , - , Small Fwd R , - (W Fwd R , - , Fwd L trng LF in front of M to end in CP LOD , -) ;

PART B

1-16 2 FWD TS ; ; 2 PROG SCIS to BJO ; ;

9-10 [CP LOD – **2 FWD TS**] Fwd L , CI R , Fwd L , - ; Fwd R , CI L , Fwd R , - ;

11-12 [CP LOD – **2 PROG SCIS to BJO**] Sd L , CI R w/slight RF body rotation , Fwd L outsd ptr end in SCAR , - ;
Sd R , CI L w/slight LF body rotation , Fwd R outsd ptr end in BJO , - ;

FWD HTCH ; ; HTCH/SCIS to SCP ; ; OP VIN 4 to CP ; ;

13-14 [BJO LOD – **FWD HTCH & HTCH/SCIS**] Fwd L , CI R , Bk L , - (W Fwd R , CI L , Bk R , -) ;
Bk R , CI L , Fwd R , Blend to SCP (W Fwd L trng RF , CI R , XLIF , Blend to SCP) ;

15-16 [SCP – **OP VIN 4**] Sd L , - , XRIB trng ¼ RF (W LF) to LOP , - ; Sd L trng ¼ LF (W RF) , - ,
XRIF trng ¼ LF (W RF) to OP , Blend to CP ;

TRAV BOX to OP LOD [TWRL if you like] ; ; ; ;

9-12 [CP WALL – **TRAV BOX**] Sd L , CI R , Fwd L trng to RSCP , - ; Fwd R , - , Fwd L Blend to CP , - ;
Sd R , CI L , Bk R , Blend to OP LOD ; Fwd L , - , Fwd R , - ;

CHRLSTN ; ; HTCH 4 ; ; WLK 2 to BFLY ; ;

13-14 [OP LOD – **CHRLSTN**] Fwd L , - , Pt R LOD , - ; Bk R , - , Pt L RLOD , - ;

15-16 [OP LOD – **HTCH 4 & WLK 2**] Fwd L , CI R , Bk L , CI R ; Fwd L , - , Fwd R trng RF (W LF) to fc ptr , - ;

1-16 SKT L & R ; SD TS L ; SKT R & L ; SD TS R ;

- 1-2 [FCG PTR – **SKL L & R & SD TS L**] SWVL LF on R and stp fwd on L and draw R to L , - , SWVL RF on L and stp fwd on R and draw L to R , - ; Sd L , CI R to L , Sd L , Tch R ;
- 3-4 [FCG PTR – **SKL R & L & SD TS R**] SWVL RF on L and stp fwd on R and draw L to R , - , SWVL LF on R and stp fwd on L and draw R to L , - ; Sd R , CI L to R , Sd R , Tch L ;

BK AWY 3 ; TOG 3 LIFT/TRN ; BK AWY 3 ; TOG 3 to BFLY ;

- 5-6 [FCG PTR – **BK AWY & & TOG 3 LIFT/TRN**] Bk awy from ptr Bk L , Bk R , Bk L , Tch R ; Fwd R , Fwd L , Fwd R , rise up on R trng ½ RF chg sds (W rise up on L trng ½ LF chg sds) ;
- 7-8 [FCG PTR - M FCG COH W FCG WALL – **BK AWY 3 & TOG 3 to BFLY**] Bk awy from ptr Bk L , Bk R , Bk L , Tch R ; Fwd R , Fwd L , Fwd R , Blend to BFLY ;

SD TS L & R ; ; BOX ; ;

- 1-2 [BFLY COH – **SD TS L & R**] Sd L , CI R to L , Sd L , Tch R ; Sd R , CI L to R , Sd R , Tch L ;
- 3-4 [BFLY COH – **BOX**] Sd L , CI R , Fwd L , - ; Sd R , CI L , Bk R , - ;

VIN 3 TCH ; WRP ; UNWRP ; CHG SDS in 3 to SCP ;

- 1-2 [BFLY WALL – **VIN 3 TCH & WRP**] Sd L , XRIB , Sd L , Tch R ; In plc R , In plc L , In plc R , Tch L (W - Fwd L trng LF , Fwd R cont trn , Fwd L cont trn , Tch R)[M Lds W into a full LF trn with ld hnds slightly above shldr level and trlg hands slightly above waist level. End with both fcg WALL in WRP'D POS with ld hnds at chest level W on M's R sd] ;
- 3-4 [WRP'D POS FCG WALL – **UNWRP & CHG SDS in 3**] In plc L , In plc R , In plc L , Tch R (W Fwd R trng RF , Fwd L cont trn , Fwd R cont trn , Tch L)[Releasing Ld hnds W will complete a ½ RF trn end with trlg hnds jnd fcg ptr] ; Fwd R start ½ RF circle , Fwd L cont ½ circ , Fwd R fin circle fcg ptr , Tch L Blend to SCP (W - Fwd L start LF circle , Fwd R cont ½ circ , Fwd L fin circle fcg ptr , Tch R Blend to SCP) ;

ENDING**1-4½ SD DR CL TWICE ; ; OP VIN 4 & PT LOD on 5 ; ; ,**

- 1-2 [BFLY WALL – **SD DR CL TWICE**] Sd L , Draw R to L , CI R , - ; Sd L , Draw R to L , CI R , - ;
- 3-4½ [BFLY WALL – **OP VIN 4 & PT LOD on 5**] Sd L , - , XRIB trng ¼ RF (W LF) to LOP , - ; Sd L trng ¼ LF (W RF) , - , XRIF trng ¼ LF (W RF) to OP , - ; Pt L twd LOD ,

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QUICK CUES

Intro: OP-FCG WALL wt 2 meas ; ;
APT PT ; TOG to SCP TCH ;

Pt A: 2 FWD TS ; ; STRUT 4 ; ;
CIRC AWY 2 TS ; ; STRUT TOG 4 to OP LOD ; ;
2 FWD TS ; ; DBL HTCH ; ;
CHRLSTN ; ; SCOOT 4 ; WLK & PKUP ;

Pt B: 2 FWD TS ; ; 2 PROG SCIS to BJO ; ;
FWD HTCH ; HTCH/SCIS to SCP ; OP VIN 4 to CP ; ;
TRAV BOX to OP LOD [TWRL if you like] ; ; ; ;
CHRLSTN ; ; HTCH 4 ; WLK 2 to BFLY ;

Pt C: SKT L & R ; SD TS L ; SKT R & L ; SD TS R ;
BK AWY 3 ; TOG 3 LIFT/TRN ; BK AWY 3 ; TOG 3 to BFLY ;
SD TS L & R ; ; BOX ; ;
VIN 3 TCH ; WRP ; UNWRP ; CHG SDS in 3 to SCP ;

Pt A: 2 FWD TS ; ; STRUT 4 ; ;
CIRC AWY 2 TS ; ; STRUT TOG 4 to OP LOD ; ;
2 FWD TS ; ; DBL HTCH ; ;
CHRLSTN ; ; SCOOT 4 ; WLK & PKUP ;

Pt B: 2 FWD TS ; ; 2 PROG SCIS to BJO ; ;
FWD HTCH ; HTCH/SCIS to SCP ; OP VIN 4 to CP ; ;
TRAV BOX to OP LOD [TWRL if you like] ; ; ; ;
CHRLSTN ; ; HTCH 4 ; WLK 2 to BFLY ;

End: SD DR CL TWICE ; ; OP VIN 4 & PT LOD on 5 ; ; ; ,