

## LOOK AT US

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RECORD MCA 7-54179 OR MC 34277 ARTIST VINCE GILL  
FOOT WORK DIRECTIONS FOR MAN EXCEPT WHERE NOTED SPEED: 45  
RHYTHM CHA CHA PH III + 1 [ALEMANA] DATE 9 - 2011  
SEQUENCE A A B B C D END

## INTRO

- 1-4 **BOTH FC WL IN VAR BOTH LEFT FT FREE WAIT 2 PU NOTES**  
**SHADOW TRAV DR 2X;; SHADOW CUCA; SPT TRN LADY TRANS;**  
Rk sd L, rec R, XLif/sd R, XLif; Rk sd R, rec L, XRif/sd L, XRif; Sd L, rec R,  
cl L/stp R, stp L; XRif trn, rec L trn, sd R/cl L, sd R;

## PART A

- 1-4 **BFLY BAS;; SHLDR-SHLDR 2X;;**  
Fwd L, rec R, sd L/cl R, sd L; Bk R, rec L, sd R/cl L, sd R;  
Rk fwd L, rec R, sd L/cl R, sd L; Rk fwd R, rec L, sd R/cl L, sd R;  
5-8 **NY 2X;; OP BRK; WHP;**  
Thru L, rec R to fc, sd L/cl R, sd L; Thru R, rec L to fc, sd R/cl L, sd R;  
Rk apt L, rec R, sd L/cl R, sd L; Bk R trn, rec L, sd R/cl L, sd R;  
9-12 **ALEMANA;; LADY LRT;;**  
Fwd L, rec R, sd L/cl R, sd L; Bk R, rec L, sd R/cl L, sd R; In plc Stp L, stp R,  
stp L/stp R, stp L; In plc Stp R, stp L, stp R/stp L, stp R;  
13-16 **SPT TRN 2X;; OP BRK; WHP;**  
XLif trn, rec R trn, sd L/cl R, sd L; XRif trn, rec L trn, sd R/cl L, sd R;  
Rk apt L, rec R, sd L/cl R, sd L; Bk R trn, rec L, sd R/cl L, sd R;

## PART B

- 1-4 **BFLY VIN 2 FC-FC; VIN 2 BK-BK OP; SLDG DR 2X;;**  
Sd L, XRib, sd L/cl R, sd L trn COH; Sd R, XLib, sd R/cl L, sd R trn OP LOD;  
Rk sd L, rec R, XLif/sd R, XLif; Rk sd R, rec L, XRif/sd L, XRif;  
5-8 **CIRC AWY & TOG;; BAS;;**  
Fwd L trn, fwd R trn, fwd L trn/cl R, fwd L trn; Fwd R trn, fwd L trn, fwd R trn/cl L,  
fwd R trn; Fwd L, rec R, sd L/cl R, sd L; Bk R, rec L, sd R/cl L, sd R;

**PART C**

**1-4 SD CHS WITH CARESS ;;;:**

Rk fwd L trn, rec R, XLif/sd R, XLif; Rk sd R, rec L, XRif/sd L, XRif;  
Sd L, rec R, XLif/sd R, XLif; Rk sd R, rec L, XRif/sd L, XRif trn BFLY WL;

**5-8 NY; CRB WLKS;; SP TRN;**

Thru L, rec R to fc, sd L/cl R, sd L; XRif, sd L, XRif/sd L, XRif; Sd L, XRif,  
sd L/cl R, sd L; XRif trn, rec L trn, sd R/cl L, sd R;

**PART D**

**1-4 FNC LINE 2X;; ALEMANA;;**

X lun L, rec R, sd L/cl R, sd L; X lun R, rec L, sd R/cl L, sd R; Fwd L, rec R,  
sd L/cl R, sd L; Bk R, rec L, sd R/cl L, sd R;

**5-8 LADY LRT;; TIM STP 2X;;**

In plc Stp L, stp R, stp L/stp R, stp L; In plc Stp R, stp L, stp R/stp L, stp R;  
XLib, rec R, sd L/cl R, sd L; XRib, rec L, sd R/cl L, sd R;

**END**

**1-4 HND-HND 2X;; FWD BAS; DIP BK TWIST KISS;**

Swvl bk L, rec R to fc, sd L/cl R, sd L; Swvl bk R, rec L to fc, sd R/cl L, sd R;  
Fwd L, rec R, sd L/cl R, sd L; Bk R,-, twist & kiss,-;