

# LOVE WILL KEEP US ALIVE

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MUSIC: Eagles Album Complete Greatest Hits CD- "Love Will Keep Us Alive" 4:02 or individual download, From Hits Doctor Music in the style of Eagles – Vol 1, by Don Again (In the Style of Eagles) "Love Will Keep Us Alive 3:55. SPEED: As recorded

FOOTWORK: Opposite footwork throughout, directions for M unless otherwise stated

RHYTHM: Slow Two-step

PHASE: Phase IV +1 (Triple Traveler)

Released: October 2011

SEQUENCE: INTRO – A – B – C – D – C – A – END

## INTRODUCTION: (8)

**WAIT IN LOW BFLY 2 MEASURES;; CIRCLE WALK 3 (COUNTER CLOCKWISE); TWICE; TURN AND CIRCLE WALK OTHER WAY (CLOCKWISE); TWICE; TURN TO FACE AND HIP ROCK TWICE ;;**

1-2 (Wait in Low Bfly 2 measures) Wait 2 meas. In Low Bfly)

3-6 (Circle walk 3; twice; turn & circle walk back; twice) Walk 3 Counter Clockwise L,-,R,L; R,-,L,R; Turn and Circle walk 3 Clockwise L,-,R,L; R,-,L,R; fwd R to fc ptr

7-8 (Turn to fc & Hip Rock; twice) Turn to face and Rock sd L roll hip sd & bk ,-, rec R hip roll, rec L hip roll; Rock sd R roll hip sd & bk ,-, rec L hip roll, rec R hip roll;

## PART A: (16)

**(BFLY/WALL) LUNGE BASIC TWICE MANEUVERING;; R TRN OUTSIDE ROLL; BASIC ENDING;**

1-2 (Lunge basics twice manuv) Lunge sd L,-, rec R, XLIF of R (XRIF); Lunge sd R,-, rec L, XRIF of L (XLIF) manuv in front of W;

3 (R trn outside Roll) Xng IF W sd & bk L (fwd R comm rf twirl),-, sd & bk R trn ¼ rf lead W under jnd lead hnd (cont twirl rf), XLIF of R fc ptr & COH;

4 (basic ending) sd R, -, XIB L, rec R to BFLY;

**(BFLY/COH) LUNGE BASIC TWICE MANEUVERING;; R TRN OUTSIDE ROLL; BASIC ENDING;**

5-6 (Lunge basics twice manuv) Repeat Part A Meas. 1-2 fc Wall

7-8 (R trn outside Roll, basic ending) Repeat Part A Meas. 3-4

**OP BASICS TWICE P/U LOD;;**

9-10 (op basic twice) Sd L,-, XRIB (W XLIB) to ½ LOP, rec L to fc ptr; Sd R,-, XLIB (W XRIB) to ½ OP, rec R p/u low bfly fc LOD;

**TRAVEL CROSS CHASSES 4X'S TO FC WALL;;;;**

11-14 {4 trav X chasses} in low BFLY fwd L trn ⅛ LF DLC, -, sd R, XIF L (W: XIF R);

(12) fwd R trn ¼ RF DLW, -, sd L, XIF R (W: XIF L);

(13) fwd L trn ¼ LF DLC, -, sd R, XIF L (W: XIF R);

(14) fwd R trn ¼ RF DLW, -, sd L, XIF R (W: XIF L) to BFLY fc WALL;

**UNDERARM TURN; BASIC ENDING (P/U);**

15 (underarm trn) sd L still lead hands joined, -, XIB R, rec L; (W: sd R start RF trn under joined lead hands, -, fwd trn L continue RF trn, rec trn R to face man)

16 (basic ending) repeat Part A meas. 4 to PU LOD;

## PART B: (16)

**L TRN INSIDE ROLL; BASIC ENDING (P/U); L TRN INSIDE ROLL; BASIC ENDING;**

1 (L Turn w/ Inside Roll) fwd L comm ¼ LF trn, -, sd R, XIF L to BFLY fc COH;(W: bk R comm ¼ LF trn, -, sd L cont LF trn under lead hnds, sd R;)

2 (Basic Ending) sd R, -, XIB L, rec R to PU;

- 3-4 (L Turn Inside Roll; Basic Ending) Repeat Part B meas. 1-2 to BFLY fc Wall  
**TWISTY BASIC TWICE;; UNDERARM TURN; BASIC ENDING;**
- 5-6 (Twisty Basic twice) Sd L,-, XIB R (W XIF), rec L; Sd R,-, XIB L (W XIF), rec R;
- 7-8 (Underarm Turn; Basic Ending) Repeat Part A meas. 15-16  
**L TRN INSIDE ROLL; BASIC ENDING (P/U); L TRN INSIDE ROLL; BASIC ENDING; TWISTY BASIC TWICE;; UNDERARM TURN; BASIC ENDING (PU);**
- 9-16 (L Turn Inside Roll; Basic Ending (PU); L Turn Inside Roll; Basic Ending; Twisty Basic twice;; Underarm turn; Basic Ending (PU);) Repeat Part B meas. 1-8 to PU LOD.

**PART C: (8) (\*\* SEE ALTERNATE OPTION BELOW)**

- TRIPLE TRAVELER\*\*\* ;; BASIC ENDING W/ P/U TO REV;**  
**TRIPLE TRAVELER \*\*\* ;; BASIC ENDING;**
- 1-3 (Triple Traveler) fwd L lead W to trn under lead hnds, -, fwd R, fwd L;  
 (2) fwd R spiral LF under joined hnds, -, fwd L, fwd R; (W: bk R trn ¼ LF, -, sd & fwd L cont. trn ½ LF, sd & fwd R trn fc LOD; fwd L, -, fwd R, fwd L;)  
 (3) fwd L bring lead hnds down & bk to lead W trn, -, fwd & sd R, XIF L; (W: fwd R trn RF, -, sd L trn RF, fwd R to fc;)
- 4 (Basic Ending) repeat Part A meas. 4 to PU REV;
- 5-8 (Triple Traveler;;; Basic Ending) Repeat going to REV Part C meas. 1-4 to BFLY WALL

**PART D: (16)**

- OPEN BASICS;; SIDE BASIC; WRAP TO FC LOD;**
- 1-2 (Open Basic Twice) Repeat Part A meas. 9-10
- 3-4 (side basic; wrap to fc LOD) Sd l,-, XIB R (W XIB), Rec L; Sd R,-, xLib of R, rec R trng to fc LOD (W trns LF into wrapped pos L,-,R,L)  
**SWEETHEART RUNS 6 TO FACE (WALL);; UNDERARM TURN; BASIC ENDING;**
- 5-6 (sweetheart runs 6 to face wall) In wrapped pos both fcg LOD fwd L,-,R,L; Rwd R,-,L,R to fc WALL;
- 7-8 (underarm turn; basic ending) Repeat Part A meas. 15-16 fc WALL  
**OPEN BASICS ;; SIDE BASIC; WRAPPING TO FACE LOD;**  
**SWEETHEART RUNS 6 TO FACE (WALL);; UNDERARM TURN; BASIC ENDING W/ P/U;**
- 9-16 (open basics ;; side basic; wrapping to face LOD; sweetheart runs 6 to face (WALL);; underarm turn; basic ending w/ p/u;) Repeat Part D meas. 1-8 to PU

**REPEAT C: (8)**

**REPEAT A: (16)**

**END: (10)**

- (BFLY) TWISTY VINE 3; FWD FACE CLOSE; CANTER APART; CIRCLE WALKS (COUNTER CLOCKWISE) ;; TURN & CIRCLE WALKS BACK OTHER DIRECTION (CLOCKWISE);; HIP ROCKS TWICE;; STEP TO SIDE & HOLD;**
- 1-3 (Twisty Vine 3; Thru Face Close; Canter Apart;) In Low Bfly Sd L comm RF trn,-, XRIB (XLIF), trng LF ¼ sd & fwd L [BJO DLW]; Fwd R comm RF trn,-, sd L to fc ptr & wall, cl R; bk L,-, draw R to L, cl R;
- 4-7 (Circle walk 3; twice; turn & circle walk back; twice) Walk 3 Counter Clockwise L,-,R,L; R,-,L,R; Turn and Circle walk 3 Clockwise L,-,R,L; R,-,L,R; fwd R to fc ptr
- 8-10 (Turn to fc & Hip Rock; twice; Step to Side & Hold) Turn to face and Rock sd R roll hip sd & bk ,-, rec L hip roll, rec R hip roll ;; side step L to LOD and hold;

**\*\*\*Alternate Option for Part C meas. 1-3 & 5-7 Triple Traveler**

**START TRIPLE TRAVELER;; BOTH ROLL IN;**

- 1 Trng LF fwd L LOD joining lead hands,-, cont LF trn fwd & sd R raise joined lead hands & release ptr from trailing arm, fwd & across L (trng LF sd & bk R,-, cont LF trn fwd & sd L, fwd R cont trng LF under joined lead hands to fc M);
- 2 Fwd & sd R, spiral 7/8 LF under joined lead hands, fwd L comm to bring lead hands down, fwd R cont to sweep lead hands down & back (fwd & sd L shaping RF to M,-, fwd & across R, fwd & sd L);
- 3 Fwd L,-, fwd R trng LF releasing lead hand hold, cont LF trn fwd L (fwd R,-, fwd L trng RF, cont RF trn fwd R);

**QUICK CUES:**

**INTRO: (8) WAIT IN LOW BFLY 2 MEAS.;; CIRCLE WLK 3 (COUNTER CLOCKWISE) 2X;; TRN & CIRCLE WLK BK (CLOCKWISE) 2X;; TRN TO FC & HIP RK 2X ;;**

**A: (16) (BFLY/WALL) LUNGE BASIC 2X (MANUV);; R TRN OUTSIDE ROLL; BASIC ENDING;  
(BFLY/COH) LUNGE BASIC 2X (MANUV);; R TRN OUTSIDE ROLL; BASIC ENDING;  
OP BASICS 2X (P/U LOD);;  
TRAVEL X CHASSES 4X'S TO FC (WALL);;;; UNDERARM TRN; BASIC ENDING (P/U);**

**B: (16) L TRN INSIDE ROLL; BASIC ENDING (P/U); L TRN INSIDE ROLL; BASIC ENDING;  
TWISTY BASIC 2X;; UNDERARM TURN; BASIC ENDING;  
L TRN INSIDE ROLL; BASIC ENDING (P/U); L TRN INSIDE ROLL; BASIC ENDING;  
TWISTY BASIC 2X;; UNDERARM TURN; BASIC ENDING (P/U);**

**C (8) **\*\*\*(ALTERNATE OPTION- START TRIPLE TRAV; ; BOTH ROLL IN;)**  
TRIPLE TRAVELER\*\*\* ;;; BASIC ENDING (P/U TO REV); TRIPLE TRAVELER\*\*\* ;;; BASIC  
ENDING;**

**D: (16) OP BASICS;; SIDE BASIC; WRAP TO FC LOD; SWEETHEART RUNS 6 TO FC  
(WALL);; UNDERARM TRN; BASIC ENDING;  
OP BASICS ;; SIDE BASIC; WRAP TO FC LOD; SWEETHEART RUNS 6 TO FC (WALL);;  
UNDERARM TRN; BASIC ENDING (P/U);**

**C: (8) **\*\*\*(ALTERNATE OPTION- START TRIPLE TRAV; ; BOTH ROLL IN;)**  
TRIPLE TRAVELER\*\*\* ;;;BASIC ENDING (P/U TO REV); TRIPLE TRAVELER\*\*\* ;;; BASIC  
ENDING;**

**A: (16) (BFLY/WALL) LUNGE BASIC 2X (MANUV);; R TRN OUTSIDE ROLL; BASIC  
ENDING;  
(BFLY/COH) LUNGE BASIC 2X (MANUV);; R TRN OUTSIDE ROLL; BASIC ENDING;  
OP BASIC 2X (P/U LOD);;  
TRAVEL X CHASSES 4X'S TO FC (WALL);;;; UNDERARM TRN; BASIC ENDING;**

**END: (9) (BFLY) TWISTY VINE 3; FWD FC CLOSE; CANTER APART; CIRCLE WLK 3  
(COUNTER CLOCKWISE) 2X;; TRN & CIRCLE WLK BK (CLOCKWISE) 2X;; HIP RK 2X;;  
STEP TO SIDE & HOLD;**