

LOVES OF FOUR SEASONS

Music : Robert Rigby Cd Beautiful Memories Track #13 Time 2:54
Available from Amazone.co.uk or from choreographer
Rhythm : Foxtrot **Phase :** IV+1 (*Tipple Chasse*)
Footwork : Opposite , except where (Noted)
Release Date : Nov 2012
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Sequence : INTRO AB AB B END



INTRO

01-04 WAIT in CP DLW LD FT FREE ; ; FWD HOVER ; FEATHER FINISH ;
{Wait} CP DLW ld ft free Wt 2 meas ; ; {Fwd Hover} Fwd L, -, fwd & sd rise R, rec L to CP DLW ; {Feather Finish} Bk R trng ¼ LF, -, sd L, fwd R to BJO DLC ;

PART A

01-04 DIAMOND TURN HALF ; ; QUICK DIAMOND FOUR ; DIP BACK & RECOVER ;
{Diamond Trn 1/2} Fwd L, -, trng ¼ LF sd R, bk L ; Bk R, -, trng ¼ LF sd L, fwd R to BJO RDW ; {Ok Diam 4} [QQQQ] Fwd L stg to trn LF, sd R contg LF trn, bk L compg 1/4 LF trn to BJO DLW, bk R to CP LOD ; {Dip Bk & Rec} [SS] Bk L w/ flexed knee, -, rec R to CP LOD, - ;

05-08 OP REVERSE TURN ; HOVER CORTE ; BACK WHISK ; THRU VINE 4 to SCP ;
{Op Reverse Trn} Fwd L stg LF trn, -, sd R contg trn, bk L compg 3/8 LF trn (*W bk R stg LF trn, sd L cont trn, fwd R outsd ptr*) to BJO RLOD ; {Hov Corte} Bk R stg ½ LF trn, -, cont trn sd & fwd L rising & compg trn, rec R to BJO LOD ; {Bk Whisk} Bk L, -, bk & sd R, XLib (*W XRib*) to SCP LOD ; {Thru Vine 4 to SCP} [QQQQ] XRif, sd L, XRif, sd L to SCP LOD ;

09-12 WEAVE 3 ; FRONT VINE 4 ; TIPPLE CHASSE PIVOT & PIVOT 2 to fcg LOD ; ;
{Weave 3} Thru R, -, trng ¼ lft fc fwd L to CP COH, sd & bk R (*W thru L, -, trng ½ lft fc sd & bk R to CP, sd & fwd L*) to BJO DRC ; {Front Vine 4} [QQQQ] XLib, sd R, XLif, sd R ; {Tipple Chasse Pivot & Pivot 2 to fcg LOD} [1,2&3 ; 1,-,2,-] Bk L comm RF trn, -, cont RF trn sd R/cl L, cont slight RF trn fwd R between W's ft and pvt ½ RF to CP almost LOD ; Bk L pivot RF, -, fwd R heel to ball cont turn to CP fcg LOD, - ;

13-16 THREE STEP ; NATURAL TURN 1/2 ; CLOSED IMPETUS ; FEATHER FINISH ;
{Three Step} Fwd L outsd W, -, sd & fwd R between legs W, fwd L ; {Natural Trn 1/2} Fwd R, -, fwd & sd L trn RF (*W heel turn*), bk R to BJO RLOD ; {Closed Impetus} Comg RF upper bdy trn bk L, -, heel trn on L & close R, sd & bk L (*W comg RF upper bdy trn fwd R btw M's ft, -, sd & fwd L contg RF trn arnd M, brush R to L & fwd R btw M's ft*) to CP DLW ; {Feather Finsh} Repeat meas 4 INTRO ;

PART B

01-04 DIAMOND TURN ; ; ; ;
{Diamond Trn} Fwd L trng LF, -, compg ¼ LF trn sd R, bk L to BJO ; Staying in BJO & trng LF bk R, -, compg ¼ LF trn sd L, fwd R ; Staying in BJO & trng LF fwd L, -, compg ¼ LF trn sd R, bk L ; Bk R in BJO trng RF, -, sd L compg ¼ LF trn, fwd R to BJO DLC ;

05-08 TELEMARK to SCP ; HOVER FALLAWAY ; SLIP PIVOT ; CROSS PIVOT to SCAR ;
{Telemark to SCP} Fwd L com LF trn, -, sd R contg LF trn, sd & fwd L (*W bk R com LF trn bringing L ft beside R w/ no wgt, -, contg trng LF on R heel & chg wgt to L, sd & sltly fwd R*) to SCP DLW ; {Hover Fallaway} Fwd R, -, fwd L rise & ckg, rec R to SCP DLW ; {Slip Pivot} Bk L, -, bk R trng LF, fwd L (*W bk R, -, trng ½ LF slip L fwd, sd & bk R*) to BJO DLW ; {Cross Pivot to SCAR} Fwd R in frt of W strt RF trn, -, sd L cont RF trn, fwd R (*W sm bk L strt RF trn, -, fwd R btw M's ft heel to toe pvtg ½ RF, sd & bk L*) to SCAR DLW ;

09-12 CROSS HOVER to SCP ; PROMENADE WEAVE ; ; HOVER TELEMARQUE :

{Cross Hover to SCP} XLif, -, sd R hvrg, rec L (*W XRib, -, sd & bk L w/ strong RF trn, fwd R*) to SCP LOD ;
{Promenade Weave } [SQO;QQQQ] Fwd R, -, fwd L stg LF trn, contg trn sd & bk R twd LOD ; Bk L, bk R DLC
trng LF to CP, sd & fwd L DLW, fwd R DLW (*W fwd L prepg for LF trn, -, sd & bk R trng LF to CP, cont trng on R
then fwd & sd L to BJO ; Fwd R outsd ptr, fwd L trng LF to CP, sd & bk R contg LF trn to fc COH, bk L*) to BJO
DLW ; **{Hover Telemarque}** Fwd L, -, fwd & sd R rising & trng 1/4 RF, sd & fwd L to SCP DLW ;

13-16 IN & OUT RUNS ; ; NATURAL TURN ½ ; HESITATION CHANGE :

{In & Out Runs} Trng RF fwd R, -, sd & bk L to CP RLOD, bk R (*W fwd L, -, fwd R between M's ft, fwd L*) to BJO
RLOD ; Trng RF bk L, -, cont trn fwd R between W's ft, sd & fwd L (*W trng RF fwd R,-, cont trn sd L in frt of M,
cont trn fwd & sd R*) to SCP LOD **{Natural Trn 1/2}** Thru R stg RF trn, -, contg RF trn sd L in frt of W, bk R (*W
fwd L, -, R, L*) to BJO RLOD ; **{Hes Change}** [SS] Trng upper bdy RF bk L, -, sd R contg RF trn, draw L to CP DLC ;

ENDING

01-02 TELEMARQUE to SCP ; CHAIR & LOOK :

{Telemarque to SCP} Repeat meas 5 Part B ; **Chair & Look** [S] Strong fwd R in lunge action bending knee, -,
look at each other, -;