

# LA BARCA



**Choreo** : Daisuke & Tamae Doi, 53-2 Daimon-cho, Okuda, Inazawa City, Aichi 492-8226 JAPAN  
**Music** : Wea Latina CD "Mis Boleros Favoritos" Track 2 by : Luis Miguel  
or available from choreographer on MP3 file or others e-mail : d-doi@tcp-ip.or.jp  
**Rhythm** : Bolero Phase IV + 2 [Sweetheart, Hip Twist]  
**Sequence** : Intro - A - B - Int - A(9-16) - B - Ending **Speed** : 23 MPM  
**Timing** : SQQ unless noted by side of measure **Difficulty** : Difficult  
**Footwork** : Opposite except where noted **Released** : Nov, 2009 Ver. 1.0

## INTRO

### **1 - 4** WAIT; MOD ROMANTIC SWAYS INTERRUPTED w/SD CL;::;

- 1 {Wait} LOP Fgg Pos fc Wall trail ft free wait lead in notes & 1 meas;  
2-4 {Modified Romantic Sways With Side Close} Keep lead hnds jnd thru meas 4  
[2] [Swivel Out & Hip Rocks] Sd R swivel RF (W LF) to Bk-To-Bk Pos,-,  
rk sd L with rolling hip CCW, rec R with hip roll CW [hereafter hip rks L, R];  
SQQQQ [3+] [Swivel In & Hip Rocks With Side Close]  
[Note : As the music consists of 6 beats on this meas, the dance is also done on 6 beats]  
Sd L swivel LF (W RF) to fc ptr,-, hip rks R, L; sd R, cl L,  
[4] [Swivel Out & Hip Rocks] Repeat meas 2;

### **5 - 8** SWVL IN & FENCE REC; SPOT & TIME; TIME & SPOT; SLO HIP RKS;

- 5 {Swivel In & Fence Recover} Sd L swivel LF (W RF) to fc ptr blend to Bfly,-,  
cross lunge thru R with bent knee look LOD, bk L trn bk to fc ptr;  
6 {Spot & Time} Sd R with body rise,-, XLIF with flex knee trn 3/4 RF, fwd L cont trn to fc ptr  
(W sd L rise,-, XRIB flex knee, fwd L);  
7 {Time & Spot} Sd L rise,-, XRIB flex knee, fwd L (W sd R rise,-, XLIF flex knee trn 3/4 RF,  
fwd R cont trn to fc ptr);  
SS 8 {Slow Hip Rocks} Blend to Low Bfly hip rks R,-, L,-;

## PART A

### **1 - 4** HIP TWIST TO FAN PREP;; FAN TO HOCKEY STICK OVRTRND TO FC;;

- 1-2 {Hip Twist To Fan Preparation} Sd & fwd R rise,-, fwd L flex knee, bk R lead W to M's right sd  
(W sd & bk L rise,-, bk R flex knee, fwd L to M's right sd); cl L rise lead W to swivel LF,-,  
bk R flex knee, rec L (W fwd R rise and swivel 1/4 LF to fc LOD,-, fwd L flex knee, fwd R trn  
1/2 LF);  
3-4 {Fan To Hockey Stick Overturned To Face} Sd & fwd R rise to Fan Pos,-, fwd L flex knee,  
rec bk R (W sd & bk L rise remain R leg extended sd & fwd,-, cl R flex knee, fwd L);  
cl L rise,-, bk R flex knee, fwd L twd DRW trn LF to fc Wall (W fwd R rise,-, fwd L flex knee,  
fwd R trn LF to fc ptr & COH) end LOP Fcg Wall;

**5 - 8 FWD BRK; CHKD R PASS; M TRN TO LUNGE BRK; SYNC HIP RKS;**

- 5 {Forward Break} Sd & fwd R rise,-, fwd L with contra chk like action, rec bk R;
- 6 {Checked Right Pass} Fwd & sd L rise comm trn RF raise lead hnds to create window trail hnd on W’s R hip chkg her fwd motion, XRIB cont trn around W, fwd & sd L to W’s left sd (W Fwd R rise raise lead hnd as if comm underarm trn then lower,-, XLIF, sd & bk R) end Modified Wrapped Pos fc COH;
- 7 {M Turn To Lunge Break} Fwd R ronde L trn RF to fc ptr & Wall,-, lower on R with slight body trn RF lead W to bk lunge, rise on R with slight body trn LF to rec (W sd & bk L rise,-, bk R with contra check like action, rec fwd R) end LOP Fcg Wall;
- SQ&Q 8 {Syncopated Hip Rocks} Blend to Low Bfly hip rks L,-, R/L, R;

**9 - 12 SYNC TRNG BASIC w/CHK; X BODY; AIDA PREP; AIDA LINE & SWITCH LUN;**

- SQ&Q 9 {Syncopated Turning Basic With Check} Blend to CP sd & slightly fwd L (W sd & slightly fwd R between M’s feet) rise with upper body trn RF to fc RLOD (W’s head closed),-, slip bk R flex knee trn LF/cont trn sd & fwd L to fc COH, sd & fwd R chkg end CP COH;
- 10 {Cross Body} Sd & bk L trn LF rise,-, slip bk R flex knee cont trn, fwd L cont trn to fc Wall blend to Bfly (W sd & fwd R rise,-, fwd L XIF of M flex knee trn LF, sm sd R cont trn to fc ptr);
- 11 {Aida Preparation} Sd R rise trn to LOP RLOD,-, thru L flex knee trn LF (W RF) , sd R cont trn release lead hnds;
- SS 12 {Aida Line & Switch Lunge} Trn LF bk L rise to slight “V” Bk-To-Bk Pos lead hnds up and out jnd trail hnds fwd,-, trn RF to fc ptr bring jnd trail hnds thru lunge sd R lead hnds extended sd,-;

**13 - 16 UNDERARM TRN; REV U/A TRN TO WRAP; SWEETHEART RUN 2X TO FC;;**

- 13 {Underarm Turn} Blend to LOP Fcg sd L rise,-, XRIB flex knee raise jnd lead hnds, fwd L (W sd R rise,-, XLIF flex knee trn 3/4 RF under jnd lead hnds, fwd R cont trn to fc ptr)
- 14 {Reverse Underarm Turn To Wrap} Sd R rise,-, XLIF flex knee comm trn LF raise jnd lead hnds to lead W to trn LF, cl R cont trn to fc LOD (W sd L rise,-, XRIF flex knee trn 3/4 LF under jnd lead hnds, fwd L) end Wrapped Pos fc LOD;
- 15-16 {Sweetheart Run Twice To Face} In Wrapped Pos looking at ptr fwd L rise,-, fwd R flex knee, fwd L; fwd R rise,-, fwd L flex knee, fwd R release trail hnds and trn to fc ptr end CP Wall;

**PART B**

**1 - 4 TRNG BASIC 1/2; STEP RONDE TO BK-TO-BK; SYNC HIP RKS; TRN RONDE & CHG SD;**

- 1 {Turning Basic Half} Sd & slightly fwd L (W sd & slightly fwd R between M’s feet) rise with upper body trn RF to look RLOD (W’s head closed),-, comm trn 1/2 LF bk R with slip pivot action, sd & fwd L cont trn to fc COH;
- 2 {Step Ronde To Back-To-Back} Blend to Bfly sd R ronde L CCW,- bhd L comm trn RF, fwd R twd LOD cont trn to Bk-To Bk Pos M fc Wall lead hnds jnd low free trail hnds down at sd;
- SQ&Q 3 {Syncopated Hip Rocks} Repeat meas 8 Part A;
- 4 {Turn Ronde & Change Side To Face} Sd L trn LF to fc COH with ronde R CCW,-, raise jnd lead hnds and passing bhd W sd & fwd R trn LF to fc RLOD, fwd L cont trn to fc Wall jn R-R hnds (W sd R trn RF to fc ptr with ronde L CW to tch L to R,-, fwd L under jnd lead hnds comm trn RF, fwd R cont trn to fc ptr) end Hndshk Wall;

**“La Barca”**

**(Continued)**

**5 - 8 SHAD NY; SPOT TRN W UNDERTRN; SWEETHEART 2X;;**

- 5 {Shadow New Yorker} Sd R rise trn RF,-, slip fwd L flex knee jnd R hnds extended fwd L hnds extended sd [M's arm parallel to bk of W], bk R trn LF to fc ptr;
- 6 {Spot Turn W Underturn} Repeat meas 6 Intro on opposite ft to opposite direction (W sd R rise,-, XLIF flex knee trn 1/2 RF to fc Wall, rec R) end Valsouvienne Wall;
- 7-8 {Sweetheart Twice} Sd R to Left Valsouvienne Pos rise with right sd stretch,-, keep hnds jnd slip fwd L with right sd lead to contra chk action, rec R (W sd L rise with left sd stretch,-, slip bk R with left sd lead to contra chk action, rec L) end Left Valsouvienne Wall; repeat meas 7 with opposite ft to opposite direction end Valsouvienne Wall;

**9 - 12 WHEEL L;; OPPOSITE FENCE LINE; W TRN TO FC & HIP RKS;**

- 9-10 {Wheel Left} Sd R to Left Valsouvienne Pos rise,-, wheel LF fwd L, R; L,-, R, L (W sd L rise,-, wheel LF bk R, L; R,-, L, R) end Left Valsouvienne Wall;
- 11 {Opposite Fence Line} Release hnds sd R rise,-, cross lunge thru L bent knee hnds extended sd look at ptr, bk R;
- 12 {W Turn To Face & Hip Rocks} Hip rks L,-, blend to Low Bfly R, L (W sd R trn RF to fc ptr,-, hip rks L, R);

**13 - 16 FWD BRK; SYNC BK BOLERO WK TO FC; OPENING OUT 2X;;**

- 13 {Forward Break} Repeat meas 5 Part A;
- SQ&Q 14 {Syncopated Back Bolero Walk To Face} Bk L rise,-, bk R trn LF to fc Wall/sd L, XRIF (W fwd R rise trn RF to fc LOD,-, fwd L/R, L trn LF to fc ptr);
- 15-16 {Opening Out Twice} Blend to Bfly sm sd & fwd L rise comm upper body rotation LF,-, lower on L complete body trn and extend R ft to sd, rise and rotate bk to fc Wall (W sd & bk R rise comm body rotation LF,-, XLIB lower, fwd R trn to fc ptr); cl R rise comm upper body rotation RF,-, lower on R complete body trn and extend L ft to sd, rise and rotate bk to fc Wall (W same footwork on opposite foot with meas 15);

**INTERLUDE**

**1 - 8 ROMANTIC SWAYS;;; SWVL IN & FENCE REC; SPOT & TIME; TIME & SPOT; HIP RKS;**

- 1-4 {Romantic Sways}
- [1] [Hip Rocks] Blend to Low Bfly hip rks L,-, R, L;
- [2] [Swivel Out & Hip Rocks] Repeat meas 2 Intro;
- [3] [Swivel In & Hip Rocks] Sd L swivel LF (W RF) to fc ptr,-, hip rks R, L;
- [4] [Swivel Out & Hip Rocks] Repeat meas 2 Intro;
- 5-7 Repeat meas 5 thru 7 Intro;;;
- 8 {Hip Rocks} Hip rks R,-, L, R;

**REPEAT PART A MEAS 9 THRU 16**

**REPEAT PART B**

**END**

**1 - 2+ AIDA PREP; AIDA LINE & SYNC SWITCH RK TO CHAIR;;**

- 1 {Aida Preparation} Repeat meas 11 Part A on opposite ft to oposite direction;
- SQ&QS 2+ {Aida Line & Syncopated Switch Rock To Chair} Cont trn RF bk R to Aida Line Pos fc RLOD,-, trn LF to fc ptr sd L chkg bring jnd lead hnds thru blend to Bfly/rec R, rec L; cross lunge thru R look LOD,-,