

LA MEDIA VUELTA



Choreo : Daisuke & Tamae Doi, 53-2 Daimon-cho, Okuda, Inazawa City, Aichi 492-8226 JAPAN
Music : GL Music CD "Best Of Import From US" Track 11 e-mail : d-doi@tcp-ip.or.jp
available from choreographer on MP3 file [free] or MD [at cost]
Rhythm : Bolero Phase III + 2 [Cross Body, Left Pass]
Sequence : Intro - A - B - A(1-8) - Bri - B - Ending **Speed** : 24 MPM
Timing : SQQ unless noted by side of measure **Footwork** : Opposite except where noted
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INTRO

1 - 6 WAIT;; OPNG OUT 4X;;;

- 1-2 {Wait} Bfly Wall lead ft free wait 2 meas;;
3-6 {Opening Out 4 Times} Sd & fwd L rise comm body rotation to LOD,-, lower on L complete trn extend R ft to sd, rise and rotate bk to Bfly (W sd & bk R rise comm body rotation to match ptr,-, XLIB lower, fwd R rotate bk); cl R rise comm body rotation to RLOD,-, lower on R complete trn extend L ft to sd, rise and rotate bk to Bfly (W sd & bk L rise comm body rotation to match ptr,-, XRIB lower, fwd L rotate bk); cl L and hereafter repeat meas 3 (W repeat meas 3); repeat meas 4 end Bfly Wall;

PART A

1 - 4 UNDERARM TRN; BRK BK TO 1/2 OP; M ACRS TO L 1/2 OP; SYNC BL WK;

- 1 {Underarm Turn} Sd L rise,-, XRIB flex knee, fwd L (W sd R rise,-, XLIF flex knee trn 3/4 RF under jnd lead hnds, fwd R cont trn to fc ptr);
2 {Break Back To Half Open} Sd R rise,-, trn LF to Half Open Pos slip bk L flex knee, fwd R;
3 {M Across To Left Half Open} Fwd L rise,-, fwd R twd DLW comm trn RF, bk L cont trn to fc LOD (W fwd R rise,-, fwd L, R) end Left Half OP LOD;
SQ&Q 4 {Syncopated Bolero Walk} Fwd R rise,-, fwd L/R, L;

5 - 8 W ACRS TO OP; BL WK; SLO LUNGE TRN TO FC; NY;

- 5 {W Across To Open} Fwd R,-, L, R jn trail hnds (W fwd L,-, fwd R twd DLW comm trn RF, bk L cont trn to fc LOD) end OP LOD;
6 {Bolero Walk} Fwd L rise,-, fwd R, L;
SS 7 {Slow Lunge Turn To Face} Lunge fwd R trn 1/4 LF release trail hnds and extended sd,-, cont trn rec L twd RLOD cont trn to fc ptr,- end LOP Fcg Wall;
8 {New Yorker} Sd R rise,-, trn RF to LOP RLOD slip fwd L flex knee, bk R trn LF to fc ptr;

9 - 12 REV OP BRK; FENCE LINE w/ARM 2X;; REV UNDERARM TRN;

- 9 {Reverse Open Break} Blend to OP Fcg sd & fwd L rise lead arm extended sd throughout,-, bk R flex knee, fwd L;
10-11 {Fence Line With Arm Twice} Sd R rise,-, cross lunge thru L with bent knee look RLOD lead arm sweep CW (W CCW), bk R trn to fc ptr; blend to LOP Fcg sd L rise,-, cross lunge thru R with bent knee look LOD trail arm sweep CCW (W CW), bk R trn to fc ptr;
12 {Reverse Underarm Turn} Sd R rise,-, raise jnd lead hnds XLIF flex knee, bk R (W sd L rise,-, XRIF flex knee trn 3/4 LF under jnd lead hnds, fwd L cont trn to fc ptr);

13 - 16 SHLDR TO SHLDR w/CARESS 2X;; SPOT & TIME: TIME & SPOT:

- 13-14 {Shoulder To Shoulder With Caress Twice} Sd L rise,-, XRIF to Bjo Pos flex knee R hnd at W's waist (W's R hnd caress left sd of M's face) both L hnds extended side, bk L trn to fc ptr; sd R rise,-, XLIF to Scar Pos flex knee L hnd at W's waist (W's L hnd caress right sd of M's fc) both R hnds extended sd, bk R trn to fc ptr;
- 15 {Spot & Time} Sd L with body rise,-, XRIF with flex knee trn 3/4 LF, fwd L cont trn to fc ptr (W sd R rise,-, XLIB flex knee, fwd R);
- 16 {Time & Spot} Sd R rise,-, XLIB flex knee, fwd R (W sd L rise,-, XRIF flex knee trn 3/4 LF, fwd L cont trn to fc ptr);

PART B

1 - 4 HND TO HND TO HND SHK: R HND FWD BRK: BK BL WKS w/ARM TO FC;;

- 1 {Hand To Hand To Handshake} Sd L rise,-, trn RF to LOP RLOD slip bk R flex knee, fwd L trn LF to fc ptr jn R-R hnds end Hndshk Wall;
- 2 {R Hand Forward Break} Sd & fwd R rise,-, fwd L with contra check like action, bk R
- 3-4 {Back Bolero Walks With Arm To Face} Bk L twd DLC release jnd R-R hnds and sweep CW jn L-L hnds,-, trn slightly RF bk R twd LOD, bk L; bk R release jnd L-L hnds and sweep CCW jn R-R hnds,-, trn 1/4 LF sd L, XRIF ; (W Fwd L,-, R, L trn LF to fc ptr) end CP Wall;

5 - 8 BASIC;; X BODY; FWD BRK:

- 5-6 {Basic} Sd L rise,-, bk R with slipping action and with flexing knee, fwd L; sd R rise,-, slip fwd L flex knee, bk R;
- 7 {Cross Body} Sd & bk L rise comm trn LF,-, bk R flex knee with slipping action, fwd L cont trn to fc COH (W sd & fwd R rise,-, slip fwd L XIF of M flex knee trn LF, bk R cont trn to fc ptr);
- 8 {Forward Break} Blend to LOP Fcg repeat meas 2 Part B;

9 - 12 TIME STEP; LUNGE BRK; L PASS; HIP LIFT;

- 9 {Time Step} Release lead hnds sd L rise,-, XRIB (W XLIB) flex knee, fwd L;
- 10 {Lunge Break} Blend to LOP Fcg sd & fwd R rise,-, lower on R with slight body trn RF lead W to bk lunge, rise on R with slight body trn LF to rec (W sd & bk L rise,-, bk R with contra check like action, rec fwd L) end LOP Fcg COH;
- 11 {Left Pass} Fwd L rise to Scar DLC lead W trn RF to shape body RLOD,-, slip bk R flex knee, fwd L trn LF to fc Wall (W fwd R rise trn 1/4 RF with back to M,-, sd & fwd L flex knee strong trn LF, bk R cont trn to fc ptr) end LOP Fcg Wall;
- 12 {Hip Lift} Blend to CP sd R bring L to R,-, with slight pressure on L lift hip, lower hip;

REPEAT PART A MEAS 1 THRU 8

BRIDGE

1 - 2 OPNG OUT 2X;;

- 1-2 {Opening Out Twice} Repeat meas 3 thru 4 Intro;;

REPEAT PART B

END

1 - 2+ SD TO SERPIENTE TO X LUNGE HOLD;;,,

- SQQ 1-2+ {Side To Serpiente To Cross Lunge Hold} Blend to Bfly sd L rise,-, thru R with flex knee, sd L; SQQS bhd R fan L CCW (W CW)-, bhd L, sd R; cross lunge thru L look RLOD,-,