

LA MER (BEYOND THE SEA)

Music: Richard Clayderman
www.nl.fnac.be/a3696052/Richard-Clayderman-Cd-album
Cd.2 Track # 7 Time: 3:11 slow down w/ -10%
Available from choreographer
Rhythm: Foxtrot Phase: V
Footwork: Opposite except where (Noted)
Release Date: April 19
Choreo: Jos Dierickx Beverlosestwg 14b2 3583 Paal Belgium
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Sequence: INTRO AA BRIDGE B A(1-23) END



INTRO

01-04 CP DLW LEAD FOOT FREE WAIT 4 MEASURES ; ; ; ;
{Wait} CP DLW ld ft free wt 4 meas ; ; ; ;

PART A

- 01-04 WHISK ; THRU VINE 4 ; IN & OUT RUNS ; ;
{Whisk} Fwd L, -, sd & fwd R, XLib (W XRib) to SCP DLC ; {Thru Vine 4 } [QQQQ] XRif (W XLif), sd L fcg ptr, XRib (W XLib), sd L to SCP LOD ; {In & Out Runs} Trng RF fwd R, -, sd & bk L, bk R (W fwd L, -, fwd R btwn M's ft, fwd L) to BJO RLOD ; Trng RF bk L, -, contg trn fwd R btwn W's ft, sd & fwd L (W trng RF fwd R, -, cont trn sd L in frt of M, cont trn fwd & sd R) to SCP DLC ;
- 05-08 OP NATURAL ; BACK BACK/LOCK BACK ; OUTSIDE CHANGE to BJO ; FORWARD FACE CLOSE :
{OP Natural} Thru R comm RF trn, -, fwd & sd L cont RF trn to CP, bk R w/R sd lead (W thru L, -, fwd R, fwd L) to BJO ; {Bk Bk/lk Bk} [SQ&Q] Bk L, -, bk R/lk Lif, bk R ; {Outsd Chng to BJO} Trng LF bk L, -, bk & sd R cont LF trn, sd & fwd L (W fwd R, -, fwd L trn LF, bk R) to BJO DLW ; {Fwd Fc Cl} Fwd R, -, sd L trn RF to fc ptr, cl R to CP DLW ;
- 09-11 HOVER TELE ; THRU CHASSE to SCP ; CHAIR & SLIP :
{Hover Tele} Fwd L, -, fwd & sd R rising & trng 1/8 RF, sd & fwd L to SCP LOD ; {Thru Chasse to SCP} [SQ&Q] Thru R, sd to fc prtn L/cl R, fwd L to SCP LOD ; {Chair & Slip} Ck thru R, -, rec L, trng LF bk R (W ck thru L, -, rec R, swvlg LF on R fwd L) to CP DLC ;
- 12-15 REVERSE TURN ; ; HOVER TELE ; THRU SIDE BEHIND ;
{Reverse Turn} Fwd L twd DLC comm LF turn, -, sd R around ptr, bk L twds LOD (W Bk R comm LF trn, -, cl L [heel turn], fwd R btwn M's ft) ; Bk R cont LF trn, -, sd & fwd L cont trn, fwd outsd ptr (W Fwd L cont LF trn, -, sd & bk R, bk L) to BJO DLW ; {Hover Tele} Repeat meas 9 Part A ; {Thru Sd Behind} Thru R, -, sd L to fc prtn, XRib (W XLib) to BFLY WALL ;
- 16-19 ROLL 3 to SCP ; PROMENADE WEAVE ; ; CHANGE of DIRECTION ;
{Roll 3 to SCP} [Releasg both hnds] Start LF trn (W RF) sd & fwd L, -, small sd R cont LF trn, sd & fwd L cont LF trn to SCP LOD ; {Promenade Weave } [SQQ:QQQQ] Fwd R, -, fwd L stg LF trn, contg trn sd & bk R (W fwd L in pick up action, -, sd & bk R trng LF to CP, cont trng on R then fwd & sd L) to BJO RLOD ; Bk L, bk R twd DLC trng LF to CP, sd & fwd L twd DLW, fwd R (W Fwd R outs ptr, fwd L trng LF to CP, sd & bk R contg LF trn to fc COH, bk L) to BJO DLW ; {Chng of Direction} [SS] Fwd L, -, fwd & sd R trng LF 1/4, draw L to CP DLC ;
- 20-24 TURN LEFT & R CHASSE to BJO ; BACK TWISTY VINE 4 ; SPIN TURN ; FEATHER FINISH ; DBL REVERSE SPIN to DLW ;
{Turn Left & R Chasse to BJO} [SQ&Q] Fwd L trng LF, -, twd LOD & risg progly sd R/cl L, bk R BJO DRC ; {Bk Twisty Vine 4} (QQQQ) Bk L in BJO, sd R trng to SCAR, fwd L in SCAR, sd & bk R trng to BJO ; {Spin Turn} Begin RF upper body trn bk L toeing in pivot 1/2 RF, -, cont trn fwd R betw W's ft, rec sd & bk L (W begin RF upper body trn fwd R heel to toe betw M's ft pivot 1/2 RF, -, cont trn bk on L toe, fwd R) to CP DLW ; {Feather Finish} Bk R, -, bk & sd L trng 1/4 LF, fwd R to BJO DLC ; {Dbl Reverse Spin} [SS] Fwd L com to trn LF, -, sd R DLC, spin LF on ball of R bring L undr bdy beside R no wgt flexed knees (W bk R stg to trn LF, -, cl L to R [heel trn]/sd & slightly bk R cont LF trn, XLif) to CP DLW ;

BRIDGE

01-02 HOVER TELE ; CHAIR & SLIP :
{Hover Tele} Repeat meas 9 Part A ; {Chair & Slip} Repeat meas 11 Part A ;

PART B

01-04 DIAMOND TURN HALF ; ; QUICK DIAMOND 4 ; DIP BACK & RECOVER ;

{Diamond Turn 1/2} Fwd L, -, trng ¼ LF sd R, bk L ; Bk R, -, trng ¼ LF sd L, fwd R to RDW ; **{Qk Diamond 4}** [QQQQ] Fwd L stg to trn LF, sd R contg LF trn, bk L compg ¼ LF trn to BJO DLW, bk R to CP LOD ; **{Dip Bk & Rec}** [SS] Bk L w/ flexed knee, -, rec R to CP LOD, -;

05-08 OP REVERSE TURN ; HOVER CORTE ; BACK HOVER to SCP ; START NATURAL WEAVE ;

{OP Reverse Turn} Fwd L stg LF trn, -, sd R contg trn, bk L compg 3/8 LF trn (*W bk R stg LF trn, -, sd L cont trn, fwd R outsd ptr*) to BJO RLOD ; **{Hover Corte}** Bk R stg ½ LF trn, -, cont trn sd & fwd L rising & compg trn, rec R to BJO LOD ; **{Bk Hover to SCP}** Bk L, -, bk R risg sltly, rec L (*W fwd R, -, fwd & sd L trng RF risg & brushg R to L, contg RF trn sd & fwd R*) to SCP DLC ; **{Start Natural Weave}** Fwd R trng RF, -, sd L, bk R (*W fwd L, fwd R btwn M's feet, fwd L*) to BJO DRW ;

09-12 FINISH NATURAL WEAVE ; WHISK to ½ OP ; OP IN & OUT RUNS ; ;

{Finish Natural Weave} [QQQQ] Bk L, bk R in CP trng LF, cont LF trn sd L, fwd R to BJO DLW ; **{Whisk to 1/2 OP}** Repeat meas 1 Part A to ½ OP LOD ; **{OP in & Out Runs}** Fwd R comm RF trn, -, sd & fwd L in frt of W contg trn, sd & fwd R to ½ LOP LOD w/trail arms out to sd ; Fwd L, -, R, L (*W fwd R comm RF trn, -, sd & fwd L in frt of M contg trn, fwd & sd R*) to ½ OP DLC w/ ld arms out to sd ;

13-16 THRU VINE 4 ; OP NATURAL ; CLOSED IMPETUS ; FEATHER FINISH ;

{Thru Vine 4 } Repeat meas 2 Part A ; **{OP Natural}** Repeat meas 5 Part A ; **{Closed Impetus}** Commg RF upper bdy trn bk L, -, heel trn on L & cl R, sd & bk L (*W commg RF upper bdy trn fwd R btw M's ft, -, sd & fwd L contg RF trn arnd M, brush R to L & fwd R btw M's ft*) to CP DLW ; **{Feather Finish}** Bk R, -, bk & sd L trng ¼ LF, fwd R to BJO DLC ;

17-20 TELEMARK to SCP ; HOVER FALLAWAY ; SLIP PIVOT ; CROSS PIVOT to SCAR ;

{Telemark to SCP} Fwd L com LF trn, -, sd R contg LF trn, sd & fwd L (*W bk R to heel stg LF trn bringing L ft beside R w/ no wgt, -, cont LF trn on R heel & chg wgt to L risg toball, sd & sltly fwd R*) to SCP DLW ; **{Hover Fallaway}** Fwd R, -, fwd L risg & ckg, rec R to SCP DLW ; **{Slip Pivot}** Bk L, -, bk R trng LF, fwd L (*W bk R, -, trng ½ LF slip L fwd, sd & bk R*) to BJO DLW ; **{Cross Pivot to SCAR}** Manuv R comm strong RF turn, -, sd L arnd ptr cont RF turn, sd & fwd R (*W sm fwd L comm strong RF trn, -, fwd R btwn ptr's ft contg RF trn, sd & bk L*) to SCAR DLW ;

21-24 CROSS HOVER to SCP ; CURVED FEATHER ; QUICK DBL OUTSIDE SWIVEL ; WEAVE ENDING ;

{Cross Hover to SCP} XLif, -, sd R hvrg, rec L (*W XRib, -, sd & bk L w/ strong RF trn, fwd R*) to SCP LOD ; **{Curved Feather}** Fwd R stg RF trn, -, contg RF trn sd & fwd L, contg upper bdy RF trn fwd R outsd W (*W fwd L stg slight RF trn, -, sd & bk R cont trn, bk L*) to BJO DRW ; **{Quick DBL Outsd Swivel }** [S,S] Bk L, XRif w/ no weight (*W In BJO fwd R, swvl RF on ball of R foot*) ending in SCP, fwd R, lvng L w/ no weight (*W in SCP fwd L, swvl LF on ball of L foot*) ending to BJO RLOD ; **{Weave Ending}** [QQQQ] [Slow Down] Bk L, trng LF & Blendg to CP bk R, sd & fwd L, fwd R to BJO DLW ;

ENDING

01-04 REVERSE TURN ; ; HOVER TELE ; THRU to a OP HINGE ;

{Reverse Turn} Repeat meas 12,13 Part A ; ; **{Hover Tele}** Repeat meas 9 Part A ; **{Thru to OP Hinge}** [SS/W SQQ] Thru R, -, sd & fwd L, hold left sd stretch leading W XLib (*W thru L, -, sd & fwd R, swivel LF on R XLib right hand on M's left shoulder*) relaxing L knee and veering R knee to sway R extend left arm (*W relaxing L knee head to L extend left arm*) ;