

LA PLAYA



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Music : Columbia COCS-11731 CD Track 11
or available from choreographer on MP3 file or others e-mail : d-doi@tcp-ip.or.jp
Rhythm : Rumba Phase V + 2 [Advanced Hip Twist, Continuous Natural Top]
Sequence : Intro - A - A - B - A - Ending **Speed** : 26 MPM
Timing : QQS unless noted by side of measure **Footwork** : Opposite except where noted
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INTRO

1 - 4 WAIT;; BK LUNGE W CARESS; HKY STK END M TRANS;

1-2 {Wait} Close Tandem Pos fc Wall W slightly M's right sd M's R hnd on W's R hip all other hnds down at sd both R ft free wait 2 meas;;
SS 3 {Back Lunge W Caress} Bk & sd R with lunge action M's L hnd on W's L upper arm both look at ptr,-, W's R hnd caressing M's left cheek without contact,-;
SS 4 {Hockey Stick Ending M Transition} Rec L,-, fwd R jn R-R hnds,- (W rec L, fwd R trn LF to fc ptr, bk L,-) end Hndshk Wall;
(QQS)

PART A

1 - 4 ALEMANA TO STACKED R OVR L;; ADV HIP TWIST; OVRTRND X BODY END;

1-2 {Alemana} Fwd L, rec R, sd L,-; bk R, rec L, sd R jn L-L hnds,-
(W bk R, rec L, sd & fwd R,-; fwd L twd LOD comm trn RF under jnd lead hnds, cont trn fwd R twd DRW, cont trn ro fc ptr sd L,-) end Fcg ptr & Wall with stacked hnds R over L;
3 {Advanced Hip Twist} Raise jnd R hnds to lead W to trn RF to Valsouvienne Pos fwd L trn slightly RF, rec R trn bk to fc Wall lower R hnds to XIF of body, bk L IB of R,-
(W swivel 1/2 RF bk R, rec L swivel 1/2 LF, fwd R outsd ptr swivel 1/4 RF,-)
end L-Shape M fc Wall W fc LOD jnd hnds IF of W;
4 {Overturned Cross Body Ending} Slip bk R comm trn LF, rec L cont trn to fc COH, sd R,-
(W fwd L comm trn LF, fwd & sd R cont trn to fc ptr, sd L,-)
end Fcg ptr & COH with stacked hnds R over L;

5 - 8 CUCA TO L HNDSHK; TRADE PLACES 2X;; SYNC HIP RKS;

5 {Cucaracha To Left Handshake} Rk sd L, rec R, release jnd R hnds cl L,- end Left Hndshk COH;
6-7 {Trade Places Twice} Apt R, rec L trn 1/4 LF release L-L hnds, chg sides with M behind W sd R trn 1/4 LF to fc ptr & Wall jn R-R hnds,-; apt L, rec R trn 1/4 RF release R-R hnds, chg sides with M behind W sd L trn 1/4 RF to fc ptr & COH,- end Low Bfly COH;
QQ&S 8 {Syncopated Hip Rocks} In Low Bfly rk sd R, rec L/rec R, rec L,-;

“La Playa”

(Continued)

9 - 12 W ROLL L TO FC REV; OPN CONTRA CHK REC BK; WHIP TO FAN; CHK & LK TO FAN;

- 9 {W Roll Left To Face Reverse} Release hnds slip bk R, rec fwd L cont trn to fc RLOD, fwd R jn R-R hnds,- (W fwd L twd RLOD, fwd R spiral LF 1 full trn, fwd L trn 1/2 LF to fc ptr,-) end Hndshk RLOD;
- 10 {Open Contra Check Recover Back} Upper body trn LF relax knee with strong right sd lead check fwd L in CBMP, rec R, bk L,-;
- 11 {Whip To Fan} Trn 1/4 LF bk R bring W twd LOD, rec L release R hnd & join lead hnds, sd R,- (W fwd L, fwd R trn 1/2 LF, sd & bk L,-) end Fan Pos M fc Wall,-;
- QQ&S 12 {Check & Lock To Fan} Fwd L, rec R/cl L, sd R,- (W cl R, fwd L/lk RIF, bk L,-);

13 - 16 CHKD HKY STK w/X LUNGE;; HKY STK W SPIRAL ON 3 & OVRTRND TO FC;;

- 13-14 {Checked Hockey Stick With Cross Lunge} Fwd L, rec R, cl L catch W's tummy with R-hnd,- (W cl R, fwd L, fwd R trn LF to fc Wall,-) end Tandem Wall;
chk fwd R with lunge action hnds extended sd looking at ptr, rec L, sd R,- (W chk fwd L with lunge action hnds extended sd looking at ptr, rec R trn RF to fc RLOD, sd & bk L,-) end Fan Pos M fc Wall;
- 15-16 {Hockey Stick W Spiral On 3 & Overturned To Face} Fwd L, rec R, cl L raise jnd lead hnds across IF of his forehead to lead W to spiral,- (W cl R, fwd L, fwd R spiral LF I full trn under jnd lead hnds,-); bk R, rec L, reach sd R jn R-R hnds,- (W fwd L, fwd R trn LF to fc COH, sd L,-) end Hndshk Wall;

REPEAT PART A

PART B

1 - 4 OPN HIP TWIST; PARALLEL BRKS;; AIDA;

- 1 {Open Hip Twist} Fwd L, rec R, cl L,- (W bk R, rec L, fwd R twd M with tention to R arm to swivel 1/4 RF,-) end L-Shape M fc Wall W fc LOD jnd R-R hnds IF of W and W's L arm extended fwd over jnd hnds;
- 2-3 {Parallel Breaks} Bk R lead W to across IF of M, rec L comm trn 1/4 LF, sd & fwd R cont trn to fc LOD,- (W fwd L, fwd R comm trn 1/2 LF on ball of ft, sd & bk cont trn to fc Wall,-); fwd L, fwd R comm trn 1/2 LF on ball of ft, sd & bk L cont trn to fc DLW,- (W bk R lead M to across IF of W, rec L comm trn 1/4 LF, sd & fwd R cont trn to fc LOD,-);
- 4 {Aida} Thru R comm trn RF, sd L cont trn, bk R,- end Aida Line Pos fc RLOD;

5 - 8 SWITCH RK TO 1/2 OP; SYNC WK w/SWITCH; BK BRK; SYNC WK w/SWITCH;

- 5 {Switch Rock To Half Open} Trn LF to fc ptr bring jnd hnds thru blend to Bfly rk sd L, rec R, rec L to Half OP LOD,-;
- QQ&S 6 {Syncopated Walk With Switch} Fwd R, L/R, L trn sharply RF to Left Half OP RLOD,-;
- 7 {Back Break} Bk R, rec L, fwd R,-;
- 8 {Syncopated Walk With Switch} Repeat meas 6 Part B on opposite ft to opposite direction end Half OP LOD;

9 - 12 BK BRK; FAN; ALEMANA LEAD TO SPOT TRN;;

- 9 {Back Break} Repeat meas 7 Part B on opposite ft to opposite direction;
- 10 {Fan} Fwd R trn RF to fc Wall, cl L, sd R,- (W fwd L, fwd R trn LF to fc RLOD, sd & bk L,-) end Fan Pos M fc Wall;
- 11 {Alemana Lead} Fwd L, rec R, cl L,- (W cl R, fwd L, fwd R trn LF to fc ptr pt L sd,-);
- 12 {Spot Turn} XRIF trn 3/4 LF, rec L cont trn to fc ptr, sd R,- end CP Wall;

13 - 16 FWD BASIC TO CONTINUOUS NAT TOP:::

- 1 {Forward Basic} Fwd L, rec R, fwd & sd L comm trn RF to fc RLOD,- (W bk R, rec L, comm trn RF XRIF between M's feet,-);
- 2-4 {Continuous Natural Top} Cont trn XRIB, cont trn sd L, cont trn XRIB to fc DLW,- (W cont trn sd L, cont trn XRIF, cont trn sd L,-);
raise jnd lead hnds to lead W to underarm trn sd L, cont trn XRIB, cont trn sd L to fc COH,- (W fwd R trn LF under jnd lead hnds, sd L, cont trn RF XRIF,-);
cont trn XRIB, raise jnd lead hnds to lead W to underarm trn sd L, cont trn cl R jn R-R hnds,- (W cont trn sd L, fwd R trn LF under jnd lead hnds to fc ptr, sd L,-) end Hndshk Wall;

REPEAT PART A

END

1 - 2 SHAD BRK; CRAB WK TO CHAIR;

- 1 {Shadow Break} Trn LF (W RF) to fc LOD bk L keep R hnds jnd and across IF of W and W's free arm extended behind M, rec R to fc ptr, sd L blend to Bfly,-;
- 2 {Crab Walk To Chair} Lower body swivel LF but upper body remains fcg ptr fwd R, sd L lower body fcg ptr, cross lunge thru R look LOD,-;