

Lady In Red

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MUSIC: **"The Lady In Red"** by Chris DeBurch A&M 2848 Available at
Walmart music downloads Deleted 1st 3.5 Sec Slowed 10% &
Faded from 3:33 to 3:39 in length

RHYTHM & PHASE: **Phase 4+1+1 STS +1** (Triple Traveler) +1 (Arm To Arm)
Foot Work Opposite Except Where Noted

SEQUENCE: INTRO, A, B, C, A, B, CM, END Released November 2009

Hands Down at side facing Wall Lead Feet Free Wait Lead in notes and 2 measures

INTRO

1-8 WAIT ;; Solo Roll 6 ;; Op Basic 2X ; To ½ Op LOD ; Arm To Arm 2X ;;
1-2 [WAIT] Wait Lead In Music & 2 Measure No Hnds Joined Fcg Wall Lead Feet Free ;;
3-4 [Solo Roll 6] Sd L trng LF (W RF) , - , sd R Cont Trng LF fg RLOD , cl L ; Bk R trng to fc Ptr Wall , - , sd
L , cl R ;
5-6 [Op Basic 2X To ½ Op LOD] Sd L Trn RF (W LF) to L ½ OP , - , XRIB of L , Rec L ½ OP Fcg RLOD ;
Sd R Trn LF (W RF) to R ½ OP LOD , - , XLIB of R , Rec R ½ OP Fcg LOD
7-8 [Arm To Arm 2X] Fwd L Lead W to XIF to ½ OP LOD , - , Fwd R , Fwd L ; Fwd R Lead W to XIF to ½
OP LOD , - , Fwd L in ½ OP LOD , Fwd R (Fwd R Comm LF Trn XIF of Man to ½ OP LOD , - , Fwd L ,
Fwd R ; Fwd L Comm RF Trn XIF of Man to ½ OP LOD , - , Fwd R , Fwd L) End ½ OP LOD ;

PART A

1-8 Sd Basic ; Op Basic To ½ Op ; Switches 2X ;;;; L Trn I/S Roll ;
Basic Endg ;
1 [Sd Basic] Trn RF (W LF) Sd L , - , XRIB of L , Rec L ;
2 [Op Basic To ½ Op] Sd R , - , XLIB of R , Rec R ½ OP LOD ;
3-6 [Switches 2X] XIF of W Sd L Trng RF to L ½ OP , - , Fwd R , Fwd L (Fwd R , - , Fwd L , Fwd R) ;
Fwd R , - , Fwd L , Fwd R (XIF of man Sd L Trng RF to ½ OP , - , Fwd R , Fwd L) ;
Repeat meas 3 & 4 ending in CP Fcg wall ; ;
7 [L Trn I/S Roll] Fwd L Comm 3/8 LF trn , - , Bring jnd lead hnds thru leading W into LF trn cont
LF trn sd R , XLIF of R (Bk R Comm ¼ LF trn , - , Sd L trng LF under lead hnds , cont trng LF sd R to fc
ptr) Fcg COH ;
8 [Basic Endg] Sd R , - , XLIB of R , Rec R (Sd L , - , XRIB of L , Rec L) ;
9-16 R Trn O/S Roll ; Basic Endg ; Sd Basic ; Sweetheart Wrap Fc LOD ;
Sweetheart Run 2X ;; Solo Roll 6 ;;
9 [R Trn O/S Roll] XIF of W sd & bk L to fc RLOD , - , sd & bk R almost XIB trn ¼ RF lead W under jnd
lead hnds , XLIF of R (Fwd R beg RF twirl under lead hnds , - , fwd L , fwd & sd R) to fc ptr ;
10 [Basic Endg] Sd R , - , XLIB of R , Rec R ;
11 [Sd Basic] Sd L , - , XRIB of L , rec L ;
12 [Sweetheart Wrap Fc LOD] Sd R , - , XLIB bringing ld hands around W head to wrap , rec R (Sd L
, - , XRIF trng LF under joined ld hands to wrap pos , rec L) Fc LOD ;
13-14 [Sweetheart Run 2X] Fwd L , - , Fwd R , Fwd L ; Fwd R , - , Fwd L , Fwd R ;

- 15-16** **[Solo Roll 6]** Fwd L Releasing Wrap Trng LF (W RF) , - , Sd R cont trng LF Fc RLOD , CI L ; Bk R Trng To Fc Ptr Wall , - , Sd L , CI R ;
- 17-24** **L Trn Bfly COH ; Brk Bk w/Ldy's Head Loop ; U/A Trn Stacked Hnds ; OP Brk ; Chg Sd's Under Stacked Hnds ; Lunge Basic ; Basic ; ;**
- 17** **[L Trn Bfly COH]** Fwd L Comm 3/8 LF trn , - , Cont LF Trn sd R , Rec L to fc ptr (Bk R Comm ¼ LF trn , - , Cont Trng Sd L , XRIF of L) Fcg COH ;
- 18** **[Brk Bk w/Ldy's Head Loop]** Sd R loop M's R/ W's L Hds over W's head placing hds on W's R Shoulder , - , Bk L , Rec Fwd R RLOD (Sd L loop M's R/W's L Hds over head , - , Bk R , Rec Fwd L RLOD) ;
- 19** **[U/A Trn Stacked Hnds]** Sd L , - , XRIB Lead Ptr Under Dbl Hnd Hld , Rec Fwd L Stacked L over R Hands Fc COH (Fwd R , - , Fwd L RF Trn Under Dbl Hnd Hld , Fwd R Stacked Hnds L over R Fc Ptr & WALL) ;
- 20** **[OP Brk]** Sd R , - , Apt L , Rec R ;
- 21** **[Chg Sd's Under Stacked Hnds]** Fwd L COH Chg Sds Lead W Trn Under Stacked Hds , - , Sd R , XLIF Dbl Hnd Hld Fc WALL (Fwd R WALL L Trn Under Stacked Hnds Chg Sds , - , Sd L , XRIF Fc COH) ;
- 22** **[Lunge Basic]** Sd Lunge R , - , Rec L , XRIF Of L ;
- 23-24** **[Basic]** Sd L , - , XRIB , Rec L ; Sd R , - , XLIB , Rec R ;

PART B

- 1-8** **Triple Travler ; ; Lariat 3 Fc Rev ; O/S Roll ; Basic Endg ; OP Basic 2X ; ;**
- 1-3** **[Triple Travler]** Fwd L Trng Slight LF Fc DC , - , Sd & Fwd R , Fwd L (Bk R Trng LF , - , Sd L Trng LF Under Lead Hnds , Cont LF Trng Bk R Fc wall) ; Fwd R Spiral LF Under Joined Hnds , - , Fwd L , Fwd R (Trn Fc LOD Fwd L , - , Fwd R , Fwd L) Bringing Hnds To Shoulder Level ; Fwd L Bringing Joined Hnds Down & Bk , - , Fwd R , Fwd L Bringing Hnds Up & Around Leading W to Roll RF (Fwd R Comm. RF Trn , - , Sd & Bk L Trng RF Under Joined Hnds , Cont RF Trn Fwd R) ;
- 4** **[Lariat 3 Fc Rev]** Fwd R Under Lead Hnds , - , Fwd L Comm LF Trn , Fwd R Cont Trn (Fwd L Comm RF Trn around man , - , Fwd R Cont RF Trn , Fwd L Cont RF Trn) LOP Fc RLOD ;
- 5** **[O/S Roll]** Fwd L Bringing Joined Hnds Down & Bk , - , Fwd R , Fwd L Bringing Hnds Up & Around Leading W to Roll RF (Fwd R Comm. RF Trn , - , Sd & Bk L Trng RF Under Joined Hnds , Cont RF Trn sd R) ;
- 6** **[Basic Endg]** Blending to CP Sd R to CP , - , XLIB of R , Rec R ;
- 7-8** **[OP Basic 2X]** Sd L Trn RF (W LF) L ½ OP , - , XRIB of L , Rec L ½ OP Fcg RLOD ; Sd R Trn LF (W RF) R ½ OP LOD , - , XLIB of R , Rec R ½ OP Fcg LOD ;
- 9-16** **Triple Travler ; ; Basic Endg ; L Trn I/S Roll ; Basic Endg ; U/A Trn ; Lariat 3 Fc LOD ;**
- 9-11** **[Triple Travler]** Fwd L Trng Slight LF Fc DC , - , Sd & Fwd R , Fwd L (Bk R Trng LF , - , Sd L Trng LF Under Lead Hnds , Cont LF Trng Bk R Fc wall) ; Fwd R Spiral LF Under Joined Hnds , - , Fwd L , Fwd R (Trn Fc LOD Fwd L , - , Fwd R , Fwd L) Bringing Hnds To Shoulder Level ; Fwd L Bringing Joined Hnds Down & Bk , - , Fwd R , Fwd L Bringing Hnds Up & Around Leading W to Roll RF (Fwd R Comm. RF Trn , - , Sd & Bk L Trng RF Under Joined Hnds , Cont RF Trn Fwd R) ;
- 12** **[Basic Endg]** Sd R , - , XLIB , Rec R ;
- 13** **[L Trn I/S Roll]** Fwd L Comm 3/8 LF trn , - , Bring jnd lead hnds thru leading W into LF trn cont LF trn sd R , XLIF of R (Bk R Comm ¼ LF trn , - , Sd L trng LF under lead hnds , cont trng LF sd R) Fcg Ptr Wall ;
- 14** **[Basic Endg]** Sd R , - , XLIB of R , Rec R ;
- 15** **[U/A Trn]** Sd L Raising Lead Hnds , - , XRIB of L , Rec L (Sd R Comm RF Trn Under Joined Lead Hnds , - , Cross L Over R Trng RF ½ , Rec Fwd on R Cont Trn To Fc Ptr) ;
- 16** **[Lariat 3 Fc LOD]** Fwd R Under Lead Hnds , - , Fwd L Comm LF Trn , Fwd R Cont Trn (Fwd L Comm

RF Trn around man , - , Fwd R Cont RF Trn , Fwd L Cont RF Trn) LOP Fc LOD ;

PART C

- 1-8** **O/S Roll Fc DLC ; Basic Endg CP DLC ; Diam Trns $\frac{3}{4}$; ; Bk $\frac{1}{2}$ Bx Fc Wall ; Lunge Basics 2X ; ;**
- 1** **[O/S Roll Fc DLC]** Fwd L Bringing Joined Hnds Down & Bk , - , Fwd R , Fwd L Bringing Hnds Up & Around Leading W to Roll RF (Fwd R Comm. RF Trn , - , Sd & Bk L Trng RF Under Joined Hnds , Cont RF Trn sd R) Ovrtrnd DLC ;
- 2** **[Basic Endg CP DLC]** Sd R , - , XLIB of R , rec R CP DLC ;
- 3-5** **[Diam Trns $\frac{3}{4}$]** Fwd L Trng LF , - , Cont LF Trn Sd R , Bk L to Bjo Position ; Staying In Bjo & Trng LF Bk R , - , Sd L , Fwd R ; Fwd L Trng LF , - , Sd R , Bk L (Bk R Trng LF , - , Cont LF Trn sd L , Fwd R to Bjo ; Fwd L Trng LF , - , Sd R , Bk L ; Bk R Trng LF , - , Sd L , Fwd R) Fcg DRL ;
- 6** **[Bk $\frac{1}{2}$ Bx Fc Wall]** Bk R Trng LF Fc Wall , - , Sd L , CI R ;
- 7-8** **[Lunge Basic 2X]** Sd Lunge L , - , XRIB of L , XLIF of R ; Sd Lunge R , - , XLIB of R , XRIF of L ;
-
- 9-16** **U/A Trn ; Lariat 3 ; O/S Roll Fc DLC ; Basic Endg CP DLC ; Diam Trns $\frac{3}{4}$; ; Bk $\frac{1}{2}$ Bx Fc Wall ;**
- 9** **[U/A Trn]** Sd L Raising Lead Hnds , - , XRIB of L , Rec L (Sd R Comm RF Trn Under Joined Lead Hnds , - , Cross L Over R Trng RF $\frac{1}{2}$, Rec Fwd on R Cont Trn To Fc Ptnr)
- 10** **[Lariat 3]** Fwd R Under Lead Hnds , - , Fwd L Comm LF Trn , Fwd R Cont Trn (Fwd L Comm RF Trn around man , - , Fwd R Cont RF Trn , Fwd L Cont RF Trn) LOP Fc LOD ;
- 11** **[O/S Roll Fc DLC]** Fwd L Bringing Joined Hnds Down & Bk , - , Fwd R , Fwd L Bringing Hnds Up & Around Leading W to Roll RF (Fwd R Comm. RF Trn , - , Sd & Bk L Trng RF Under Joined Hnds , Cont RF Trn sd R) Ovrtrnd DLC ;
- 12** **[Basics Endg CP DLC]** Sd R , - , XLIB of R , rec R CP DLC ;
- 13-15** **[Diam Trns $\frac{3}{4}$]** Fwd L Trng LF , - , Cont LF Trn Sd R , Bk L to Bjo Position ; Staying In Bjo & Trng LF Bk R , - , Sd L , Fwd R ; Fwd L Trng LF , - , Sd R , Bk L (Bk R Trng LF , - , Cont LF Trn sd L , Fwd R to Bjo ; Fwd L Trng LF , - , Sd R , Bk L ; Bk R Trng LF , - , Sd L , Fwd R) Fcg DRL ;
- 16** **[Bk $\frac{1}{2}$ Bx Fc Wall]** Bk R Trng LF Fc Wall , - , Sd L , CI R ;
-
- 17-20** **Op Basic 2X ; ; Slo Op Vine 4 ; ;**
- 17-18** **[Op Basic 2X]** Sd L Trn RF (W LF) L $\frac{1}{2}$ OP , - , XRIB of L , Rec L $\frac{1}{2}$ OP Fcg RLOD ; Sd R Trn LF (W RF) R $\frac{1}{2}$ OP LOD , - , XLIB of R , Rec R $\frac{1}{2}$ OP Fcg LOD ;
- 19-20** **[Slo Op Vine 4]** Sd L , - , XRIB Of L $\frac{1}{2}$ OP RLOD , - ; Sd L Trng to Fc , - , XRIF of L $\frac{1}{2}$ OP LOD , - ;

Repeat "A"

Repeat "B"

PART "C" 1-16

- 1-8** **O/S Roll Fc DLC ; Basic Endg CP DLC ; Diam Trns $\frac{3}{4}$; ; Bk $\frac{1}{2}$ Bx Fc Wall ; Lunge Basics 2X ; ;**
- 9-16** **U/A Trn ; Lariat 3 ; O/S Roll Fc DLC ; Basic Endg CP DLC ; Diam Trns $\frac{3}{4}$; ; Bk $\frac{1}{2}$ Bx Fc Wall ;**

END

1-5 **Op Basic 2X** ;; **Sd Basic** ; **Wrap (Ldy In 2)** ; **Sd Lunge & Shape** ;

1-2 **[Op Basic 2X]** Sd L Trn RF (W LF) L ½ OP , - , XRIB of L , Rec L ½ OP Fcg RLOD ; Sd R Trn LF (W RF) R ½ OP LOD , - , XLIB of R , Rec R ½ OP Fcg LOD ;

3 **[Sd Basic]** Sd L , - , XRIB of L , rec L ;

4 **[Wrap (Ldy In 2)]** Sd R Bringing Lead Hnds Thru (Like Rev U/A Trn) , - , Cl L Bring Lead Hnds Down In Frnt Of W , Cl R (Sd L , - , XRIF of L Trng LF , - ,) Fc Wall in Tandem ;

5 **[Sd Lunge & Shape]** Both Lunge Sd L , Shape Looking At your Partner ;