



LADY, LAY DOWN

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Music:	"Lady Lay Down"	Artist: John Conlee
Availability:	CD "John Conlee Classics" Track #2	Speed: As On CD
Phase:	III+2 (Diamond Turn, Telemark) Waltz	Released: May 2008
Footwork:	Opposite-direction for man except where noted	
Sequence:	INTRO - A - B - A - B(1-14) - B - END	

INTRO

1 - 4 WAIT 2;; APART POINT; PICKUP & TOUCH;

1 - 4 wait 2 meas;; [Apart Point] bk L, , pt R; [Pkup & Tch] trng LF fwd R ldg W to CP LOD, -, tch L to R;

PART A

1 - 4 TWO LEFT TURNS;; HOVER; FORWARD HOVER TO BJO;

1 - 4 [Two Left Turns] fwd L trng LF, sd R, cl L; bk R trng LF, sd L, cl R; [Hover] fwd L, sd & fwd R w/rise, rec L; [Fwd Hover to Bjo] fwd R rising cls L, bk R, (*fwd L strt LF trn, cls R cont trn LF to contra BJO, fwd L,*);

5 - 8 BACK HOVER TO SEMI; MANEUVER; TWO RIGHT TURNS;;

5 - 8 [Back Hover to SCP] bk L, bk R w/ rise, rec L blend to SCP/LOD; [Maneuver] fwd R trng RF in frnt of W, sd L, cl R to CP RLOD; [Two Right Turns] bk L trng RF, sd R, cl L; fwd R trng RF, sd L, cl R;

9 - 12 TWIRL VINE 3; MANEUVER; OVERSPIN TURN; HALF BOX BACK;

9 - 12 [Twirl Vine 3] sd L, XRIBL, sd L (*W fwd R trng RF, cont trn fwd L, cl R*); [Maneuver] fwd R trng RF in frnt of W, sd L, cl R to CP RLOD; [Over Spin Turn] bk L pvtg RF 3/4, fwd R w/rise, sd & bk L; [Half Box Back] bk R, sd L, cl R;

13 - 17 HOVER; THRU FACE CLOSE; TWIRL VINE 3; PICKUP; CANTER;

13 - 17 [Hover] fwd L, sd & fwd R w/ rise, rec L; [Thru Face Close] XRIFL (*W XLIFR*), fwd L to fc ptr, cl R; [Twirl Vine 3] sd L, XRIBL, sd L (*W fwd R trng RF, cont trn fwd L, cl R*); [Pickup] fwd R ldg W in frnt, sd L, cl R in CP LOD; [Canter] sd L, draw R to L, cl R;



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PART B

1 - 4 DIAMOND TURNS;;;:

1 - 4 [Diamond Turns] fwd L, comm LF trn sd & bk R, bk fc DRC; bk R, trn LF sd & fwd L fc DRW, fwd R; fwd L, comm LF trn sd & bk R, bk fc DRC; bk R, trn LF sd & fwd L fc DRW, fwd R;

5 - 8 TELEMARK TO SCP; HOVER FALLAWAY; SLIP PIVOT TO BJO; MANEUVER;

5 - 8 [Telemark] fwd L, trn LF sd & fwd R (*W bk L w/ heel trn*), fwd L to tight SCP; [Hover Filwy] in SCP fwd R, fwd L ckg w/rise, rec R; [Slip Pivot] bk L (*W bk R*), bk R trng LF 1/4 (*W trns LF fwd L*), fwd L; [Maneuver] fwd R trng RF in frnt of W, sd L, cl R to CP RLOD;

9 - 12 SPIN TURN; BOX FINISH; TWO LEFT TURNS;;

9 - 12 [Spin Turn] bk L pvtg RF 1/2, fwd R w/ rise, sd & bk L; [Box Finish] bk R, sd & bk L trng 1/8 LF, cl R to DC; [Two Left Turns] fwd L trng LF, sd R, cl L; bk R trng LF, sd L, cl R;

13 - 16 WHISK; PICKUP; ONE LEFT TURN; BACKUP WALTZ;

13 - 16 [Whisk] fwd L, sd & fwd R w/ rise, hk L beh R (*W hk R beh L*); [Pickup] fwd R ldg W in frnt, sd L, cl R in CP LOD; [One Left Turn] fwd L trng LF, sd R, cl L; [Backup Waltz] bk L, bk R, bk L;

17 - 18 TWO QUARTER RIGHT TURNS TO CP/LOD;;

17 - 18 [Two Qtr Right Turns] bk L trng RF 1/4, sd R, cl L; fwd R trng RF 1/4, sd L, cl R;

END

1 - 4 TWO LEFT TURNS;; TWIRL VINE 3; THRU APT PT;

1 - 4 [Two Left Turns] fwd L trng LF, sd R, cl L; bk R trng LF, sd L, cl R; [Twirl Vine 3] sd L, XRIB of L, sd L (*W Twirls RF R, L, R*); [Apart Point] thru R, apt L, pt R twd ptr & wall;