

LAISSEZ LES BONTEMPS ROULER

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Music; Capitol Record 4487 Helen Reddy also available from Amazon or iTunes time 2:28

Rhythm: Phase II – 2 Step

Footwork: Opposite directions of Man.

Sequence: I – AB – AB Bridge - AB - End

Difficulty – average

INTRO

- 1-6 WAIT FCG BFLY; ROLL 3 HEEL; ; ROLL 3 HEEL TO FC; ; ROCK APT RECOVER ;**
1-6 wait ; Roll LF to LOD L, -, R,-; L, -, touch R heel side & RLOD, -: twd RLOD roll RF R, -,
L, -, R, -, touch L heel si to LOD in bflyi, -; rk apt L, -, rec R, - ;

PART A

- 1-8 FACE/ FACE; BACK/BACK; OPEN VINE 4 ; ; 2 TRNG 2 STEPS ; ; TWIST VINE 4 ; ;**
1-8 In bfly sd L, cl R, sd L tng LF (W RF), -; sd R, cl L, sd R tng RF (W tng LF), -; sd L, -,
xRib of L to LOP/ RLOD, -; sd L to fcg ptrn, -, xRif of L to semi, -; sd L start RF trn ¼,
cl R, bk L trng ¼ RF fc COH,-; cont RF trn ¼ sd R, cl L, sd R trng ¼ RF (W does
meas 6 & 5 PART A), -; sd L, -, xRib of L (W xLif), -; sd L to fcg ptrn, -, xRif of L
(W xib) to bjo,-;
9-16 FWD LK FWD TWICE; ; ROCK FWD REC ; ROCK BACK REC ; SCIS THRU ;
ROLL 2 ; BACK LK BACK ; ROCK BACK REC;
9-12 in bjo pos fwd L, xRib of L, fwd L (bk R, lk L, bk R, -) ; fwd R, xLib of R, fwd R
(W bk L, lk R, bk L,-) -; rk fwd L (W bk), -, rec R, -; rk bk L (W fwd), -, rec R to fc
ptrn, -; sd L, cl R, cross L fc RLOD, -; sd R trng RF, -, bk L to semi, -; bk R, lk Lif
of R, bk R, -; rk bk L, -, rec R, -;
13-16 sd L, cl R, xLif of R to LOP, -: fwd R trng ¼ RF, -, bk L cont RF trng ¼ OP/LOD,-: bk R, lk
L in frt, bk R, -; rk bk L, -, rec R to semi, -:

PART B

- 1-8 2 FWD 2 STEPS ; ; ROLL 2 SD CL ; ; BACK APART 2 ; BACK HITCH; TOG 2;**
CHANGE SD 3 ;
1-8 fwd L, cl R, fwd L, -; fwd R, cl L, fwd R, -; roll LF to LOD (W RF) L,-,R,-; sd L, -,
cl R, to fc bfly; bk apt L,-, R,-; bk L, cl R, fwd L,-; tog R,-, L to bfly, -: W und trail
hnds R,L,R trn RF (W trn LF) to semi RLOD, -;
9-16 2 FWD 2 STEPS ; ; ROLL 2 SD CL ; ; BACK APART 2 ; BACK HITCH; TOG 2;
CHANGE SD 3 ;
9-16 Repeat meas 1-4 twd RLOD ; ; ; repeat meas 5-8 fcg ptrn/ COH ; ; ; ending bfly/ wall

BRIDGE

- 1-5 ROLL 3 HEEL; ; ROLL 3 TO BFLY ; ; ROCK APT RECOVER ;**
1-5 Repeat meas 2-5 of INTRO ; ; ;

END

- 1-4 2 FWD 2 STEPS ; ; TRNG IN ROLL 3 CHANGE / POINT ; ;**
1-4 Repeat PART B meas 1-2 to bfly ; ; tng und joined lead hnds sd L trng RF (W LF), -,
bk R, -; Cont roll und hnds sd L to fc, -, cl R, point L to LOD;

HEAD CUES

INTRO

1-6 WAIT FCG BFLY; ROLL 3 HEEL; ; ROLL 3 HEEL TO FC; ; ROCK APT RECOVER ;

PART A

1-16 FACE/ FACE; BACK/BACK; OPEN VINE 4 ; ; 2 TRNG 2 STEPS ; ; TWIST VINE 4 ; ; FWD LOCK FWD TWICE; ; ROCK FWD REC ; ROCK BACK REC FC ; SCIS THRU ; ROLL 2 ; BACK LOCK BACK ; ROCK BACK REC;

PART B

1-16 2 FWD 2 STEPS ; ; ROLL 2 FC SD CL ; ; BACK APART 2 ; BACK HITCH; TOG 2; CHANGE SD 3 ; 2 FWD 2 STEPS ; ; ROLL 2 FC SD CL ; ; BACK APART 2 ; BACK HITCH; TOG 2; CHANGE SD 3 ;

PART A

1-16 FACE/ FACE; BACK/BACK; OPEN VINE 4 ; ; 2 TRNG 2 STEPS ; ; TWIST VINE 4 ; ; FWD LOCK FWD TWICE; ; ROCK FWD REC ; ROCK BACK REC FC ; SCIS THRU ; ROLL 2 ; BACK LOCK BACK ; ROCK BACK REC;

PART B

1-17 1-16 2 FWD 2 STEPS ; ; ROLL 2 FC SD CL ; ; BACK APART 2 ; BACK HITCH; TOG 2; CHANGE SD 3 ; 2 FWD 2 STEPS ; ; ROLL 2 FC SD CL ; ; BACK APART 2 ; BACK HITCH; TOG 2; CHANGE SD 3 ;

BRIDGE

1-5 ROLL 3 HEEL; ; ROLL 3 TO BFLY ; ; ROCK APT RECOVER ;

PART A

1-16 FACE/ FACE; BACK/BACK; OPEN VINE 4 ; ; 2 TRNG 2 STEPS ; ; TWIST VINE 4 ; ; FWD LOCK FWD TWICE; ; ROCK FWD REC ; ROCK BACK REC FC ; SCIS THRU ; ROLL 2 ; BACK LOCK BACK ; ROCK BACK REC;

PART B

1-18 1-16 2 FWD 2 STEPS ; ; ROLL 2 FC SD CL ; ; BACK APART 2 ;

**BACK HITCH; TOG 2; CHANGE SD 3 ; 2 FWD 2 STEPS ; ; ROLL 2 FC
SD CL ; ; BACK APART 2 ; BACK HITCH; TOG 2; CHANGE SD 3 ;**

END

1-4 2 FWD 2 STEPS ; ; TRNG IN ROLL 3 CHANGE / POINT ; ;