

LAMENTO BORINCANO

Music: Paul Mauriat
www.discogs.com/Lp Philips – 844 731
Track # A 3 Time 3:36
Rhythm: Foxtrot Phase: V
Footwork: Opposite except where (Noted)
Release Date: June 15
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Sequence: **INTRO A B AA B AA(1-14) END**



INTRO

01-04 BFLY POS WALL LEAD FOOT FREE WAIT 2 MEASURES ; ; TWIRL VINE 3 ; CHAIR & SLIP :

{Wait} BFLY POS WALL Id ft free wt 2 meas ; ; {Twirl Vine} Sd L, -, XRib, sd L (W full RF trn undr jnd Id hnds fwd R, -, sd & bk L, fwd R) to SCP LOD ; {Chair & Slip} Ck thru R, -, rec L, trng LF bk R (W ck thru L, -, rec R, swvlg LF on R fwd L) to CP DLC ;

05-06 DRAG HESITATION ; HESITATION CHANGE :

{Drag Hesitation} [S,S,-] Fwd L, -, stg LF trn sd R, contg LF trn draw L to BJO DRC ; {Hesitation Chng} [S,S,-] Trng upper bdy RF bk L, -, sd R contg RF trn, draw L to CP DLC ;

PART A

01-04 TELEMAR to SCP ; THRU VINE 4 ; PROMENADE WEAWE ; ;

{Telemark to SCP} Fwd L comm LF trn, -, sd R contg LF trn, sd & fwd L (W bk R comm LF trn bringing L ft beside R w/ no wgt, -, cont trng LF on R heel & chg wgt to L, sd & sltly fwd R) to SCP DLW ; {Thru Vine 4} [QQQQ] XRif (W XLif), sd L fcg ptr, XRib (W XLib), sd L to SCP LOD ; {Promenade Weave} [SQQ;QQQQ] Fwd R, -, fwd L stg LF trn, contg trn sd & bk R (W fwd L in pick up action, -, sd & bk R trng LF to CP, cont trng on R then fwd & sd L) to BJO LOD ; Bk L, bk R twd DLC trng LF to CP, sd & fwd L twd DLW, fwd R (W Fwd R outside ptr, fwd L trng LF to CP, sd & bk R contg LF trn to fc COH, bk L) to BJO DLW ;

05-08 HOVER TELE ; IN & OUT RUNS ; ; CHAIR & SLIP :

{Hover Tele} Fwd L, -, fwd & sd R rising & trng 1/8 RF, sd & fwd L to SCP LOD ; {In & Out Runs} Trng RF fwd R, -, sd & bk L, bk R (W fwd L, -, fwd R between M's ft, fwd L) to BJO RLOD ; Trng RF bk L, -, contg trn fwd R between W's ft, sd & fwd L (W trng RF fwd R, -, cont trn sd L in frt of M, cont trn fwd & sd R) to SCP DLC ; {Chair & Slip} Repeat meas 4 Intro ;

09-12 TURN LEFT & R CHASSE to BJO ; IMPETUS to SCP ; NATURAL WEAWE ; ;

{Trn Left & R Chasse to BJO} [SQ&Q] Fwd L trng LF, -, twd LOD & risg progly sd R/cl L, bk R BJO DRC ; {Impetus to SCP} Bk L comm RF trn, -, cl R heel trn, fwd L (W fwd R btw M's ft heel to toe pvt 1/2 RF, -, sd & fwd L cont trn arnd M brush R to L, fwd R) to SCP LOD ; {Natural Weave} [SQQ;QQQQ] Fwd R trng RF, -, sd L, bk R (W fwd L, fwd R between M's feet, fwd L) to BJO DRW ; Bk L, bk R in CP trng LF, cont LF trn sd L, fwd R to BJO DLW ;

13-16 CURVING THREE STEP ; OUTSIDE CHECK ; BACK TWISTY VINE 4 ; HESITATION CHANGE :

{Curving Three Step} Fwd L stg to trn LF, -, contg LF trn sd & fwd L, contg LF trn fwd R to CP RLOD Checking ; {Outside Check} Bk R with checking action, -, sd L DW with left shoulder lead, fwd R in BJO DRW with checking action ; {Bk Twisty Vine 4} [QQQQ] Back L in BJO, sd R trng to SCAR, forward L in SCAR, sd & bk R trng to BJO ; {Hesitation Chng} Repeat meas 6 Intro ;

PART B

01-04 DIAMOND TURN HALF ; ; QUICK DIAMOND 4 ; DIP BACK & RECOVER :

{Diamond Turn 1/2} Fwd L, -, trng 1/4 LF sd R, bk L ; Bk R, -, trng 1/4 LF sd L, fwd R to RDW ; {Ok Diamond 4} [QQQQ] Fwd L stg to trn LF, sd R contg LF trn, bk L compg 1/4 LF trn to BJO DLW, bk R to CP LOD ; {Dip Bk & Rec} [S,S] Bk L w/ flexed knee, -, rec R swivel RF to CP LOD, -;

05-08 DOUBLE REVERSE SPIN to DLW ; WHISK ; THRU VINE 4 ; SLOW SIDE LOCK :

{Dbl Reverse Spin} [S,S/W S,Q&Q] Fwd L com to trn LF, -, sd R DLC, spin LF on ball of R bring L undr bdy beside R no wgt flexed knees (*W bk R stg to trn LF, -, cl L to R [heel trn]/sd & slightly bk R cont LF trn, XLif*) to CP DLW ; **{Whisk}** Fwd L, -, sd & fwd R, XLib (*W XRib*) to SCP DLC ; **{Thru Vine 4 }** [QQQQ] XRif (*W XLif*), sd L fcg ptr, XRib (*W XLib*), sd L to SCP LOD ; **{Slow Sd Lk}** Thru R, -, fwd & sd L rising trng LF, cl R (*W thru L trng LF, -,sd R trng LF, XLif*) to CP DLC ;

ENDING

01-04 DOUBLE OUTSIDE SWIVEL ; WEAWE ENDING ; HOVER TELE ; CHAIR & HOLD :

{Double Outsd Swivel} [S,S] Bk L Xg Rif w/ no wgt, -, fwd R, point L (*W fwd R & swvl ½ RF to SCP DRC, -, fwd L & swvl LF ½*) to BJO DRC, -; **{Weave Ending}** [QQQQ] Bk L, trng LF & blendg to CP bk R, sd & fwd L, fwd R to BJO DLW ; **{Hover Tele}** Repeat meas 5 Part A ; **{Chair & Hold}** [S] Thru R relax R knee both fwd poise ;