

Lasso The Moon

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Music: "Lasso The Moon" by Aron Garret

CD: Premium Standard - Ballroom Fascination or single download at <http://www.casa-musica.de/>

Release Date: June 2013

Rhythm: Waltz

Phase: IV

Original Length of Music: 2:57

Music Modification: None

Sequence: Intro AB Int AB Int(mod) End

Footwork: Opposite for Woman unless otherwise noted / Exception Introduction Measures 1-6

INTRO (8 Measures)

- 1-4 **SKATERS POSITION DLC / RT FEET FREE & POINTED TO THE SIDE /
WAIT; WAIT; CROSS PT & HOLD; CROSS PT & HOLD;**
- 1-2 (Wait; Wait) Hold intro position above for 2 measures;;
- 3-4 (Cross Pt & Hold; Cross Pt & Hold) BOTH XRIF of Lt, pt side with Lt, -; XLIF of Rt, pt side with Rt, -;
- 5-8 **SHADOW CROSS HVR 2X;; MAN THRU CHASSE ~ LADY ROLL 3 SCP;
SLO SD LOCK;**
- 5-6 (Shadow Cross Hvr 2X) BOTH Fwd Rt with slight crossing action commencing to rise and beginning a 1/4 RF turn, side & slightly fwd Lt continuing to rise and completing the 1/4 RF turn, diagonally fwd Rt DLW lowering at the end of the step; Fwd Lt with slight crossing action commencing to rise and beginning a 1/4 LF turn, side & slightly fwd Rt continuing to rise and completing the 1/4 LF turn, diagonally fwd Lt DLC lowering at the end of the step;
- 7 (Man Thru Chasse ~ Lady Roll 3 SCP) Thru R commence trn to fc, sd L/clo R, sd & fwd Lt to SCP; (Fwd R trning RF, sd & bk L continuing RF trn, sd & fwd R to SCP;)
- 8 (Slo Sd Lk) Thru R, sd & fwd L to CP, XRIB of L trning slightly LF; (Thru L starting LF trn, sd & bk R continuing LF trn to CP, XLIF of R;)

PART A (16 Measures)

- 1-4 **1 LT TRN; HVR CORTE; SYNC BK TWISTY VN 4; BK WHISK;**
- 1 (1 Lt Trn) Fwd L commence 1/4 LF trn, continue turn sd R diagonal across line of progression trning 1/8 LF, clo L fc DLC;
- 2 (Hvr Corte) Bk R starting LF trn, sd & fwd L with hovering action continuing body trn, rec R with right sd leading to Bjo; (Fwd L trning LF, sd & fwd R with hovering action, rec L with left sd leading to Bjo;)
- 3 (Sync Bk Twisty Vn 4) Bk L, sd R to fc ptr/XLIF, sd & bk R to Bjo;
- 4 (Bk Whisk) Bk L, bk & sd R, XLIF of R finishing in tight SCP;
- 5-8 **THRU & CHASSE BJO; FWD & CHASSE SCP; WHIPLASH; OUTSIDE SWVL SCP;**
- 5 (Thru & Chasse Bjo) Thru R commence trn to fc, sd L/clo R, sd & fwd L to Bjo;
- 6 (Fwd & Chasse SCP) Fwd R commence trn to fc, sd L/clo R, sd & fwd L to SCP;
- 7 (Whiplash) Thru R, trning body RF pt L holding ending in Bjo, -; (Thru L swiveling on L to fc ptr, pt R & hold, -;)
- 8 (Outside Swivel) Bk L in Bjo, XRIF of L w/ no weight, -; (Fwd R in Bjo, swivel RF on ball of R ft ending in SCP, -;)

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9-12

WEAVE SCP;; SYNC VN SCP; THRU HVR BJO:

9-10 **(Weave SCP)** Fwd R diagonal LOD & COH, fwd L commence LF trn, continue trning sd & slightly bk R to fc DRC; Bk L LOD leading ptr to step outside to Bjo, bk R continue LF trn, sd & fwd L DLW to SCP; (Fwd L DLC commence LF trn, continue to trn sd & slightly bk R to fc DRW, continue to trn sd & fwd L LOD; Fwd R LOD outside ptr to Bjo, fwd L LOD continue to trn, fwd R diagonal LOD to SCP;

11 **(Sync Vn SCP)** Thru R commence trn to fc ptr, sd L/XRIB, sd & fwd L to SCP;

12 **(Thru Hvr Bjo)** Thru R, fwd L with rise, bk R; (Thru L, fwd R with rise trning to Bjo, fwd L;)

13-16

BK & BK/LK BK; BK HVR SCP; THRU & SEMI CHASSE; CHAIR & SLIP;

13 **(Bk & Bk/Lk Bk;)** Bk L, bk R/lock L in front of R, bk R; (Fwd R, fwd L/lock R in bk of L, fwd L;)

14 **(Bk Hvr SCP;)** Bk L, bk R with rise, fwd L to SCP; (Fwd R, fwd L with rise trning to SCP, fwd R;)

15 **(Thru & Semi Chasse;)** Thru R, sd & fwd L/clo R, sd & fwd L SCP LOD;

16 **(Chair & Slip;)** Ck thru R with lunge action to a "Chair" position, rec L, with slight LF upper body trn slip R behind L continuing trn 1/4 to the left to CP DLC; (Ck thru L with lunge action to a "Chair" position, rec R, swivel LF on R and step fwd L outside Man's R ft to CP;)

PART B (16 Measures)

1-4

VIENNESE TRNS;; TRN LT & CHASSE BJO; HESITATION CHG;

1-2 **(Viennese Trns)** Fwd L commencing LF trn, sd R continuing LF trn, XLIF of R; Bk R continuing LF trn, sd L continuing LF trn, clo R to L to fc DLC; Repeat;; (Bk R commencing LF trn, sd L continuing LF trn, clo R to L; Fwd L continuing LF trn, sd R continuing LF trn, XLIF of R;)

3 **(Trn Lt & Chasse Bjo)** Fwd L commence Lf upper body trn, sd R continue trn/clo L, sd R completing trn to Bjo; (Lady Bk R commence L fc upper body trn, sd L continue trn/clo R, sd L complete trn to Bjo;)

4 **(Hesitation Chg)** Commence RF upper body trn stepping bk L to CP, sd R continuing RF trn, drw L to R;

5-8

2 LT TRNS CPW;; CANTER 2X;;

5-6 **(2 Lt Trns)** Fwd L commence 1/4 LF trn, continue trn sd R diag across LOD trning up to 1/4 LF, clo L; Bk R commence up to 1/4 LF trn, continue trn sd L toward RLOD trning 1/4 LF, clo R to CPW;

7-8 **(Canter 2X)** Sd L, draw R to L, clo R; Repeat;

9-12

WHISK; WEAVE 1/2 IN 3 BJO; BK & CHASSE SDCR; CK FWD ~ LADY DEVELOP;

9 **(Whisk)** In CPW fwd L, fwd & sd R commencing rise to ball of ft, XLIB of R continuing to fully rise on ball of ft ending in tight SCP;

10 **(Weave 1/2 in 3 to Bjo)** Fwd R DLC, fwd L commence LF trn, continue to trn sd & slightly bk R to Bjo fcng DRC; (Fwd L DLC commence LF trn, continue trn sd & slightly bk R, continue trn sd & fwd L to Bjo fcng DLW;)

11 **(Bk & Chasse Sdcr)** Bk L trning to fc ptr, sd R/clo L, sd & fwd R to Sdcr;

12 **(Ck Fwd ~ Lady Develop)** Fwd L outside ptr cking, -, -; (Bk R, bring left foot up to right leg to inside of right knee, extend left ft fwd;

13-16

BK & CHASSE BJO; CK FWD ~ LADY DEVELOP; OUTSIDE CHG BJO; FWD & CHASSE SCP;

13 **(Bk & Chasse Bjo)** Bk R trning to fc ptr, sd L/clo R, sd & fwd L to Bjo;

14 **(Ck Fwd ~ Lady Develop)** Fwd R outside ptr cking, -, -; (Bk L, bring right foot up to left leg to inside of left knee, extend right ft fwd;

15 **(Outside Chg SCP)** Bk L, bk R trning LF, sd & fwd L to SCP; (Fwd R, fwd L trning LF, sd & fwd R to SCP;)

16 **(Fwd & Chasse SCP)** Fwd R commence trn to fc, sd L/clo R, sd & fwd L to SCP;

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INTERLUDE (2 Measures)

1-2 **THRU & CHASSE TWIRL SCP; SLO SD LK;**

- 1 **(Thru & Chasse Twirl SCP)** Thru R commence trn to fc, sd L raising joined lead hnds leading lady to twirl/clo R, sd L to SCP; (Thru L commence trn to fc, sd R commencing RF twirl/sd L continuing RF twirl, sd R to SCP)
- 2 **(Slo Sd Lk)** Thru R, sd & fwd L to CP, XRIB of L trning slightly LF; (Thru L starting LF trn, sd & bk R continuing LF trn to CP, XLIF of R;)

INTERLUDE mod (2 Measures)

1-2 **THRU & CHASSE TWIRL SCP; THRU FC CLO CPW;**

- 1 **(Thru & Chasse Twirl SCP)** Thru R commence trn to fc, sd L raising joined lead hnds leading lady to twirl/clo R, sd L to SCP; (Thru L commence trn to fc, sd R commencing RF twirl/sd L continuing RF twirl, sd R to SCP)
- 2 **(Thru Fc Clo CPW)** Fwd R between ptr with reaching step twd LOD, sd L to fc ptr, clo R blending to bfly;

END (7 Measures)

1-4 **WHISK; WEAVE 1/2 IN 3 BJO; BK & CHASSE SDCR; CK FWD ~ LADY DEVELOP;**

- 1 **(Whisk)** Repeat Part B - Measure 9'
- 2 **(Weave 1/2 in 3 to Bjo)** Repeat Part B - Measure 10;
- 3 **(Bk & Chasse Sdcr)** Repeat Part B - Measure 11;
- 4 **(Ck Fwd ~ Lady Develop)** Repeat Part B - Measure 12;

5-7 **BK SD CLO CP LOD; CANTER COH; DIP BK ~ LADY CARESS MAN'S CHEEK;.**

- 5 **(Bk Sd Clo CP LOD)** Bk R backing DRC, sd L blending to CP, clo R;
- 6 **(Canter COH)** Sd L, Drw R to L, clo R;
- 7 **(Dip Bk ~ Lady Caress Man's Cheek)** Step bk L with relaxed knee, -, -, (Step fwd R with relaxed knee bring R hand up to Man's cheek turning back of hand to face Man lightly caressing his cheek with the fingers of the R hnd,,;.