

LATIKA'S THEME

Choreographers: Bob & Sally Nolen
 Address: 790 Camino Encantado, Los Alamos, NM 87544
 Rhythm & Phase: Phase V +2 (3 Alamanas+Circular Hip Twist)
 Music: Rumba
 Speed: Same as download time from CasaMusica.de

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 released: May 2014 R1-Feb 2015
 Degree of Difficulty: Moderate
 Timing: QQS
 or different where noted
 Sequence: Intro, A, B, C, D



Introduction

1-4 Wait; Wait; Shoulder to Shoulder 2 X;;

- 1 {Wait} Wait 1 meas in cuddle pos heads down; On first ding raise head & go to Cld, Wall
- 2 {Wait} Wait 1 meas; Second ding ding count to 3 to include ding to shoulder to shoulder on 4
- 3 {Shoulder to Shoulder} From Bfly pos fwd L to Bfly sdcar pos, rec R to fac, sdL, -; (From Bfly pos bk R to Bfly sdcar pos, rec L to fac, sdR, -;)
- 4 {Shoulder to Shoulder} From Bfly pos fwd R to Bfly sdcar pos, rec L to fac, sdR, -; (From Bfly pos bk L to Bfly sdcar pos, rec R to fac, sdL, -;)

5-8 Closed Hip Twist; Fan; Start Hockey Stick; Cucaracha;

- 5 {Closed Hip Twist} Giving woman a slight L sd lead with R sd stretch to open her out rock sd & slightly fwd L, rec R, with slight R sd lead to lead woman to close L to R with slight L sd lead to turn woman ending with slight R sd stretch, -; (With slight L sd stretch turn RF up to 1/2 bk R, rec L turning LF up to 1/2, sd R small stp swivel 1/4 RF on R touching L to R no wgt with slight L sd stretch, -;)
- 6 {Fan} bk R, rec L, sd R, -; (fwd L, turning LF stp sd & fwd R, making 1/4 turn to L bk L leaving R extnded fwd
- 7 {Start Hockey Stick} fwd L, rec R, close L, -; (Close R, fwd L, fwd R, -;)
- 8 {Cucaracha} sd R, rec L, close R to L, -; (sd L, rec R, close L to R, -;)

9-10 Cucaracha; Finish Hockey Stick to Shke Rt Hnds ;

- 9 {Cucaracha} sd L, rec R, close L to R, -; (sd R, rec L, close R to L, -;)
- 10 {Finish Hockey Stick} bk R, rec L, fwd R following the woman - to shk rt hnds; (fwd L, fwd R, turning LF to fac prtnr sd & bk L, -;)

Part A

1-4 Flirt; ; Sweetheart 2X to Shad Line,Wall;;

- 1-2 {Flirt} fwd L, rec R, sd L, -; bk R, rec L, sd R, -; (bk R, fwd L, fwd R turning LF to Varsouienne pos, -; bk L, rec R, sd L moving to her L IF of the man to end in L Varsouienne pos, -;)
- 3 {Sweetheart} chk fwd L with R sd lead into contra chk like action rec R, straightening body sd L, - to shadow line and wall; (bk R with L sd lead into a contra chk like action, rec L, straightening body sd R, -;)
- 4 {Sweetheart} chk fwd R with L sd lead into contra chk like action, rec L, straightening body sd R, to LOD-; (bk L with R sd lead into a contra chk like action, rec R, straightening body sd L, -;)

5-8 Progressive Walk 3; To Fan Man Fc Wall; Alemana to Shke Rt Hnds; ;

- 5 {Progressive Walks} fwd L, fwd R, fwd L, -; (fwd R, fwd L, fwd R, -;)
- 6 {Fan} fwd R to LOD, sd L to fc wall, close R to L, -; (fwd L, turning LF stp sd & fwd R, making 1/4 turn to R, bk L leaving R extnded fwd with no wgt, -;)
- 7-8 {Alemana} fwd L, rec R, close L leading woman to turn RF, -; bk R, rec L, sd R, -; (Close R, fwd L, fwd R comm RF swivel to fac prtnr, -; cont RF fwd L beg trn under jned lead h&s, fwd R, cont RF turn, sd L, - to shake rt hnds;)

9-12 Flirt; ; One Sweetheart ; Hockey Stk Ending to CP,Wall;;

- 9-10 {Flirt} fwd L, rec R, sd L, -; bk R, rec L, sd R, -; (bk R, fwd L, fwd R turning LF to Varsouienne pos, -; bk L, rec R, sd L moving to her L IF of the man to end in L Varsouienne pos, -;)

- 11 {One Sweetheart } chk fwd L with R sd lead into contra chk like action, rec R, straightening body sd L, - to shadow line and wall; (bk R with L sd lead into a contra chk like action, rec L, straightening body sd R, -;)
- 12 {Hockey Stk Ending cp,wall} bk R, rec L, fwd R following the woman -; (fwd L, fwd R turning LF to fac prtnr, sd & bk L, - to cp/wall;)

Part B

1-4 Cross Body; ; Cross Body; ;

1-2 {Cross Body} fwd L, rec R, sd L turning LF [ft turned about 1/4 turn body turned 1,8 turn], -; bk R cont LF turn, small fwd L, sd & fwd R, -; (bk R, rec L, fwd R twd man staying on R sd ending in an L-shaped pos, -; fwd L commcg to turn L, fwd R, turning 1/2 LF sd & bk L, -;)

3-4 {Cross Body} fwd L, rec R, sd L turning LF [ft turned about 1/4 turn body turned 1/8 turn], -; bk R cont LF turn, small fwd L, sd & fwd R, -; (bk R, rec L, fwd R twd man staying on R sd ending in an L-shaped pos, -; fwd L commcg to turn L, fwd R turning 1/2 LF, sd & bk L, -;)

5-8 4 Cross Swivels; ; Side Walks CP,Wall; ;

5 {Cross Swivels} sd L, - , rec R, - ; (fwd R to RLOD swiveling to twd man, - , fwd L swiveling to LOD , -;)

6 {Cross Swivels} sd L, - , rec R, - ; (fwd R to RLOD swiveling to twd man, - , fwd L swiveling to LOD , -;)

7-8 {Side Walks} sd L, close R, sd L, -; close R, sd L, close R to L, -; (sd R, close L, sd R, -; close L , sd R, close L - to CP/Wall;)

Part C

1-4 Circular Hip Twist; ; ; Thru Fc Close CP,Wall;

1-3 {Circular Hip Twist} fwd L, rec R, X L in bk of R, -; sd & bk R making 1,8 LF turn lead woman to swivel RF, X L, in bk of R turning & bking LF lead woman to swivel LF, sd & bk R turning LF lead woman to swivel RF, -; X L in bk of R turning LF lead woman to swivel LF, sd & bk R, turning LF lead woman to swivel RF close L lead woman to swivel LF, -; (Swivel on L stp bk R turning 1,2 RF, rec L, start LF turn fwd R outsd prtnr completing 5,8 LF turn, -; swivel 1,2 RF stp fwd L, swivel 1,2 LF stp fwd R, swivel 1,2 RF stp fwd L, -; swivel 1,2 LF stp fwd R, swivel 1,2 RF stp fwd L, swivel 1,2 LF stp fwd R, -;)

4 {Thru Fc Close CP,Wall} thru R, fc L, cls R to L ; (thru L, fc R, cls L to R;)

5-8 Shoulder to Shoulder; Tornillo Wheel ; ; Cucaracha;

5 {Shoulder to Shoulder} From closed pos fwd L to sdcar pos, rec R, to fac sd & fwd L, -; (From closed pos bk R to sdcar pos, rec L, to fac sd & fwd R, -;)

6-7 {Tornillo Wheel} fwd R, L, R, -; fwd L, R, L, -; (Bring L ft up to R knee looking well to L & staying on R toe throughout the 2 measures keeping R knee relaxed while man walks around, - , - ; - , - ; - , - ;)

8 {Cucaracha} sd R, rec L, close R to L, -; (sd L, rec R, close L to R, -;)

9-12 Basic; ; Aida Both Ways ; ;

9-10 {Basic} fwd L, rec R, sd L, -; bk R, rec L, sd R, -; (bk R, rec L, sd R, -; fwd L, rec R, sd L, -;)

11-12 {Aida 2X} fwd L turning RF, sd R, continuing RF turn bk L, -; (fwd R turning LF, sd L, continuing LF turn bk R, -;) fwd R turning RF, sd L, continuing RF turn bk R, -; (fwd L turning LF, sd R, continuing LF turn bk L, -;)

13-16 Switch Rec Cross; Crab Walk Ending; Crab Walk 3 ; Hip Rk 3;

13 {Switch Rec Cross} Turning LF to fac prtnr sd L chking bringing jned h&s thru, rec R, X L IF turning LF to fac prtnr, -; (Turning RF to fac prtnr sd R chking bringing jned h&s thru, rec L, X R IF turning RF to fac prtnr, -;)

14 {Crab Walk Ending} sd R, X L IF of R, sd L, -; (sd L, X R infront of L, sd L, -;)

15 {Crab Walk 3} X L IF of R, sd R, X L IF of R, -; (X R IF of L, sd L, X R IF of L, -;)

16 {Hip Rk 3} Rock sd L rolling hip sd , rec R, with hip roll rec L with hip roll,-; (Rock sd L rolling hip sd , rec R with hip roll, rec.L with hip roll, -;)

Part D

1-4 Three Alemanas; ; ; ;

1-4 {Three Alemanas} fwd L, rec R, close L, -; bk R, rec L, close R, -; sd L,rec R, close L, -; bk R, rec L, close R, -; (Bk R, fwd L, fwd R starting a RF turn, -; cont RF turn fwd L, fwd R, fwd L [completing 1 3/4 RF turn], -; starting a sharp LF turn fwd R, fwd L, fwd R [completing 1 1/2 LF turn], -; starting a RF turn fwd L, fwd R, fwd L [completing 1 full turn], -;)

5-8 Side Walks; ; Cuddle2X to Lft Opn Wall;;

- 5-6 {*Side Walks*} sd L, close R, sd L, -; close R, sd L, close R, -; (sd R, close L, sd R, -; close L, sd R, close L, -;)
- 7-8 {*Cuddle 2X*} From CP sd L with insd edge pressure lowering the lead h&s & releasing the tension in the R arm as well as turning the upper body RF to lead the woman's opening, rec R with tension in R arm to lead the woman's return to fac & straightening body, close L to Cuddle pos, -;. (From CP swiveling up to 1/2 RF on L ft & with R sd stretch stp sd R to approximately 1/2 open, rec L with L sd stretch starting LF turn, fwd & sd R placing R h& on M's L shoulder, -;.) Repeat with Man's rt foot and Woman's left foot ;
- 9-12 Three Alemanas To Clsd,Wall; ; ;**
- 9-12 {*Three Alemanas*} fwd L, rec R, close L, -; bk R, rec L, close R, -; sd L, rec R, close L, -; bk R, rec L, close R, -; (Bk R, fwd L, fwd R starting a RF turn, -; cont RF turn fwd L, fwd R, fwd L [completing 1 3/4 RF turn], -; starting a sharp LF turn fwd R, fwd L, fwd R [completing 1 1/2 LF turn], -; starting a RF turn fwd L, fwd R, fwd L [completing 1 full turn], -;)
- 13-16 Side Walks; ; Cuddle2X to Cuddle Embrace w/Caress;;**
- 13-14 {*Side Walks*} sd L, close R sd L, -; close R, sd L, close R, -; (sd R, close L sd R, -; close L, sd R, close L, -;)
- 15-16 {*Cuddle 2X to Cuddle Embrace*} From CP sd L with insd edge pressure lowering the lead h&s & releasing the tension in the R arm as well as turning the upper body RF to lead the woman's opening, rec R, with tension in R arm to lead the woman's return to fac & straightening body close L to Cuddle pos, -;. (From CP swiveling up to 1/2 RF on L ft & with R sd stretch stp sd R to approximately 1/2 open, rec L, with L sd stretch, starting LF turn fwd & sd R placing R hand on M's L shoulder, -;.) Repeat with Man's rt foot and woman's left foot to a cuddle embrace with caress for both;