

## LAVENDER BLUE

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**MUSIC:** Lavender Blue, Shelby Flint, *The Quiet Girl*, track, 4  
available as download from Napster (speed slightly if desired)

**RHYTHM:** Slow Two Step

**PHASE:** PH IV (average difficulty)

**FOOTWORK:** Opposite, unless otherwise noted (W's footwork in parentheses)

**SEQUENCE:** INTRO A B C A C ENDING

### INTRODUCTION

**1-4 BFLY WALL WAIT;; UNDER ARM TURN; BASIC ENDING;**

- 1-2 {wait} Bfly Wall wait;;  
3 {und arm trn} Sd L, -, XRIB of L, rec L to BFLY (Sd R comm to trn RF under lead arms, -, XL trng to fc RLOD, fwd R trng to fc ptr);  
4 {basic ending} Sd R, -, XLib of R, rec R (Sd L, -, XRib of L, rec L);

### PART A

**1-4 OPEN BASICS;; SWITCHES TO;**

- 1-2 {open basics} Sd L to L ½ OP, -, brk bk R to fc RLOD, rec L; Sd R, -, brk bk L, to fc LOD, rec R ½ OP LOD;  
3-4 {switches} Sd L XIF of W trng to L ½ OP, -, fwd R, fwd L (fwd R, -, fwd L, fwd R comm to XIF of M); Fwd R, -, Fwd L, Fwd R (XIF of M sd L trng to ½ OP, -, fwd R, fwd L);

**5-8 2 BACK TRAVELING CROSS CHASSES TO FC WALL;; UNDER ARM TURN; BASIC ENDING;**

- 5-6 {bk traveling x chasses} Sd L XIF of W trng to L to fc RLOD, -, hnds at waist level elbows in sd & bk R w/ R sh lead, XLif (W fwd R, -, sd & fwd L, XRif); Bk R, sd & bk L w/ L sh lead, XRif to fc WALL (W fwd L, sd & fwd R, XLif to fc prt & COH);  
7 {und arm trn} Sd L, -, XRIB of L, rec L to BFLY (Sd R comm to trn RF under lead arms, -, XL trng to fc RLOD, fwd R trng to fc ptr);  
8 {basic ending} Sd R, -, XLib of R, rec R (Sd L, -, XRib of L, rec L);

### PART B

**1-4 LUNGE BASIC; LUNGE LADY WRAP; SWEETHEART RUNS TO FC WALL;;**

- 1 {lunge basic} Blending to BFLY lunge sd L, -, rec R, XLif;  
2 {lunge/lady wrap} Lunge sd R leading W to wrap LF, -, trn LF to fc DLW leaving L toe ptd LOD, - - (W sd L, -, XRif trng LF to fc DLW, -);  
3-4 {sweetheart runs} Fwd L, -, fwd R, fwd L; Fwd R, -, fwd L, fwd R to fc WALL;

**5-8 LUNGE BASIC; LUNGE REC CL/ LADY FACE IN 2; BASIC PICKING UP TO;;**

- 5 {lunge basic} In wrapped pos lunge sd L, -, rec R, XLif;  
6 {lunge rec cl/lady fc in2} Releasing trl hnds lunge sd R, rec L, cl R leading W to fc (W lunge sd R, - rec L trng LF, tch R to CP);  
7-8 {basic} Sd L, -, rec bk R, rec L; Sd R, -, rec bk L, rec R leading W to P/UP;

### PART C

**1-4 TRIPLE TRAVELER LOD;;; BASIC ENDING PICKING UP TO;**

- 1-3 {triple traveler} Fwd L trng LF to fc COH, -, sd R, XLIF (W bk R trng LF ¼ -, sd L trng LF und lead hnds, sd R cont trng LF to fc ptr); Fwd R spiral LF und jnd hnds, -, lowering hnds fwd L, R (W trn fc LOD fwd L, -, fwd R, fwd L); Fwd L bringing hnds down & bk, -, fwd R bringing hnds up around leading W to roll RF (W fwd R comm RF trn, -, sd & bk L trng RF und jnd hnds, cont RF trn fwd R);  
4 {basic end} Sd R, -, XLIB of R, rec R leading W to P/UP (Sd L, -, XRib of L, rec L picking up);

**5-8 TRIPLE TRAVELER RLOD;;; BASIC ENDING;**

- 5-7 {triple traveler} Fwd L trng LF to fc WALL, -, sd R, XLIF (W bk R trng LF ¼ -, sd L trng LF und lead hnds, sd R cont trng LF to fc ptr); Fwd R spiral LF und jnd hnds, -, lowering hnds fwd L, R (W trn fc RLOD fwd L, -, fwd R, fwd L); Fwd L bringing hnds down & bk, -, fwd R bringing hnds up around leading W to roll RF (W fwd R comm RF trn, -, sd & bk L trng RF und jnd hnds, cont RF trn fwd R);  
8 {basic end} Sd R, -, XLib of R, rec R to BFLY (Sd L, -, XRib of L, rec L);

REPEAT A  
REPEAT CENDING1-4 LUNGE BASIC; LUNGE LADY WRAP; SWEETHEART RUNS TO FC WALL;;

- 1 {lunge basic} Blending to BFLY lunge sd L, -, rec R, XLif;  
 2 {lunge/lady wrap} Lunge sd R leading W to wrap LF, -, trn LF to fc DLW leaving L toe ptd LOD, - -  
 (W sd L, -, XRif trng LF to fc DLW, -);  
 3-4 {sweetheart runs} Fwd L, -, fwd R, fwd L; Fwd R, -, fwd L, fwd R to fc WALL;

5-8 WRAPPED LUNGE BASICS;; 2 SLOW ROCKS;;

- 5-6 {lunge basic} In wrapped pos lunge sd L, -, rec R, XLif; Lunge sd R, rec L, XRif;  
 7-8 {2 sl rks} Sd L on the word "and"; Sd R on the word "be";

9-10 LUNGE BASIC; LUNGE REC CL/LADY FACE IN 2;

- 9 {lunge basic} In wrapped pos lunge sd L, -, rec R, XLif;  
 10 {lunge rec cl/lady fc in2} Releasing trl hnds lunge sd R, rec L, cl R leading W to fc (W lunge sd R, -  
 rec L trng LF, tch R to CP);

11 SIDE TO OVERSWAY & HOLD;

- 11 {sd to oversway} Sd L relaxing L knee leaving R leg extended & stretching L sd, -, hold, - (W sd R  
 relaxing R knee leaving L leg extended & stretching R sd looking well to left, -, hold, -);

## LAVENDAR BLUE

INTRO: BFLY WALL WAIT;; UNDARM TRN; BASIC END;

A

OP BASICS;; SWITCHES TO;;

2 BK TRAVELING CHASSES TO FC WALL;;

UNDARM TRN; BASIC ENDING;

B

LUNGE BASIC; LUNGE/LADY WRAP;

SWEETHEART RUNS;; LUNGE BASIC;

LUNGE REC CL (LADY FC IN 2); BASIC PICKING UP;;

C

TRIPLE TRAVELER LOD;;; BASIC ENDING PICKING UP;

TRIPLE TRAVLER RLOD;;; BASIC ENDING;

A

OP BASICS;; SWITCHES TO;;

2 BK TRAVELING CHASSES TO FC WALL;;

UNDARM TRN; BASIC ENDING PICKING UP;

C

TRIPLE TRAVELER LOD;;; BASIC ENDING PICKING UP;

TRIPLE TRAVLER RLOD;;; BASIC ENDING;

END

LUNGE BASIC; LUNGE/LADY WRAP;

SWEETHEART RUNS;; WRAPPED LUNGE BASICS;;

2 SL RKS;; LUNGE BASIC; LUNGE REC CL (LADY FC IN 2);

SD TO OVERSWAY & HOLD;