

LET YOUR LOVE FLOW

Choreography by: Howard & Anna Hoffman, 305 Williams Drive, Schaumburg,
Illinois, 60193 Phone 1-847-891-2383 Release Date 11-6-09
E-mail to Hofdance@aol.com

Music: Let Your Love Flow by The Bellamy Brothers (3:17 Version)
From the CD album The Bellamy Brothers Greatest Hits, Vol. 1
Available from iTunes Music Downloads

Rhythm/Phase: Cha Cha Phase III + 1 (Alemana)

Music Speed: As downloaded

Footwork: Opposite throughout directions for M (and for W where noted).

Sequence: Introduction A B A B B Ending

..... INTRODUCTION (4 Measures)

BFLY FCNG PARTNER & WALL LEAD FEET FREE WAIT 2 MEAS;; FENCE LINE TWICE;;

[1 & 2] In bfly pos fcng partner & wall with lead feet free wait 2 measures;; [3 & 4] Twd RLOD cross lunge thru L with bent knee look direction of lunge, rec R trng to fc partner, sd L/cl R, sd L; Twd LOD cross lunge thru R with bent knee look direction of lunge, rec L trng to fc partner, sd R/cl L, sd R;

..... PART A (16 Measures)

FULL BASIC;; NEW YKR REV; SPOT TURN LOD; BRK BK OP FC LOD & CHA; WALK 2 & CHA; CIRCLE AWAY 2 & CHA; TOG 2 & CHA BFLY; SHLDR TO SHLDR TWICE;; FENCE LINE REV; CRAB WALK; TRVLNG DOOR TWICE BFLY;; CUCARACHA L & R;;

[1 & 2] Fwd L, rec R, sd L/cl R, sd L; Bk R, rec L, sd R/cl L, sd R; [3] Twd RLOD step thru L with straight leg trng to a side by side pos, rec R to fc partner, sd L/cl R, sd L; [4] Twd LOD XRIF of left trng 1/2 on crossing foot, rec L complete turn to fc partner, sd R/cl L, sd R; [5] Commence lf turn XLIB, rec fwd R, fwd L/cl R, fwd L; [6] Fwd R, fwd L, fwd R/cl L, fwd R; [7] Circling lf away from partner twd COH (W rf twd wall) fwd L, fwd R, fwd L/cl R, fwd L; [8] Continue circle back to fc partner & wall fwd R, fwd L, fwd R/cl L, fwd R blind bfly; [9 & 10] Fwd L to bfly sdcar pos, rec R to fc, sd L/cl R, sd L; Fwd R to bfly bjo pos, rec L to fc, sd R/cl L, sd R; [11] Twd RLOD cross lunge thru L with bent knee look direction of lunge, rec R trng to fc partner, sd L/cl R, sd L; [12] Twd LOD XRIF of left, sd L, XRIF/sd L, XRIF; [13 & 14] Rk sd L, rec R, XLIF of right/sd R, XLIF of right; Rk sd R, rec L, XRIF of left/sd L, XRIF of left; [15 & 16] Sd L, rec R, cl L/step R, step L; Sd R, rec L, cl R/step L, step R;

..... PART B (16 Measures)

ALEMANA;; LARIAT;; HND TO HND TWICE;; REV UNDERARM TURN; UNDERARM TURN; CHASE W/ DBL PEEK-A-BOO BFLY;; ;;;

[1 & 2] Fwd L, rec R, sd L/cl R, sd L lead W to turn rf; Bk R, rec L, sd R/cl L, sd R; (W bk R, rec L, sd R/cl L, sd R commence rf swivel; Continue rf turn under joined lead hands fwd L, continue rf turn fwd R, sd L/cl R, sd L to fc partner;) [3 & 4] Step in place L, R, L/R, L; Step in place R, L, R/L, R; (W circle M clockwise with joined lead hands fwd R, fwd L, fwd R/cl L, fwd R; Fwd L, fwd R, fwd L/cl R trng to fc partner, sd L;) [5 & 6] Commence lf turn to side by side pos fcng LOD XLIB, rec R to fc, sd L/cl R, sd L; Commence rf turn to side by side pos fcng RLOD XRIB, rec L to fc, sd R/cl L, sd R; [7] Twd RLOD XLIF of right, rec R to fc, sd L/cl R, sd L; (W commence lf turn XRIF of left under joined lead hands trng 1/2, continue turn rec L to fc partner, sd R/cl L, sd R;) [8] Bk R, rec L, sd R/cl L, sd R; (W commence rf turn 1/2 XLIF of right under joined lead hands, rec R complete rf turn to fc partner, sd L/cl R, sd L;) [9 - 16] Fwd L trng 1/2 rf, rec R, fwd L/cl R, fwd L; Sd R look over left shldr, rec L, cl R/step in place L, step in place R; Sd L look over right shldr, rec R, cl L/step in place R, step in place L; Fwd R trng 1/2 lf, rec L, fwd R/cl L, fwd R; Sd L, rec R, cl L/step in place R, step in place L; Sd R, rec L, cl R/step in place L, step in place R; Fwd L, rec R, bk L/cl R, bk L; Bk R, rec L, fwd R/cl L, fwd R blind bfly pos fcng wall; (W bk R, rec L, fwd R/cl L, fwd R; Sd L, rec R, in place L/R, L; Sd R, rec L, in place R/L, R; Fwd L trng 1/2 rf, rec R, fwd L/cl R, fwd L; Sd R look over left shldr, rec L, in place R/L, R; Sd L look over right shldr, rec R, in place L/R, L; Fwd R trng 1/2 lf, rec L, fwd R/cl L, fwd R; Fwd L, rec R, bk L/cl R, bk L blind bfly pos;)

..... ENDING (3 Measures)

FULL BASIC;; CHUG APART & POINT;

[1 & 2] Fwd L, rec R, sd L/cl R, sd L; Bk R, rec L, sd R/cl L, sd R; [3] Step apart abruptly on L, -, point R twd partner, -;