

LET'S GO LET'S GO LET'S GO

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RECORD: "Let's Go Let's Go Let's Go" by Hank Ballard, download from I-tunes

SPEED: as on CD

FOOTWORK: Opposite, except where noted

PHASE: V+1 (coca rola)

SEQUENCE: INTRO, A, B, B, A mod, C, C, ENDING

RHYTHM: Jive

INTRO

1 - 2	WAIT; WAIT;	OP fcg pos M L ft W R ft free wait; wait;
3 - 4	COCA ROLA 8;;	Swvl slightly RF on R and XLif , swvl slightly LF on L and stp bk R, swvl slightly RF on R and stp sd L, swvl slightly LF on L and stp fwd R across L; repeat meas 3;

A

1	CHASSE L & R;	Sd L/cl R, sd L, sd R/cl L, sd R;
2 - 4	PRETZEL TURN (FC);;;	Rk bk L, rec R trng RF to fc ptr, sd L/clR, sd L trng ½ RF keeping M L & W R hnd jnd to a bk to bk pos; sd R/cl L, sd R trng ¼ RF to a sd by sd pos [M L and W R hnds still jnd bhnd bk], rk fwd L extending free hnd fwd, rec R; trng ¼ LF sd L/cl R, sd L, trng ½ LF to fc ptr sd R/cl L, sd R;
5 - 5 ½	BASIC ROCK (handshake);,,	Rk apt L, rec R, sd L/cl R, sd L; sd R/cl L, sd R jng R hnds,
5 ½ - 8	TRIPPLE WHEEL (LOD),,;;	Rk apt L, rec R to R hnds jnd in mod open fcg pos, wheel RF sd L/cl R, sd L trng in twd ptr and tch her back with M's L hnd; cont RF wheel sd R/cl L, sd R trng away from ptr, cont RF wheel sd L/cl R, sd L trng in twd ptr and tch her back with M's L hnd, ldg the W to spn RF sd R/cl L, sd R (spng RF to fc ptr sd L/cl R, sd L),

B

1 -1 ½	SHOULDER SHOVE to a handshake;,,	rk apt L to fc ptr, rec R; trng RF sd L/cl R, sd L toward ptr bringing man's L and woman's R shldr tog; trng LF to fc ptr bk R/cl L, bk R jng R hnds,
1 ½ - 3	CHANGE L TO R (tandem LOD),,;	rk bk L, rec R to R hndshk M fcg LOD; sd L/cl R, sd L, sd R/cl L, sd R (W trn LF undr jnd R hnds fwd R/L, R, bk L/R,L) endg both fcg LOD W bhnd M;
4 - 4 ½	CATAPULT,;;,	jn L hnds to have double hnd hold rk fwd L, rec R; in plc L/R, L, R/L, R (Rk bk R, rec L; fwd R stg RF trn/sd L cont. RF trn, sd R spng RF, sd L/cl R, sd L),
4 ½ -6	LINK ROCK,;;	Rk bk L, rec R, fwd L/cl R, fwd L to CP; trng RF to fc wll sd R/cl L, sd R,
7 -7 ½	JIVE WALK ;,,	rk bk L, rec R, fwd L/cl R; fwd L, fwd R/cl L, fwd R,
7 ½-8 ½	THROWAWAY;	fc sd L/cl R, sd L; trng ¼ LF sd R/cl L, sd R;

8½-10 ½	STOP & GO;;	rk apt L, rec R, fwd L/cl R, fwd L (rk apt R, rec L, in plc R/L, R trng ½ LF under jnd hnds to end at man's right sd man catches woman with right hnd on woman's L shoulder blade to stop her); rk fwd R, rec L, small bk R/cl L, bk R (rk bk L, rec R, in plc L/R, L trng ½ RF under jnd hnds to end feg man);
10 ½-12	AMERICAN SPIN,,;	rk bk L, rec R; sd L/cl R, sd L, sd R/cl L, sd R (rk bk R, rec L, sd, R/cl L, sd R spinning RF one full trn; sd L/cl R, sd L);

BREAK

	ROCK BK & REC	Rk bk L, rec R,
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A (MODIFIED)

1 -5 ½	Repeat Part A,,,,,;	Meas 1 – 8 ½ repeat from part B 1-8 ½ ,,,,,,;
5 ½ - 8	NO SPIN TRIPPLE WHEEL (CP WALL),,,;	Repeat meas 5½ thru 7 ½ part A,,,,, last triple is a triple to fc in CP with no spin for W,,

C

1 – 1½	CHANGE R TO L,,;	Rk bk L, rec R, sd L/cl R, sd L trng ¼ LF; sd and fwd R/cl L, sd R,
1 ½ - 3	LINK ROCK,,;	Repeat meas 4½-6 part B,,;
4 – 5	CHASSE ROLL;;	rk bk L, rec R, sd L/cl R, sd L trng R to bk-bk pos; sd R/cl L, sd R cont trn to fc, sd L/cl R, sd L cont trn to ½ LOP;
6 - 7	REV CHASSE ROLL TO FC ;;	rk bk R, rec L trng to fc, sd R/cl L, sd R trng LF to bk-bk pos; sd L/cl R, sd L trng LF to fc ptr, sd R/cl L, sd R;
8	SPANISH ARMS,,;	rk bk L, rec R trng RF, sd L/cl R, sd L cont RF trn, sd R/cl L, sd R (rk bk R, rec L trng ¼ LF, sd R/cl L, sd R, trng ¾ RF; sd L/cl R, sd L),
9- 10½	CHANGE L TO R (fc LOD) ,,;	Rk bk L, rec R, sd L/cl R, sd L trng ¼ RF to fc LOD, sd R/cl L, sd R,
11 - 12	LINK ROCK WITH CONT CHASSE;;	Rk bk L, rec R, fwd L/cl R, fwd L to CP; trng RF to fc wll sd R/cl L, sd R/cl L, sd R/cl L, sd R;

ENDING

1 – 1½	FALLAWAY THROWAWAY,,;	rk bk L, rec R, slightly fwd L/cl R, fwd L trng ½ LF; slightly sd and bk R/cl L, sd R cont trng ¼ LF to fc ptr (rk bk R, rec L, fwd R/L, fwd R trng ¼ RF; sd L/cl R, sd and bk L trng ½ RF to fc ptr),
1½ - 3	CHANG L TO R,,;	rk bk L, rec R; fwd L/cl R, fwd L to CP, trng LF to fc WLL sd R/cl L, sd R;
4 – 5½	JIVE WALKS,,;	Repeat meas 7 - 7 ½ part B,,;
5½ - 6½	SWIVEL WALK 4;	Fwd L, fwd R, fwd L, fwd R;
6½ - 8½	4 POINT STEPS	Pt L fwd with outsd edge, stp fwd L; pt R thru with outsd edge, stp thru R; Pt L fwd with outsd edge, stp fwd L, pt R thru with outsd edge, stp thru R;
	POINT & HOLD....	Pt L fwd and hold,,