

## Let's Get Loud

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Record: "Let's Get Loud" by Jennifer Lopez; Album: "On the 6"; available online or from choreographer

Phase: IV + 1 (Single Cuban Breaks) Cha

Opposite footwork except where noted in parenthesis for the woman

Sequence: Introduction A B B A C D B A C D (1-4) A (1-8) Ending

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### INTRODUCTION

**1-8** FCG PTR & WALL NO HNDS WAIT;;; BK CROSS SWIVEL PTS (4 TIMES);;  
FWD CROSS SWIVEL PTS (4 TIMES);;

1-4 Fcg ptr & wall wait;;;;

(1,2,3,4) 5-8 Progressing away from ptr XLIB of R, pt R toe out to sd, XRIB of L, pt L toe out to sd; Repeat meas 5-6;;

(1,2,3,4) 9-12 Progressing twd ptr XLIF of R, pt R toe out to sd, XRIF of L, pt L toe out to sd; Repeat meas 9-10;;

### PART A

**1-8** FWD BASIC; TWIST VINE 4; WHIP; TWIST VINE 4; NY; SPOT TRN;  
CONTINUOUS ROLL 2 & CHA; SWITCH X;

(1,2,3&4) 1-2 Fwd L, rec R, bk L/cl R, bk L; Commence slight RF upper body trn Bk R, Sd L to fc ptr, commence slight LF upper body trn fwd R, sd L to fc ptr;

(1,2,3&4) 3-4 Bk R commence \_ LF trn (W fwd L outside man on his L sd), continue trn \_ rec fwd L (W fwd R commence LF

(1,2,3,4) trn \_), sd R/cl L, sd R; Repeat meas 2;

(1,2,3&4) 5-6 Commence RF turn & step thru L LOD, rec R to fc ptr, sd L/cl R, sd L; Commence LF trn XRIF of L trng on crossing foot 1/2, rec L complete trn to fc ptr, sd R/cl L, sd R;

(1,2,3&4) 7-8 Continue LF \_ trn RLOD sd L, continue LF \_ trn RLOD sd R, continue LF \_ trn to LOP bk L/cl R, bk L; trng RF to fc ptr sd R cking bringing jnd hnds thru, rec L to BFLY, XRIF of L/sd L, XRIF of L;

**9-12** FWD BASIC; TWIST VINE 4; WHIP; TWIST VINE 4;

9-12 Repeat meas 1-4 reversing direction of dance;;;;

### PART B

**1-8** NY; KICK TO THE 4; SINGLE CUBAN BREAKS; SPOT TRN;  
NY; KICK TO THE 4; SINGLE CUBAN BREAKS; SPOT TRN;

(1,2,3&4) 1-2 Repeat meas 5 Part A twd RLOD; Kick R thru LOD, swivel \_ RF on ball of L bringing ankle of R foot to touch

knee of L leg forming shape of a four, fwd R RLOD/cl L, fwd R;

(1&2,3&4) 3-4 Blend to BFLY Cross L/rec R, sd L, cross R/rec L, sd R; Commence RF trn XLIF of R trng on crossing foot 1/2,

(1,2,3&4) rec R complete trn to fc ptr, sd L/cl R, sd L;

5-8 Repeat 1-4 reversing direction of dance;;;;

**9-16** OP BRK; CRAB WKS;; AIDA TO BK TRIPLE CHAS;; SWITCH X; TRAV DOOR; TRAV DOOR IN 4;

(1,2,3&4) 9-11 Rk apt L to LOP fcng while extending free arm up with palm out, rec R lowering free arm, sd L/cl R, sd L; Blend to BFLY XRIF of L, sd L, XRIF of L/sd L, XRIF of L; sd L, XRIF of L, sd L/cl R, sd L;

(1,2,3&4) 12-13 Fwd R tng RF, sd L continuing RF trn, bk R/ik LIF of R, bk R to a "V" pos fcng RLOD; trng slightly LF bk L/ik RIF of L, bk L, trng slightly RF bk R/ik LIF of R, bk R;

(1,2,3&4) 14-16 trng LF to fc ptr sd L cking bringing jnd hnds thru, rec R to BFLY, XLIF of R/sd R, XLIF of R;

(1,2,3&4) Rk sd R, rec L, XRIF of L/sd R, XRIF of L; rk sd L, rec R, XLIF of R, sd R;

(1,2,3,4)

## Part C

### **1-4** BK 2 & CHA TO SCP; RK BK REC, FWD CHA; WK 2 & CHA; FCNG FAN;

- (1,2,3&,4) 1-2 Bk L twd RLOD, Bk R to SCP (W trn RF), bk L/cl R, bk L; rk bk R, rec L, fwd R/cl L, fwd R;  
(1,2,3&,4) 3-4 Fwd L, R, L/cl R, L; Small fwd R, cl L, fwd R/cl L, fwd R keeping M's L & W's R hnd jnd (W fwd L, trng LF step sd & bk R making LF \_ trn, bk L/lk RIF of L, bk L leaving R extended fwd with no weight);

### **5-8** RK FWD REC, BK TRIPLE CHAS;; REV UNDERARM TRN; BK BRK IN 4 TO SCP;

- (1,2,3&,4) 5-6 Rk fwd L, rec R, bk L/lk RIF of L, bk L; bk R/lk LIF of R, bk R, bk L/lk RIF of L, bk R;  
(1&,2,3&,4)  
(1,2,3&,4) 7 Trng RF \_ bk R bringing W under jnd lead hnds (W trng LF \_ fwd L under jnd hnds fwd L), XLIB of R (W continue LF trn \_ sd & bk R to fc ptr), sd R/cl L, sd R;  
(1,2,3,4) 8 Commence \_ LF trn step bk L to OP, rec R, fwd L/cl R, fwd L blending to SCP;

## PART D

### **1-4** CONGA BREAK (TWICE);; SIDE CONGA WKS L & R TO FC;;

- (1,2,3&,4) 1-2 Fwd L, fwd R, swiveling RF on R XLIF of R/step in place R, flexing R knee tap L heel fwd with upper body slightly leaning fwd; Repeat meas 1;  
(1,2,3,-) 3-4 Sd L, XRIF of L, sd L with slight upper body trn to the R, flexing L knee tap R toe to the sd leaning upper body L & slightly bk; sd R, XLIF of R, sd R with slight upper body trn to the L, flexing R knee tap L toe to the  
the  
sd leaning upper body R & slightly bk;

### **5-8** CONGA WKS FWD & BK;; MERENGUE BASIC (TWICE);;

- (1,2,3,-) 5-6 Fwd L, fwd R, fwd L, flexing L knee tap R bk leaning upper body fwd; bk R, bk L, bk R, flexing R knee tap L fwd  
leaning upper body bk;  
(1,2,3,4) 7-8 Sd L, cl R, sd L, cl R; Repeat meas 7;

## ENDING

### **1** SWIVEL FC PT;

- (1,2,-,-) 1 Bring L leg around pointing L toe out & toward RLOD releasing M's L & W's R hnds pointing released hnds toward RLOD flexing R knee slightly;