

LIFE IS A CARNIVAL

Choreography: Barbara Morgan bjmalaska@yahoo.com (907) 277-3269

Music: *Life is a Carnival* Celia Cruze ITUNES

Rhythm: Salsa/Merengue Phase: Unphased III Timing: QQS/1 2 3 4

Footwork: Woman opposite except as noted USA West 8/06

Sequence: A B C C A B C C A

1-8+ PART A MERENGUE

1-4 2M WAIT ; ; CONGA WALKS FWD & BK ; ;

1234 OP fcg partner & wall ; ; Fwd L, fwd R, fwd L, tch R; Bk R, bk L, bk R, tch L;

5-8+ SD CL SD TCH L & R ; ; CONGA WALKS FWD & BK ; ; HOLD

Sd L, sd cl R, sd L, tch R; Sd R, sd cl L, sd R, tch L;

Repeat meas 3-4 ; ; For 1 beat pose & hold hands out to side palms up

1-8 PART B SALSA

1-4 SALSA BASICS ; ; ; BASIC W/ KNEE BEND ;

QQS OP fcg Fwd L, rec R, cl L,-; Bk R, rec L, cl R,-; Fwd L, rec R, cl L,-;

Start the basic - bend & straighten knees while staying in place;

5-8 SALSA BASICS ; ; ; BASIC W/ KNEE BEND;

Repeat meas 1-4 ; ; ;

1-8 PART C MERENGUE

1-4 SD CL SD TCH L & R ; ; CONGA WALKS FWD & BK ; ;

1234 Repeat meas 5-8 of Part A ; ; ;

[Styling - lean fwd on conga walks]

5-8 UNDERARM TRN FOR THE LADY ; ; REV TRN FOR THE LADY ; ;

Man takes steps in place L, R, L, R with lead handhold while W turns right face;

in place L, R, L, R while W finishes turn;

Man continues steps in place while W turns L face ; ;

1-8 PART C MERENGUE

1-4 SD CL SD TCH L & R ; ; CONGA WALKS FWD & BK ; ;

5-8 UNDERARM TRN FOR THE LADY ; ; REV TRN FOR THE LADY ; ;

[styling variation: use two hands for the turn]

1-8+ PART A MERENGUE

1234 **SD CL SD TCH L & R ; ; CONGA WALKS FWD & BK ; ;**

SD CL SD TCH L & R ; ; CONGA WALKS FWD & BK ; ; HOLD

[styling: turn sd cl sd tch into conga walks]

1-8 PART B SALSA

QQS **SALSA BASICS ; ; ; BASIC W/ KNEE BEND;**

SALSA BASICS ; ; ; BASIC W/ KNEE BEND;

[styling - use hip action w/ basics]

1-8 PART C MERENGUE

1234 **SD CL SD TCH L & R ; ; CONGA WALKS FWD & BK ; ;**
UNDERARM TRN FOR THE LADY ; ; REV TRN FOR THE LADY ; ;
[styling: use tamara handhold]

1-8 PART C MERENGUE

SD CL SD TCH L & R ; ; CONGA WALKS FWD & BK ; ;
UNDERARM TRN FOR THE LADY ; ; REV TRN FOR THE LADY ; ;
[styling: use cross handhold – other possibility she turns & he turn then she turns right
and then reverse variation]

1-4+ PART A MERENGUE

1234 **SD CL SD TCH L & R ; ; CONGA WALKS FWD & BK ; ;**
HITS
Hold hands out to the side palms up twist turn back to back M xLif trn rfc (WxRif trn lfc)
[variations for styling – may use shoulder shimmies or dips]