

LIFESTYLES

DANCE BY: Lester & Barabar Auria 3315 Thunderhead Dr
 Lake Havasu City, AZ 86406 (602) 680-7837
 RECORD : MCA 54778 LIFESTYLE OF THE NOT SO RICH AND FAMOUS TRACY BYRD
 DANCE : TWO STEP
 LEVEL : PHASE II
 FOOTWORK: Opposite, direction for M except where noted
 SEQUENCE: Intro - A, B, INTERLUDE, A, B, C, ENDING
 NOTE : TRAVELING BOX WITH TWIRLS OPTIONAL

INTRO

(OP FCG M FC WALL) WAIT 5 DRUM BEATS

- 1-6 APT.,-PT,-; TOG CP WALL,-,TCH,-; TRAVELING BOX,:::
 1-6 In open fcg wait five drum beats apt L,-,pt R,-; tog R to CP WALL,-, tch L,-; sd L, cl R, fwd L,-; blend to RSCP fwd RLOD R,-, fwd L,-, blend to CP WALL sd RLOD R,cl L, bk R,-; blend to SCP LOD fwd L,-, fwd R,-;
7-8 HITCH DOUBLE:::
 7-8 In SCP LOD fwd L, cl R, bk L,-; bk R, cl L, fwd R blend to OP LOD,-;

PART A

- 1-4 (SCP LOD) 2-FWD TWO STEPS;; 2-TRNG TWO STEPS;;
 1-2 In SCP LOD fwd L, cl R, fwd L,-; Fwd R, cl L, fwd R to CP WALL,-;
 3-4 Sd L, cl R, starting RF turn sd & bk L,-; continue RF turn sd R, cl L, sd & bk R,-;
5-8 LACE ACROSS 2-STEP; FWD 2-STEP; LACE ACROSS 2-STEP; FWD 2-STEP;
 5-8 Lace across under jnd M's L & W's R hands chg sides diagonally fwd L, cl R, fwd L to LOP LOD,-; Fwd R, cl L, fwd R,-;
 Lace bk under M's R & W's L hands chg sides diagonally fwd L, cl R, fwd L OP LOD,-; Fwd L, cl R, fwd L to end in bfly M fcg wall,-;
9-12 (SLO) OP VINE-4;; HITCH DOUBLE:::
 9-10 In bfly M fcg wall sd L,-, XRIB,-; Sd L,-, XRIF to end in SCP LOD,-;
 11-12 In SCP LOD fwd L, cl R, bk L,-; bk R, cl L, fwd R,-;
13-14 SCOOT 4: FWD,-, STOMP,-;
 13-14 In SCP LOD fwd L, cl R, fwd L, cl R,-; Fwd L, stomp & take weight on R,-;

PART B

- 1-4 VINE APART: VINE TOG TO (BFLY WALL); BASKETBALL TRN(OP LOD):::
 1-4 Sd COH L(W sd wall R), xrib sd L, Sd to wall R trn RF to Bfly wall, tch L,-; In bfly M fcg wall lunge sd L,-, rec R trn RF (W LF) to LOP RLOD,-; lunge RLOD L,-, rec R trn RF (W LF) to OP LOD,-;
5-8 FWD LK FWD; FWD LK FWD; RK FWD,-,REC; RK BK,-,REC;
 5-6 In OP LOD fwd L, LK RIB, fwd L,-; Fwd R, LK LIB, fwd R,-;
 7-8 In OP LOD rk fwd L,-,rec R,-; Rk bk L,-,rec R,-;
 9-16 Repeat PART B MEAS 1-8

INTERLUDE

- 1-2 BOX (blend SCP LOD):::
 1-2 In CP M fcg wall sd L, cl R, fwd R,-; Sd R, cl L, bk R blend to SCP LOD,-;

PART C

- 1-4 (SCP LOD) 2-FWD TWO STEPS;; 2-TRNG TWO STEPS;;
 1-4 REPEAT PART A MEAS 1-4
5-8 LACE ACROSS 2-STEP; FWD 2-STEP; LACE ACROSS 2-STEP; FWD 2-STEP;
 5-8 REPEAT PART A MEAS 5-8
9 SCOOT 4:
 9 fwd L, cl R,-; fwd L, cl R,-;
9-12 VINE APART: VINE TOG TO (BFLY WALL); BASKETBALL TRN(OP LOD):::
 9-12 REPEAT PART MEAS 1-4
13-16 FWD LK FWD; FWD LK FWD; RK FWD,-,REC; RK BK,-,REC;
 13-16 REPEAT PART B MEAS 5-8

ENDING

- 1-6 TRAVELING BOX:::; SCOOT 4: APT,-,PT,-;
 1-4 REPEAT INTRO MEAS 3-6
 5 REPEAT PART A MEAS 13
 6 REPEAT INTRO MEAS 1

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