

LIGHTS OF LONDON

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Record: CD, Prandi Sound, Daydreaming - Bassano Open 11, Track 4 or Download Casa Musica
Rhythm & Phase: WZ, V +2 (Pivot To Hairpin, Same Foot Lunge) Tempo: Adjust for comfort
Timing: 1, 2, 3; except where noted Footwork: Opposite except where noted
Sequence: INTRO – A – B – C – A – END

INTRO

1 - 4 WAIT 1; THRU HOVER TWICE;; THRU, SIDE, BEHIND;

1-4 In OP FCG M fcg DLW both with trl ft free wait 1 meas; Thru R, sd & fwd L trn RF to LOP RLOD, rec R;
Thru L, sd & fwd R trn LF to OP LOD, rec L; Thru R, sd L to low BFLY WALL, XRib of L;

5 - 8 ROLL 3; THRU, FACE, CLOSE; OPEN VINE 3; PICKUP, SIDE, CLOSE;

5-8 Sd & fwd L comm LF roll, cl R keep trng, sd & fwd L to OP LOD; Fwd R, sd L to BFLY, cl R; Sd L trn RF to LOP RLOD, bk R trn LF to fc ptr, sd & fwd L trn to OP LOD; Sm fwd R, sd & fwd L comm LF trn, cl R to CP LOD;

PART A

1 - 4 OPEN REVERSE TURN; HOVER CORTE; OUTSIDE SPIN; MANEUVER;

1-2 Fwd L comm LF trn, fwd R keep trng LF, bk L to CBJO DRC; Bk R, sd & fwd L twd DLW trn LF, rec bk R to CBJO DLW;

3-4 Sm bk L rotate upper body RF, fwd R keep trng RF, sd & bk L ckg in CP DLW; Fwd R, sd & fwd L trn RF, cl R to CP RLOD; [W(3): Fwd R outsd ptr comm RF trn, sd & bk L arnd ptr keep trng, fwd R btw ptr's feet;]

5 - 8 PIVOT TO HAIRPIN; NATURAL PREPARATION; SAME FOOT LUNGE; PROGRESSIVE WING EXIT;

5-6 Bk L pivot ½ RF, fwd R strong RF crv, fwd L keep crvg upper body rotates even more to prep outsd ptr/fwd R outsd ptr ck in BJO DRW; Bk L comm RF trn, bring R undr body no wgt comp trn to CP COH, hold pos;

7-8 Sd & fwd R twd DLC, hold pos, hold pos; Rec L, draw R undr body rotate frame LF, hook R bhd L in SCAR DRW; [W(7-8): Sd & bk L, plc R well undr body, pt fwd L; Take wgt on L, fwd R crv LF, fwd L cont LF crv & ck in SCAR;]

9 - 12 CROSS HOVER TO BJO; OPEN NATURAL; BACK, BACK/LOCK, BACK; IMPETUS TO SCP;

9-10 Fwd L outsd ptr, sd & fwd R trn LF, rec L to BJO DLW; Fwd R outsd ptr comm RF trn, sd & fwd L keep trng, bk R to BJO RLOD;

11-12 Bk L, bk R/lk Lif of R, bk R; Bk L comm RF trn, cl R heel trn, fwd L in SCP DLC;

13 - 16 FWD HOVER LADY TURNS BJO; BACK HOVER; CURVED FEATHER CHECK; HESITATION CHANGE;

13-14 Fwd R, fwd L, rec R to BJO DLC; Bk L, bk R, rec L to BJO DLC;

[W (13-14): Fwd L comm LF trn, sd & bk R trn to fc ptr, rec L; Fwd R, fwd L, rec R;]

15-16 Fwd R comm RF crv, fwd L cont crvg RF, fwd R in BJO DRW chkit; Bk L comm RF trn, sd & fwd R trn RF, draw L to R to CP DLC;

PART B

1 - 4 TELEMARK TO SCP; STEP THRU, LADY KICKS AND PICKUP; RIGHT LUNGE & ROLL; REC & SLIP;

1-4 Fwd L, fwd R strong LF trn [W: heel trn], fwd L in SCP DLW; Step thru R, -, cl L to R to CP LOD lower into knee; Sd & fwd R, -, rotate upper body LF; Rec L, rise bring R undr body no wgt, sm slip bk R; [W (2-4): Step thru L, kick fwd R, bring R ft down very sm fwd & across of L take wgt and swvl LF to CP; Sd & bk L, -, rotate upper body LF; Rec R, rise bring L undr body no wgt, sm slip fwd L;]

5 - 8 CLOSED TELEMARK; OPEN NATURAL; IMPETUS TO SCP; PICKUP, SIDE, CLOSE;

5-6 Fwd L comm LF trn, sd & bk R strong LF trn [W: heel trn], sd & fwd L to BJO DLW; Repeat actions meas 10 Part A;

7-8 Repeat actions meas 12 Part A; Repeat actions meas 8 of INTRO;

PART B CONT.

- 9 - 12 DOUBLE REVERSE SPIN; FWD & CHASSE TO THE RIGHT; OUTSIDE CHANGE TO SCP; CHASSE TO SCP;
9-10 Fwd L comm LF trn, sd R 3/8 LF trn between steps 1 and 2, spin up to 1/2 LF between steps 2 and 3 on ball of R bringing L undr body beside R no wgt flexed knees; Fwd L comm LF trn, sd R/cl L, sd & bk R to BJO DRC;
[W (9): Bk R comm LF tr, cl L heel trn ½, sd & bk R/XLif of R;]
11-12 Bk L, bk R to CP comm LF trn, cont LF trn sd & fwd L to SCP LOD; Fwd R, sd & fwd L/cl R, sd & fwd L to SCP LOD;
- 13 - 16 FWD HOVER LADY TURNS BJO; BACK HOVER; CURVED FEATHER CHECK; HESITATION CHANGE;
13-16 Repeat meas 13-16 of PART A;;;

PART C

- 1 - 4 REVERSE FALLAWAY & SLIP; OPEN REVERSE TURN; BACK & CHASSE TO THE LEFT; MANEUVER;
1-2 Fwd L comm LF trn, bk R with left sd ld in FALWAY POS ¼ LF trn between steps 1 and 2, bk L in CBMP well undr body in Fallwy Pos 1/8 trn between steps 2 and 3 body trns less/trng LF slip R toeing in with sml step bk on R cont LF trn 1/4 between steps 3 and 4 flexing into right knee; Repeat actions meas 1 PART A;
[W (1): Bk R, bk L with left sd ld in FALWAY POS, bk R in CBMP well undr body in FALWAY POS 5/8 LF trn on step 3/cont LF trn slip L fwd into CP flexing left knee;]
3-4 Bk R to CP RLOD comm LF trn, sd & fwd L/cl R, sd & fwd L to BJO DLW; Fwd R comm RF trn, sd & fwd L to CP RLOD, cl R;
- 5 - 8 PIVOT TO HAIRPIN; BACK PASSING CHANGE; BACK & CHASSE TO THE LEFT; PICKUP LADY LOCK;
5-6 Repeat actions meas 5 PART A; Bk L, bk R, bk L;
7-8 Repeat actions meas 3 PART C to SCP DLW; Sm fwd R, sd & fwd L trn LF, cl R to CP LOD;
[W(8): Fwd L, sd & fwd R trn LF to CP, XLif of R;]
- 9 - 12 VIENNESE TURNS;;;
9-10 Fwd L, sd & fwd R comm LF trn, XLif of R compl LF trn to CP RLOD [W: cl R]; Bk & sd R, comm LF trn sd & fwd L, cl R compl LF trn to CP LOD [W: XLif of R];
11-12 Repeat actions meas 9-10 of Part C;;
- 13 - 16 TELEMARK TO SCP; STEP THRU, LADY KICKS AND PICKUP; RIGHT LUNGE & ROLL; REC & SLIP;
13-16 Repeat actions meas 1-4 Part B;;;

END

- 1 - 2 DOUBLE REVERSE SPIN; STEP FWD & RIGHT LUNGE;
1-2 Repeat actions meas 9 Part B; Step fwd L lower into knee, sd & fwd R, hold pos;