

LIKE A ROCK

10/01

Choreographer: Mike Seurer 449 East 5th Street, Fond du Lac, WI 54935 (920)907-1214

Record: "Loves Me Like a Rock", Paul Simon Warner Bros. 7-21935

Phase: II Speed: 45 rpm

Rhythm: Two-Step Time: 3:30

Footwork: Opposite, except as noted

Sequence: INTRO AB AB ABCD ENDING

INTRODUCTION

- 1---4 WAIT THRU INTRO+ 2 MEAS;; APT,-,PT,-; TOG,-,TCH,SCP/LOD-;
1-2 In OP/LOD wait thru talking and music Intro + 2 meas;;
3-4 Apt L,-, pt R,-; Tog R, to SCP/LOD-; Tch L to R,-;

PART A

- 1---4 TWO FWD TWO-STEPS;; HITCH 6;;
1-2 Fwd L, cl R, fwd L,-; Fwd R,cl L, fwd R,-;
3-4 Fwd L, cl R, bk L,-; Bk R, cl L, fwd R,-;
5---8 VINE APT & TOG ;;BOX;;
5-6 Sd L twd COH, XRib of L, sd L, tch R to L and clap hands,-; Sd R twd WALL,
Xlib of R, sd R trng ¼ RF to fc WALL, tch L to R,-;
7-8 Sd L, cl R, fwd L,-; Sd R, cl L, bk R, TO SCP/LOD,-;
9---12 STRUT 4;; FWD LK FWD;;
9-10 Strut Fwd L,-,R,-; Fwd L,-, R,-;
11-12 Fwd L, lk Rib of L, fwd L,-; Fwd R, lk Lib of R,fwd R,-;
13---14 ROCK FWD, RECOV; RK BK, RECOV(WALL);
13-14 Rk fwd on L,-, rec on R,-; Rk bk on L,-, rec on R to fc BFLY/WALL,-;

PART B

- 1---4 VINE 3; WRAP; UNWRAP; CHANGE SIDES;
1-2 Sd L, XRib, sd L, tch R,-; sd R,XLib,sd R, tch L,-; (W trn LF L,R,L,tch R) keep
both hands jnd ld hnds over W's hd & M's R & W's L at waist level,-;
3-4 Release ld hnds M sip L,R,L, tch R (W unwrap Rf to arms length R,L,R, tch L),-;
Fwd R,L,R trn RF to BFLY/COH(W fwd L,R,L undr raised M's R & W's L arms
trng LF to BFLY/WALL),-;
5---8 VINE 3;WRAP; UNWRAP; CHANGE SIDES;
5-6 Repeat Meas 1-2 of PART B;;
7-8 Repeat Meas 3-4 of PART B;; ending in SCP/LOD;;
9---10 SLOW OPEN VINE 4;;
9-10 Sd L, XRib of L, fcng RLOD,-; Sd L, XRif of L to SCP/LOD,-;

PART C

- 1---4 LACE ACROSS; TWO-STEP TO FACE; BOX;;
1-2 Fwd L, cl R, fwd L(As W prog under ld hnds R,L,R) to LOP,-; Fwd R, cl L, fwd R to fc COH and ptr,-;
3-4 Sd L, cl R, fwd L,-; Sd R, cl L, bk R,-;
- 5---8 FACE TO FACE; BACK TO BACK; BASKETBALL TURN;;
5-6 Sd L, cl R sd L trng ½ LF to bk to bk pos,-; Sd R, cl L, sd R trng RF to BFLY/COH,-;
7-8 Lunge sd L, twd RLOD,-, rec R trng RF (W LF) to LOP/LOD,-; Lunge sd L twd LOD,-, rec R trng RF (W LF) to BFLY/COH,-;
- 9---12 LACE ACROSS; TWO-STEP TO FACE; BOX;;
9-10 Fwd L, cl R, fwd L(As W prog under ld hnds R,L,R) to LOP,-; Fwd R, cl L, fwd R to fc WALL and ptr,-;
11-12 Sd L, cl R, fwd L,-; Sd R, cl L, bk R,-;
- 13---16 FACE TO FACE; BACK TO BACK; BASKETBALL TURN;;
13-14 Sd L, cl R sd L trng ½ LF to bk to bk pos,-; Sd R, cl L, sd R trng RF to BFLY/WALL,-;
15-16 Lunge sd L, twd LOD,-, rec R trng RF (W LF) to LOP/RLOD,-; Lunge sd L twd RLOD,-, rec R trng RF (W LF) to BFLY/WALL,-;

PART D

- 1---4 CIRCLE AWAY TWO-STEPS;; STRUT TOG 4;;
1-2 Circ twd COH(W twd WALL) Fwd L, cl R, fwd L,-; Fwd R, cl L, fwd R trng LF to fc ptr,-;
3-4 Strut twd ptr Fwd L,-, R,-; Fwd L,-, R to CP/WALL,-;
- 5---8 LEFT TURNING BOX;;
5-6 Sd L, cl R, fwd L trng ¼ LF(fc LOD),-; Sd R, cl L, bk R trng ¼ LF(fc COH),-;
7-8 Sd L, cl R, fwd L trng ¼ LF(fc RLOD),-; Sd R, cl L, bk R trng ¼ LF(fc WALL),-;
- 9---12 SIDE TWO-STEP LEFT & RIGHT;; TWIRL VINE 2; WALK TWO;;
9-10 Sd L, cl R, sd L, tch R to L,-; Sd R, cl L, sd R, tch L,-;
11-12 Sd L, xRib of L(W twrls RF undr jnd ld hnds R,L),-; Fwd L,-, Fwd R,-;

ENDING

- 1---4 TRAVELING BOX;;
1-2 Sd L, cl R, fwd L blend to RSCP/RLOD,-; Fwd R,-, L,-;
3-4 Sd R, cl L, bk R to SCP/LOD,-; Fwd L,-, R,-;
- 5---8 TWO FWD TWO-STEPS;; TWO TURNING TWO-STEPS;;
5-6 Fwd L, cl R, fwd L,-; Fwd R, cl L, fwd R,-;
7-8 Sd L, cl R, sd L trng ½ RF,-; Sd R, cl L, sd R trng ½ RF to BFLY/WALL.-
- 9---12 TWIRL VINE 2; WALK TWO; TWO SIDE CLOSES; APT PT;;
9-10 Sd L, xRib of L(W twrls RF undr jnd ld hnds R,L),-; Fwd L,-, Fwd R,-;
11-12 Sd L, cl R, sd L, cl R,-; Apt L,-, Pt R twd ptr,-;