

LINDA LOU TWO-STEP

Choreographer:	Music: "Linda Lou" by the Tractors from "Farmers In A Changing World" CD or ask choreographer for mp3
Martha Ogasawara	Footwork: Opposite except where indicated (<i>W's footwork in parentheses</i>)
9-3 Sakaue-cho, Tajimi-shi	Rhythm: 2-step
Gifu-ken, Japan	Phase: II
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Fax: 81-572-23-4698	Time & Speed: 3:02 music slightly trimmed at beginning and end
E-mail: martha@blk.mmtr.or.jp	Sequence: Intro-A-A-B-C-A-B-C(1-8)-Ending

INTRODUCTION

1 - 2	Wait;;	In BFLY WALL, wait 2 meas;;
3	Twirl 2;	Raising jnd ld hnds fwd L, -, fwd R (W twrl RF under hnds R, -, L), -;
4	Walk 2 to SCP;	Fwd L, -, Fwd R to SCP LOD, -;

PART A

1 - 2	2 Forward 2-steps;;	Fwd L, cl R, fwd L, -; fwd R, cl L, fwd R, -;
3 - 4	Hitch 6;;	Fwd L, cl R, bk L, -; bk R, cl L, fwd R, -;
5	Scoot;	Fwd L, cl R, fwd L, cl R;
6	Walk 2;	Fwd L, -, Fwd R, -;
7 - 8	Circle Away & Together;;	Circ awy fwd L, cl R, fwd L, -; circ tog fwd R, cl L, fwd R, -;
9 - 12	Lace Up;;; BFLY	Under ld hnds lace fwd L, cl R, fwd L, -; fwd R, cl L, fwd R, -; Under trl hnds lace bk fwd L, cl R, fwd L, -; fwd R, cl L, fwd R trng to BFLY WALL, -;
13 - 16	Traveling Door 2x;;;	Rk sd L, -, rec R, -; XLIF, sd R, XLIF, -; Rk sd R, -, rec L, -; XRIF, sd L, XRIF, -; [1 st time to SCP LOD - 2 nd time stay in BFLY]

PART B

1	Side Draw Close;	Sd L, draw R to L, cl R, -;
2	Door;	Rk sd L, rec R, XLIF, -;
3	Side Draw Close;	Sd R, draw L to R, cl L, -;
4	Door;	Rd sd R, rec L, XRIF, -;
5 - 6	Side Draw Close 2x;;	Sd L, draw R to L, cl R, -; Sd L, draw R to L, cl R, -;
7 - 8	Quick Vine 8;;	Sd L, XRIB (W XIB), sl L, XRIF (W XIF); sd L, XRIB (W XIB), sd L, XRIF (W XIF);
9	Face to Face;	Sd L, cl R, sd L trng 1/2 LF to BK-TO-BK, -;
10	Back to Back;	Sd R, cl L, sd R trng 1/2 RF to BFLY, -;
11 - 12	Basketball Turn to SCP;;	Lunge fwd L trng 1/4 RF, -, rec R trng 1/4 RF to fc RLOD, -; lunge fwd L trng 1/4 RF, -, rec R trng 1/4 RF to SCP LOD, -;
13 - 14	Hitch 6;;	Fwd L, cl R, bk L, -; bk R, cl L, fwd R, -;
15	Scoot;	Fwd L, cl R, fwd L, cl R;
16	Walk & Face;	Fwd L, -, fwd R trng 1/4 RF to CP WALL, -;

PART C

1 - 4	Traveling Box;;;;	Sd L, cl R, fwd L, -; sd R, -, thru L to RSCP RLOD, -; trng to fc sd R, cl L, bk R, -; sd L, -, thru R trng to SCP LOD, -;
5 - 6	2 Forward-2-Steps;;	Fwd L, cl R, fwd L, -; fwd R, cl L, fwd R, -;
7	Twirl 2;	Raising jnd ld hnds fwd L, -, fwd R (W twrl RF under hnds R, -, L), -;
8	Walk 2 to BFLY;	Fwd L, -, fwd R trng to BFLY WALL, -;
9 - 10	Apt Pt Tog to BFLY;;	Apt L, -, pt R twd ptr, -; fwd R, -, tch L to BFLY WALL, -;
11	Twirl 2;	Raising jnd ld hnds fwd L, -, fwd R (W twrl RF under hnds R, -, L), -;
12	Walk 2 to SCP;	Fwd L, -, Fwd R to SCP LOD, -;

ENDING

1 - 2	Side Draw Close 2x;;	Sd L, draw R to L, cl R, -; Sd L, draw R to L, cl R, -;
3	Twirl 2;	Raising jnd ld hnds fwd L, -, fwd R (W twrl RF under hnds R, -, L), -;
4	Apt Pt;	Apt L, -, pt R twd ptr, -;