



# LIQUID LUNCH

<b>Choreographers:</b>	<b>Release date:</b> May 2015
<b>Annette &amp; Frank Woodruff</b>	<b>Rhythm &amp; Phase:</b> Cha Cha/Rumba III
	<b>Music:</b> Artist = Caro Emerald; Album = The Shocking Miss Emerald; MP3 download from Amazon or others.
Rue du Camp, 87 7034 Mons, Belgium Tel: 3265 73 19 40	<b>Time &amp; Speed:</b> 3:26 @ unchanged speed
	<b>Footwork:</b> Opposite except where indicated (W's footwork in parentheses)
<b>annetteandfrank@gmail.com</b>	<b>Sequence:</b> Intro – ABC – Bridge – ABC – Bridge – D – B – E – C - Ending

## INTRODUCTION – CHA CHA

<b>1</b>	<b>Wait ;</b>	OP-FCG WALL wt 1 meas
<b>2</b>	<b>Quick Apart Point Together Draw to BFLY ;</b>	Apt L to OP LOD , pt R twd LOD, sd & fwd R ( <i>W sd &amp; fwd L</i> ) to BFLY WALL, draw L near R ;
<b>3 - 4</b>	<b>Sand Step 2x ;;</b>	Swvlg slightly RF on R ft rotate L knee inward & tch L toe to instep of R ft, swvlg slightly LF on R ft rotate L knee outward to tch L heel to floor, XLif ( <i>W XRif</i> )/sd R, XLif ( <i>W XRif</i> ); swvlg slightly LF on L ft rotate R knee inward & tch R toe to instep of L ft, swvlg slightly RF on L rotate L knee outward to tch R heel to floor, XRif ( <i>W XLif</i> )/sd L, XRif ( <i>W XLif</i> );
<b>5 - 8</b>	<b>Chase (M turns away 2x) ;;;;</b>	Fwd L trng ½ RF, rec R , fwd L/cl R, fwd L ( <i>W bk R, rec L, fwd R/cl L, fwd R</i> ) ; fwd R trng ½ LF, rec L fwd R/cl L, fwd R ( <i>W fwd L trng ½ RF, rec R, fwd L/cl R, fwd L</i> ) ; fwd L trng ½ RF, rec R, fwd L/cl R, fwd L ( <i>W fwd R trng ½ LF, rec L, fwd R/cl L, fwd R</i> ) ; fwd R trng ½ LF, rec L, fwd R/cl L, fwd R ( <i>W fwd L, rec R, bk L/cl R, bk L</i> ) to BFLY WALL ;

## PART A – CHA CHA

<b>1</b>	<b>½ Basic ;</b>	Fwd L, rec R, sd L/cl R, sd L ;
<b>2</b>	<b>Fence Line ;</b>	XRif ( <i>W XLif</i> ) w/ bent knee, rec L, sd R/cl L, sd R ;
<b>3</b>	<b>New Yorker ;</b>	XLif ( <i>W XRif</i> ) w/ straight leg trng to LOP RLOD, rec R to BFLY, sd L/cl R, sd L ;
<b>4</b>	<b>Spot Turn ;</b>	Relg hnds & swvlg ¼ LF on L ft fwd R trng LF ½, rec L trng ¼ LF to BFLY, sd R/cl L, sd R ;
<b>5</b>	<b>Hand to Hand ;</b>	Swvlg sharply on ball of R ft XLib ( <i>W XRib</i> ) trng to OP LOD, rec R to BFLY WALL, sd L/cl R, sd L ;
<b>6</b>	<b>Shoulder to Shoulder ;</b>	Fwd R to BFLY BJO, rec L to fc squarely, sd R/cl L, sd R ;
<b>7</b>	<b>½ Basic ;</b>	Fwd L, rec R, sd L/cl R, sd L ;
<b>8</b>	<b>Whip to BFLY ;</b>	Bk R trng ¼ LF, rec L trng ¼ LF, sd R/cl L, sd R ( <i>W fwd L reachg in front of M, fwd &amp; sd R trng LF ½, sd L/cl R, sd L</i> ) to BFLY COH ;

## PART B - RUMBA

<b>1</b>	<b>Fence Line ;</b>	XLif ( <i>W XRif</i> ) w/ bent knee, rec R, sd L, - ;
<b>2 - 3</b>	<b>To RLOD Crab Walks ;;</b>	Twd RLOD XRif ( <i>W XLif</i> ), sd L, XRif ( <i>W XLif</i> ), - ; sd L, XRif ( <i>W XLif</i> ), sd L, - ;
<b>4</b>	<b>Fence Line ;</b>	XRif ( <i>W XLif</i> ) w/ bent knee, rec L, sd R, - ;
<b>5</b>	<b>New Yorker ;</b>	XLif ( <i>W XRif</i> ) w/ straight leg to LOP LOD, rec R to fc ptr, sd L to LOP-FCG, - ;
<b>6</b>	<b>Spot Turn ;</b>	Swvlg ¼ LF on ball of L ft & relg hnds fwd R turning ½ LF, rec L trng ¼ LF to fc ptr, sd R to BFLY COH, - ;
<b>7</b>	<b>Hand to Hand ;</b>	XLib ( <i>W XRib</i> ) trng to OP RLOD, rec R to fc ptr, sd L to BFLY COH, - ;
<b>8</b>	<b>Whip ;</b>	Bk R trng ¼ LF, rec L trng ¼ LF, sd R ( <i>W fwd L reachg in front of M, fwd &amp; sd R trng LF ½, sd L</i> ) to LOP-FCG WALL, - ;

**PART C – CHA CHA**

1	½ Basic ;	Fwd L, rec R, sd L/cl R, sd L ;
2	Underarm Turn ;	Raisg jnd ld hnds & trng bdy slightly RF bk R, rec L squaring bdy to fc ptr, sd R/cl L, sd R ( <i>W swvlg ¼ RF on ball of R ft fwd L trng ½ RF, rec R trng ¼ RF to fc ptr sd L/cl R, sd L</i> ) to BFLY WALL ;
3	Break to OP ;	XLib trng to OP, rec R, twd LOD fwd L/lk Rib, fwd L ;
4	Walk ;	Fwd R, fwd L, fwd R/lk Lib, fwd R ;
5 - 6	Sliding Door Both Ways ;;	Sd apt L, rec R, relg hnds & chg sd bhd W XLif/sd R, XLif ( <i>W chg sd in frnt of M XRif/sd L, XRif</i> ) to LOP LOD ; sd apt R, rec L, chg sd bhd W XRif/sd L, XRif ( <i>W chg sd in frnt of M XLif/sd R, XLif</i> ) to OP LOD ;
7 - 8	Circle Away & Together to BFLY ;;	M twd COH ( <i>W twd WALL</i> ) circ awy individually LF ( <i>W RF</i> ) L, R, L/R, L to end both fcg RLOD; circ tog R, L, R/L, R to BFLY WALL ;

**BRIDGE**

1 - 2	Vine 8 ;;	Sd L, XRib ( <i>W XLib</i> ), sd L, XRif ( <i>W XLif</i> ) ; rpt meas 1 Bridge ;
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**Repeat Parts ABC and Bridge**

**PART D - RUMBA**

1 - 2	Side Walks ;;	In low BFLY sd L, cl R, sd L, - ; cl R, sd L, cl R, - ;
3 - 4	Cucaracha L & R ;;	Sd L w/ partial wgt, rec R, cl L, - ; sd R w/ partial wgt, rec L, cl R, - ;
5	½ Basic ;	Fwd L, rec R, sd L ( <i>W bk R, rec L, sd &amp; fwd R twd M's L sd</i> ), - ;
6	Underarm Turn ;	Raisg jnd ld hnds & trng bdy slightly RF bk R twd DLC, rec L squarg bdy to fc ptr, sd R ( <i>W swvlg ¼ RF on ball of R ft fwd L trng ½ RF, rec R trng 3/8 RF to fc ptr, sd L</i> ) to LOP-FCG WALL w/ W slightly offset to Man's R sd, - ;
7	..into a Lariat 3 to face COH ;	W/ ld hnds still jnd sd L, rec R startg to trn LF, sm fwd L compg ½ LF trn ( <i>W circg RF arnd M fwd R, L, R</i> ) to BFLY COH, - ;
8	Crab Walk Ending ;	Sd R, XLif ( <i>W XRif</i> ), sd R, - ;

**Repeat Part B**

**PART E – CHA CHA**

1	Vine 2 Face to Face ;	Sd L, XRib ( <i>W XLib</i> ), sd L/cl R, trng 3/8 LF sd & fwd L to almost BK-TO-BK ;
2	Vine 2 Back to Back ;	Sd R, XLib ( <i>XRib</i> ), sd R/cl L, trng 3/8 RF sd & fwd R to BFLY ;
3 - 4	Traveling Doors Both Ways ;;	Rk sd L, rec R, XLif ( <i>W XRif</i> )/sd R, XLif ( <i>W XRif</i> ) ; rk sd R, rec L, XRif ( <i>W XLif</i> )/sd L, XRif ( <i>W XLif</i> ) ;
5 - 8	Chase Peek-a-Boo ;;;;	Relg hnds fwd L trng ½ RF, rec R, fwd L/cl R, fwd L ( <i>W bk R, rec L, fwd R/cl L, fwd R</i> ) ; sd R look at ptr over L shldr, rec L, ip R/L, R ( <i>W sd L, rec R, ip L/R, L</i> ) ; sd L look at ptr over R shldr, rec R, ip L/R/ L ( <i>W sd R, rec L, ip R/L, R</i> ) ; fwd R trng ½ LF, rec L, fwd R/cl L, fwd R ( <i>W fwd L, rec R, bk L/cl R, bk L</i> ) to LOP-FCG WALL ;

**Repeat Part C**

**ENDING - CHA CHA**

1 - 2	Sand Step 2x ;;	Rpt meas 3 – 8 Intro ;;;;
3 - 6	Chase (M Turns 2x) ;;;;	
7	New Yorker ;	Rpt meas 3-4 Part A ;;
8	Spot Turn ;	
9	Apart Point ;	



Caro Emerald was born in 1981 in Amsterdam, the Netherlands. She started singing lessons at age 12 and trained as a jazz vocalist at the Amsterdam Conservatory, graduating in 2005. In April 2013, her second studio album *The Shocking Miss Emerald* was released and went to No. 1 in the UK album chart. During her September 2013 UK tour, she announced her pregnancy. She gave birth to a girl in March 2014, a couple of month before playing the opening music set on the pyramid stage at the *Glastonbury Festival 2014*.

**LIQUID LUNCH – WOODRUFF – CH III – CARO EMERALD – 3:33**

**INTRO-CHA (8 meas)**

OP FCG WALL Wait 1; Apt Pt Tog Tch to BFLY ; Sand Step 2x ;;  
Chase (M trns away 2x) ;;;;

**PART A-CHA (8 meas)**

½ Basic ; Fence Line ; New Yorker ; Spot turn ;  
Hand to Hand ; Shoulder to Shoulder ; ½ Basic ; Whip to BFLY ;

**PART B-RUMBA (8 meas)**

Fence Line ; Crab Walks ;; Fence Line ;  
New Yorker ; Spot Turn ; Hand to Hand ; Whip ;

**PART C-CHA (8 meas)**

½ Basic ; Underarm Turn ; Break to OP ; Walk ;  
Sliding Door Both Ways ;; Circle Away & Tog to BFLY ;;

**BRIDGE (2 meas)**

Vine 8 ;;

**PART A-CHA (8 meas)**

½ Basic ; Fence Line ; New Yorker ; Spot turn ;  
Hand to Hand ; Shoulder to Shoulder ; ½ Basic ; Whip to BFLY ;

**PART B-RUMBA (8 meas)**

Fence Line ; Crab Walks ;; Fence Line ;  
New Yorker ; Spot Turn ; Hand to Hand ; Whip ;

**PART C-CHA (8 meas)**

½ Basic ; Underarm Turn ; Break to OP ; Walk ;  
Sliding Door Both Ways ;; Circle Away & Tog to BFLY ;;

**BRIDGE (2 meas)**

Vine 8 ;;

**PART D-RUMBA (8 meas)**

Side Walks ;; Cucaracha L & R ;;

½ Basic ; Underarm Turn ; Into a Lariat 3 to fc COH ; Crab Walk Ending ;

**PART B-RUMBA (8 meas)**

Fence Line ; Crab Walks ;; Fence Line ;  
New Yorker ; Spot Turn ; Hand to Hand ; Whip ;

**PART E-CHA (8 meas)**

Vine 2 Fc to Fc ; Vine 2 Bk to Bk ; Traveling Doors ;;  
Chase Peek-a-Boo ;;;;

**PART C-CHA (8 meas)**

½ Basic ; Underarm Turn ; Break to OP ; Walk ;  
Sliding Door Both Ways ;; Circle Away & Tog to BFLY ;;

**ENDING-CHA (9 meas)**

Sand Step 2x ;; Chase (M trns away 2x) ;;;; New Yorker ; Spot Turn ; Apt Pt ;