

LISTEN TO YOUR SENSES

Page 1 of 2

Choreo: Bob Paull 1075 Via Grande, Cathedral City, CA 92234 (760) 328-3070 rpaull@dc.rr.com
Music: Listen To Your Senses Artist: Alan Jackson Download from Walmart
Rhythm: Roundalab Phase II+1 {Fishtail} Time:
Footwork: Opposite directions to M (W's in parentheses) Released: October 2010
Sequence: Intro A B C A B B End

INTRO

1 - 8 WAIT; WAIT; {CP/WALL} BROKEN BOX;;; APT PT; TOG TCH {SCP/LOD}
1-6 sd L, cl R, fwd L, -; rk fwd R, -, rec L, -; sd R, cl L, bk R, -; rk bk L, -, rec R, -;
7-8 bk L, -, pt R, -; tog R, -, tch L, -; {scp/lod}

PART A

1 - 4 TWO FORWARD TWO STEPS;; SLOW OPEN VINE 4;;
1-2 fwd L, cl R, fwd L, -; fwd R, cl L, fwd R, -;
3-4 sd L, -, xRib to lop fcg rlod (W xib), -; sd L fc ptr, -, xRif (W xif), -;
5 - 8 {BFLY} FACE TO FACE; BACK TO BACK; BASKETBALL TURN;;
5-6 sd L, cl R, sd L trn lf to V bk to bk pos, -; sd R, cl L, sd R trng rf {bfly wall}, -;
7-8 lunge sd L, -, rec R trng rf, -; thru L to rlod trng rf, -, rec R trng rf {scp lod}, -;
9 - 12 TRAVELING BOX {OPTIONAL TWIRL};;;;
9-10 sd L, cl R, fwd L, -; fcg rlod fwd R (W twirl lf twd rlod), -, fwd L, -;
11-12 sd R, cl L, bk R, -; fcg scp/lod fwd L, -, fwd R, -;
13-16 TWO TURNING TWO STEPS;; TWIRL/VINE 2; WALK PICK UP;
13-14 sd L, cl R, sd & bk L trn 1/2 rf, -; sd R, cl L sd & fwd R trn 1/2 rf {bfly/wall}, -;
15-16 sd L (W sd R trn rf und ld hds), -, xRib (W fwd L scp), -; fwd L, -, sm fwd R {cp lod}, -;

PART B

1 - 4 TWO FORWARD TWO STEPS;; STRUT 4;;
1-2 cp lod fwd L, cl R, fwd L, -; fwd R, cl L, fwd R, -;
3-4 fwd L, -, fwd R, -; fwd L, -; fwd R, -;
5 - 8 PROGRESSIVE SCISSORS 2X {BJO/CK};; FISHTAIL; WALK 2;
5-6 sd L, cl R, xLif to sdcar dlw, -; sd R, cl L, xRif to bjo lod checking fwd motion, -;
7-8 xLib of R trng body rf, sd R, fwd L, xRib L; fwd L, -, fwd R, -;
9 - 12 HITCH; HITCH/SCISSORS; LACE ACROSS; FORWARD TWO STEP;
9-10 fwd L, cl R, bk R, -; bk R, cl L, fwd R, - (W sd L, cl R, xLif, -) {scp/lod};
11-12 W under jnd ld hnd fwd L chg sds, cl R, fwd L, -; fwd R, cl L, fwd R, -;
13-16 LACE BACK; FORWARD TWO STEP; TWIRL/VINE; 1st, 3rd & 4th WALK FACE;
2nd WALK PICK UP;
13-14 W und jnd trlg hnds fwd L, cl R, fwd L, -; fwd R, cl L, fwd R, -;
15-16 repeat Meas 15 part A; {1st, 3rd, & 4th time} fwd L, -, fc R, -; {cp/wall}
{2nd time} fwd L, -, fwd R, -; (W fwd arnd M to cp/lod)

PART C

1 - 4 LEFT TURNING BOX;;;;
1-2 sd L, cl R, fwd L trn 1/4 lf, -; sd R, cl L, bk R trng 1/4 lf -;
3-4 sd L, cl R, fwd L trn 1/4 lf, -; sd R, cl L, bk R trng 1/4 lf, -; {scp/lod}
5 - 8 CIRCLE AWAY TWO TWO STEPS;; STRUT TOGETHER 4;;
5-8 trng lf (W rf) fwd L, cl R, fwd L coh, -; fwd R, cl L, fwd R fcg ptr, -; tog L, -, R, -; L, -, R, -;
9 -12 SCISSORS THRU; WALK 2; SCISSORS THRU; WALK FACE;
9-10 sd L, cl R, xLif, -; fwd R, -, L, -; sd R, cl L, xRif, -; fwd L, -, R, -; {cp/wall}
13-16 1/2 BOX; SCISSORS THRU TO FACE; TWO SIDE CLOSES; SLOW SIDE DRAW CLOSE;
13-14 sd L, cl R, fwd L, -; sd R, cl L, thru R to [cp/wall], -;
15-16 sd L, cl R, sd L, cl R; slow sd L, -, draw R, -, cl R; {note delay in music}

END

{Listen To Your Senses} Page 2 of 2

1 - 4

BROKEN BOX;;;;

1-4 repeat meas 3 thru 6 of Intro;;;;

5 - 8

SIDE TWO STEP LEFT; SIDE TWO STEP RIGHT; SLOW SIDE DRAW LEFT & RIGHT;;

5-6 sd L, cl R, sd L, -; sd R, cl L, sd R, -;

5-8 slow side L, -, draw R tch, -; slow sd R, -, draw L tch,;

9

DIP/TWIST AND HOLD

9 as music fades dip back L with a twist and hold; **SMILE AT YOUR PARTNER**