

# LISTEN TO YOUR SENSES

CHOREO.:	Susan Healea	PHONE:	360-423-7423
ADDRESS:	2803 Louisiana St., Longview, WA 98632	EMAIL:	mscue@iinet.com
MUSIC:	"Listen to Your Senses" by Alan Jackson	RHYTHM:	Two Step
CD:	"Good Time" by Alan Jackson	RAL PHASE:	II
DOWNLOAD:	Available at several Internet download sites	DIFFICULTY:	Easy
FOOTWORK:	Opposite, dir to man, unless noted in parentheses & italics	TIME@100%:	3:09 [with tag]
SEQUENCE:	INTRO-A-B-C-A-B-C-ENDING	SUG. SPEED:	100%
		REL. DATE:	November, 2008

MEAS.

## INTRODUCTION

- 1-8 **2 MEAS WAIT OPEN-FACING WALL;; APART POINT; TOGETHER TO CP WALL TOUCH; TRAVELING BOX TO SCP LOD;;;**
- 1-4 [1-2] In OP-FCG WALL wait 2 meas ; ; [3] Apt L, -, pt R twd ptr, - ; [4] Tog R to CP WALL, -, tch L, - ;
- 5-8 [5] In CP WALL sd L, cl R, fwd L, - ; [6] Blending to RSCP RLOD fwd R, -, fwd L, - ; [7] Blending to CP WALL sd R, cl L, bk R, - ; [8] Blending to SCP LOD fwd L, -, fwd R, - ;

## PART A

- 1-8 **2 FORWARD TWO STEPS;; SCOOT; WALK 2; 2 FORWARD TWO STEPS;; SLOW ROLL 4 TO OPEN LOD;;**
- 1-4 [1] In SCP LOD fwd L, cl R, fwd L, - ; [2] Fwd R, cl L, fwd R, - ; [3] Fwd L, cl R, fwd L, cl R ; [4] Fwd L, -, fwd R, - ;
- 5-8 [5] In SCP LOD fwd L, cl R, fwd L, - ; [6] Fwd R, cl L, fwd R, - ; [7] Releasing contact with ptr fwd L commencing LF trn (*W RF*), -, sd & bk R cont LF trn (*W RF*), - ; [8] Bk & sd L cont LF trn (*W RF*), -, thru R to OPEN LOD, - ;
- 9-16 **FORWARD LOCK FORWARD TWICE;; HITCH 4; WALK FACE; 2 TURNING TWO STEPS;; TWIRL VINE 2; WALK FACE TO BFLY WALL;**
- 9-12 [9] In OPEN LOD fwd L, lock R in bk, fwd L, - ; [10] Fwd R, lock L in bk, fwd R, - ; [11] Fwd L, cl R, bk L, cl R ; [12] Fwd L, -, fwd R trng RF (*W LF*) to CP WALL, - ;
- 13-16 [13] In CP WALL sd L, cl R commence RF trn, sd and bk L across line of progression complete ½ RF trn, - ; [14] Sd R, cl L commence RF trn, fwd R complete ½ RF trn to CP WALL, - ; [15] Releasing trail hands sd L commencing slight RF trn, -, XRib commencing slight LF trn, (*W sd and fwd R turning RF under joined lead hands, sd and bk L cont RF turn*) - ; [16] Sd and fwd L, -, fwd R trng RF (*W LF*) to BFLY WALL, - ;

## PART B

- 1-8 **VINE 3 TCH; LADY WRAP 3 TCH; LADY UNWRAP 3 TCH; CHANGE SIDES TO OPEN RLOD; CIRCLE AWAY 2 TWO STEPS;; STRUT TOGETHER 4 TO BFLY COH;;**
- 1-4 [1] In BFLY WALL sd L, XRib, sd L, tch R ; [2] Sd R leading W to wrap, XLib, sd R trng LF to face LOD, tch L (*W sd & fwd L commencing LF trn under joined lead hands and keeping contact with trail hands, fwd & sd R cont LF trn, in place L completing LF trn, tch R*) to WRAPPED LOD ; [3] Releasing lead hands and maintaining trail hands joined in place L, in place R, in place L, tch R (*W trng RF R, L, R, tch L*) to OPEN LOD ; [4] Raising joined trail hands lead the W under and travel in a RF curve around the W fwd R, cl L, fwd R (*W trng LF under joined trail hands fwd L, cl R, fwd L*) to OPEN RLOD, - ;
- 5-8 [5] From OPEN RLOD releasing contact with ptr and moving away from ptr in a LF circular pattern (*W RF*) fwd L, cl R, fwd L, - ; [6] Fwd R, cl L, fwd R, - ; [7] Cont LF circular pattern (*W RF*) and moving twd ptr fwd L, -, fwd R, - ; [8] Fwd L, -, fwd R to BFLY COH, - ;

