

LOST IN THE DARKNESS

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Record: CD, Casaphon – Ballroom Passion, Track 5
Rhythm & Phase: W, IV +1 (Outside Spin) +1 (Promenade Runs) Tempo: Adjust for comfort
Timing: 1, 2, 3; except where noted Footwork: Opposite except where noted
Sequence: INTRO – A – B – A – C – C – END

INTRO

1 - 4 WAIT 2:: SYNC VINE: SYNC PU & HOLD:

- 1-4 Wait in low BFLY, Man fcg DLW, trail feet free;; To DLC thru R to OP/ trn to fc sd L, XRIB L [W:XLIB R], sd & fwd L to fc DLW; Thru R to OP/sd L twd COH, cl R to CP DLC, -Hold; [Timing (3-4): 1&,2,3; 1&,2,-;]

PART A

1 - 4 OPEN REV TURN: HOVER CORTE: OUTSIDE SPIN: MANEUVER:

- 1-2 Fwd L comm LF trn, fwd R keep trng LF, bk L to CBJO DRC; Bk R, sd & fwd L twd DLW trn LF, rec bk R to CBJO DLW;
3-4 Sm bk L rotate upper body RF, fwd R keep trng RF, bk L chckg in CP DLW; Fwd R, sd & fwd L trn RF, cl R to CP RLOD; [W(3): Fwd R outsd ptr comm RF trn, sd & bk L arnd ptr keep trn, fwd R btw ptr feet to CP DRC;]

5 - 8 IMPETUS TO SCP: SYNC VINE: MANEUVER: HESITATION CHANGE:

- 5-6 Bk L comm RF trn, cl R keep trng RF, fwd L in SCP LOD; Repeat meas 3 of INTRO twd LOD;
7-8 Repeat meas 4 of PART A start from SCP; Bk L trn RF, sd R trn to DLC, -;

PART B

1 - 4 TELEMARK TO SCP: CHASSE TO SCP: THRU, FAN, CLOSE: RIGHT LUNGE, REC & SLIP:

- 1-2 Fwd L, fwd R strong LF trn [W: heel trn], fwd L in SCP DLW; Thru R, sd L/cl R, sd & fwd L to SCP LOD;
3-4 Thru R stay low, fan L from bhnd, cl L in CP WALL; Sd & fwd R, rec L, slip R bk trn LF to CP DLC;

5 - 8 ONE LEFT TURN: BACK & CHASSE TO BJO: MANEUVER: SPIN TURN:

- 5-6 Fwd L, sd & fwd R comm LF trn, cl L to CP RLOD; bk R, sd & bk L comm LF trn/cl R, sd & fwd L to CBJO DLW;
7-8 Repeat meas 4 of Part A start outsd ptr; Bk L comm RF trn, fwd R btw ptrs feet keep trng RF, bk L to CP DLW;

9 BOX FINISH:

- 9 Bk R comm LF trn, sd L, cl R compl LF trn to CP DLC;

PART C

- 1 - 4 TELEMARK TO SCP; CHASSE TO SCP; THRU, FAN, CLOSE; RIGHT LUNGE, REC & SLIP;
1-4 Repeat meas 1-4 PART B;;;
- 5 - 8 VIENNESE TURNS;;; BACK, SD, DRAW TO BJO;
5-6 SD & Fwd L, sd & fwd R comm LF trn, XLIF R compl LF trn to CP RLOD [W: Cl L]; Sd & bk R, sd & bk L comm LF trn, cl R to CP LOD [W: XLIF R];
7-8 Repeat meas 5 of Part C; Bk R comm LF trn, sd L compl LF trn to CBJO DLW, draw L to R;
- 9 - 12 PROMENADE RUNS;;;;
9-10 Fwd R outsd ptr, fwd L to half OP LOD, thru R; Sd & fwd L arnd ptr, sd & fwd R twd LOD to L half OP LOD, thru L; [W(9-10): Bk L comm RF trn, sd & fwd R to half OP LOD, thru L; Fwd R, fwd L to L half OP LOD, thru R;]
11-12 Fwd R, fwd L to half OP LOD, thru R; Sd & fwd L arnd ptr, sd & fwd R twd LOD to L half OP LOD, thru L; [W(11-12): Sd & fwd L arnd ptr, sd & fwd R twd LOD to half OP LOD, thru L; Repeat meas 10 PART C;]
- 13 - 16 LACE ACROSS CHASSE; MANEUVER; SPIN TURN; BOX FINISH;
13-14 Drop L hnd raise R hnd sml fwd R, sml sd & fwd L ld W to chng sds undr jnd trl hnds/cl R, sd & fwd L to OP fcg ptr DLW; Let go of trail hnds & blend to CBJO DLW & repeat meas 4 PART A start outsd ptr; [W(13): Drop R hnd fwd L, fwd R chnge sds undr jnd trl hnds com RF trn/cl L cont RF trn, sd & bk L twd DLW;]
15-16 Repeat meas 8-9 Part B;;

END

- 1 - 2 DRIFT APART & LOOK AWAY; REC TO FC & CARESS;-
1-2 Both step apt with ld foot trn upper body away from ptr keep trl hnds jnd,-,-; both sharp rec with trl foot twd ptr wave ld hnd with caressing movement twd cheek of ptr, -

SUGGESTED HEADCUES

INTRO (BFLY FCG DLW, trail feet Free) Wait 2;; Sync Vine; Sync PU & Hold;

PART A Open Rev Trn; Hover Corte; Outside Spin; Maneuver;
Impetus to SCP; Sync Vine; Maneuver; Hesitation Change;

PART B Telemark to SCP; Chasse to SCP; Thru, Fan, Close; Right Lunge, Rec & Slip;
One Left Trn; Back & Chasse to BJO; Maneuver; Spin Turn; Box Finish;

PART C Telemark to SCP; Chasse to SCP; Thru, Fan, Close; Right Lunge, Rec & Slip;
Viennese Trns 3 Meas;;; Back, SD, Draw to BJO;
Promenade Runs 4 Meas;;;;
Lace Across Chasse; Maneuver; Spin Turn; Box Finish;

END Drift Apart & Look Away; Rec to Fc & Caress,-