

Love Nest II

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GRENN 17136 EZ Two Step
RECORD: GRENN 14141, TOP 26004
FOOTWORK: Opposite unless otherwise noted
SEQUENCE: INTRO,A,B,A,B,A,B(1-14) ,TAG.

Adjust to suit (49)

ROUNDALAB Phase II+2
(fishtail, side stair)

MEAS.

INTRO

1-4 WAIT;; APT PT; TOG TCH ;

1-4 wait op fc ptr/wall;; bk L,-,pt R,-; fwd R,-,tch L to cpw,-;

PART A

1-4 TWST/VIN 2; 1/2 BOX FWD; TWST/VIN 2; 1/2 BOX BK TO SCP;

1-4 sd L lod,-,xRib (W xLif) to scar dwr,-; sd L lod,cl R, fwd L,-; sd R rlod,-,xLib (W xRif) to bjo dw,-; sd R rlod,cl L,bk R trng to scp,-;

5-8 SCOOT 4; WLK & PKUP; PROG SCIS TWICE;;

5-8 fwd L,cl R,fwd L,cl R; fwd L,-,sm fwd R (W pvt lf 1/2 in front of ptr) to cp lod,-; sd L,cl R,xLif (W xRib) to scar dw,-; sd R,cl L,xRif (W xLib) to bjo dc,-;

9-12 HITCH; HITCH/SCIS TO SCP; 2 TRNG TWO STP (CP LOD);;

9-12 fwd L,cl R,bk L,-; bk R,cl L,fwd R (W sd L rlod,cl R, xLif) to scp,-; sd L lod,cl R,bk L lod (W fwd btwn ptr ft) trng rf,-; sd R lod cont trn,cl L,fwd R to cp lod,-;

13-16 HITCH 4; STP TO BJO & CK; FISHTAIL; WLK TO FC;

13-16 fwd L,cl R,bk L,cl R; fwd L to bjo dc,-,ck fwd R,-; xLib (W xRif), sd R,fwd L,lk Rib (W lk Lif) ; fwd L lod,-,fwd R trng rf & blngng to cpw,-;

PART B

1-4 SD CL TWICE: (SCP) DBL HITCH;; BUMP TWICE KICK TWICE;

1-4 sd L lod,cl R,sd L,cl R; fwd L lod to scp,cl R,bk L,-; bk R,cl L,fwd R,-; bump hips,bump hips,kick L lod,kick L lod;

5-8 2 FWD TWO-STP;; CUT BK 4; DIP BK & PKUP;

5-8 fwd L lod, cl R,fwd L,-; fwd R,cl L,fwd R,-; xLif (W xRif), bk R rlod,xLif (W xRif) ,bk R rlod; bk L rlod,-,rec R (W pvt lf 1/2 in front of ptr) to cp lod,-;

9-12 SD STAIRS 8;; FWD MANUV; PVT 2 (WALL);

9-12 sd L,cl R,fwd L,cl R; sd L,cl R,fwd L,cl R; fwd L lod,-, fwd R trng rf 1/2 to cp rlod,-; bk L bgn rf pvt,-,fwd R cont rf pvt to cp wall,-;

13-16 VIN 8 TO SCP;; 2 TRNG TWO-STP (CPW);;

13-16 sd L lod,xRib (W xLib) ,sd L,xRif (W xLif) ; sd L lod,xRib (W xLib), sd L,xRif (W xLif) blnd to scp; sd L lod,cl R, bk L lod (W fwd btwn ptr ft) trng rf,-; sd R lod cont trn,cl L,fwd R to cpw,-;

TAG

1+ SD CL TWICE; SC/PT.

1+ sd L lod blndng to cpw,cl R,sd L,cl R; sd L lod relaxing L knee/ pt R sd rlod/ remain in cpw/ look rlod/ do not tilt body/ SMILE.