

LOVE WONDERFUL LOVE

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CD: Casa Musica CM-CD 304, CD Title "The Best Of Slowfox Music" Track 10 "Love Wonderful Love" by Howard Keel with
Geoff Love & His Orchestra

FOOTWORK: Opposite unless noted (Woman's footwork in parentheses) Time: 3:00 @ 29 bpm

RHYTHM: Foxtrot RAL PHASE IV

SEQUENCE: INTRO-A-B-A-B-ENDING

MEAS:

INTRODUCTION

1-4 CP DLW WAIT 2 MEAS;;RIGHT LUNGE & RECOVER; FEATHER FINISH;

- 1-2 Wait in CP DLW w/ trail ft free;;
3 {**Right Lunge & Recover**} CP DLW Flex L knee mv sd & slightly fwd R keep L sd in twd W & as wgt is taken flex R knee & make slight bdy trn to L & look at W, -, rec L CP DLW (W flex R knee mv sd & slightly bk L keep R sd in twd M & as wgt is taken flex L knee & make slight bdy trn to L, -, rec R), -;
4 {**Feather Finish**} CP DLW Bk R trn LF, -, sd & fwd L, fwd R outsd W XRif at thighs to contra BJO DLC (W fwd L trn LF, -, sd & bk R, bk L XLib at thighs);

PART A

1-4 REVERSE WAVE;; BACK FEATHER; BACK THREE STEP;

- 1-2 {**Reverse Wave**} BJO DLW Fwd L trn LF, -, sd R cont trn, bk L to fc DRC (W bk R trn LF, -, cl L to R heel trn, fwd R); Bk R, -, bk L, bk R curving LF to CP RLOD (W fwd L, -, fwd R, fwd L curving to fc LOD);
3 {**Back Feather**} CP RLOD Bk L, -, bk R w/ R shldr lead, bk L to contra BJO RLOD (W fwd R, -, fwd L w/ L shldr lead, fwd R);
4 {**Back Three Step**} BJO RLOD Bk R, -, bk L, bk R to CP RLOD (W fwd L heel ld, -, fwd R, fwd L);

5-8 HEISTATION CHANGE; TELEMARK TO SCP; THRU CHASSE TO SCP; CROSS PIVOT SCAR;

- 5 {**Hesitation Change**} CP RLOD Stg RF upper bdy trn bk L, -, sd R cont trn, draw L to R to CP DLC (W stg RF upper bdy trn fwd R, -, sd L cont trn, draw R to L);
6 {**Telemark to SCP**} CP DLC Fwd L stg to trn LF, -, sd R cont trn, sd & slightly fwd L to tight SCP DLW (W bk R stg to trn LF bring L beside R no wgt, -, trn LF on R heel & chg wgt to L, sd & slightly fwd R);
7 {**Thru Chasse to SCP**} SCP DLW Fwd R trn to fc, -, sd L/cl R, sd L to SCP LOD;
8 {**Cross Pivot**} SCP LOD Fwd R in frnt of W begin RF trn, -, sd L cont trn, fwd R to SCAR LOD (W fwd L sm stp commence RF trn, -, fwd R between M's ft heel to toe pvt 1/2 RF, sd & bk L to fc RLOD);

9-12 CROSS SWIVEL BJO; OUTSIDE CHANGE TO BJO; 1/2 NATURAL;IMPETUS TO SCP;

- 9 {**Cross Swivel BJO**} SCAR LOD Fwd L, -, swvl on L & trn LF pt R to LOD, ck fwd R to contra BJO RLOD (W bk R, -, swvl on R & trn LF pt L to LOD, ck bk L to RLOD);
10 {**Outside Change to BJO**} BJO RLOD Bk L, -, bk R trn LF, sd & fwd L to contra BJO DLW (W Fwd R, -, fwd L trn LF, sd & bk R to contra BJO);
11 {**1/2 Natural**} BJO DLW Stg RF upper bdy trn fwd R heel to toe, -, sd L acrs LOD, bk R to CP RLOD (W stg RF upper bdy trn bk L, -, cl R cont trn [heel trn], fwd L);
12 {**Impetus to SCP**} CP RLOD Stg RF upper bdy trn bk L, -, cl R heel trn, fwd L to tight SCP DLC (W stg RF upper bdy trn fwd R between M's ft heel to toe pvt 1/2 RF, -, sd & fwd L cont trn arnd M brush R to L, fwd R);

13-16 FEATHER; REVERSE TURN;; HOVER TELEMAR;

- 13 {**Feather**} SCP DLC Fwd R, -, fwd L, fwd R in contra BJO DLC (W thru L trn LF twd M, -, sd & bk R to contra BJO, bk L);
14-15 {**Reverse Turn**} BJO DLC Fwd L stg LF bdy trn, -, sd R cont trn, bk L to CP RLOD (W bk R stg LF trn, -, cl L to R [heel trn] cont trn, fwd R); Bk R cont LF trn, -, sd & slightly fwd L to DLW, fwd R to BJO DLW (W fwd L cont LF trn, -, sd R, bk L to fc DRC);
16 {**Hover Telemark**} BJO DLW Fwd L, -, diag sd & fwd R rise slightly [hovering] w/ bdy trn 1/8 RF, fwd L sm stp on toes to SCP LOD (W bk R, -, diag sd & bk L w/ hvr action & bdy trn 1/8 RF, fwd R sm stp on toes to SCP);

PART A (cont.)

17-20 IN & OUT RUNS;; PROMENADE WEAVE;;

- 17-18 {**In & Out Runs**} SCP LOD Fwd R stg RF trn, -, sd & bk DLW on L to CP, bk R to contra BJO RLOD (W fwd L, -, fwd R between M's ft, fwd L in contra BJO); Bk L trn RF, -, sd & fwd R between W's ft cont RF trn, fwd L to SCP DLC (W fwd R stg RF trn, -, fwd & sd L cont trn, fwd R to SCP);
- 19-20 {**Promenade Weave**} SCP DLC Fwd R, -, fwd L trn LF to CP, sd & slightly bk R to CBMP DLC (W fwd L, -, trn LF sd & slightly bk R to CP, cont trn on R until fc LOD then fwd L DLC); Bk L DLC still in CBMP, bk R trn bdy LF & trn W to CP, sd & slightly fwd L, fwd R to BJO DLW (W fwd R to CBMP, fwd L DLC trn LF to CP, sd & slightly bk R, bk L to BJO);

21-24 HOVER SCP; SLOW SIDE LOCK; TELEMAR TO BJO; FWD HOVER TO BJO;

- 21 {**Hover**} BJO DLW Fwd L, -, fwd & sd R rise to ball of ft, rec L to tight SCP DLC (W bk R, -, bk & sd L trn to SCP & rise to ball of ft, rec R);
- 22 {**Slow Side Lock**} SCP DLC Thru R, -, sd & fwd L to CP, XRib trn slighly LF to CP DLC (W thru L stg LF trn, -, sd & bk R cont trn to CP, XLif);
- 23 {**Telemark to BJO**} CP DLC Fwd L, -, fwd & sd R arnd W close to W's ft trn LF, fwd & sd L to BJO DLW (W bk R stg LF heel trn on R heel bring L beside R no wgt, -, cont LF trn on R heel & chg wgt to L, bk & sd R);
- 24 {**Forward Hover to BJO**} BJO DLW Fwd R, -, sd & fwd L w/ slight rise, rec R to BJO DLW (W bk L, -, sd & bk R w/ slight rise, rec L);

PART B

1-3 BACK HOVER TO SCP; OPEN NATURAL; IMPETUS TO SCP;

- 1 {**Back Hover SCP**} BJO DLW Bk L, -, sd & bk R w/ slight rise, rec L to SCP DLC (W fwd R, -, sd & fwd L w/ slight rise, rec R);
- 2 {**Open Natural**} SCP DLW Stg RF upper bdy trn fwd R heel to toe, -, cont RF trn sd L, cont slight RF upper bdy trn to ld W to stp outsd bk R to contra BJO DRC (W fwd L in SCP, -, fwd R to CP, fwd L outsd M to contra BJO);
- 3 {**Impetus to SCP**} BJO RLOD Stg RF upper bdy trn bk L, -, cl R heel trn, fwd L to tight SCP DLC (W stg RF upper bdy trn fwd R between M's ft heel to toe pvt 1/2 RF, -, sd & fwd L cont trn arnd M brush R to L, fwd R);

4-8 WEAVE TO BJO;; 1/2 NATURAL; CLOSED IMPETUS; FEATHER FINISH;

- 4-5 {**Weave to BJO**} SCP DLC Fwd R, -, fwd L trn LF to CP, sd & slightly bk R to DLC (W fwd L, -, sd & slightly bk R to CP, cont trn on R until fc LOD then fwd L to DLC); Bk L DLC trn W to CBMP, -, bk R trn bdy LF to CP, sd & fwd L trn W to CBMP to BJO DLW (W fwd R to CBMP, -, fwd L to DLC trn bdy LF to CP, sd & bk R to CBMP);
- 6 {**1/2 Natural**} BJO DLW Stg RF upper bdy trn fwd R heel to toe, -, sd L acrs LOD, bk R to CP RLOD (W stg RF upper bdy trn bk L, -, cl R cont trn [heel trn], fwd L);
- 7 {**Closed Impetus**} CP RLOD Stg RF upper bdy trn bk L, -, cl R cont trn [heel trn], sd & bk L to CP DLW (W stg RF upper bdy trn fwd R between M's ft heel to toe pvt 1/2 RF, -, sd & fwd L cont trn arnd M brush R to L, fwd R between M's ft to CP);
- 8 {**Feather Finish**} CP DLW Bk R trn LF, -, sd & fwd L, fwd R outsd W XRif at thighs to contra BJO DLC (W fwd L trn LF, -, sd & bk R, bk L XLib at thighs);

9-12 DIAMOND TURN;;;;

- 9-12 {**Diamond Turn**} BJO DLC Fwd L trn LF, -, cont trn sd R, bk L to BJO DRC (W bk R trn LF, -, cont trn sd L, fwd R); Staying in BJO bk R trn LF, -, sd L, fwd R to BJO DRW (W fwd L trn LF, -, sd R, bk L); Still in BJO fwd L trn LF, -, sd R, bk L to BJO DLW (W bk R trn LF, -, sd L, fwd R); Bk R cont LF trn, -, sd L, fwd R to BJO DLC (W fwd L trn LF, -, sd R, bk L);

ENDING

- 1-4** **1/2 REVERSE WAVE; BOX FINISH DRW; FWD & RIGHT LUNGE; EXTEND & HOLD:**
- 1 {**1/2 Reverse Wave**} CP LOD Fwd L trn LF, -, sd R cont trn, bk L to fc DRC (W bk R trn LF, -, cl L to R heel trn, fwd R);
 - 2 {**Box Finish DLC**} CP DRC Bk R trn 1/4 LF, -, sd L, cl R to CP DRW;
 - 3 {**Forward & Right Lunge**} CP DRW Fwd L, -, flex L knee mv sd & slightly fwd R keep L sd in twd W & as wgt is taken flex R knee & make slight bdy trn to L & look at W (W bk R, -, flex R knee mv sd & slightly bk L keep R sd in twd M & as wgt is taken flex L knee & make slight bdy trn to L), -;
 - 4 {**Extend & Hold**} Extend R lunge & hold pos, -, -, -;

AB AB

WAIT
RIGHT LUNGE & REC

WAIT
FEATHER FINISH

A REVERSE WAVE
BACK FEATHER
HESITATION CHANGE
THRU CHASSE SCP

BACK THREE STEP
TELEMARK TO SCP
CROSS PIVOT SCAR

.....
CROSS SWIVEL BJO
1/2 NATURAL
FEATHER

.....
OUTSIDE CHANGE TO BJO
IMPETUS TO SCP
REVERSE TURN
HOVER TELEMARK

.....
IN & OUT RUNS
PROMENADE WEAVE
HOVER SCP
TELEMARK TO BJO

.....

SLOW SIDE LOCK
FWD HOVER TO BJO

B BACK HOVER SCP
IMPETUS TO SCP

.....
OPEN NATURAL
WEAVE TO BJO
1/2 NATURAL

.....
CLOSED IMPETUS
DIAMOND TURN

.....
FEATHER FINISH

END 1/2 REVERSE WAVE
FWD & RIGHT LUNGE

BOX FINISH DRW
EXTEND & HOLD POSITION

4-5 LOVE WONDERFUL LOVE (ROSS) 4411
(CP DLW TRAIL FOOT FREE)