

LOVERS CHAIN 3

Music: Charlie Landsborough
www.amazon.com/Reflections
Track # 5 Time:3.00 Available from choreographer
Rhythm : Foxtrot Phase : III+1(Diamond Turn)+1U(Interrupted Box)
Footwork: Opposite except where (Noted)
Release Date : Jan 19
Choreo : Jos Dierickx Beverlosestwg 14b2 3583 Paal Belgium
Email : jos.dierickx@telenet.be
SEQUENCE : INTRO AB C AB* END



INTRO

01-04 BFLY POS WALL LEAD FOOT FREE WAIT 2 MEASURES ; ; TWIRL/VINE 3 ; THRU FACE CLOSE ;

{Wait} Bfly Pos Wall, ld ft free wt 2 meas ; ; {Twirl/Vine 3} Sd L, -, XRib, sd L (W sd & fwd trng RF, -, sd & bk cont trng RF to fc ptr, sd R) ; {Thru Fc Cl} XRif (W XLif), -, sd L, cl R ;

PART A

01-04 WHISK ; THRU VINE 4 ; THRU HOVER to BJO ; BACK HOVER to SCP ;

{Whisk} Fwd L, -, fwd & sd R stg rise to ball of ft, XLib (W XRib) cont to full rise to ball of ft to tight SCP DLC ; {Thru Vine 4} [QQQQ] XRif (W XLif), sd L, XRib (W XLif), sd L ; {Thru Hover to BJO} Thru R, -, fwd L risg sltly, rec R (W thru L, -, fwd & sd R trng LF risg & brushg L to R, contg LF trn fwd L) to BJO DLW ; {Bk Hover to SCP} Bk L, -, bk R risg sltly, rec L (W fwd R, -, fwd & sd L trng RF risg & brushg R to L, contg RF trn sd & fwd R) to SCP DLC ;

05-08 : THRU SIDE BEHIND ; ROLL 3 to ½ OP ; M ROLL ACROSS ; W ROLL ACROSS ;

{Thru Sd Behind} Thru R, -, sd L to fc ptr, XRib (W XLif) ; {Roll 3 to ½ OP} Start LF trn (W RF) sd & fwd L, -, small sd R cont LF trn, sd & fwd L cont LF trn to ½ OP LOD ; {M Roll Across} Fwd R comm RF trn, -, sd & fwd L X-ifo W contg trn, sd & fwd R (W fwd L, -, R, L) to ½ LOP LOD w/trail arms out to sd ; {W Roll Across} Fwd L, -, R, L (W fwd R begin RF trn, -, sd & fwd L X-ifo M cont trn, fwd & sd R) to ½ OP DLC w/ lead arms out to sd ;

09-12 MANEUVER ; BACK BACK/LOCK BACK ; SPIN TURN ; BOX FINISH ;

{Maneuver} Trng RF fwd R ifo W, -, sd L cont trn, cl R (W fwd L, -, R, L) to CP RLOD ; {Bk Bk/lk Bk} [SQ&Q] Bk L, -, bk R/lk Lf, bk R ; {Spin Turn} Begin RF upper body trn bk L toeing in pivot ½ RF, -, cont trn fwd R betw W's ft, rec sd & bk L (W begin RF upper body trn fwd R heel to toe betw M's ft pivot ½ RF, -, cont trn bk on L toe, fwd R) to CP DLW ; {Box Finish} Bk R, -, sd & bk L trng ¼ LF, cl R to CP DLC ;

13-16 DIAMOND TURN end to CP LOD ; ; ;

{Diamond Turn to LOD} Fwd L trng LF, -, compg ¼ LF trn sd R, bk L to BJO ; Staying in BJO & trng LF bk R, -, compg ¼ LF trn sd L, fwd R ; Staying in BJO & trng LF fwd L, -, compg ¼ LF trn sd R, bk L ; Bk R in BJO trng RF, -, sd L compg ¼ LF trn, fwd R to CP LOD ;

PART B

01-04 PROGRESSIVE BOX ; ; 2 LEFT TURNS ; ;

{Progressive Box} Fwd L, -, sd & fwd R, cl L ; Fwd R, -, sd & fwd L, cl R ; {2 Left Turns} Fwd L stg LF upper bdy trn, -, cont trn sd & bk R, cl L (W bk R stg LF upper bdy trn, -, cont trn sd & fwd L, cl R) to CP DRC ; Bk R stg LF upper bdy trn, -, cont trn sd & fwd L, cl R (W fwd L stg LF upper bdy trn, -, cont trn sd & bk R, cl L) to CP WALL ;

05-08 HOVER ; PICK UP to SCAR ; CROSS HOVERS to BJO & SCAR ; ;

{Hover} Fwd L, -, fwd & sd R rise to ball of ft, fwd L to SCP DLC ; {Pick Up to Scar} Sm fwd R, -, sd L, cl R (W trng LF fwd L ifo M, -, cont trn sd R, cl L) to SCAR DLW ; {Cross Hover to BJO} XLif (W XRib), -, sd R rise trn LF, rec L to BJO DLC ; {Cross Hover to SCAR} XRif, -, sd L w/ rise comm RF trn, rec R to SCAR DLW ;

09-12 : CROSS HOVER to SCP ; MANEUVER ; 2 RIGHT TURNS ; ;

{Cross Hover to SCP} XLif, -, sd R hvrg, rec L (W XRib, -, sd & bk L w/ strong RF trn, fwd R) to SCP LOD ; {Maneuver} Repeat meas 9 Part A ; {2 Right Turns} Bk L strt RF trn, -, cont RF trn sd R, cl L ; Cont RF trn fwd R, -, sd L, cl R to CP WALL ;

13-16 TWISTY VINE 3 ; THRU FACE CLOSE ; TWIRL/VINE 3 ; PICK UP SIDE CLOSE [* 2^{de} TIME: THRU FACE CLOSE] :
{**Twisty Vine 3**} Sd L, -, XRib trng to SCAR, sd L trn to fc ptr; {**Thru Fc Cl**} XRif trn to BJO, -, sd L to fc ptr, cl R to BFLY ;
{**Twirl/Vine 3**} Repeat meas 3 Intro ; {**Pick Up Sd Cl**} Sm fwd R, -, sd L, cl R (*W trng LF fwd L ifo M, -, cont trn sd R, cl L*)
to CP LOD [* 2^{de} Time: {**Thru Fc Cl**} Repeat meas 4 Intro ;

PART C

01-04 INTERRUPTED BOX ; ; ; ;

{**Interrupted Box**} Fwd L to LOD, -, sd R, cl L ; Raisg jnd ld hnds bk R, -, sd L, cl R (*W undr raised arms circ RF ½ L, -, R, L*) ;
Fwd L, -, sd R, cl L (*W cont circg R, -, L, R*) to CP LOD ; Bk R, -, sd L, cl R ;

05-08 ONE LEFT TURN ; BACK & RUN 2 ; IMPETUS to SCP ; PICK UP SIDE CLOSE :

{**One Left Turn**} Fwd L trng LF, -, cont LF turn sd R, bk L to BJO RLOD ; {**Bk & Run 2**} Bk L, -, bk R, bk L ; {**Impetus to SCP**} Bk L comm RF trn, -, cl R heel trn, fwd L (*W fwd R btw M's ft heel to toe pvt ½ RF, -, sd & fwd L cont trn arnd M brush R to L, fwd R*) to SCP LOD ; {**Pick Up Sd Cl**} Repeat meas 16 Part B ;

09-12 : FORWARD & RUN 2 ; DRIFT APART ; THRU TWINKLE OUT & IN to Pickg Up to SCAR :

{**Fwd & Run 2**} Fwd L, -, fwd R, L ; {**Drift Apt**} Small fwd R, -, in Place L, R (*W bk L, -, bk & sd R, cl L*) ; {**Thru Twinkle Out & In to PU to SCAR**} XLif (*W XRif*) to WALL, -, trng LF sd R, cl L to OP COH ; XRif (*W XLif*) to COH, -, trng RF sd L, cl R swivel to SCAR DLW ;

13-16 CROSS HOVER to BJO ; MANEUVER ; PIVOT 3 to SCP ; THRU FACE CLOSE :

{**Cross Hover to BJO**} Repeat meas 7 Part B ; {**Maneuver**} Repeat meas 9 Part A ; {**Pivot 3 to SCP**} Bk L pivot ½ RF, -, fwd R heel lead btwn W's feet cont RF trn rise & stretch R sd, sd & fwd L to SCP LOD ; {**Thru Fc Cl**} Repeat meas 4 Intro ;

ENDING

01-04 TWISTY VINE 3 ; THRU FACE CLOSE ; TWIRL/VINE 3 ; THRU to a CHAIR & HOLD :

{**Twisty Vine 3**} Repeat meas 13 Part B ; {**Thru Fc Cl**} Repeat meas 14 Part B ; {**Twirl/Vine 3**} Repeat meas 3 Intro ; {**Thru to a Chair & Hold**} [S&S] Fwd R/small fwd L w/ rise, strong fwd R lunge action bending knee, - ;