

LOVING YOU

Music: Casa Musica Premium Standard Ballroom Glamour
www.danceshopper.com/ Track # 16 Time 2:50
Available from choreographer

Rhythm: Foxtrot & Jive **Phase:** V

Footwork: Opposite , except where (Noted)

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Sequence: **INTRO A A B A* END**



INTRO

01-04 CP DLC LD FT FREE WAIT 2 MEASURES ; ; SIDE SWAY L & R ; DIP BACK & RECOVER :

{Wait} CP DLC ld ft free wt 2 meas ; ; **{Sd Sway L & R}** [SS] Sd L w/ flexed knee, sway L, sd R w/ flexed knee, sway R ; **{Dip Bk & Rec}** [SS] Bk L w/ flexed knee, -, rec R to CP DLC, -;

05-08 REVERSE WAVE 3 to CHECK & WEAVE ; ; DOUBLE REVERSE SPIN :

{Rev Wave 3} Fwd L comm LF trn, -, sd R twd LOD trng LF, bk L twd DLW ; **{Check & Weave}** [SQQ:QQQQ] Ck bk R, -, rec L, sd R trng 1/8 LF ; Bk L w/ R shldr ld to BJO trng 1/8 LF, bk R to CP contg to trn LF, sd & fwd L contg trn, fwd R to BJO DLW ; **{Double Reverse Spin}** [SQQ/ W SQ&Q] Fwd L com to trn LF, -, sd R DLC, spin LF on ball of R bring L undr bdy beside R no wgt flexed knees (*W bk R stg to trn LF, -, cl L to R [heel trn]/sd & slightly bk R cont LF trn, XLif*) to CP DLW ;

PART A

01-04 WHISK ; THRU VINE 4 ; PROMENADE WEAVE ; ;

{Whisk} Fwd L, -, sd & fwd R, XLib to SCP DLC ; **{Thru Vine 4}** [QQQQ] Thru R, sd L to fc ptr, XRib (*W XLib*), sd & fwd L to SCP LOD ; **{Promenade Weave }** [SQQ:QQQQ] Fwd R, -, fwd L stg LF trn, contg trn sd & bk R (*W fwd L in pick up action, -, sd & bk R trng LF to CP, cont trng on R then fwd & sd L*) to BJO LOD ; Bk L, bk R twd DLC trng LF to CP, sd & fwd L twd DLW, fwd R (*W Fwd R outside ptr, fwd L trng LF to CP, sd & bk R contg LF trn to fc COH, bk L*) to BJO DLW ;

05-08 HOVER TELE ; IN & OUT RUNS ; CHAIR & SLIP ;

{Hover Tele} Fwd L, -, diag sd & fwd R rise sltly hovering & trng ¼ RF, fwd L to SCP DLC ; **{In & Out Runs}** Fwd R begin RF trn, -, sd & bk L CP RLOD, bk R (*W fwd L, -, fwd R btw M's ft, fwd L*) to BJO RLOD ; Bk L cont trng RF, -, sd & fwd R btw W's ft contg RF trn, fwd L (*W fwd R begin RF trn, -, fwd & sd L arnd M contg trn, fwd R*) to SCP LOD ; **{Chair & Slip}** Lun thru R, -, rec L, slip R bhd L (*W lun thru L, -, rec R, swvlg LF on R slip fwd L outsd M's R ft*) to CP DLC ;

09-12 TELEMAR to SCP ; HOVER FALLAWAY ; SLIP PIVOT ; CROSS PIVOT to SCAR ;

{Telemark to SCP} Fwd L comm LF trn, -, sd R contg LF trn, sd & fwd L (*W bk R comm LF trn bringing L ft beside R w/ no wgt, -, cont trng LF on R heel & chg wgt to L [heeltrn], sd & sltly fwd R*) to SCP DLW ; **{Hover Fallaway}** Fwd R, -, fwd L risg & ckg, rec R to SCP DLW ; **{Slip Pivot}** Bk L, -, bk R trng LF, fwd L (*W bk R, -, trng ½ LF slip L fwd, sd & bk R*) to BJO DLW ; **{Cross Pivot to SCAR}** Fwd R in frt of W strt RF trn, -, sd L cont RF trn, fwd R (*W sm bk L strt RF trn, -, fwd R btw M's ft heel to toe pvtg ½ RF, sd & bk L*) to SCAR DLW ;

13-16 CROSS HOVER to SCP ; THRU SIDE BEHIND ; ROLL 3 to SCP ; THRU FACE CLOSE ;

3th Time : *SLOW SIDE LOCK ;

{Cross Hov to SCP} XLif, -, sd R w/ slt rise, rec L (*W XRib, sd & bk L w/ strong RF trn, fwd R*) to SCP DLC ; **{Thru Sd Behind}** Thru R, -, sd L to fc ptr, XRib (*W XLib*) ; **{Roll 3 to SCP}** Bk & sd L stg LF roll twd LOD, -, cont trn on ball of L ft & cl R, cont roll sd & fwd L to SCP LOD ; **{Thru fc Cl}** Thru R, -, sd L trng to fc ptr, cl R to CP WALL ;

3th Time : {Slow Sd Lk} Thru R, -, fwd & sd L rising trng LF, cl R (*W thru L trng LF, -,sd R trng LF, XLif*) to CP DLC ;

PART B JIVE

01-04 CHASSE L & R ; CHANGE R to L ~ CHANGE L to R ; ; ;

{Chasse L & R} Sd L/cl R, sd L, sd R/cl L, sd R ; **{Change R to L}** trng to SCP LOD rk bk L, rec R, trng to fc ptr chasse sd L/cl R, sd L lead W to trn RF under jnd hnds (*W chasse sd R/cl L, fwd R trng RF undr jnd ld hnds*) ; Chasse sd & fwd sd R/cl L, sd R lead W to complete trn end LOP-fcg LOD, **{Change L to R}** Rk apt L, rec R ; Chasse sd L/cl R, sd L trng 1/4 RF lead W to trn LF under raised lead arms (*W start LF trn sd chasse sd R/cl L, fwd R trng LF undr jnd ld hnds*), chasse sd R/cl L, sd R end LOP-fcg WALL ;

05-09 CHANGE HANDS BEHIND BACK ~ STOP & GO ~ CHANGE HANDS BEHIND BACK ; ; ; ;

{Chng Hnds Behind Bk} Rk apt L, rec R, changing W's R hnd to own R hnd bhd bk fwd L/cl R, fwd L trng 1/4 LF (*W fwd R/L, R trng ¼ RF*) ; Contg LF trn & changing W's R hnd to own L hnd sd & bk R/cl L, sd R (*W contg RF trn fwd & sd L/cl R, sd L*) to LOP-FCG COH, **{Stop & Go}** LOP-FCG LOD Rk bk L, rec R ; Lead W to trn LF fwd L/cl R/ fwd L, catch W with R hnd on W's L shldr blade rk fwd R, rec L ; Sm bk R/cl L, bk R (*W rk bk R, rec L, in plc R/L, R trn 1/2 LF undr ld hnds to end at M's R side, rk bk L, rec R, in plc L/R, L trn 1/2 RF undr ld hnds*) to LOP-FCG COH, rk apt L, rec R ; **{Chng Hnds Behind Bk}** Changing W's R hnd to own R hnd bhd bk fwd L/cl R, fwd L trng 1/4 LF (*W fwd R/L, R trng ¼ RF*), contg LF trn & changing W's R hnd to own L hnd sd & bk R/cl L, sd R (*W contg RF trn fwd & sd L/cl R, sd L*) to LOP-FCG WALL ;

10-12 PRETZEL TURN ; ; ;

{Pretzel Turn} Rk bk L to SCP LOD, rec R, trng twd each other [M RF & W LF] & retaing ld hnds jnd low thruout chasse L/R, L ; Contg trn chasse R, L, R to end in slight V-bk-to bk pos DLC (*W DLW*) w/ ld hnds still jnd bhd bk, xtndg free hnd twd LOD dip fwd L, rec R ; Trng awy from each other [M LF & W RF] chasse L/R, L contg trn chasse R/L, R to CP WALL ;

13-16 LINK & WIP TURN ; ; BASIC ROCK ~ ROCK BACK & RECOVER to DLW ; ;

{Link & Wip Turn} Apt L, rec R, chasse fwd L/R, L to CP DRW ; XRib (*W sd L*), sd L (*W fwd R btw M's ft*), chasse sd & bk R/L, R to CP WALL ; **{Basic Rock}** Rk bk L to SCP LOD, rec R, sd chasse L/R, L ; Sd chasse R/L, R, **{Rock Bk & Rec}** [SS] rk bk L to SCP LOD, rec R to CP DLW ;

ENDING

01-05 SIDE SWAY L & R ; DIP BACK & RECOVER ; REVERSE WAVE 3 to CHECK & WEAVE ; ; ;

{Sd Sway L & R} Repeat meas 3 Intro to CP WALL ; **{Dip Bk & Rec}** Repeat meas 4 Intro to CP WALL ; **{Reverse Wave 3 to Ck & Weave}** Repeat meas 5,6 & 7 Intro ; ; ;

06-08 DOUBLE REVERSE SPIN ; SLOW HOVER ; CHAIR & HOLD

{Dbl Reverse Spin} Repeat meas 8 Intro ; **{Slow Hover}** Slow Fwd L, -, Slow fwd & sd R rising & hovering, slow sd & fwd L to SCP DLC ; **{Chair & Hold}** Fwd lun R w/ bent knee & hold ;