

MAKE YOU FEEL MY LOVE

Music : Adele
I-Tunes Rumba (24) (2011) Time 2:50
Available from choreographer

Rhythm : Rumba Phase : V + 1 + 2 Unph figures
(Turkish Towel + Circular Serpiente + Trade Places)

Footwork : Opposite , except where (Noted)

Release Date : April 2014

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Sequence : **INTRO AB AB A (01-08) END**



INTRO

01-04 BFLY POS WALL LEAD FOOT FREE WAIT 2 MEASURES ; ; ALEMANA/ W POINT ; ;

{Wait} BFLY POS WALL Ld ft free wt 2 meas ; ; {Alemana/W Point} Fwd L, rec R, cl L, -; XRib, rec L, cl R (W XLif under raised ld hnds begin full RF trn, fwd R contg RF trn, sd L compg trn to fc ptr, point sd R) to BFLY WALL ;

05-08 BOTH LEFT FOOT for a CIRCULAR SERPIENTE ; ; OPPOSITE SPOT TURN ; CUCARACHA/W POINT ; ;

{Circular Serpiente} [Left foot for both] Turning CCW XLif, sd R, XLib, fan CW R ; Turning CW XRib, sd L, XRif, fan CW L to BFLY WALL ; {Opposite Spot Turn} [Left foot for both] Relg hnds XLif trng RF, rec R compg full trn, sd L to fc & jn hnds, cl R ; {Cucaracha/W point} Sd R w/ partial wgt, rec L, cl R (W point L), -; R-Hndshk

PART A

01-04 TURKISH TOWEL ; ; ; W OUT to WALL ;

{Turkish Towel} Fwd L, rec R, cl L raisg jnd R hnds (W bk R, rec L, fwd R), -; XRib, rec L trng ½ LF, sd R bringing R hnds down & jng L hnds low (W trng RF fwd L, fwd R, fwd & sd L to end bhd M on his L sd) to VARS LOD, -; Bk L, rec R, sd L (W fwd R, rec L, sd R to M's R sd), -; {W Out to WALL} Bk R, rec L, sd R (W fwd L comm LF trn, fwd & sd R cont LF trn to fc COH, sd & bk L) to BFLY WALL, -; [Keep R-Hndshk]

05-08 FLIRT ; ; SWEETHEART/W TURN RF to BFLY ; FENCE LINE ;

{Flirt} Fwd L, rec R, sd L (W bk R, rec L, fwd R, swvl 1/2 LF) to VARS WALL, -; Bk R, rec L, sd R (W bk L, rec R, sd L slidg if of M) relg hnds to L-TANDEM WALL, -; {Sweetheart /W Turn RF to BFLY} Chk Fwd L w/ LF bdy trn & look at ptr xtndg both arms to sd, rec R, cl L (W bk R w/ RF bdy trn & look at ptr xtndg both arms to sd, rec L, fwd R trng ½ RF to fcg left sd of M) to BFLY WALL, -; {Fence Line} XRif (W XLif) w/ bent knee, rec L, sd R, -;

09-12 BASIC ½ to NATURAL TOP ; ; CUDDLE /W SPIRAL to a FAN ; ;

{Basic ½ to Natural Top} Fwd L, rec R to CP, sd L trng ¼ RF to CP RLOD, -; XRib, sd L, cl R (W sd L, fwd R bet M's ft, sd L) to CP WALL, -; {Cuddle /W Spiral to a Fan} Sd & slightly fwd L shapg twd ptr, rec R jng ld hnds high, cl L (W trng RF ½ bk R, rec L trng LF ¼ to LOD & jng ld hnds high, fwd R, spiral 7/8 LF under joined ld hands), -; XRib, rec L, fwd R (W fwd L, fwd R wt ½ trng LF fc RLOD, bk L) to "L" POS M fcg WALL/W fcg RLOD ;

13-16 EXIT to FC PTR ; AIDA ; AIDA to RLOD ; SWITCH ROCK ;

{Exit to Fc Ptr} Fwd L, rec R, sd L (W cl R, fwd L, fwd R trng RF to to fcg left sd of M), -; {Aida} Thru R, sd L trng RF, bk R cont RF trn to V-bk-to-bk pos RLOD, -; {Aida to RLOD} Thru L, sd R trng LF, bk L cont LF trn to V-bk-to-bk pos LOD, -; {Switch Rock} Sd & bk R trng RF to fc ptr, rk L, rk R, -; R-Handshk

PART B

01-04 TRADE PLACES TWICE ; ; TRADE PLACES/W INSD UNDERARM TURN ; W OUT to COH ;

{Trade Places x 2} With R hnds jnd rk apt L, rec R trng ¼ RF to fc RLOD beh W then rel jnd R hnds, cont to trn RF to fc ptr & COH stepping sd & bk L (*W rk apt R, rec L trng ¼ LF to fc RLOD in front of M then rel jnd R hnds, cont LF trn to fc ptr & WALL stepping sd & bk R*) joining L hnds, -; With L hnds jnd rk apt R, rec L trng ¼ LF to fc RLOD beh W then rel jnd L hnds, cont to trn LF to fc ptr & WALL stepping sd & bk R (*W rk apt L, rec R trng ¼ RF to fc RLOD in front of M then rel jnd L hnds, cont RF trn to fc ptr & COH stepping sd & bk L*) joining R hnds, -; **{Trade Places/W Insd Undrarm Trn}** Rk apt L, rec R comm to pass R shldr while trng ¼ LF and keeping R hnds jnd, cont to trn LF but slightly less than in meas 1 stepping sd L twd COH (*W rk apt R, rec L, fwd R fwd COH spiralling 7/8 LF undr jnd R hnds to end almost fcg COH*), -; **{W Out to COH}** Trng bdy RF to fc COH stp fwd twd COH R,L,R closing up (*W fwd COH L, fwd R trng ½ LF to fc WALL, sd & bk L*) to R-Hndshk COH, -;

05-08 START CROSS BODY ; INTERRUPT w/ 2 SWIVELS ; FINISH CROSS BODY ; NEW YORKER in 4 ;

{Start Cross Body} Fwd L, rec R to CP trng LF 1/4 , sd L (*W bk R, rec L, fwd R*) to "L" shaped loose CP pos M fcg RLOD & W fcg WALL, -; **{Interrupt w/ 2 Swivels}** [SS] Rk sd R trng body slightly LF, -, rk sd L trng body slightly RF (*W fwd L swvl LF 1/2, -, fwd R swvl RF 1/2*) still in "L" pos, -; **{Finish Cross Body}** Bk R, rec L trn LF 1/4, sd R (*W fwd L, fwd R trng LF 1/2, sd L*) to BFLY WALL, -; **{New Yorker in 4}** XLif (*W XRif*) to LOP RLOD, rec R to fc ptr, sd L, rec R, -; R-Hndshk

REPEAT PARTS A,B

REPEAT PART A (01-08)

ENDING

01-02 ALEMANA to a RIGHT LUNGE ; ;

{Alemana to a R Lunge} Repeat meas 3 Intro ; XRib, rec L, lunge sd R with knee bend (*W XLif under raised ld hnds begin full RF trn, fwd R contg RF trn, lunge sd L w/ knee bend*) look LOD, -;