

MELODY IN F (Melodie in F)

Music: Ady Zehnpfennig

Cd : Piano Romance – Track# 8 Time 3:37

Slow Down w/ 5% Available from Choreographer

Rhythm: Rumba Phase : V+2+1U (Adv Alemana + Three Threes + Trade Places)

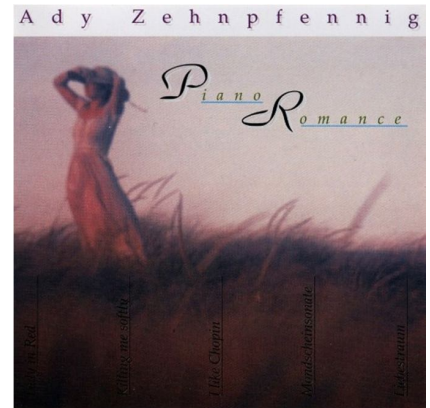
Footwork: Opposite except where (Noted)

Release date : May 2014

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SEQUENCE: INTRO AA B AA INTRO(03-10) END



INTRO

01-02 LOP WALL R-HNDSHK LEAD FOOT FREE WAIT 2 MEASURES ; ;

{Wait} LOP WALL R-Hndshk Id ft free wt 2 meas ; ;

03-06 FLIRT ; ; SWEETHEART / W TURN to FACE & STACKED HANDS ; UNDERARM TURN w/

HEADLOOPS ;

{Flirt} Fwd L, rec R, sd L leading W to trn LF (*W bk R, fwd L, fwd R trng ½ LF*) to VARS WALL, -; Bk R, rec L, sd R leading W to slide in front (*W bk L, rec R, sd L*) end in L-VARS WALL, -; {Sweetheart / W Trn to Fc & Stckd Hnds} Releasing hands XLIF shaping twd ptr, rec R, join R-R hnds sd L trng W ½ RF (*W XRIB shaping twd ptr, rec L, sd & fwd R swiveling RF ½ to fc ptr*), -; {Stckd Hnds Underarm Trn w/ Headloops} Raising jnd R-R hands XRIB & join L hnds low, rec L bring R hnds down L hnds up, bringing L hnds over M's head sd R trng 1/4 LF and raising jnd R-R hnds over W's head (*W fwd L trng RF under jnd R-R hnds, fwd R cont RF trn, fwd L cont RF trn under jnd R-R hnds*) to ½ OP LOD, -;

07-10 KIKI WALK 3 ; OPEN IN & OUT RUNS ; ; FENCE LINE w/ ARMS ;

{Kiki Walk 3} Place each ft IFO other fwd L, R, L to 1/2 OP LOD, -; {OP In & Out Runs} Fwd R begin RF trn, sd & fwd L Xif of W cont trn, sd & fwd R to ½ LOP LOD w/ free arms out to sd (*W Fwd L, R, L*), -; Fwd L, R, L (*W fwd R begin RF trn, sd & fwd L Xif of M cont trn, fwd & sd R*) to ½ OP LOD w/ free arms extended to sd, -; {Fence Line w/ Arms} XRif (*W XLif*) w/ bent knee sweep trail hnds over & tch lead hnds, rec L, sd R to BFLY WALL, -;

PART A

01-04 THREE TREES ; ; ; ;

{Three Threes} Fwd L, rec R, cl L lead W to trn RF rel hnds place hnds on W's shlds after trn (*W bk R, rec L, fwd R trn RF ½*) to TANDEM WALL, -; Bk R, rec L, cl R lead W to spin LF rel W for trn & replace hnds on shlds (*W IP L, R, L spin LF 1 full trn*) to TANDEM WALL, -; Sd & fwd L DLW, rec R, cl L release W (*W sd & bk R RDC, rec L, fwd R twd Wall trn ½ RF*) to LOP WALL, -; Bk R, rec L, small fwd R (*W [q/&, q/&, s:] fwd L/trn ½ RF twd COH, fwd R/trn ½ RF twd WALL, small fwd L*) to CP WALL, -;

05-08 CUDDLE TWICE ; ; CUDDLE/ W SPIRAL to a FAN ; ;

{Cuddle x 2} Sd L, rec R, cl L placing R hnd on W's L shldr blade (*W trng ½ RF bk R with R arm out to sd, rec L trng ½ LF, sd R plcg R hnd on M's L shldr*), -; Sd R, rec L, cl R placing L hnd on W's R shldr blade (*W trng ½ LF bk L with L arm out to sd, rec R trng ½ RF, sd L plcg L hnd on M's R shldr*), -; {Cuddle /W Spiral to a Fan} Sd & slightly fwd L shapg twd ptr, rec R jng ld hnds high, cl L (*W trng RF ½ bk R, rec L trng LF ½ to fcg ptr & jng ld hnds high, fwd R, spiral 7/8 LF under joined ld hands*), -; Bk R, rec L, sd R (*W fwd L, Fwd R startg LF trn, bk L to FAN pos*), -;

09-12 ALEMANA & R-HNDSHK ; ; TRADE PLACES TWICE ; ;

{**Alemana & R-Hndshk**} Fwd L, rec R, cl L (*W cl R, fwd L, fwd R swivel RF to left sd of M*), -; Raisg jnd ld hnds sm sd & bk R, rec L, fwd & sd R (*W trng RF undr jnd hnds fwd L, fwd R cont RF trn, fwd & sd L to fc ptr*) R-hndshk, -; (**Trade Places x 2**) With R hnds jnd rk apt L, rec R trng ¼ RF to fc RLOD beh W then rel jnd R hnds, cont to trn RF to fc ptr & COH stepping sd & bk L (*W rk apt R, rec L trng ¼ LF to fc RLOD in front of M then rel jnd R hnds, cont LF trn to fc ptr & WALL stepping sd & bk R*) joining L hnds, -; With L hnds jnd rk apt R, rec L trng ¼ LF to fc RLOD beh W then rel jnd L hnds, cont to trn LF to fc ptr & WALL stepping sd & bk R (*W rk apt L, rec R trng ¼ RF to fc RLOD in front of M then rel jnd L hnds, cont RF trn to fc ptr & COH stepping sd & bk L*) joining R hnds, -;

13-16 TRADE PLACES/W w/ INSIDE UNDER ARM TURN ; W OUT to FACE ; OPEN BREAK ; WHIP ;

{**Trade Places/W Insd Undrarm Trn**} Rk apt L, rec R comm to pass R shldrs while trng ¼ LF and keeping R hnds jnd, cont to trn LF but slightly less than in meas 1 stepping sd L twd COH (*W rk apt R, rec L, fwd R fwd COH spiralling 7/8 LF undr jnd R hnds to end almost fcg COH*), -; (**W Out to COH**) Trng bdy RF to fc COH stp fwd twd COH R,L,R closing up (*W fwd COH L, fwd R trng ½ LF to fc WALL, sd & bk L*) to COH, -; (**Open Break**) Rk apt strongly on L to LOP fcg while extending free arm up w/palm out, rec on R lower free arm, sd L, -; (**Whip**) Bk R trng ¼ LF, rec L trng ¼ LF, sd R (*W fwd L reachg in frt of M startg LF trn, fwd & sd R contg LF trn to fc M, sd L*) to BFLY WALL, -;

PART B

01-04 OPEN HIP TWIST to FACING FAN LOD ; ; OPEN HIP TWIST to FACING FAN COH ; ;

{**OP Hip Twist to Fcg Fan LOD**} Chk fwd L, rec R, cl L (*W bk R, fwd L, fwd R, pushg off M's braced hnd swvl ¼ RF*), -; Bk R, rec L trng LF to fc Ptr, small sd & fwd R (*W fwd L, fwd R trng 1/2 LF, bk L*) to Fcg FAN pos LOD, -; (**OP Hip Twist to Fcg Fan COH**) Repeat meas 1,2 Part B to Fcg FAN Pos COH ; ;

05-08 ADVANCED ALEMANA ; ; NEW YORKER ; HIP ROCK & R-HNDSHK ;

{**Advanced Alemana**} Fwd L, rec R, trng 1/8 RF sd L (*W bk R, rec L, small fwd R*) -; XRib trng RF, sd L compg 3/8 RF trn to fc WALL, sd R (*W trng RF undr hnds fwd L, fwd R cont trn, contg RF trn to fc ptr fwd & sd L*) to BFLY WALL, -; (**New Yker**) Rlsng trail hnds XLif (*W XRif*) to LOP RLOD, rec R to fc ptr, sd L, -; (**Hip Rock**) Leaving ft ip chg wgt w/ hip action apt ovr R ft, tog ovr L ft, apt ovr R ft & R-hndshk, -;

09-12 FLIRT ; ; SWEETHEART / W TURN to FACE & STACKED HANDS ; UNDERARM TURN w/ HEADLOOPS ;

{**Flirt**} Repeat meas 3,4 Intro ; ; (**Sweetheart / W Trn to Fc & Stckd Hnds**) Repeat meas 5 Intro ; (**Stckd Hnds Underarm Trn w/ Headloops**) Repeat meas 6 Intro ;

13-16 KIKI WALK 3 ; OPEN IN & OUT RUNS ; ; FENCE LINE w/ ARMS ;

{**Kiki Walk 3 to ½ OP LOD**} Repeat meas 7 Intro ; (**OP In & Out Runs**) Repeat meas 8,9 Intro ; ; (**Fence Line w/ Arms**) Repeat meas 10 Intro [2^{de} Time : R-Hndshk]

ENDING

09-10 AIDA to RLOD ; SWITCH LUNGE & HOLD ;

{**Aida to RLOD**} Thru L, sd R trng LF, bk L cont LF trn to V-bk-to-bk pos LOD, -; (**Switch Lunge & Hold**) Trn RF to fc ptr lunge sd R with soft L knee, keeping L leg extended & trng bdy sltly LF, -;