## MR SANDMAN

Choreo by: Don \& Linda Hichman, 2336 Pine Forest Dr., Gastonia, NC 28056-9237
Phone: 704-408-0455 Email: DonHichman@yahoo.com Web Page:
www.twistyvines.com Release: January 2015
Music: By The Jive Aces Album: It's Skiffle Time Music available as a download from Amazon.com [Note: first 7.5 seconds of music deleted] Footwork: Opposite, directions for man except as noted (W's in parentheses)
Rhythm: Jive Phase: III +2 [Pretzel Turn \& Chicken Walks]
Speed: $\quad 45$ or as downloaded Timing 1,2,3a,4;1a,2, [unless otherwise noted]
Sequence: INTRO, A, INTER, A, B, A, END Difficulty level: Easy to Intermediate

## INTRODUCTION

## 1-4 WAIT; 4 PNT STEPS to CP;;

[6-8 ft apt - lead ft free - M fc ptnr \& WALL] Wait;;
[4 Pnt Steps to CP] [1,2,3,4; 1,2,3,4;] Pnt L fwd w/outsd edge of ft in floor contact, fwd L , pnt R thru without sd edge of ft in floor contact in line w/wtd foot, fwd R;
Repeat INTRO meas 3 blend to CP;

> PART A
> 1-4 CHASSE L \& R; CHG R to L;,, CHG HNDS BHD BK; [Chasse L \& R] [1a,2,3a,4;] Sd L,cl R,sd L, sd R/cl L, sd R;
> [Chg R to L] Rk bk L to SCP, rec R, sd L/cl R, sd L trng ¼ LF (W rk bk R to SCP, rec L, sd R/cl R. fwd R trng $3 / 4$ RF under jnd lead hnds); Sd \& fwd R/cl L, sd R (W sd \& slightly bk L/cl R, sd \& bk L] end LOP M fc ptnr \& LOD,
> [Chg Hnds Bhd Bk] Rk bk L, rec R, slightly fwd L/cl R, fwd L trng $1 / 4 \mathrm{LF}$ (W rk bk R, rec L, fwd R/L, fwd R trtng $1 / 4 \mathrm{RF}$ ); Slightly sd \& bk R/cl L, sd R cont trng $1 / 4 \mathrm{LF}$ (W sd L/cl R, sd \& bk L trng $1 / 4 \mathrm{RF}$ ) end LOP M fc ptnr \& RLOD,

5-8 CHG L to R to COH;,, LINK RK to WALL;,, DOUB RK BK;
[Chg L to R to COH] Rk bk L, rec R, sd L/cl R, sd L trng $1 / 4 \mathrm{RF}$ (W rk bk R, rec L, fwd R/cl L, fwd R trng $3 / 4$ LF under jnd lead hnds); Sd R/cl L, sd R (W sd L/cl R, sd L cont LF trn to fc ptnr) end LOP M fc ptnr \& COH,
[Link Rk to WALL] Rk bk L, rec R blend to CP, small chasse fwd L/R, L; Sd R/L, R figure trng RF $1 / 2$ to end CP M fc ptnr \& WALL,
[Doub Rk Bk] [1,2,3,4;] Bk L to SCP, rec R, bl L to SCP, rec R;
9-11 INTO PRETZEL TRN; DOUB RK FWD; UNWRAP PRETZEL to SCP;
[Into Pretzel Trn] [1a,2,3a,4] Sd L/cl R, sd L trng ½ RF keep M's L \& W's R hnds joined, Sd R/cl L, sd R trng RF now in bk to bk "V" pos w/m"s L \& W;s R hnds joined by bks];
[Doub Rk Fwd] [1,2,3,4;] Rk fwd L, rec R, rk fwd L, rec R;
[Unwrap Pretzel to SCP] [1a,2,3a,4] Sd L/cl R, sd L trng $1 / 2$ LF to fc ptnr still retain M's L \& W's R hnds, sd R/cl L, sd R to end SCP;

12-16 FALLAWAY THROWAWAY;, CHG L to R;, BASIC RK to CP \& RK REC;:<br>[Fallaway Throwaway] Rk bk L, rec R, sd L/cl R, sd L (W rk bk R, rec L, P/U R/L, R); Sd R/cl L, sd R (W sd \& bk L/cl R, sd L) end LOP M fc LOD,<br>[Chg L to R] Repeat Part A meas 5 but start fc LOD \& end LOP fc WALL;,,

Mr Sandman, Page 2
[Basic Rk to CP \& Rk Rec] [1,2,3a,4; 1a,2,3,4;] Rk apt L, rec R to CP, sd L/cl R, sd L; Sd R/cl L, sd R, rk bk L to SCP, rec R to fc;

```
INTERLUDE
1-4 2 FWD TRIPLES; SWIVEL WALK 4; 2 FWD TRIPLES; SWIVEL WALK 4 to FC;
[2 Fwd Triples] [1a,2,3a,4;] Blend to SCP fwd L/cl R, fwd L, fwd R/cl L, fwd R; [Swivel Walk 4] [1,2,3,4;] With swivel actions fwd L,R,L,R;
Repeat Interlude meas 1 \& 2;;
```

REPEAT PART A

## PART B

1-4 CHASSE L \& R; RT TRNG FALLAWAY;,, FALLAWAY THROWAWAY;,
[Chasse L \& R] Repeat Part A, meas 1;
[Rt Trng Fallaway] Rk bk to SCP, rec R to fc, trng RF $1 / 4$ sd L/cl R, sd L; Trng RF $1 / 4$ sd R/cl L, sd R,
[Fallaway Throwaway] Repeat Part A meas 12 start fcg COH \& end in LOP fc ptnr \& RLOD;,,
5-8 CHICKEN WALKS [2 SLO]; [4 QK]; LINK RK to COH \& RK REC;; [Chicken Walks [2 Slo] [4 Qk] [1,a,2a; 1,2,3,4;] Bk L,-, R,-; Bk L,R,L,R [W fwd $\mathrm{w} /$ slight swiveling action of her feet thru both measures);
[Link Rk to COH \& rk rec] [1,2, 3a, 4; 1a, 2,3,4;]
9-12 CHASSE L \& R; RT TRNG FALLAWAY;,, FALLAWAY THROWAWAY;,
Repeat Part B meas 1-4 start fc COH \& end fc WALL;;;;
13-16 CHICKEN WALKS [2 SLO]; [4 QK]; LINK RK to WALL \& RK REC;; Repeat Part B meas 5-8 end in CP fcg ptnr \& WALL;;;;

REPEAT PART A

## ENDING

1-4 2 FWD TRIPLES; SWIVEL WALK 4; 2 FWD TRIPLES; SWIVEL WALK 4 - PNT \& HOLD;
1-4 Repeat Interlude meas 1-4 \& pnt L ft twd LOD on last step;;;;

