MR SANDMAN

Choreo by:	Don & Linda Hichman, 2336 Pine Forest Dr., Gastonia, NC 28056-9237 Phone: 704-408-0455 Email: DonHichman@yahoo.com Web Page: www.twistyvines.com Release: January 2015
Music:	By The Jive Aces Album: It's Skiffle Time Music available as a download from Amazon.com [Note: first 7.5 seconds of music deleted] Footwork: Opposite, directions for man except as noted (W's in parentheses)
Rhythm:	Jive Phase: III +2 [Pretzel Turn & Chicken Walks]
Speed: Sequence:	45 or as downloaded Timing 1,2,3a,4; 1a,2, [unless otherwise noted] INTRO, A, INTER, A, B, A, END Difficulty level: Easy to Intermediate

INTRODUCTION

1 – 4 <u>WAIT;; 4 PNT STEPS to CP;;</u>

[6-8 ft apt – lead ft free – M fc ptnr & WALL] Wait;; [4 Pnt Steps to CP] [1,2,3,4; 1,2,3,4;] Pnt L fwd w/outsd edge of ft in floor contact, fwd L, pnt R thru without sd edge of ft in floor contact in line w/wtd foot, fwd R; Repeat INTRO meas 3 blend to CP;

<u>PART A</u>

1 – 4 CHASSE L & R; CHG R to L;,, CHG HNDS BHD BK;,,

[Chasse L & R] [1a,2,3a,4;] Sd L,cl R,sd L, sd R/cl L, sd R; [Chg R to L] Rk bk L to SCP, rec R, sd L/cl R, sd L trng ¼ LF (W rk bk R to SCP, rec L, sd R/cl R. fwd R trng ¾ RF under jnd lead hnds); Sd & fwd R/cl L, sd R (W sd & slightly bk L/cl R, sd & bk L] end LOP M fc ptnr & LOD, [Chg Hnds Bhd Bk] Rk bk L, rec R, slightly fwd L/cl R, fwd L trng ¼ LF (W rk bk R, rec L, fwd R/L, fwd R trtng ¼ RF); Slightly sd & bk R/cl L, sd R cont trng ¼ LF (W sd L/cl R, sd & bk L trng ¼ RF) end LOP M fc ptnr & RLOD,

5 – 8 CHG L to R to COH;,, LINK RK to WALL;,, DOUB RK BK;

[Chg L to R to COH] Rk bk L, rec R, sd L/cl R, sd L trng ¼ RF (W rk bk R, rec L, fwd R/cl L, fwd R trng ¾ LF under jnd lead hnds); Sd R/cl L, sd R (W sd L/cl R, sd L cont LF trn to fc ptnr) end LOP M fc ptnr & COH,

[Link Rk to WALL] Rk bk L, rec R blend to CP, small chasse fwd L/R, L; Sd R/L, R figure trng RF ¹/₂ to end CP M fc ptnr & WALL,

[Doub Rk Bk] [1,2,3,4;] Bk L to SCP, rec R, bl L to SCP, rec R;

9 – 11 INTO PRETZEL TRN; DOUB RK FWD; UNWRAP PRETZEL to SCP;

[Into Pretzel Trn] [1a,2,3a,4] Sd L/cl R, sd L trng ½ RF keep M's L & W's R hnds joined, Sd R/cl L, sd R trng RF now in bk to bk "V" pos w/m's L & W;s R hnds joined by bks];

[Doub Rk Fwd] [1,2,3,4;] Rk fwd L, rec R, rk fwd L, rec R;

[**Unwrap Pretzel to SCP**] [**1a,2,3a,4**] Sd L/cl R, sd L trng ½ LF to fc ptnr still retain M's L & W's R hnds, sd R/cl L, sd R to end SCP;

12 – 16 FALLAWAY THROWAWAY;,, CHG L to R;,, BASIC RK to CP & RK REC;;

[Fallaway Throwaway] Rk bk L, rec R, sd L/cl R, sd L (W rk bk R, rec L, P/U R/L, R); Sd R/cl L, sd R (W sd & bk L/cl R, sd L) end LOP M fc LOD, [Chg L to R] Repeat Part A meas 5 but start fc LOD & end LOP fc WALL;,,

[Basic Rk to CP & Rk Rec] [1,2,3a,4; 1a,2,3,4;] Rk apt L, rec R to CP, sd L/cl R, sd L; Sd R/cl L, sd R, rk bk L to SCP, rec R to fc;

INTERLUDE

1 – 4 <u>2 FWD TRIPLES; SWIVEL WALK 4; 2 FWD TRIPLES; SWIVEL</u> WALK 4 to FC;

[2 Fwd Triples] [1a,2,3a,4;] Blend to SCP fwd L/cl R, fwd L, fwd R/cl L, fwd R; [Swivel Walk 4] [1,2,3,4;] With swivel actions fwd L,R,L,R; Repeat Interlude meas 1 & 2;;

REPEAT PART A

PART B

1 – 4 <u>CHASSE L & R; RT TRNG FALLAWAY;,, FALLAWAY</u> <u>THROWAWAY;,,</u>

[Chasse L & R] Repeat Part A, meas 1;

[**Rt Trng Fallaway**] Rk bk to SCP, rec R to fc, trng RF ¼ sd L/cl R, sd L; Trng RF ¼ sd R/cl L, sd R,

[**Fallaway Throwaway**] Repeat Part A meas 12 start fcg COH & end in LOP fc ptnr & RLOD;,,

5-8 <u>CHICKEN WALKS [2 SLO]; [4 QK]; LINK RK to COH & RK REC;;</u> [Chicken Walks [2 Slo] [4 Qk] [1,a,2a; 1,2,3,4;] Bk L,-, R,-; Bk L,R,L,R [W fwd w/slight swiveling action of her feet thru both measures); [Link Rk to COH & rk rec] [1,2, 3a, 4; 1a, 2,3,4;]

9 – 12 <u>CHASSE L & R; RT TRNG FALLAWAY;,, FALLAWAY</u> <u>THROWAWAY;,,</u>

Repeat Part B meas 1-4 start fc COH & end fc WALL;;;;

13 – 16 <u>CHICKEN WALKS [2 SLO]; [4 QK]; LINK RK to WALL & RK REC;;</u> Repeat Part B meas 5-8 end in CP fcg ptnr & WALL;;;;

<u>REPEAT PART A</u>

<u>ENDING</u>

1 – 4 <u>2 FWD TRIPLES; SWIVEL WALK 4; 2 FWD TRIPLES; SWIVEL</u> WALK 4 – PNT & HOLD;

1-4 Repeat Interlude meas 1-4 & pnt L ft twd LOD on last step;;;;