

**CHOREOGRAPHERS:** Russ and Judy Francis, 142 E. 1450 N. Layton, UT, 801-628-4752, Email: [rounds-by-russ@comcast.net](mailto:rounds-by-russ@comcast.net)  
**MUSIC:** MP3 Download Amazon.com "My Heart Will Go On" Artist: Vio Friedmann  
**FOOTWORK:** Opposite For Woman Except Where Noted  
**RHYTHM:** FOXTROT  
**DANCE LEVEL:** Phase V  
**SPEED:** 45 RPM  
**RELEASED:** MAY 2012

**SEQUENCE:** INTRO – A – B – INT – C – END

### INTRO

1 – 7 **CP DIAG LOD/WALL WAIT;; HVR TELEM – SEMI; NAT'L TRN ½; IMP – SEMI; IN & OUT RUNS;;**  
**(Hvr Telem – Semi)** Fwd L-, trng 1/8 rt fc **(Woman also rt fc)** sd & fwd R with slight rise, fwd L to SEMI diag  
 LOD/WALL; **(Nat'l Trn ½)** Fwd R-, trng 3/8 rt fc sd L, bk R to CP/ROD; **(Woman bk L-, trng 3/8 rt fc bk-clo R,**  
**with heel trn fwd L;)** **(Imp – Semi)** Trng 3/8 rt fc bk L-, clo R, with heel trn sd & fwd L to SEMI diag LOD/COH;  
**(Woman pvtng ¼ rt fc fwd R-; pvtng ½ rt fc bk L, fwd R;)** **(In & Out Runs)** Fwd R-, cross in frnt of Woman  
 sd & bk L to BJO diag RLOD/WALL, bk R; bk L-, pvt ¼ rt fc bk R, pvt ¼ rt fc fwd L to SEMI diag LOD/COH; **(Woman**  
**fwd L-, fwd R, fwd L; fwd R-, pvt ¼ rt fc fwd L, pvt ¼ rt fc fwd R;)**

8 **CHAIR-RCVR-SLIP**  
**(Chair-Rcvr-Slip)** Chair thru R-, rcvr L, bk R to CP diag LOD/COH; **(Woman chair thru L-, rcvr R, swiv ½ lft fc slip**  
**fwd L to CP;)**

### PART A

1 – 5 **3-STP; CURVED FEATH – CHK'D; OUTSIDE CHG – SEMI; THRU & CHASSE – BJO; FWD & FWD-LCK-FWD;**  
**(3-Stp)** Fwd L-, fwd R, fwd L blending to CP/LOD; **(Curved Feath- Chk'd)** Trng 3/8 rt fc fwd R-, fwd L, fwd R chk to  
 BJO diag RLOD/WALL; **(Woman trng ¼ rt fc sd & bk L-, bk R, bk L chk'ng to BJO;)** **(Outside Chg – Semi)**  
 Bk L-, trng ¼ lft fc bk R, sd & fwd L to SEMI diag LOD/WALL; **(Thru & Chasse – Bjo)** Thru R-, trng ¼ rt fc  
 sd L/clo R, sd & fwd L **(Woman sd & bk R)** to BJO diag LOD/WALL; **(Fwd & Fwd/Lck/Fwd)** Fwd R-, fwd L/lck R,  
 fwd L to BJO diag LOD/WALL;

6 – 11 **NAT'L TRN ½; IMP – SEMI; CHAIR-RCVR-SLIP; RVS TRN ½; HVR CORTE – BJO; BK WHISK;**  
**(Nat'l Trn ½)** Fwd R-, trng 3/8 rt fc sd L, bk R to CP/ROD; **(Woman bk L-, trng 3/8 rt fc bk-clo R, with heel trn**  
**fwd L;)** **(Imp – Semi)** Trng 3/8 rt fc bk L-, clo R, with heel trn sd & fwd L to SEMI diag LOD/COH; **(Woman pvtng**  
**¼ rt fc fwd R-; pvtng ½ rt fc bk L, fwd R;)** **(Chair-Rcvr-Slip)** Chair thru R-, rcvr L, bk R to CP diag LOD/COH;  
**(Woman chair thru L-, rcvr R, swiv ½ lft fc slip fwd L to CP;)** **(Rvs Trn ½)** Fwd L-, trng ¼ lft fc sd R, bk L to CP  
 diag RLOD/COH; **(Woman bk R-, trng ¼ lft fc bk-clo L, with heel trn fwd R to CP;)** **(Hvr Corte – Bjo)** Trng 1/8  
 lft fc bk R-, trng 3/8 lft fc sd & fwd L with slight rise, rcvr R to BJO diag LOD/WALL; **(Bk Whisk)** Bk L-, trn slightly rt fc  
 sd R, hook L bhnd to tight SEMI CP diag LOD/COH;

12 – 16 **WING – SD/CAR; TELEM – SEMI; NAT'L HVR CROSS;; SD-DRW-CLO;**  
**(Wing – Sd/Car)** Fwd R-, rotating shldr lft fc drw-tch L to R to SD/CAR diag LOD/COH; **(Woman fwd L-, crossing in**  
**frnt of Man trng ½ lft fc fwd R, cross L in frnt;)** **(Telem – Semi)** Trng ¼ lft fc fwd-trn L-, trng ¼ lft fc sd & bk R, trng  
 ¼ lft fc sd & fwd L to SEMI diag LOD/WALL; **(Woman bk-trn R-, trng ¼ lft fc bk-clo L, with heel trn sd & fwd R;)**  
**(Nat'l Hvr Cross)** Thru R-, trng 3/8 rt fc sd & bk L, trng 3/8 rt fc sd & fwd R to SD/CAR diag LOD/COH; **(Woman**  
**thru L-, trng ¼ rt fc fwd R, sd & bk L to SD/CAR;)** fwd L with slight rise, rcvr R, sd L, cross R in frnt to BJO diag  
 LOD/COH;

### PART B

1 – 10 **RVS WAVE;; BK 3-STP; FEATH FIN – OUT; WHISK; NAT'L TRN ½; CLS'D IMP; FEATH FIN; RVS TRN;;**  
**(Rvs Wave)** Fwd L-, trng 3/8 lft fc fwd-trn R, bk L to CP diag RLOD/COH; curving lft fc bk R-, bk L, bk R to CP/ROD;  
**(Woman bk R-, trng 3/8 lft fc bk-clo L, with heel trn fwd R; fwd L-, fwd R, fwd L to CP;)** **(Bk 3- Stp)** Bk L-, bk R,  
 bk L blending to CP RLOD; **(Feath Fin - Out)** Bk R-, trng 3/8 lft fc sd L, fwd R to BJO diag LOD/WALL;  
**(Whisk)** Fwd L-, fwd R with slight rise, hook L bhnd trng heads to tight SEMI CP diag LOD/COH; **(Nat'l Trn ½)**  
 Fwd R-, trng 3/8 rt fc sd L, bk R to CP/ROD; **(Woman bk L-, trng 3/8 rt fc bk-clo R, with heel trn fwd L;)**  
**(Cls'd Imp)** Trng ¼ rt fc bk L-, pvtng ¼ rt fc fwd R with slight rise, trng ¼ rt fc sd & bk L to CP diag LOD/WALL;  
**(Woman fwd pvtng ¼ rt fc R-, trng ¼ rt fc bk L with slight rise brush R to L, trng ¼ rt fc fwd R;)**  
**(Feath Fin)** Bk R-, trng ¼ lft fc sd L, fwd R to BJO diag LOD/COH; **(Rvs Trn)** Fwd L-, trng 3/8 lft fc sd R, bk L to  
 CP/ROD; bk-trn R-, trng 3/8 lft fc bk-clo L, with heel trn fwd R to BJO diag LOD/WALL; **(Woman bk R-, trng 3/8 lft fc**  
**bk-clo L, with heel trn fwd R; bk L-, trng 3/8 lft fc sd R, bk L;)**

## (CONTINUE OF PART B)

- 11 – 16 **HVR TELEM - SEMI; NAT'L TRN ½; IMP – SEMI; PROM WEAVE;; CHG OF DIR;**  
**(Hvr Telem – Semi)** Fwd L-, trng 1/8 rt fc **(Woman also rt fc)** sd & fwd R with slight rise, fwd L to SEMI diag LOD/WALL; **(Nat'l Trn ½)** Fwd R-, trng 3/8 rt fc sd L, bk R to CP/RLOD; **(Woman bk L-, trng 3/8 rt fc bk-clo R, with heel trn fwd L;)** **(Imp – Semi)** Trng 3/8 rt fc bk L-, clo R, with heel trn sd & fwd L to SEMI diag LOD/COH; **(Woman pvtng ¼ rt fc fwd R-; pvtng ½ rt fc bk L, fwd R;)** **(Prom Weave)** Thru R-, trng ¼ lft fc fwd L to CP/COH, sd & bk R to BJO RLOD/COH; bk L, trng ¼ lft fc sd & bk R to CP diag RLOD/WALL, trng ¼ lft fc sd & fwd L to CP diag LOD/WALL, sd & fwd R to BJO diag LOD/WALL; **(Woman thru L-, trng ¼ lft fc sd & bk R to CP, sd & fwd L to BJO; fwd R, trng ¼ lft fc sd & fwd L to CP, trng ¼ lft fc sd & fwd R, sd & bk L;)** **(Chg Of Dir)** Fwd L-, trng ¼ lft fc sd R, drw-tch L to CP diag LOD/COH;

## INT

- 1 – 8 **DIAM TRN ½;; QK DIAM TRN -4; DIP BK-RCVR; RVS TRN ½; CHK & WEAVE;; CHG OF DIR;**  
**(Diam Trn 1/2)** Trng ¼ lft fc fwd L-, sd R, bk L to BJO diag RLOD/COH; trng ¼ lft fc bk R-, sd L, fwd R to BJO diag RLOD/WALL; **(Qk Diam Trn -4)** Trng ½ lft fc thru-out figure fwd L, sd R, bk L, bk R to CP diag LOD/COH;  
**(Dip Bk & Rcvr)** Bk L-, rcvr R-;

## PART C

- 1 – 8 **RVS TRN;; 3-STP; NAT'L TRN ½; CLS'D IMP; FEATH FIN – CHK'D – CTR; TOP SPIN -4; CHG OF DIR;**  
**(Rvs Trn)** Fwd L-, trng 3/8 lft fc sd R, bk L to CP/RLOD; bk-trn R-, trng 3/8 lft fc bk-clo L, with heel trn fwd R to BJO diag LOD/WALL; **(Woman bk R-, trng 3/8 lft fc bk-clo L, with heel trn fwd R; bk L-, trng 3/8 lft fc sd R, bk L;)**  
**(3-Step)** Fwd L-, fwd R, fwd L blending to CP/LOD; **(Nat'l Trn ½)** Fwd R-, trng 3/8 rt fc sd L, bk R to CP diag /RLOD; **(Woman bk L-, trng 3/8 rt fc bk-clo R, with heel trn fwd L;)** **(Cls'd Imp)** Trng ¼ rt fc bk L-, pivtng ¼ rt fc fwd R with slight rise, trng ¼ rt fc sd & bk L to CP diag LOD/WALL; **(Woman fwd pivtng ¼ rt fc R-, trng ¼ rt fc bk L with slight rise brush R to L, trng ¼ rt fc fwd R;)** **(Feath Fin Chk'd to Ctr)** Bk R-, trng 1/2 lft fc sd L, fwd R to BJO/COH; **(Top Spin -4)** Trng ¾ lft fc throughout figure bk-trn L, bk-trn R, fwd-trn L, fwd-trn R to BJO diag LOD/WALL/LOD; **(Chg Of Dir)** Fwd L-, trng ¼ lft fc sd R, drw-tch L to CP diag LOD/COH;
- 9 – 15 **TRN LFT & CHASSE – BJO; BK & BK-LCK-BK; IMP – SEMI; IN & OUT RUNS;; WEAVE – BJO;;**  
**(Trn Lft & Chasse – Bjo)** Trng ¼ lft fc fwd L-, sd R/clo L, sd & bk R to BJO diag RLOD/COH; **(Bk & Bk/Lck/Bk)** Bk L-, bk R/lck L, bk R; **(Imp – Semi)** Trng 3/8 rt fc bk L-, clo R, with heel trn sd & fwd L to SEMI diag LOD/COH; **(Woman pvtng ¼ rt fc fwd R-; pvtng ½ rt fc bk L, fwd R;)** **(In & Out Runs)** Fwd R-, cross in frnt of Woman sd & bk L to BJO diag RLOD/WALL, bk R; bk L-, pvt ¼ rt fc bk R, pvt ¼ rt fc fwd L to SEMI diag LOD/COH; **(Woman fwd L-, fwd R, fwd L; fwd R-, pvt ¼ rt fc fwd L, pvt ¼ rt fc fwd R;)** **(Weave – Bjo)** Thru R-, trng ¼ lft fc fwd L to CP/COH, sd & bk R to BJO RLOD/COH; trng ¼ lft fc sd & bk L to CP diag RLOD/WALL-, trng ¼ lft fc sd & fwd R to CP diag LOD/WALL, fwd L to BJO diag LOD/WALL; **(Woman thru L-, trng ¼ lft fc sd & bk R to CP, sd & fwd L to BJO; sd & fwd R to CP-, trng ¼ lft fc sd & fwd L, bk R to BJO;)**
- 17 – 20 **NAT'L TRN ½; CLS'D IMP; FEATH FIN; SWAY L & R;;**  
**(Nat'l Trn ½)** Fwd R-, trng 3/8 rt fc sd L, bk R to CP/RLOD; **(Woman bk L-, trng 3/8 rt fc bk-clo R, with heel trn fwd L;)** **(Cls'd Imp)** Trng ¼ rt fc bk L-, pivtng ¼ rt fc fwd R with slight rise, trng ¼ rt fc sd & bk L to CP diag LOD/WALL; **(Woman fwd pivtng ¼ rt fc R-, trng ¼ rt fc bk L with slight rise brush R to L, trng ¼ rt fc fwd R;)**  
**(Feath Fin)** Bk R-, trng ¼ lft fc sd L, fwd R to BJO diag LOD/COH; **(Sway L & R)** Sd L with rt side body stretch-; sd R with lft side body stretch-;
- 1 – 8 **RVS TRN;; HVR; FWD-DRW-TCH; BK-DRW-TCH; THRU & SLO HINGE & HOLD;;;**  
**(Rvs Trn)** Fwd L-, trng 3/8 lft fc sd R, bk L to CP/RLOD; bk-trn R-, trng 3/8 lft fc bk-clo L, with heel trn fwd R to BJO diag LOD/WALL; **(Woman bk R-, trng 3/8 lft fc bk-clo L, with heel trn fwd R; bk L-, trng 3/8 lft fc sd R, bk L;)**  
**(Hvr)** Fwd L-, fwd R with slight rise, trng ¼ lft fc sd & fwd L to SEMI diag LOD/COH; **(Fwd-Drw-Tch)** Fwd R-, drw-tch L to R-; **(Bk-Drw-Tch)** Bk L-, drw-tch R to L-; **(Thru & Slo Hinge & Hold)** In SEMI diag LOD/COH thru R-, trng slightly lft fc sd & bk L lower & hold to CP diag LOD/COH-;-;-; **(Woman thru L-, trng ½ lft fc sd & bk R, cross L bhnd lower sliding R between Man's feet no wgt & hold-;-;-;)**

## END