

MY LUCKY STAR

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Music: You Are My Lucky Star by The New Stanton Band
From the CD album Mirror Lake Pavilion Presents: The New
Stanton Band
Available from iTunes Music Downloads

Rhythm/Phase: Foxtrot Phase V

Music Speed: As downloaded

Footwork: Opposite throughout directions for M (and for W where noted).

Sequence: Introduction A A Bridge B B Ending

..... INTRODUCTION (4 Measures)

OPN FCNG DLW LEAD FEET FREE WAIT 2 MEAS;; APART POINT; LADY ROLL TO
CP LOD;

[1 & 2] In opn fcng pos DLW with lead feet free wait 2 measures;; [3] Step apart L, -, point R toward partner, -; [4] Rec fwd R, -, draw L to right no weight, -; (W roll lf L, -, R, L blind clsd or picked up pos;)

..... PART A (16 Measures)

THREE-STEP; FWD & RUN 2; OPN REVERSE TURN; OUTSIDE CHECK; TIPPLE
CHASSE PIVOT; BACK PASSING CHNG; BACK FEATHER FINISH; HOVER
TELEMARK; NATURAL WEAVE;; CHNG OF DIRECTION; TURN LEFT & CHASSE BJO;
OPN IMPETUS SEMI; FWD HOVER BJO; BACK HOVER SEMI; PKUP SD CL;

[1] In clsd pos fcng LOD three forward passing steps with heel lead on steps 1 and 2 rising to toe on step 3 it's fwd L, -, fwd R, fwd L; [2] Fwd R, -, fwd L, fwd R; [3] Fwd L turning lf 1/8 to 1/4, -, continue lf turn sd R, bk L to CBMP; [4] Bk R turning lf, -, sd & fwd L, chk fwd R outside partner to CBMP; [5] Commence rf upper body turn bk L turning rf, -, sd R with slight left side stretch turning 1/4 rf to fc COH/cl L, sd & slightly fwd R between W's feet pivoting up to 3/4 rf turn to end fcng RLOD; [6] Blndng to bjo pos bk L, -, bk R, bk L; [7] Turning lf step bk R slightly across line of progression, -, sd & fwd L, fwd R outside W crossing right leg in front of left at thighs to CBMP DLW; [8] Fwd L, -, diag sd & fwd R rising or hovering slightly with body turning 1/8 to 1/4 rf, fwd L small step on toes to semi-clsd pos; [9 & 10] Fwd R commence to turn rf, -, sd L with left side stretch, with right side lead bk R diag line of dance & COH preparing to lead W outside partner; With right side stretch bk L in CBMP, bk R commence lf turn passing thru clsd pos, with left side stretch sd & fwd L preparing to step outside partner, with left side stretch fwd R in CBMP outside partner DLW; (W small step fwd L, -, fwd R, fwd L; With left side stretch fwd R in CBMP outside partner, fwd L commence to turn lf passing thru clsd pos, with right side stretch sd R turning lf, with right side stretch bk L turning lf;) [11] Fwd L DLW, -, fwd R DLW right shldr leading and turn lf, draw L to right; [12] Fwd L turning lf to fc COH, -, sd R/cl L, sd R turning lf to end bjo pos; [13] Commence rf upper body turn bk L, -, cl R to left heel turn continue rf turn, complete turn fwd L semi-clsd pos LOD; [14] Fwd R, -, fwd L with rising or hovering action, rec bk R to bjo pos; [15] Bk L, -, sd & bk R with slight rise, rec fwd L; [16] Toward LOD step thru R picking up W clsd pos, -, sd L, cl R;

..... BRIDGE (4 Measures)

2 LEFT TURNS FC LOD;; DIP & HOLD; REC & TCH;

[1 & 2] Fwd L commence lf upper body turn, -, continue turn up to 1/2 sd & bk R, cl L; Bk R commence lf upper body turn, -, continue turn up to 1/2 sd & fwd L, complete turn to fc LOD cl R; [3] In clsd pos LOD dip bk L, -, -, -; [4] Rec fwd R, -, draw L to right, -;

..... PART B (16 Measures)

CURVING THREE-STEP; BACK CURVING THREE-STEP; THREE-STEP; HAIRPIN;
BACK LILT 4; WEAVE 4 ENDING; HOVER TELEMARK; NATURAL HOVER CROSS
CHKNG;; TO A TOP SPIN; HOVER TELEMARK; OPEN NATURAL; OUTSIDE SPIN;
BACK TURNING LOCK; MANUV; HESITATION CHNG;

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[1] Fwd L commence to turn lf, -, fwd R passing well under the body with right side stretch continue lf turn, with right side stretch banking into the curve fwd L well under the body; [2] Bk R commence to turn lf, -, bk L passing well under the body with left side stretch continue lf turn, with left side stretch banking into the curve bk R well under the body; [3] In clsd pos heading toward LOD three forward passing steps with heel lead on steps 1 and 2 rising to toe on step 3 it's fwd L, -, fwd R, fwd L; [4] Fwd R commence to turn rf heel to toe between W's feet, -, with left side stretch fwd L brushing thighs turning rf, continue rf turn swiveling rf with strong left side stretch banking into the turn fwd R outside partner in tight CBMP on toes; [5] Bk L, cl R to left rising onto toes & keeping knees slightly bent, bk L, cl R to left rising onto toes & keeping knees slightly bent; [6] Bk L, bk R stepping slightly across line of progression and commencing slight lf turn, sd & fwd L toward DLW continue turn, fwd R toward DLW ending bjo pos DLW; [7] Fwd L, -, diag sd & fwd R rising slightly or hovering with body turning 1/8 to 1/4 rf, fwd L small step on toes semi-clsd pos LOD; [8 & 9] Fwd R DLW commence to turn rf, -, sd L with left side stretch, continue rf turn sd R sdcar pos DLW; Fwd L on toe, rec R with slight left side lead, sd & fwd L, with left side stretch fwd R outside partner in CBMP on toe DLC chng forward movement; (W bk L commence to turn rf, -, cl R to left heel turn with right side stretch, continue rf turn sd L; Bk R on toe, rec L with slight right side lead, sd & bk R, with right side stretch bk L in CBMP;) [10] With weight on ball of right foot commence lf spin stepping bk L, bk R turning approx 1/8 turn, with left side stretch sd & slightly fwd L up to 1/4 lf turn, with left side stretch finish turn to CBMP DLW fwd R; [11] Fwd L, -, diag sd & fwd R rising slightly or hovering with body turning 1/8 to 1/4 rf, fwd L small step on toes semi-clsd pos LOD; [12] Commence rf upper body turn fwd R heel to toe, -, sd L across line of dance, continue slight rf upper body turn bk R leading partner to step outside M to bjo pos; [13] Commence rf body turn approx 3/8 turn toeing in with right side lead bk L, -, fwd R in CBMP heel to toe continue rf turn approx 3/8, sd & bk L to end clsd pos fcng RLOD; (W commence rf body turn with left side lead staying well into M's right arm fwd R in CBMP outside partner heel toe, -, cl L to right pivot on toes of both feet, continuing rf turn fwd R between M's feet to end clsd pos fcng LOD;) [14] Bk R with right side lead and right side stretch/XLIF of right, bk & slightly sd R commence to turn lf, sd & slightly fwd L to CBMP DLW; (W fwd L with left side lead and left side stretch/XRIB of left, fwd & slightly sd L commence to turn lf, sd & slightly bk R to CBMP;) [15] Commence rf turn fwd R, -, continue rf turn to fc partner sd L, complete turn cl R; [16] Commence rf upper body turn bk L, -, sd R continue rf turn, draw L to right;

..... ENDING (4 Measures)

2 LEFT TURNS FC LOD;; PROGRESSIVE BOX 1/2; STEP FWD, CLOSE/POINT;

[1 & 2] Same as measures 1 and 2 of Bridge;; [3] In clsd pos LOD fwd L, -, sd R, cl L; [4] Fwd R, -, cl L to right/point R to side toward wall, -;