

# Mackie's Quick

Intro to Quickstep<sup>1)</sup>

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Music: „Mack The Knife“ - Tony Evans, Album: „It Had To Be You“ - or Download from i-tunes 2:23 min  
Rhythm & Phase: QS, Phase III + 1(Teemark to SCP)  
Timing: as noted  
Footwork: opposite unless noted (Woman's footwork in parentheses)  
Sequence: Intro – A – Amod – B – A – A – C – A – B9-16 – Cmod

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## INTRODUCTION

### 1-4 WAIT 2 MEAS ;; APART, POINT ; PICKUP, TOUCH ;

- 1-2 {Wait 2} In OP FCG M fcg ptr & DLW w/ldft free wait 2 meas ; ;  
3 {Apt, Pt (S-)} Stp apt L, -, pt R twd ptr, - ;  
4 {PU, Tch (S-)} Rec R trng LF (*W rec L trng LF to fc ptr*), -, tch L to R to CP DLC, - ;

## PART A

### 1-4 2 LEFT TURNS ;; WALK TO BJO & CHECK ; FISHTAIL ;

- 1-2 {2 L Trns} In CP DLC stp fwd L start trng LF, -, sd R cont LF trn, cl L to R to CP RLOD ;  
Stp bk R start trng LF, -, sd L cont LF trn, cl R to L to CP DLW ;  
3 {Walk BJO, Ck} Stp fwd L outsd ptr, -, fwd R to BJO DLW ckg motion, - ;  
4 {Fishtail} XLib of R, sm sd & fwd R w/RF body trn, fwd L w/L shldr lead, XRib of L to BJO ;

### 5-8 FORWARD – MANEUVER, SIDE, CLOSE – SPIN TURN ;; ; BOX FINISH ;

- 5-7 {Fwd, Manuv, Sd, Cl} In BJO stp fwd L, -, fwd R start trng RF, - ; Sd L trng to CP RLOD, cl R to L,  
{Spin Trn} Bk L start trng ½ RF, - ; Cont trng fwd R twd LOD, -, bk L to CP DLW, - ;  
8 {Box Fin} In CP DLW stp bk R, -, sd L to fc DLC, cl R to CP DLC ;

## PART AMOD

### 1-4 2 LEFT TURNS ;; WALK TO BJO & CHECK ; FISHTAIL ;

Repeat meas 1-4 of Part A ; ; ; ;

### 5-8 FORWARD – MANEUVER, SIDE, CLOSE – SPIN TURN ;; ; BACK HALF BOX ;

- 5-7 Repeat meas 5-7 of Part A ; ; ;  
8 {Bk ½ Box} Staying in CP DLW stp bk R, -, sd L, cl R ;

## PART B

### 1-4 HOVER – PICKUP ;; ; 2 LEFT TURNS FACE WALL ;; ;

- 1-2 {Hvr & PU} In CP DLW stp fwd L, -, sd & fwd R rising (*W w/brush*), - ;  
Stp sd & fwd L to SCP, -, thru & fwd R trng to CP DLC (*W thru & fwd L trng LF to fc ptr*), - ;  
3-4 {2 L Trns} Repeat meas 1-2 of Part A but end CP WALL ; ;

### 5-8 HOVER – STEP THRU ;; ; 2 SIDE CLOSES ; WALK & PICKUP DLC ;

- 5-6 {Hvr & Thru} In CP WALL stp fwd L, -, sd & fwd R rising (*W w/brush*), - ;  
Rec sd & fwd L to SCP LOD, -, thru & fwd R to CP WALL, - ;  
7 {2 Sd CIs} In CP WALL stp sd L, cl R, sd L, cl R ;  
8 {Walk, PU} Blendg to SCP LOD stp fwd L, -, thru & fwd R to CP DLC (*W fwd L trng LF to fc ptr*) ;

### 9-12 LEFT TURN FACE RLOD ; WALK BACK 2 ; LEFT TURN FACE DLW ; WALK TO BJO & CHECK ;

- 9 {L Trn} Repeat meas 1 of Part A ;  
10 {Walk Bk 2} In CP RLOD stp bk R, -, bk L, - ;  
11 {L Trn} Repeat meas 2 of Part A ;  
12 {Walk BJO, Ck} Repeat meas 3 of Part A ;

**13-16 FISHTAIL ; WALK & FACE ; 2 SIDE CLOSES ; WALK & PICKUP ;**

- 13 {Fishtail} Repeat meas 4 of Part A ;
- 14 {Walk, Fc} In BJO stp fwd L, -, fwd R to CP WALL, - ;
- 15 {2 Sd CIs} Repeat meas 7 of Part B ;
- 16 {Walk, PU} Repeat meas 8 of Part B ;

**PART C**

**1-4 TELEMARK TO SCP – THRU, CHASSE TO BJO ;;; MANEUVER, SIDE, CLOSE ;**

- 1-3 {Tele SCP} In CP DLC stp fwd L rise & start trng LF, -, sd R & around ptr to CP RLOD, - ;  
cont trng LF stp fwd L to SCP DLW, - ;  
(W bk R, -, close L to R and trn on heel of R to fc DLW at the end chg weight to L foot, - ;  
stp fwd R in SCP, - , )  
{Thru, Chasse BJO} Stp thru R to CP WALL, - ; Sd L, cl R, sd & fwd L outsd ptr to BJO DLW, - ;  
(W stp thru L to CP WALL, - ; Sd R, cl L, sd & bk R to BJO DLW, - ;)
- 4 {Manuv Sd CI} Stp fwd R start trng RF, -, side L trng to CP RLOD, cl R to L ;

**5-8 IMPETUS TO SCP LOD – STEP THRU ;; 2 SIDE CLOSES ; WALK & PICKUP ;**

- 5-6 {Imp SCP & Thru} Stp bk L w/soft knees start trng RF, -, cl R cont trng RF on L heel  
then chg weight to R, - ; Stp fwd L to SCP LOD, -, thru R to CP WALL, - ;  
(W stp fwd R between M's feet start trng RF pivotg ½ RF, -, sd & fwd L arnd M brush R to L, - ;  
Fwd R complete RF trn to SCP LOD, -, thru L to CP WALL, - ;)
- 7 {2 Sd CIs} Repeat meas 7 of Part B ;
- 8 {Walk, PU} Repeat meas 8 of Part B ;

**9-12 TELEMARK TO SCP – THRU ;; SIDE, BEHIND ; ROLL 2 TO SCP ;**

- 9-10 {Tele SCP & Thru} In CP DLC stp fwd L rise & start trng LF, -, sd R & around ptr to CP RLOD, - ;  
cont trng LF stp fwd L to SCP DLW, - , stp thru R to CP WALL, - ;  
(W bk R, -, close L to R and trn on heel of R to fc DLW at the end chg weight to L foot, - ;  
stp fwd R in SCP, - , stp thru L to CP WALL, - ;)
- 11 {Sd, Bhnd} In CP WALL stp sd L, -, XLib of L, - ;  
(W stp sd R, -, XLib of R, - ;)
- 12 {Roll 2} Releasg hnds stp sd & fwd L trng ½ LF, -, sd & bk R cont trng LF to SCP LOD, - ;

**13-16 WALK – MANEUVER, SIDE, CLOSE – SPIN TURN ;;; BOX FINISH ;**

- 5-7 {Fwd, Manuv, Sd, CI} In SCP LOD stp fwd L, -, fwd R start trng RF, - ;  
Sd L trng to CP RLOD, cl R to L,  
{Spin Trn} Bk L start trng ½ RF, - ; Cont trng fwd R twd LOD, -, bk L to CP DLW, - ;
- 8 {Box Fin} Repeat meas 8 of Part A ;

**PART CMOD**

**1-4 TELEMARK TO SCP – THRU, CHASSE TO BJO ;;; MANEUVER, SIDE, CLOSE ;**

- 1-4 Repeat meas 1-4 of Part C ; ; ;

**5-8 IMPETUS TO SCP – THRU ;; 2 SIDE CLOSES ; SIDE, BEHIND ;**

- 5-6 {Imp SCP & Thru} Repeat meas 5-6 of Part C ; ;
- 7 {2 Sd CIs} Repeat meas 7 of Part B ;
- 8 {Sd, Bhnd} Repeat meas 11 of Part C ;

**9-12 ROLL 2 TO SCP ; WALK & PICKUP ; 2 LEFT TURNS ;;**

- 9 {Roll 2} In Repeat meas 12 of Part C ;
- 10 {Walk, PU} Repeat meas 8 of Part B ;
- 11-12 {2 L Trns} Repeat meas 1-2 of Part A ; ;

**13-16 WALK – MANEUVER, SIDE, CLOSE – SPIN TURN ;;; STEP BACK, DIP BACK ; & HOLD**

- 13-15 {Walk, Manuv, Sd, CI} Blendg to SCP stp fwd L, -, fwd R start trng RF, - ; Sd L trng to CP RLOD, cl R,  
{Spin Trn} Bk L start trng ½ RF, - ; Cont trng fwd R twd LOD, -, bk L to CP DLW, - ;
- 16 {Stp Bk, Dip Bk} In CP DLW stp bk R, -, stp bk L w/soft knee twistg LF leavg R leg extended, - ;

Suggested Cues:

- Intro OP FCG DLW Wait 2;; Apt, Pt; PU, Tch;
- A 2 L Trns;; Walk to BJO & Ck; Fishtail;  
Fwd, Manuv; Sd Cl, Spin; Trn, - ; Box Finish;
- Amod 2 L Trns;; Walk to BJO & Ck; Fishtail;  
Fwd, Manuv; Sd Cl, Spin; Trn, - ;\*\*\* Bk ½ Box (DLW);
- B Hover – PU;; 2 L Trns (WALL);;  
Hover – Thru;; 2 Sd Cls; Walk, PU (DLC);  
1 L Trn (RLOD); Walk Bk 2; 1 L Trn (DLW); Walk to BJO & Ck;  
Fishtail; Walk & Fc; 2 Sd Cls; Walk, PU;
- A 2 L Trns;; Walk to BJO & Ck; Fishtail;  
Fwd, Manuv; Sd Cl, Spin; Trn, - ; Box Finish;
- A 2 L Trns;; Walk to BJO & Ck; Fishtail;  
Fwd, Manuv; Sd Cl, Spin; Trn, - ; Box Finish;
- C Tele SCP – Thru;; Chasse BJO; Manuv, Sd Cl;  
Impetus – Thru;; 2 Sd Cls; Walk, PU;  
Tele SCP – Thru;; Sd, Bhnd; Roll 2;  
Walk, Manuv; Sd Cl, Spin; Trn, - ; Box Finish;
- A 2 L Trns;; Walk to BJO & Ck; Fishtail;  
Fwd, Manuv; Sd Cl, Spin; Trn, - ; Box Finish;
- B9-16 1 L Trn (RLOD); Walk Bk 2; 1 L Trn (DLW); Walk to BJO & Ck;  
Fishtail; Walk & Fc; 2 Sd Cls; Walk, PU;
- Cmod Tele SCP – Thru;; Chasse BJO; Manuv, Sd Cl;  
Impetus - Thru;; 2 Sd Cls; Sd, Bhnd;  
Roll 2 (to SCP); Walk, PU; 2 L Trns;;  
Walk, Manuv; Sd Cl, Spin; Trn, - ; Stp Bk, Dip Bk; & Hold

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<sup>1)</sup> To most beginners, QS seems to be difficult because of the various timings. This dance is written to learn standard QS timings of WZ figures:

Spin Trn, Hvr, Tele, Imp is danced with 3 even beats taking 1,5 meas in QS.

L Trn, Manuv Sd Cl, Bk ½ Box (Box Finish) is danced with Sq taking just 1 meas in QS.

TS figures normally are danced as in TS: Walk, Roll, 2 Sd Cls, Fishtail, ...

These "rules" are easy to learn and may be helpful to understand how QS "works".

Enjoy Quickstep !