

MAMA SAID

Choreographer: Mike Seurer 449 East 5th Street, Fond du Lac, WI 54935 (920)907-1214

Record: Collectable 3001- "Mama Said", The Shirelles

Phase: II+1(Rock the Boat)

Speed: 45 rpm

Rhythm: Two-Step

Footwork: Opposite,except as noted

Sequence:INTRO AB AB AC AB ENDING

INTRODUCTION

1----2 WAIT;;SIDE TWO-STEP LEFT & RIGHT;;

1-2 In BFLY/WALL wait 2 meas;;

3-4 Sd L ,cl R, sd L, tch R,-; Sd R, cl L, sd R, tch L,-;

PART A

1----4 TWO FWD TWO-STEPS;; HITCH 6;;

1-2 Fwd L, cl R, fwd L,-; Fwd R,cl L, fwd R,-;

3-4 Fwd L, cl R, bk L,-; Bk R, cl L, fwd R,-;

5----8 TRAVELING BOX;;;:

5-6 Sd L, cl R, fwd L blend to RSCP/RL0D,-; Fwd R,-,L,-;

7-8 Sd R, cl L, bk R to SCP/LOD,-; Fwd L,-,R,-;

PART B

1----4 FACE TO FACE; BACK TO BACK; BASKETBALL TURN;;

1-2 Sd L, cl R sd L trng ¼ LF (W RF),-; Sd R, cl L, sd R trng toBFLY/WALL,-

3-4 Lunge sd L twd LOD,-, rec R trng RF (W LF) to LOP/RL0D,-; lunge

sd L twd RL0D,-, Rec R trng RF (W LF) to SCP/LOD,-;

5----8 FWD LK FWD;; ROCK THE BOAT;;

5-6 Fwd L, lk R ib of L, fwd L,-; Fwd R,lk L ib of R, fwd R,-;

7-8 Fwd L with knee stiff,-,cl R bending knee and lower,-; Repeat Meas 7;

PART C

1----4 LACE ACROSS;; LACE BACK;;

1-2 Fwd L, cl R, fwd L (As W prog undr jn ld hnds R,L,R),-; Fwd R,cl L, fwd R,-;

3-4 Change hnds Fwd L, cl R, fwd L (As w prog undr M's R & W's L R,L,R),-; Fwd R, cl L, fwd R,-;

5----8 CIRCLE AWAY TWO TWO-STEPS;; STRUT TOG 4;;

5-6 Circ twd COH(W twd WALL) Fwd L, cl R, fwd L,-;Fwd R, cl L, fwd R trng LF to fc ptr,-;

7-8 Strut twd ptr Fwd L,-,R,-; Fwd L,-, R to SCP/LOD,-;

ENDING

1----4 TWO FWD TWO-STEPS;; SLOW TWIRL VINE TWO; APT PT;

1-2 Fwd L, cl R, fwd L,-; Fwd R,cl L, fwd R,-;

3-4 Sd L, XRib(W twrls RF undr jnd ld hnds R,L),-; Apt L,-,Pt R,-;