

MARIA BONITA

Music: **Michell Ross**

www.amazon.co.uk/3 Top Cha Cha's

Track # 25 Time 2:20 Available from choreographer

Rhythm: **Cha Cha** Phase: **V+1 (Turkish Towel) + Several U**

Footwork: **Opposite except where (Noted)**

Release Date: Dec 18

Choreo: Jos Dierickx Beverlosestwg 14b2 3583 Paal Belgium

E-mail: jos.dierickx@telenet.be

Sequence: **INTRO ABC B END**



INTRO

01-04 BFLY WALL LEAD FOOT FREE WAIT 2 MEASURES ; ; NEW YORKER TWICE ; ;

{Wait} Bfly Wall ld ft free wt 2 meas ; ; {New Yorker x 2} Thru L to LOP RLOD, rec R to fc, sd L/cl R, sd L ; Thru R to OP LOD, rec L to fc, sd R/cl L, sd R to BFLY WALL ;

PART A

01-04 SPRING BREAK ; M ACROSS/W INSIDE TURN to L-POS ; SLINGSHOT CROSS BODY ; W OUT to FACE ;

{Spring Break} Rk fwd twd Wall L, rec R, anchor Lib of R/rec R, push off R to lunge sd LOD L (*W rk bk R, rec L, fwd twd M R/cl L while swvlg ¼ RF to fc LOD, push off L to sit bk on R*) to end M fcg Wall and W fcg LOD w/ ld hnds jnd low while looking at ptr ; {M Across/W Insd Turn to "L" Pos} Fwd R twd Wall stepping acrs frnt of W while trng ¼ RF to fc RLOD, sd L trng ¼ RF to fc COH while raising jnd ld hnds, chasse sd LOD R/L, R checking sideward movement and catching W in R arm (*W fwd LOD L, fwd R trng ½ LF undr jnd ld hnds, bk LOD L/ik Rif of L, bk L*) to "L" position w/ M fcg COH and W fcg RLOD ; {Slingshot Cross Body} Lunge sd RLOD L looking at ptr, rec R, chasse sd RLOD L/R, L (*W bk & sd R LOD trng hips slightly RF, rec L to fc RLOD, fwd RLOD R/ik Lib, fwd R*) ; {W Out to FC} Sm bk R comm to trn LF like a Slip Pvt, sm fwd L cont trn to fc Wall, chasse sd RLOD R/L,R (*W fwd L comm LF trn, fwd & sd R cont trn to fc COH, chasse sd & bk L/cl R, sd & bk L*) to BFLY WALL ;

05-07 CROSS SWIVEL to BJO DLW/W DEVELOPE ; THRU FRONT VINE 4 ; SPOT TURN & r-hndshk ;

{X-Swivel to BJO/W Developpe} [S----] Fwd L outsd ptr/swvlg on L foot LF DLW, pt R sd & bk RLOD, hold shaping twd W to BJO DLW (*W Bk R/swvlg LF on R foot to fc DRC, bring L foot [w/ toe pointed down] up R leg to insd of R knee, extend L foot fwd*) ; {Thru Front Vine 4} [QQQQ] Thru R (*W thru L*), sd L, XRib (*W XLib*) sd L to BFLY WALL ; {Spot Turn & r-hndshk} Relg hnds XRif (*W XLif*) trng LF, rec L compg full trn, sd R/cl L, sd R to r-hndshk WALL ;

08-11 BASIC ½ TO TURKISH TOWEL ; ; ONE BREAK ; W OUT to WALL ;

{Basic ½ to Turkish Towel} Rk fwd L, rec R, sd raise joined R hnds palm to palm/cl R, sd L (*W Bk R, rec L, sd R/cl L, sd R*) ; Bk R, rec L, small sd R/cl L, sd R (*W XLif trn RF under jnd hnds, fwd R cont RF trn, fwd L arnd M to end in bk of and to his left sd/fwd R, fwd L*) ; {One Break} Chk bk L bringing R arms up & over head, rec R, sd L/cl R, sd L (*W Chk fwd R, rec L, sd R/cl L, sd R slidg behind M to his R sd*) ; {W Out to Wall} Rk bk R, rec L chg to lead hnds joined, small sd R/cl L, sd R (*W fwd L twd LOD, fwd R trn LF, small sd L/cl R, sd L*) to BFLY WALL ;

12-16 To RLOD FRONT VINE 4 ; REVERSE UNDERARM TURN ; CRAB WALKS ; ; QUICK FENCE LINE in 3 & r-hndshk ;

{To RLOD Front Vine 4} [QQQQ] To RLOD XLif (*W XRif*), sd R, XLib (*W XRib*), sd R ; {Reverse Underarm Turn} Raisg jnd ld hnds XLif w/ slight RF bdy trn, rec R, sd L/cl R, sd L (*W full LF trn undr jnd hnds XRif, rec L, fwd & sd R/cl L, sd R swvlg*) to BFLY ; {Crab Walks} Twd LOD XRif (*W XLif*), sd L, XRif (*W XLif*) / sd L, XRif (*W XLif*) ; Sd L, XRif (*W XLif*), sd L/cl R, sd L ; {Quick Fence Line in 3 & r-hndshk} [QQQ] XRif, rec L, sd R & r-hndshk ;

PART B

01-04 SHADOW NEW YORKER ; UNDERARM TURN ; SHADOW BACK BREAK to OP ; START PARALLEL BREAKS ;

{Shadow New Yorker} [w/ r-hndshk] Thru L (*W thru R*) to LOP RLOD w/ M's L-arm xtnd bhd W's bk, rec R to fc ptr, sd L/cl R, sd L ; {Underarm Turn} Raisg trail hnds palm to palm XRib, rec L, sd R/cl L, sd R (*W XLif comm RF trn under trail hnd, cont RF trn rec R fc COH, sd L/cl R, sd L*) keep r-hndshk WALL ; {Shadow Break to OP} XLib (*W XRib*) trng both to LOD w/ W's L-arm xtnd bhd M's bk, fwd R, fwd L/ik Rib (*W Ik Lib*), fwd L to OP LOD ; {Start Parallel Breaks} w/ r-hndshk Rk bk R leading W across in front, rec L, fwd R to fc Line /Ik Lib, fwd R (*W fwd L trng ¼ LF in front of M, fwd R trng ½ LF to fc Wall, sd & fwd L/ik Rib, fwd L to fc line*) [similar to W whip action] to LOP LOD ;

05-09 FINISH PARALLEL BREAKS ; FENCE LINE ; START X-BODY INTERRUPT w/ 2 SWIVELS ; ; FINISH X-BODY ;

{Finish Parallel Breaks} Fwd L trng ¼ Lf ifo W, fwd R trng ½ Lf to fcg LOD, fwd L/lk R, fwd L (*W rk bk R allowing M to pass across in front, rec L to fc, fwd R/lk L, fwd R*) to BFLY WALL [similar to M whip action] ; **{Fence Line}** XRif (*W XLif*) w/ bent knee ; **{Start Cross Body Interrupt w/ 2 Swivels}** Fwd L, rec R trng LF ¼, ipl L, R, L (*W bk R, rec L, fwd R/lk Lib, fwd R*) to "L" shaped loose CP pos M fcg LOD & W fcg COH ; [S-S-] Rk sd R trng body slightly LF, -, rk sd L trng body slightly RF (*W fwd L swvl ½ LF, -, fwd R swvl ½ RF*) still in "L" shaped pos M fcg LOD & W fcg COH, - ; **{Finish Cross Body}** Bk R, rec L trn ¼ LF, sd R/cl L, sd R (*W fwd L, fwd R trng LF ½, sd L/cl R, sd L*) to BFLY COH ;

10-13 OP HIP TWIST INTO a FAN ; ; START STOP & GO INTO CROSS BODY ; ;

{OP Hip Twist Into a Fan} Chk fwd L, rec R, small bk L/cl R, bk L pushing arm forward gently to turn W (*W rk bk R, rec L, fwd R/fwd L, fwd R swivel ¼ RF on right*) ; XRib, cl L, sd R/cl L, sd R slight LF rotation twd W (*W fwd L, fwd R trn ½ LF, bk L/lk Rif, bk L*) to Fan Pos M fcg COH ; **{Start Stop & Go Into Cross Body}** Fwd L, rec R, sd L/cl R, sd L lead W trn LF under ld hnds (*W cl R, fwd L, fwd R/XLib, fwd R quick LF trng under ld hnds fc RLOD*) ; Bk R comm LF to CP, rec L cont LF trn to fcg COH, sd R/cl L, sd R (*W fwd L comm LF trn ifo M to CP, sd R cont LF trn, sd L/cl R, sd L*) to BFLY WALL ;

14-16 NEW YORKER in 4 ; FULL TURN CHASE M & W ; ;

{New Yker in 4} [QQQQ] XLif (*WXRif*) to LOP RLOD, rec R to BFLY, sd L, cl R ; **{Full Turn Chase M & W}** [Releasg both hnds] Fwd L turn ½ RF, rec R cont turn ½ RF, bk L/lk Rif, bk L (*W bk R, rec L, fwd R/lk Lib, fwd R*) ; Bk R, rec L, fwd R/lk Lib, fwd R (*W fwd L turn ½ RF, rec R cont turn ½ RF to fc ptr, bk L/lk Rif, bk L*) to BFLY WALL ;

PART C

01-04 BACK BREAK INTO TRIPLE CHA's to LOD ; ; FORWARD BREAK ; SPOT TURN ;

{Bk Break Into Tripple Cha to LOD} [Relg ld hnds] XLib (*WXRib*) to OP LOD, rec R, w/ bdy trn twd ptr fwd L/lk Rib (*W lk Lib*), fwd L ; w/ Bdy trn awy from ptr fwd R/lk Lib (*W lk Rib*), fwd R, w/ bdy trn twd ptr fwd L/lk Rib (*W lk Lib*), fwd L ; **{Fwd Break}** Thru R to OP LOD, rec L to fc ptr, sd R/cl L, sd R ; **{Spot Turn}** XLif (*WXRif*) to RLOD trng ½ RF, rec R contg to trn to fc ptr, sd L/cl R, sd L tot o BFLY WALL ;

05-08 To RLOD BACK BREAK INTO TRIPLE CHA's ; ; FORWARD BREAK ; SPOT TURN & r-hndshk ;

{Bk Break Into Tripple Cha to RLOD} Repeat meas 1,2 Part C to RLOD ; ; **{Fwd Break}** Repeat meas 3 Part C ; **{Spot Turn}** Repeat meas 4 Part C to r-hndshk WALL ;

ENDING

01-04 CHASE w/ UNDERARM PASS ; ; NEW YORKER TWICE ; ;

{Chase w/ Underarm Pass} Fwd L trng RF ½ keepg ld hnds jnd w/ palm upwards, rec R, fwd L/cl R, fwd L (*W bk R, rec L, fwd R/cl L, fwd R twd M's L sd*) ; Bk R raisg ld hnds, rec L, sd R/cl L, sd R (*W fwd L, fwd R trng ½ LF undr jnd ld hnds to fc ptr, sd L/cl R, sd L*) to BFLY COH ; **{New Yorker x 2}** Repeat meas 3 Intro to LOP LOD ; Repeat meas 4 Intro to OP RLOD ;

05-08 CHASE w/ UNDERARM PASS ; ; NEW YORKER in 4 ; To RLOD AIDA & EXTEND ARMS ;

{Chase w/ Underarm Pass} Repeat meas 1,2 Ending to BFLY WALL ; ; **{New Yorker in 4}** Repeat meas 14 Part B ; **{Aida to RLOD & Extend Arms}** Thru L RLOD, sd R to fc rel ld hnds & jn trl hnds, trng LF bk L/lk Rif, bk L LOD to V BK-TO-BK ; raisg lead arms up & out ;