

# Mary's Slow Two Step

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Music: „Mary's Boychild" - Jim Reeves, Album: "Christmas With The Stars", UN 1 111, Track 10, [3:10 min.](#)  
or Download Amazon.de  
Rhythm & Phase: ST, Phase IV + 1(Triple Traveller)  
Timing: Sqg throughout, unless noted - reflects actual weight changes  
Footwork: opposite unless noted (Woman's footwork in parentheses)  
Sequence: Intro - A - B - A - B(9-16) - A - End

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## INTRODUCTION

### 1-4 WAIT 2 MEAS :: APART & POINT ; TOGETHER & TOUCH TO BFLY :

- 1-2 **{Wait 2}** In OP FCG M fcg ptr & WALL w/lfeet free wait long note & 2 meas ; ;  
3 **{Apt & Pt (S-)}** Stp apt L, -, pt fwd R twd ptr, - ;  
4 **{Tog & Tch (S-)}** Stp fwd R twd ptr, -, tch L to R to BFLY WALL, - ;

### 5-8 LUNGE BASIC TWICE :: SIDE, DRAW, CLOSE, - ; TWISTY VINE 4 :

- 5-6 **{Lunge Basic 2x}** In BFLY WALL stp sd L w/lunge action, -, rec sd R, XLif (*W XRif*) ;  
Sd R w/lunge action, -, rec sd L, XRif (*W XLif*) ;  
7 **{Sd Draw Cl (SS)}** Staying in BFLY WALL stp sd L, draw R to L, cl R to L, - ;  
8 **{Twisty Vine 4 (qqqq)}** Stp sd L, XRib (*W XLif*), sd L, XRif (*W XLib*) ;

## PART A

### 1-4 LUNGE BASIC TWICE TO PICKUP LOD :: LEFT TURN WITH INSIDE ROLL ; BASIC ENDING TO BFLY :

- 1-2 **{Lunge Basic 2x to PU}** In BFLY WALL repeat meas 5-6 of Intro to almost PU LOD  
(*W on the very last step trns LF to fc RLOD*) ; ;  
3 **{L Trn Insd Roll}** Fwd L start trng LF, -, sd L to fc COH, XLif to fc COH  
(*W bk R start trng LF, -, sd L trng LF undr jnd ldhnds, bk & sd R to fc ptr*) ;  
4 **{Basic Endg}** Blendg to BFLY COH stp sd R, -, XLib (*W XRib*), rec R ;

### 5-8 UNDERARM TURN TO HNDSHK ; OPEN BREAK ; CHANGE SIDES UNDERARM ; BASIC ENDING TO PICKUP :

- 5 **{Undrm Trn to Hndshk}** In BFLY COH stp sd L, -, XRib leadg W to trn RF undr jnd ldhnds,  
rec L jng M's R hnd to W's R hnd  
(*W stp sd R, -, XLif trng ½ RF undr jnd ldhnds, rec fwd R cont trng to fc ptr*) ;  
6 **{Open Brk}** With R-to-R hnd jnd fcg ptr & COH stp sd R, -, rk apt L twd WALL, rec fwd R ;  
7 **{Chg Sds Undrm}** In HNDSHK M fc COH stp fwd L passg R shldr & leadg W to trn LF undr jnd hnds  
start trng ½ RF to fc WALL, -, sd R, XLif  
(*W stp fwd R start trng ½ LF undr jnd hnds, -, sd L to fc ptr, XRif*) to BFLY WALL ;  
8 **{Basic Endg to PU}** In BFLY WALL repeat meas 4 of Part A to end in PU LOD  
(*W on the very last step trn LF to fc ptr & RLOD*) ;

### 9-12 TRIPLE TRAVELLER :: BASIC ENDING TO BFLY :

- 9-11 **{Triple Traveller}** In PU LOD stp fwd L leadg W to trn LF undr ldhnds, -, fwd R, fwd L  
(*W bk R start trng LF, -, sd L trng LF undr jnd ldhnds, fwd R to fc LOD*) to LOP LOD ;  
Progressg down LOD stp fwd R spiraling LF undr jnd ldhnds, -, fwd L, fwd R  
(*W twd LOD fwd L, -, fwd R, fwd L*) to LOP LOD ;  
Fwd L bringing jnd hnds down & bk to lead W to roll RF, -, sd R to fc, XLif  
(*W fwd R start trng RF, -, sd L cont trng, sd & fwd R finishg RF trn to fc ptr*) to LOP FCG ;  
12 **{Basic Endg}** Repeat meas 4 of Part A ;

### 13-16 UNDERARM TURN ; LARIAT HALF MAN TO LOP ; OUTSIDE ROLL TO BFLY ; OPEN BASIC TO BFLY :

- 13 **{Undrm Trn}** In BFLY COH stp sd L leadg W to trn RF undr jnd ldhnds, -, XRib, rec L  
(*W sd R start trng RF undr jnd ldhnds, -, thru L trng ½ RF, sd R cont RF trn to fc WALL to M's R sd ;*  
14 **{Lariat ½ M to LOP}** Rk sd R leadg W to circle ¼ RF around M, -, rec sd L slightly trng LF,  
fwd R to fc RLOD (*W circle ¼ RF around M fwd L, fwd R, fwd L to fc RLOD*) to LOP RLOD ;  
15 **{Outsd Roll}** Leadg W to trn RF stp fwd L, -, R, L to fc ptr & WALL  
(*W fwd R start trng RF, -, sd L cont trng, sd & fwd R finishg RF trn to fc ptr & COH*) ;  
16 **{Open Basic}** Stp sd R to ½ OP LOD, -, XLib, rec R to BFLY WALL ;

17 **SIDE, DRAW, CLOSE, -;**  
17 {Sd Draw Cl (SS)} In BFLY WALL stp sd L, draw R to L, cl R to L, -;

## **PART B**

### **1-4 BASIC ;; LEFT STAR TWISTY BASIC ; RIGHT STAR TWISTY BASIC ;**

1-2 {Basic} In BFLY WALL stp sd L, -, XRib (*W XLib*), rec L ;  
Sd R, -, XLib (*W XRib*), rec R ;  
3 {L Star Twisty Basic} Stp sd L, -, jng L hnds palm to palm XRib (*W XLif*), rec L ;  
4 {R Star Twisty Basic} Stp sd R, -, jng R hnds palm to palm XLib (*W XRif*), rec R to HNDSHK fcg ptr ;

### **5-8 SHADOW BREAK TWICE ;; RIGHT HAND UNDERARM TURN ; OPEN BREAK WITH MAN'S HEADLOOP ;**

5-6 {SHDW Brk 2x} R hnds jnd stp sd L, -, XRib (*W XLib*) both fcg RLOD, rec L to fc ptr ;  
Sd R, -, XLib (*W XRib*) both fcg LOD, rec R to fc ptr keep R hnds jnd ;  
7 {R Hnd Undrm Trn} Fcg ptr & WALL repeat meas 13 of Part A w/W trng undr jnd R hnd ;  
8 {Open Brk M's Headloop} R hnds jnd stp sd R, -, rk apt L, rec fwd R twd ptr raisg jnd R hnds high above M's head ;

### **9-12 OPEN BASIC ; SWITCHES LADY THEN MAN ;; LUNGE BASIC TO PICKUP LOW BFLY ;**

9 {Open Basic} Stp sd L to Left ½ OP RLOD plcg W's R hnd on M's R shldr, -, XRib, rec L fwd ;  
10-11 {Switches W Then M} In Left ½ OP RLOD stp fwd R leadg W across to ½ OP RLOD, -, fwd L, fwd R (*W crossg in front of M fwd & sd L to ½ OP RLOD, -, fwd R, fwd L*) ;  
In OP RLOD crossg in front of W stp fwd & sd L to Left ½ OP RLOD, -, fwd R, fwd L blendg to fc ptr (*W fwd R, -, fwd L, fwd R blendg to fc ptr*) ;  
12 {Lunge Basic to PU} Sd R to BFLY WALL w/lunge action, -, rec sd L, XRif (*W XLif trng to fc RLOD*) ;

### **13-16 TRAVELING CROSS CHASSES TO BFLY WALL ;;;;**

9-12 {Trav X Chasses} Hnds jnd to low BFLY M fcg LOD stp sd & fwd L to fc DLC, -, sd R twd DLW, XLif of R (*W XRif*) ; Sd & fwd R to fc DLW, -, sd L twd DLW, XRif (*W XLif*) ;  
Repeat meas 9-10 op Part B to end in BFLY WALL ;

## **ENDING**

### **1-3 LUNGE BASIC WITH INSIDE ROLL ; SIDE, DRAW, CLOSE TO CP, - ; RIGHT LUNGE & HOLD ;**

1 {Lunge Basic Insd Roll} In BFLY WALL stp sd L w/lunge action, -, rec sd R, XLif (*W stp sd R w/lunge action, -, rec sd & fwd L trng ½ LF, sd R cont trng to fc ptr*) ;  
2 {Sd Draw Cl (SS)} Stp sd R, draw L to R, cl L to CP, - ;  
3 {R Lunge (S-)} In CP stp sd R w/lunge action, hold position, -, - ;

## **Suggested Cues:**

Intro In OP FCG Wait long note & 2 meas;; Apt, Pt; Tog, Tch to BFLY;  
Lunge Basic 2x;; Sd Draw Cl; Twisty Vine 4 ;

A Lunge Basic 2x to PU LOD;; L Trn w/Insd Roll; Basic Endg BFLY COH;  
Undrm Trn to HNDSHK; Open Brk; Chg Sds Undrm; Basic Endg PU LOD;  
Triple Traveller;;; Basic Endg BFLY COH;  
Undrm Trn; Lariat Half M to LOP RLOD; Outsd Roll to BFLY WALL; Open Basic to BFLY;  
Sd, Draw, Cl;

B Basic;; L Star Twisty Basic; R Star Twisty Basic;

SHDW Brk 2x;; R Hnd Undrm Trn; Open Brk / M's Headloop to;

9-12 Open Basic (Fc RLOD); Switches Lady; & Man; Lunge Basic to PU Low BFLY;

13-16 Trav X Chasses (4 meas) to BFLY WALL;;;;

A

B(9-16)

A

End Lunge Basic w/Insd Roll; Sd Draw Cl; R Lunge & Hold;