

May Each Day

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Music: Artist: Andy Williams CD: "Days Of Wine And Roses" Track #12 COL-CD-6485

Suggested speed: 29MPM (as on the CD)

Footwork: Opposite, directions for man (lady as noted) [Note: Timing indicates weight changes only]

Rhythm & Phase: Waltz VI

Sequence: **Intro A A B A End**

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Meas

INTRO

1-2 WAIT; W ROLL TO BJO;

- 1 Wait 1 meas in OP Pos both fcg DLC trailing hnds jnd trailing ft pointed sd & bk;
- 2 **{W Roll to Bjo}** Fwd R leading W roll LF, fwd L, joining lead hnds fwd R outside ptr assuming BJO (W fwd L comm rolling LF 1/2, sd R cont rolling LF to fc M, bk L ptr outside) end BLO/DLC;

PART A

1-4 OPEN REV TRN; HOVER CORTE; OUTSIDE SPIN CHECK; CURVED FEATHER;

- 1 **{Open Rev Trn}** BJO/DLC fwd L comm trng LF, cont trng LF sd R twd LOD, cont trng LF bk L ptr outside (W bk R comm trng LF, cont trng LF sd L twd LOD, cont trng LF fwd R outside ptr) end BJO/RLOD;
- 2 **{Hover Corte}** Bk R comm trng LF, cont trng LF sd L hovering, cont trng LF rec R (W fwd L comm trng LF, cont trng LF sd R hovering, cont trng LF rec L) end BJO/DLW;
- 3 **{Outside Spin Check}** Bk L small step ptr outside comm trng RF, fwd R cont trng RF to fc COH, cont trng RF on R sd & bk L w/ checking motion (W fwd R outside ptr comm trng RF, cont trng RF cl L, cont trng RF fwd R w/ checking motion) end CP/DLW;
- 4 **{Curved Feather}** Fwd R comm curving RF, sd & fwd L cont curving RF w/ L-shoulder lead, fwd R outside ptr w/ checking motion (W bk L comm curving RF, cont curving RF sd & bk R, bk L ptr outside w/ checking motion) end BJO/DRW;

5-8 BK PASSING CHG; BK TO TUMBLE TRN; BK TO PROM SWAY & CHG SWAY TO OVERSWAY;;

- 5 **{Bk Passing Chg}** BJO/DRW maintaining the pos bk L ptr outside, bk R, bk L ptr outside end BJO/DRW;
- 12&3 6 **{Bk to Tumble Trn}** Bk R trng LF, sd L/fwd R outside ptr comm trng LF, cont trng LF on R slip L fwd lowering (W fwd L trng LF, sd R/bk L ptr outside comm trng LF, con trng LF on L slip R bk lowering) end CP/DRC;
- 12- --- 7-8 **{Bk to Prom Sway & Chg Sway to Oversway}** Bk R, trng LF to fc WALL sd L twd LOD, sway to L looking LOD; Slowly chg sway to R flexing L-knee & extending R twd RLOD, -, -;

9-12 FALLAWAY RONDE TO BJO; OUTSIDE SWIVEL & QK WING; DBL REV SPIN W TRANS; SPLIT RONDE & SLIP;

- 9 **{Fallaway Ronde to Bjo}** OVERSWAY Pos/WALL sd R flexing knee ronde L CCW, XLIB momentary in SCP/LOD, bk R leading W swivel LF (W sd L ronde R CW, XRIB, swiveling LF on R fwd L) end BJO/LOD;
- 12- (W 12&3) 10 **{Outside Swivel & Qk Wing}** Bk L leading W swivel RF, fwd R, rotate upper body LF leading W walk aroud (W fwd R outside ptr swiveling RF to SCP, fwd L comm curving LF around M/fwd R cont curving LF, cont curving LF around M fwd L w/ checking motion) end SCAR/DLC;
- 12- (W 12&3&) 11 **{Dbl Rev Spin W Trans}** Fwd L outside ptr comm trng LF, cont trng LF sd R, spin LF on R to fc LOD (W bk R comm trng LF, cont trng LF on R-heel cl L/cont trng LF sd & bk R, cont trng LF XLIF/shift wgt to R) end CP/LOD;
- 23 (W -2&3) 12 **{Split Ronde & Slip}** Lowering on R ronde L CCW comm trng LF, cont trng LF XLIB, cont trng LF on L slip R bk under body (W lowering on R ronde L CCW comm trng LF, cont trng LF XLIB/cont trng LF sd & bk R, cont trng LF slip L fwd) end CP/DRW;

PART A (cont'ed)

13-16 **CONTRA CHECK REC TO BJO; MANUV; SPIN TRN; BOX FIN;**

- 13 {**Contra Check Rec to Bjo**} CP/DRW flexing R-knee fwd L w/ R-shoulder lead looking at W, rec R, sd & fwd L (W flexing L-knee bk R w/ L-shoulder lead looking well L, rec L, sd & bk R) end BJO/DLW;
- 14 {**Manuv**} Fwd R outside ptr comm trng RF, fwd & sd L cont trng RF, cl R end CP/RLOD;
- 15 {**Spin Trn**} Bk L comm trng RF, cont trng RF fwd R twd LOD, cont slightly trng RF sd & bk L twd DRC end CP/DLW;
- 16 {**Box Fin**} Bk R comm trng LF, cont trng LF sd L twd DRC, cl R end CP/DLC;

PART B

1-4 **DBL REV SPIN; CHECKED REV & SLIP; DBL NAT SPIN; CLOSED WING;**

- 12- (W 12&3) 1 {**Dbl Rev Spin**} CP/DLC fwd L comm trng LF, cont trng LF sd R, spin LF on R to fc LOD (W bk R comm trng LF, cont trng LF on R-heel cl L/cont trng LF sd & bk R, cont trng LF XLIF) end CP/LOD;
- 2 {**Checked Rev & Slip**} Fwd L comm trng LF, cont trng LF sd & fwd R around W looking R w/ sway to R, trng RF slip L bk under body (W bk R, trng LF on R-heel cl L & rise on toes looking L, trng RF slip R fwd) end CP/DLW;
- 12- (W 12&3) 3 {**Dbl Nat Spin**} Fwd R comm trng RF, cont trng RF sd & fwd L, spin RF on L tch R rotating body RF to lead W fwd (W bk L comm trng RF, trng RF on L-heel cl R cont trng RF/sd & fwd L around M, fwd R outside ptr) end BJO/LOD;
- 1-- (W 123) 4 {**Closed Wing**} Fwd R, rotate upper body LF, cont rotate upper body LF (W bk L, sd R IF of M, fwd L outside ptr w/ R-shoulder lead) end SCAR/DLC;

5-8 **TRN LF & R CHASSE TO BJO; BK & PIVOT 2; SLOW RUDOLPH RONDE; BK W SWIVEL TO THROWAWAY OVERSWAY LINE;**

- 12&3 5 {**Trn LF & R Chasse to Bjo**} SCAR/DLC fwd L trng LF to fc COH, sd R twd LOD/cl L, sd & bk R end BJO/DRC;
- 6 {**Bk & Pivot 2**} Bk L ptr outside trng RF, fwd R btwn W's ft comm pivot RF, bk L cont pivot RF to fc LOD end CP/LOD;
- 1-- 7 {**Slow Rudolph Ronde**} Fwd R btwn W's ft leading W ronde, cont rotate body RF leading W ronde, - (W bk L comm ronde R CW, swiveling RF on L cont ronde R CW, -) end SCP/LOD;
- 1-- 8 {**Bk W Swivel to Throwaway Oversway Line**} XLIB under body in SCP, slightly rising on L rotate body LF, flexing L-knee cont rotate body LF extending R twd RLOD looking at W (W XRIB under body, slightly rising swivel LF on R, flexing R-knee cont swivel LF extending L sd & bk twd DLW);

9-12 **RISE TO SAME FT LUNGE LINE; PICK-UP TO TELESPIN ENDING TO BJO; MANUV; OVERTRN SPIN TRN;**

- 2- (W ---) 9 {**Rise to Same Ft Lunge Line**} Rise on L leading W swivel RF, cl R, flex R-knee w/ sway to R extending L sd & bk twd LOD/chg sway to L (W rise on R comm swiveling RF ronde L CW, cont swivel RF on R to fc LOD, flexing R-knee extending L fwd twd LOD/chg sway to R) end Same Ft Lunge Line/WALL (W fcg LOD);
- /123 (W &123) 10 {**Pick-up to Telespin Ending to Bjo**} Swivel LF on R picking up W/fwd L comm trng LF, sd & fwd R cont trng LF, cont trng LF sd & fwd L (W fwd L comm trng LF to fc M/bk R cont trng LF, cont trng LF on R-heel cl L, cont trng LF sd & bk R) end BJO/DLW;
- 11 {**Manuv**} Fwd R outside ptr comm trng RF, fwd & sd L cont trng RF, cl R end CP/RLOD;
- 12 {**Overtrn Spin Trn**} Bk L comm trng RF, cont trng RF fwd R twd LOD, cont trng RF bk L twd LOD end CP/RLOD;

PART B (cont'ed)

- 13-16 RF TRNG LK TO SCP; QK OPEN REV; OPEN FIN TO BJO; CHG OF DIRECTION;**
1&23 13 **{RF Trng Lk to SCP}** CP/RLD bk R w/ R-shoulder lead comm trng RF/XLIF cont trng RF to fc almost COH, cont trng RF sd & slightly fwd R btwn W's ft rising to CP, cont trng RF sd & fwd L (W fwd L w/ L-shoulder lead comm trng RF/XRIB cont trng RF, cont trng RF sd & fwd L around M, cont trng RF sd & fwd R) end SCP/DLC;
 12&3 14 **{Qk Open Rev}** Fwd R, fwd L comm trng LF/cont trng RF sd & bk R, bk L ptr outside (W fwd L comm trng LF, sd & fwd R crossing IF of M cont trng LF/sd & fwd L, fwd R outside ptr) end BJO/RLD;
 15 **{Open Fin to Bjo}** Bk R comm trng LF, cont trng LF sd & fwd L, fwd R outside ptr end BJO/DLW;
 12- 16 **{Chg of Direction}** Fwd L comm trng LF, cont trng LF to fc DLC sd R, draw L to R end CP/DLC;

ENDING

- 1-4 DIAMOND TRN HALF;; SYNC BK TWISTY VINE; SYNC TWIRL TO BFLY-SCAR;**
 1-2 **{Diamond Trn Half}** CP/DLC fwd L comm trng LF, cont trng LF sd R, bk L ptr outside end BJO/DRC; Bk R comm trng LF, cont trng LF sd L, fwd R outside ptr w/ checking motion end BJO/DRW;
 1&23 3 **{Sync Bk Twisty Vine}** On vocal "Good" bk L ptr outside/swiveling RF cl R momentary end in SCAR/DLC, fwd L outside ptr, swiveling LF bk R end BJO/RLD;
 12&3 4 **{Sync Twirl to Bfly-Scar}** On vocal "And" bk L ptr outside, trng RF sd R leading W trn RF under jnd lead hnds/cl L, sd R trng slightly RF to fc LOD (W fwd R outside ptr, fwd L comm trng RF under jnd lead hnds/sd R cont trng RF, cont trng RF sd & bk L) end BFLY-SCAR/LOD;

- 5-9 CHECK W DEVELOPE; OPEN FIN TO BJO; TELEMAR TO SCP;**
W ROLL ACROSS TRANS TO LOP; CROSS CHASSE; CROSS CHECK & EXTEND;
 1-- 5 **{Check W Develope}** BFLY-SCAR/LOD on vocal "Good" fwd L outside ptr, slightly sway to L leading W develope, - (W bk R ptr outside, slightly sway to R lifting L-kee, extend L-toe fwd);
 6 **{Open Fin to Bjo}** On vocal "Night" rec R, sd L, fwd R outside ptr end BJO/DLC;
 7 **{Telemark to SCP}** Fwd L comm trng LF, cont trng LF sd & fwd R, cont trng LF sd & fwd L (W bk R comm trng LF, cont trng LF on R-heel cl L, cont trng LF sd & fwd R) end SCP/LOD;
 12- 8 **{W Roll Across Trans to LOP}** XRIF w/ checking motion leading W fwd, rec L, pt R sd twd (W 123) RLOD (W fwd L comm rolling LF, cont rolling LF sd R, cont rolling LF sd L twd LOD) end LOP both fcg WALL; (now same footwork)
 12&3 9 **{Cross Chasse}** XRIF, sd L/cl R, sd L;
 1-- 10 **{Cross Check & Extend}** Flexing both knees XRIF, gradually straighten knees extending free hnds to sd as music fades out, -;