

MAY IT BE

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Music: "May It Be (from 'The Lord of the Rings')" Artist: Rose Downing

Recording: "Premium Standard - Ballroom Elegance" Track 5
mp3 available at www.casa-musica-shop.de/song.aspx?id=5258

Footwork: Opposite except where otherwise noted

Rhythm/Level: Waltz Phase IV+2(R Trng Lk, Hvr Cross Endg) Difficulty: Above average

Speed: 29ppm as recorded Duration: 3:10

Sequence: Intro A B A[1-27] Ending

INTRO

FCG POS – WALL – TRLG FT FREE

1-4 WAIT 1 MEAS; SWAY R & L; THRU SD BEH; ROLL 3 TO SCP;

- 1 FCG pos – M fcg WALL – Trlg ft free – Wait 1 meas ;
- 2 Sd R with R-side stretch, -, sd L with L-side stretch ;
- 3 Thru R, sd L, XRib ;
- 4 Roll LF (W RF) L, R, L to SCP LOD ;

5-6 THRU SEMI-CHASSE; CHR & SLIP;

- 12&3 5 Thru R trng to fc ptr, sd L/cl R, sd L to SCP LOD ;
- 6 Ck thru R with lunge action, rec L stg LF body trn, slip R bhd L (W ck thru L with lunge action, rec & swvl LF on R, step fwd L outsd M's R ft) to CP DLC ;

PART A

1-4 1 LEFT TRN; BK WZ; OPEN IMP; THRU SEMI-CHASSE;

- 1 Fwd L trng LF, sd & bk R contg LF trn, cl L to CP RLOD ;
- 2 Bk R, bk & slight sd L, cl R to CP RLOD ;
- 3 Bk L stg RF trn, cl R [heel trn] contg RF trn to DLW, sd & fwd L to SCP DLC (W fwd R stg RF trn betw M's ft pivotg 1/2 RF, sd & fwd L contg RF trn around M brush R to L, sd & fwd R to SCP) ;
- 12&3 4 Thru R trng to fc ptr, sd L/cl R, sd L to SCP DLC ;

5-8 WEAVE 6 TO BJO;; FWD FWD/LK FWD; MANEUVER;

- 5 Thru R, fwd L trng LF to CP, cont LF trn sd & bk R to BJO DRC ;
- 6 Bk L twd LOD, bk R blndg to CP trng LF, cont LF trn sd & fwd L to BJO DLW ;
- 12&3 7 Fwd R, fwd L/Lk Rib, fwd L ;
- 8 Fwd R trng RF, contg RF trn sd L ifo W, cl R (W bk L trng RF, contg RF trn to fc ptr sd R, cl L) to CP RLOD ;

9-12 OVRSPN TRN; R TRNG LK; THRU SEMI-CHASSE; SLOW SD LK;

- 9 Bk L pvtg RF, fwd R trng RF (W bk L/brsh R), rec bk & sd L trng RF to CP RLOD ;
- 10 Bk R w/ R-sd ld stg RF trn/XLif (W XRib) to fc COH, contg RF trn sd & fwd R betw W's ft rising to CP, contg RF trn sd & fwd L to SCP DLC ;
- 12&3 11 Thru R trng to fc ptr, sd L/cl R, sd L blndg to SCP DLC ;
- 12 Thru R, sd & fwd L trng LF to CP, cl R (W thru L, sd & fwd R trng LF, XLif contg LF trn) to CP DLC ;

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13-16 DIAM TRN – ENDG SCAR DLW;;;;

- 13 Fwd L trng LF, cont LF trn sd R, bk L to BJO DRC ;
- 14 Bk R trng LF, sd L, fwd R to BJO DRW ;
- 15 Fwd L trng LF, cont LF trn sd R, bk L to BJO DLW ;
- 16 Bk R stg to ld W to SCAR, cl L contg to ld W to SCAR (W sd R), fwd R to SCAR DLW ;

17-20 CROSS HVR TO BJO; CROSS HVR TO SCAR; HVR CROSS ENDG; FWD CANTER;

- 17 XLif, sd R w/ rise trng LF, rec fwd L to BJO DLC ;
- 18 XRif, sd L w/ rise trng RF, rec fwd R to SCAR DLW ;
- 1&23 19 Fwd L/rec R trng slightly LF, sd & fwd L, fwd R to BJO DLC ;
- 1-3 20 Fwd L, slowly draw R to L, cl R ;

21-24 DBL BK WSK;; WING; CL TELE;

- 21 Bk L, bk R blndg to SCP DLC, XLib ;
- 1-3 22 [Remaining in SCP DLC] Bk R, -, XLib ;
- 1--(123) 23 Fwd R stg LF trn, draw L to R, tch L (W fwd L trng LF, fwd R around M cont LF trn, fwd L contg LF trn) to SCAR DLC ;
- 24 Fwd L stg LF trn, fwd & sd R contg trn (W heel trn), fwd & sd L to BJO DLW ;

25-28 MANEUVER; 1 R TRN; M CHASSE W ROLL R IN 3 TO SKTRS; FWD WZ – DLC;

- 25 Repeat Meas 8 of Part A ;
- 26 Bk L stg RF trn, contg RF trn sd R, cl L to CP LOD ;
- 12&3 27 Fwd R trng RF to fc WALL, sd L/cl R, sd L trng LF to fc LOD (W bk L stg RF trn, sd R compg RF trn to fc LOD, fwd L) blndg to SKTRS LOD ;
- (123) 28 [Same footwork] Fwd R, fwd & slight sd L, cl R to SKTRS DLC ;

PART B

- 1-4 [SKTRS] START DIAM TRN; BK CANTER; CONT DIAM TRN; FWD CANTER;**
 - 1 [SKTRS–same footwork in Meas1-8] Fwd L trng LF, cont LF trn sd R, bk L to SKTRS DRC ;
 - 1-3 2 Bk R, slowly draw L to R, cl L to SKTRS DRC ;
 - 3 Bk R trng LF, sd L, fwd R to SKTRS DRW ;
 - 1-3 4 Fwd L, slowly draw R to L, cl R to SKTRS DRW ;
- 5-8 CONT DIAM TRN; BK CANTER; FINISH DIAM TRN; FWD CANTER;**
 - 5 Fwd L trng LF, cont LF trn sd R, bk L to SKTRS DLW ;
 - 1-3 6 Bk R, slowly draw L to R, cl L to SKTRS DLW ;
 - 7 Bk R trng LF, sd L, fwd R to SKTRS DLC ;
 - 1-3 8 Fwd L, slowly draw R to L, cl R to SKTRS DLC ;
- 9 PU WZ – M IN 2;**
 - 1-3(123) 9 Fwd L, -, cl R (W fwd L stg LF trn to CP, sd R compg LF trn, cl L) to CP DLC ;

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ENDING

- 1-4 [SKTRS] OPEN R TRN; BK CANTER; OPEN R TRN; FWD CANTER;**
- 1 [SKTRS—same footwork in Meas1-4] Fwd R stg RF trn (W smaller stp), contg RF trn fwd & sd L (W smaller stp), contg RF trn bk R to SKTRS RLOD ;
 - 1-3 2 Bk L, slowly draw R to L, cl R ;
 - 3 Bk L stg RF trn (W longer stp), contg RF trn sd & fwd R bhd & between W's feet (W longer stp), contg RF trn fwd L to SKTRS LOD ;
 - 1-3 4 Fwd R, slowly draw L to R, cl L ;
- 5-8 M CHASSE W ROLL R IN 3 TO BJO; MANEUVER; BK WZ; HVR CORTE;**
- 12&3 5 Fwd R trng RF to fc WALL, sd L/cl R, sd L (W fwd R trng RF 1/4, sd & bk L trng RF 1/4, sd & fwd R trng RF 1/4 to fc COH) blndg to BJO DLW ;
 - (123) 6 Repeat Meas 8 of Part A ;
 - 7 Bk L, bk & slight sd R, cl L to CP RLOD ;
 - 8 Bk R stg LF trn, sd & fwd L hovering & contg LF trn, rec R (fwd L trng LF, sd & fwd R hovering & contg LF trn, rec L) to BJO LOD ;
- 9-12 BK BK/LK BK; BK HVR TO SCP; THRU CHASSE TO BFLY; CK THRU, REC, PT;**
- 12&3 9 Bk L, bk R/Lk Lif, bk R to BJO LOD ;
 - 10 Bk L, trng slightly RF stp bk & sd R risg & brushg L to R, sd & fwd L (W fwd R, trng RF stp sd L risg & brushg R to L, cont RF trn to SCP stp sd & fwd R) to SCP LOD ;
 - 12&3 11 Thru R trng to fc ptr, sd L/cl R, sd L to BFLY WALL ;
 - 12 Ck thru R, rec L, pt R out to sd (no weight) to BFLY WALL ;
- 13-16 SWAY R & L; THRU SD BEH; ROLL 3; THRU CHASSE;**
- 1-3 13 Repeat Meas 2 of Intro ;
 - 14 Repeat Meas 3 of Intro ;
 - 15 Roll LF (W RF) L, R, L to BFLY WALL ;
 - 12&3 16 Thru R, sd L/cl R, sd L to BFLY WALL ;
- 17 SLOW CROSS LUNGE WITH ARM SWEEP TO OVERSWAY LINE;**
- 1-- 17 [As music fades out] XRif (W XLif) with lunge action with bent knee & slowly sweep hands from ifo chest down then out to sides in circular motion while rising on supporting leg with L-side (W R-side) stretch to oversway line - M looking at W (W looking well to L) ;

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QUICKCUES

Rhythm/Phase: Waltz Phase IV+2(R Trng Lk, Hvr Cross Endg)
Speed: 29mpm as recorded

Difficulty: Above average

Duration: 3:10

Intro

FCG POS – WALL – TRLG FT FREE
WAIT 1 MEAS; SWAY R & L; THRU SD BEH; ROLL 3 TO SCP;
THRU SEMI-CHASSE; CHR & SLIP;

Part A

1 LEFT TRN; BK WZ; OPEN IMP; THRU SEMI-CHASSE;
WEAVE 6 TO BJO;; FWD FWD/LK FWD; MANEUVER;
OVRSPN TRN; R TRNG LK; THRU SEMI-CHASSE; SLOW SD LK;
DIAM TRN – ENDG SCAR DLW;;;;
CROSS HVR TO BJO; CROSS HVR TO SCAR; HVR CROSS ENDG; FWD CANTER;
DBL BK WSK;; WING; CL TELE;
MANEUVER; 1 R TRN; M CHASSE W ROLL R IN 3 TO SKTRS; FWD WZ – DLC;

Part B

[SKTRS] START DIAM TRN; BK CANTER; CONT DIAM TRN; FWD CANTER;
CONT DIAM TRN; BK CANTER; FINISH DIAM TRN; FWD CANTER;
PU WZ – M IN 2;

Part A/1-27

1 LEFT TRN; BK WZ; OPEN IMP; THRU SEMI-CHASSE;
WEAVE 6 TO BJO;; FWD FWD/LK FWD; MANEUVER;
OVRSPN TRN; R TRNG LK; THRU SEMI-CHASSE; SLOW SD LK;
DIAM TRN – ENDG SCAR DLW;;;;
CROSS HVR TO BJO; CROSS HVR TO SCAR; HVR CROSS ENDG; FWD CANTER;
DBL BK WSK;; WING; CL TELE;
MANEUVER; 1 R TRN; M CHASSE W ROLL R IN 3 TO SKTRS;

Ending

[SKTRS] OPEN R TRN; BK CANTER; OPEN R TRN; FWD CANTER;
M CHASSE W ROLL R IN 3 TO BJO; MANEUVER; BK WZ; HVR CORTE;
BK BK/LK BK; BK HVR TO SCP; THRU CHASSE TO BFLY; CK THRU, REC, PT;
SWAY R & L; THRU SD BEH; ROLL 3; THRU CHASSE;
SLOW CROSS LUNGE WITH ARM SWEEP TO OVERSWAY LINE;