

Me & Bobby McGee

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 Music: "Me & Bobby McGee" Rhonda McDaniel
 Download from - rondamcdaniel.com - Music cut @ 3:31, faded and slowed 14%
 Rhythm/Phase West Coast Swing/ Jive – Phase VI Footwork: Opposite or as noted
 Sequence: Intro, A, B, C, D, E, A, B, Ending Released: July 2016

INTRO:

About 4 feet Apart Man fcg RLOD

1-4 Wait Pick-Up Notes,,, Shorty George Together in 8;; Even Count Cheerleaders;;

1234 1 **{Shorty George Together in 8}**
 small fwd L flexing L knee slightly as you lower L shoulder & point L index finger straight down to floor,
 small fwd R flexing R knee more as you lower R shoulder & point R index finger straight down to floor,
 small fwd L flexing L knee still more w/same action as above,
 small fwd R flexing R knee further w/ same action as above;
 5678 2 small fwd L begin to rise slightly as you lower L shoulder & point L index finger straight down to floor,
 small fwd R rise a little more as you lower R shoulder & point R index finger straight down to floor;
 small fwd L cont to rise w/same action as above,
 small fwd R cont to rise w/ same action as above;
 12-4 3 **{Even Count Cheerleaders}** no hands joined - XLIFR, side R, tap L heel to the left, small side L;
 56-8 4 XRIFL, side L, tap R heel to the right, small side R joining lead hands;

Part A: starts fcg RLOD

1-2 Shuttlecock Whip w/ Man's Cross-Over Wheel;;

123&4 **{Shuttlecock Whip w/ Man's Cross-Over Wheel}** first measure of a standard whip turn – but both swivel
 sharply to SCAR fcg RLOD on beat 4;
 567&8 in SCAR walk fwd R, L, then cross over in front of partner with a triple turning to the right – fwd R/ sd & fwd L, XRIF
 of L con't the RF rotation to face almost LOD;
*(W – bk L, bk R, [coaster] bk L starting a RF turn/ cl R con't the RF turn, sd & fwd L turning RF with the Man to fc
 RLOD);*

3-5 Inside Underarm Turn ~ Left Side Pass to Line;;

123&4 **{Inside Underarm Turn}** bk L, fwd R out of track raising lead hands to indicate an inside turn for the woman,
 5&6 sd L/ cl R, sd & fwd L twd RLOD; (anchor) bk R/ replace fwd L, replace bk R,
*(W fwd R twd RLOD, fwd L starting a LF turn under lead hands, con't LF turn sd R/ cl L, sd bk R to fc partner;
 (anchor) bk L/ replace fwd R, replace bk L,)*
 123&4 **{Left Side Pass to Line}** trng LF bk L out of track, cl R; sd L/ cl R, fwd & sd L returning to track to fc LOD,
 5&6 (anchor) bk R/ rec L, replace bk R;
(W fwd R, fwd L; sd & fwd R/ XLIFR, sd & bk R to fc partner; (anchor) bk L/ rec R, bk L);

6-8 Sugar Push w/ Double Resist Rocks ~ Apart/ Ball Cross to Underarm Turn;;

12-4 **{Sugar Push w/ Double Resist Rocks}** bk L, cl R to L, tap L fwd, small fwd L leaning in twd ptr w/ resistance;
 &5&6 apt R leaning away from ptr with resistance/ & tap L slightly fwd, fwd L as lean-in twd ptr with resistance/ & tap R toe
 slightly back,
 &7&8 **{Apart/ Ball Cross}** apart R leaning away from partner with resistance/ tap L fwd, quick step L/ XRIF trng RF to fc
 DLW raising lead hands leading ptr to right side;
 1&2 3&4 **{to Underarm Turn}** sd L/ cl R, sd & fwd L trng RF to fc RLOD, (anchor) bk R/ rec L, bk R;
(W- sd R turn/ XLIF turn, bk R turn under joined lead hands to fc LOD, (anchor) bk L/rec R, bk L);

9-11 Left Side Pass w/ Tuck & Twirl ~ Sugar Push Hook Turn to Handshake;;

12-4 5&6 **{Left Side Pass w/ Tuck & Twirl}** trng LF - sd & bk L, rec R, tap L, fwd L leading W to turn RF under lead hands;
 con't LF turn to fc LOD ((anchor)) bk R / rec L, R,
*(W - fwd R, fwd L, swivel 1/4 twd ptr tap R/, start RF turn to LOD fwd R spin RF under lead hands on R to fc ptr;
 (anchor) bk L / rec R, bk L,)*

12-4 5&6 **{Sugar Push Hook Turn to Handshake}** bk L, cl R to L; tap L fwd, small fwd L, trng RF hook RIBL/ cl L, cl R to face DRC w/ right hand extended back joined to W's right hand; (*W standard Sugar Push*);

12-13 Right Side Pass w/ Lady's Underarm Turn ~ add a Kick/ Ball Change;;;

123&4 5&6 **{Right Side Pass w/ Lady's Underarm Turn}** lunge sd & fwd L, rec R, leading W to a LF spin sd L / cl R, sd L trng LF back into the slot to fc RLOD & join lead hands; ((anchor)) bk R / rec L, bk R, (*W - fwd R, fwd L starting a LF turn; fwd R comm LF spin/ cl L, bk R completing a 1 ½ LF spin to fc LOD; ((anchor)) bk L/ rep R, bk L*);

7&8 **{Kick/ Ball Change }** kick L/ cl L, cl R;

14-16 Surprise Whip;; Slow Body Ripple; (now facing Line)

123&4 567&8 **{Surprise Whip}** first measure of whip turn is standard; man rock fwd R leading W to swivel RF ½ on R and catch her back with your right hand, rec L and raise lead hands leading to a RF turn, (anchor) R/ L, R end fcg LOD; (*W – dance standard 1st measure of a whip turn swiveling sharply RF on R at the end of beat 4; rock bk L, rec R turning sharply RF under lead hands to face partner, (anchor) bk L/ replace R, bk L*);

---- **{Slow Body Ripple}** with feet remaining with lead foot slightly in front (as they were when you finished the preceding (anchor)), soften both knees to lower and push hips fwd with shoulders back, start to straighten legs as you push hips back and shoulders fwd, cont this movement to straighten legs completely, and push hips fwd;

Part B: starts fcg LOD

1-6 Underarm Turn into Triple Travel w/ Rolls ~ Sugar Tuck & Twirl;;;;;

12 3&4 1 **{Underarm Turn into Triple Travel w/ Rolls}** Bk L, XRIF of L moving off track, trng RF triple in plc L/R,L raising jnd lead hands while trng W LF (*W fwd R, fwd L, trng LF under jnd lead hands step fwd sd & fwd R/XLIF of R, sd & bk R*)

1&2 34 2 chasse sd RLOD R/cl L, sd R, to end in a R hand star w/ M fcg Wall (*W fcg Center*); sd RLOD L both rolling ½ RF, sd R both cont to roll ½ RF to fc Center (*W fc Wall*) joining L hands in L hand star;

1&2 3&4 3 chasse sd RLOD L/cl R, sd L releasing hands on last step and both trng ½ LF to fc Wall (*W fc Center*) joining R hands in R hand star, chasse sd RLOD R/cl L, sd R releasing hands on last step and both trng ½ RF to fc Center (*W fc Wall*) joining L hands in L hand star;

1&2 34 4 chasse sd RLOD L/cl R, sd L releasing hands on last step and both trng ½ LF to fc Wall (*W fc Center*) in a R hand star, sd RLOD R both rolling LF, sd L both cont roll to end in LOFP/ RLOD;

5&6 4 1/2 (anchor) R/L,R, (*W (anchor) L/R, L,*)

12-4 5-6 **{Sugar Tuck & Twirl}** bk L, recover R; Tap L fwd raising lead hands to indicate a lady spin, small fwd L, (anchor) bk R/ rec L, bk R;

5&6 (*W fwd R, fwd L; tap RIBL and turn RF to look LOD, fwd R spinning ½ RF under lead hands to face ptr, ((anchor)) bk L/rec R, bk L*);

7-8 Wrapped Whip w/ Surprise Check Ending;;

123&4 7 **{Wrapped Whip}** Bk L to double handhold, raising joined lead hands and leading woman fwd XRIFL turn ¼ RF, side L continue RF turn lowering joined lead hands/close R, side and forward L to end in Wrapped Position fcg LOD on woman's left side; (*W fwd R, fwd L, fwd R passing under joined lead hands/ cl L, bk R in wrapped position*);

123&4 8 **{Surprise Check Ending}** fwd R turning upper body strongly RF to lead ptr to check bk, rec bk L raising joined lead hands, (anchor) bk R/rec L, bk R to end fcg LOD; (*W check bk L, rec fwd R turning RF under joined lead hands to fc ptr, (anchor) bk L/rec R, bk L*);

9-11 Chicken Walks 2 Slows; 4 Quicks; 2 Slows;

1-3- 9 **{Chicken Walks 2 Slows}** bk up L,-, R,-; (*W – swivel on L & fwd R toe out,-, swivel on R & fwd L toe out,-;*)

1234 10 **{Chicken Walks 4 Quicks}** bk up L, R, L, R; (*W – fwd R, L, R, L with same swivel & toe action as above*);

1-3- 11 **{Chicken Walks 2 Slows}** bk up L,-, R,-; (*W – same as measure 9*);

12-13 Whip w/ Slingshot Underarm to a Pose;;

123&4 12 **{Whip w/ Slingshot Underarm to a Pose}** dance the first measure of a standard whip turn ending man fcg RLOD;

1-3- 13 man trng RF strong lunge R to LOD,-, strong recover L twd RLOD to counter balance Lady's pose,-;

1&2- - (*W dance the first measure of a standard whip turn; quick LF inside underarm triple L/ R/ strong fwd & sd L w/ L toe pointing DLW and a strong pose looking twd the wall,, hold 2 beats*);

14-16 Left Side Pass w/ Tuck & Twirl to Hammerlock;,, w/ a UnderArm Exit to LOD;,::

- 2-4 14+ {**Left Side Pass w/ Tuck & Twirl to Hammerlock**} trng LF – lead woman fwd while joining both hands as you hold, rec R, tap L, fwd L raising lead hands to lead W turn RF under joined lead hands; continue leading W turn RF as you (anchor) bk R / rec L, bk R keeping trailing hands low at W's waist level ending fcg RLOD,
(12-4 5&6) (W swivel to fc RLOD & fwd R, fwd L, swivel ¼ LF twd ptr tap RIBL, start RF turn to LOD fwd R; step in place L/R, L continuing RF turn under joined lead hands to face M end HAMMERLOCK position M fcg RLOD lead hands above W's head and trail hands at W's R Hip);
- 123&4 15 ½- {**w/a UnderArm Exit to LOD**} bk L, fwd & sd R to lady's right sd; swivel 1/4 RF to fc COH then sd L/ cl R, turning slightly RF sd & fwd L to fc LOD, (anchor) bk R/rec L, bk R ending M fcg LOD;
5&6 16 (W fwd R, fwd L starting to turn LF; commence LF underarm triple to face partner,, (anchor) bk L /rec R, bk L);

Part C: starts fcg LOD**1-3 Alternating Underarm Turn ~ Inside Underarm Turn;,::**

- 123&4 1-1 ½ {**Alternating Underarm Turn**} bk L, fwd & sd R to lady's right side, swivel 1/4 RF to fc WALL then sd L/ cl R leading W's LF Underarm triple, sd fwd L twd DLW under same lead hands w/ 5/8 LF spin to fc RLOD; (anchor) Bk R / Rec L, bk R; Note: the 5/8 LF spin can be replaced with a LF turning triple – and eliminate the anchor
5&6 (W fwd R, fwd L, sd & fwd R/ XLIF of R, swivel 1/4 LF to fc LOD bk R; (anchor) L bk /rec R, bk L),
- 123&4 1 ½ -3 {**Inside Underarm Turn**} bk L, fwd R out of track raising lead hands to indicate an inside turn for the woman; sd L/ cl R, sd & fwd L twd LOD, (anchor) bk R/ rec L, bk R end fcg LOD;
5&6 (W fwd R, fwd L starting a LF turn under lead hands, sd R/ XLIF of R, sd bk R to fc ptr; (anchor) bk L/ rec R, bk L);

4-6 Triple Whip ... Man Turn Trans Tandem LOD Ladies in Front;,::

- 123&4 4-6 {**Triple Whip M Turn Trans to Tandem**} LOP Fcg Pos M fcg LOD bk L, rec R out of the track trng RF, sd L /rec R comm trng RF, sd & fwd L cont trng RF to fc RLOD w/ pivoting action to end fcg DRC;
5678 rock fwd R comm trng RF, rec L cont trng RF; rock fwd R cont trng RF, rec L cont trng RF,
1234 fwd R cont trng RF releasing lead hands, fwd L cont trng RF to fc LOD, step in pl R, L joining both hands behind W R-foot free for both; (now same footwork)
(W 123&4) (W fwd R, fwd L trng RF ½ to fc LOD, bk R/cl L, fwd R end momentary CP M fcg RLOD w/ pivoting action to end M fcg DLC ; bk L comm trng RF, rec R cont trng RF, bk L cont trng RF, rec L cont trng RF;
(5678) Bk L cont trng RF, fwd R cot trng RF to fc LOD, (anchor) L/R, L) end TANDEM Pos both fcg LOD both hands jnd M behind W R-foot free for both);

7-11 Tandem Sugar Hop;,, Switch Back;,, Tandem Sugar Hop; Switch Back W Trans;

- 12-&4 {**Tandem Sugar Hop**} fwd R, fwd L, swing R fwd/slightly hop on L lifting R-knee, bk R; Bk L/cl R, fwd L,
5&6
1234 {**Switch Bk**} fwd R releasing L-hands, fwd L; sd R, cl L extending hands back (W fwd R comm circle walk CW, fwd L cont circle walk CW; Fwd R cont circle walk CW to M's bk, trng RF on R cl L) end TANDEM Pos both fcg LOD both hands jnd W behind M,
- 12-&4 {**Tandem Sugar Hop**} Fwd R, fwd L; Swing R fwd/slightly hop on L lifting R-knee, bk R, bk L/cl R, fwd L;
5&6
123&4 {**Switch Bk W Trans**} Fwd R comm circle walk CW releasing L-hands, fwd L cont circle walk
(W 1234) CW, triple step R/L, R cont trng RF to fc LOD joining lead hands (W fwd R, fwd L, fwd R trng RF 1/2 to fc RLOD, cl L) end LOP Fcg Pos M fcg LOD;

12-14 Turning Basic ~ Change Places Right to Left to Reverse;,::

- 123&4 5&6 {**Turning Basic**} dance first measure of a standard whip; keep turning to fc COH in loose CP chasse R/L, R,,
123&4 5&6 {**Change Places Right to Left to Reverse**} rock bk L to SCP, rec R trng RF to fc ptr & wall; chasse L/R/ L start trng LF leading W to turn RF under joined lead hands,, fc RLOD & (anchor) rk bk R/ rec L, bk R;
(W rock bk R, fwd L turning in slightly twd M; comm RF triple fwd R/ cl L, cl R completing ¾ RF turn to fc ptr, (anchor) bk L/ rec R, bk L);

15-16 Sugar Push w/ Rocks to Handshake;,::

- 12-4 {**Sugar Push w/ Rocks to Handshake**} bk L, cl R to L, tap L fwd, small fwd L;
567&8 rk bk R, fwd L, (anchor) apart to handshake bk R/ rec L, bk R;

17-20 Traveling Side Pass w/ Points;; Twice ~ to face & Keep the handshake;;

- 123&4 5&67- **{Traveling Side Pass w/ Points}** trng LF to fc Wall – lunge sd L leading W fwd, rec R joining L hands above R hands, XLIBR/sd R, sd L while turning upper body LF raising joined R hands and lowering joined L hands to lead woman to twirl LF 1 & 1/2 turns to end with W in back & slightly to left of man still maintaining double hand hold; XRIFL/sd L, cl R taking joined L hands over man's head to end in side-by-side position with all hands still joined L hands over R hands, point L to sd & hold;
(W fwd R, fwd L commence LF turn twd partner, twirling 1 & 1/2 turns LF first under joined L hands and then under joined R hands sd R/ in place L, in place R to end behind slightly to man left side; XLIBR/sd R, XLIFR, point R to side & Hold);
- 123&4 5&67- **{Twice ~ to face & Keep the Handshake}** repeat 2 measures above except swivel to fc on the point & hold dropping the L hands and keeping the R w/ M fcg RLOD;;

Part D: Jive Section ~ starts fcg RLOD**1-4 Rock to the Chopper & Rock to a ;; Triple Wheel 1 & Spin Her to fc Line;**

- 123&4 5&6 7&8 **{Rock to the Chopper & Rock}** handshake fcg RLOD - Rk bk L, rec in place R start to turn lady LF, Chasse in place L/R, L spin lady LF 1 full turn circling jnd hands CCW over lady's head to a low handshake pos; Circling jnd hands CCW spin RF 1 full turn R/L, R under jnd hands to a low handshake pos, Chasse in place L/R, L spin lady LF 1 full turn circling jnd hands CCW over lady's head to a low handshake pos;
- 9&10 11 12 1&2 3&4 **{Triple Wheel 1 & Spin Her to fc Line}** commence RF wheel sd L/cl R, sd L turning in toward partner and touch her back with L hand, leading the woman to spin RF sd R/cl L, sd R;
(W commence RF wheel sd R/cl L, sd R spinning RF on R foot to face partner; sd L/cl R, sd L);

5-7 Quick Side Breaks; Start Left to Right ~ to Continuous Chasse; ;

- &1&2&3&4 123&4 **{Quick Side Breaks}** lead hands joined – sd L/ sd R, tog L/ tog R, sd L/ sd R, tog L/ tog R;
{Start Left to Right ~ to Continuous Chasse} rk apt L, rec R raising lead hands to indicate a LF underarm turn for the lady, face wall & chasse in place sd L/ cl R, sd L; chasse twd RLOD R/L, R/L, R/L, R; *(W rk apt R, rec L starting a LF turn, chasse sd R turning LF/ cl L con't turn, cl R con't turn to fc partner; chasse twd RLOD L/R, L/R, L/R, L);*

8-9 Slingshot Throwout & Kick/ Ball Change;;

- 123&4 5&6 7&8 **{Slingshot Throwaway}** lunge sd L, rec R, small chasse L/R, L turning LF to face LOD; triple in place R/L, R, *(W lunge sd & bk R, rec L down LOD, triple fwd R/L, R turning ½ LF to fc partner; triple in place L/R, L);*
- {Kick/ Ball Change}** kick L/ cl L, cl R;

Part E: starts fcg LOD**1-3 UnderArm Turn w/ Side Breaks; Finish UnderArm Turn to Face Line; Side Break Freeze;**

- 12&3&4 **{UnderArm Turn w/ Side Breaks}** bk L, fwd & sd R to lady's R sd turn ¼ RF raise jnd lead hands/circle around W trng RF over next 2 beats step sd L/ sd R, cl L/ XRIFL to end fcg DRG;
(W fwd R, fwd L slight turn LF under jnd lead hands/circle LF under jnd lead hands over next 2 beats sd R/ sd L, cl R, XLIFR to end fcg DLW);
- 1&23&4 **{Finish UnderArm Turn}** sd & fwd L trng RF/rec R trng RF, fwd L fc LOD, (anchor) bk R/ rec L, bk R;
(W sd R/XLIFR, trng LF bk R fc RLOD, (anchor) bk L/ rec R, bk L);
- &1--- **{Side Break Freeze}** sd L/ sd R, hold next 3 beats,;;

4-6 Sugar Toe Heel Crosses;; w/ Tuck & Spin Ending;

- 12-- 1--4 **{Sugar Toe Heel Crosses}** bk L, bk R to tight BFLY, swivel RF on R tch L toe to R instep, swivel LF on R tch L heel sd & fwd; Swivel RF on R XLIF & take weight, swivel LF on L tch R toe to L instep, swivel RF on L tch R heel sd & fwd, swivel LF on L XRIF & take weight;
- 23&4 **{Tuck & Spin Ending}** swivel RF on R tch L to R, fwd L bracing joined lead hands at waist level lead W to spin RF, (anchor) R/L, R join lead hands
(W tuck in LF tch R to L, turn RF to step away from M fwd R to turn ½ RF to fc ptr, (anchor) L/R, L);

7-8 2 Sailor Shuffles; Quick Side Breaks;

- 1&23&4 **{2 Sailor Shuffles}** ronde L CCW XLIB/small sd R, sd L, ronde R CW XRIB/small sd L, sd R;
&1&2&3&4 **{Qk Side Breaks}** sd L/sd R, half cl L/cl R, sd L/sd R, half cl L/cl R;

9-11 Whip w/ Inside Turn to Hook and Slow Swivel to Face;;:

123&4 {Whip w/ Inside Turn to Hook and Slow Swivel to Face} Bk L, rec fwd & sd R moving to W's R sd comm ¼
 567&8 RF turn SCP, sd L cont RF turn ¼/rec R, sd & fwd L; Cont turn XRIBL lift lead hands, sd L lead W to turn LF to endfcg
 ---- LOD, XRIBL turn RF/in place L turn RF, fwd R fc RLOD w/ jnd lead hands low behind bk; slow swivel ½ LF on R foot
 to fc ptr & LOD w/ L foot pointed fwd, hold rest of meas,-,-;
*(W fwd R, fwd L turn ½ RF to SCP, bk R/cl L to R, fwd R; fwd L start a LF turn under lead hands, fwd R cont turn ½ to
 fc RLOD, XLIBR turn LF/in place R turn LF, fwd L fc LOD w/ jnd lead hands low behind bk; Sharp swivel ½ RF on L
 foot to fc ptr & RLOD w/ R foot pointed fwd, hold rest of meas,-,-);*

Repeat Part A: starts fcg LOD**Repeat Part B: starts fcg RLOD****Ending: starts fcg RLOD****1-3 Alternating Underarm Turn ~ Cheek to Cheek;;:**

123&4 1-1 ½ {Alternating Underarm Turn} bk L, fwd & sd R to lady's right side, swivel ¼ RF to fc COH then
 5&6 sd L/ cl R leading W's LF Underarm triple, sd fwd L twd DRC under same lead hands w/ 5/8 LF spin to fc LOD;
 (anchor) Bk R / Rec L, bk R;
*(W fwd R, fwd L, swivel 1/8 LF to fc DLC sd & fwd R/XLIF of R turn 1/8 LF to fc COH, swivel 1/4 LF to fc
 RLOD then bk R; (anchor) L bk /rec R, bk L),*
 12-4 **Cheek to Cheek** bk L, fwd R start RF spin to face wall, cont RF spin on R to RLOD, fwd L turn 1/2 LF to LOD;
 5&6 ((anchor)) R/L, R
fwd R, fwd L start LF spin to WALL, cont LF spin on L to LOD, fwd R turn 1/2 RF to RLOD; ((anchor)) L/R, L,

4-6 Wrapped Whip;; Start a Side Whip ~ End in ½ Open LOD;

123&4 {Wrapped Whip} bk L to double handhold, raising joined lead hands and leading W fwd XRIFL turn ¼ RF, sd L
 123&4 continue RF turn lowering joined lead hands/cl R, sd and fwd L to end in Wrapped Position on W's left side; XRIBL
 commence RF turn release man's R and W's L hand, sd and fwd L complete 1/2 RF turn to face partner in LOFP
 fcg LOD, (anchor) R/L, R; *(W Fwd R, fwd L, fwd R passing under joined lead hands/cl L, bk R; to end in Wrapped
 Position; bk L, bk R, (coaster) bk L/ cl R, fwd L);*
 123&4 {Start a Side Whip} bk L, sd & fwd R outside track, tap fwd/hold, rec bk L blending to ½ Open Pos fcg LOD;
(W fwd R, fwd L turning ½ RF, bk R/cl L, fwd R to ½ Open Pos LOD);

7-8 Point Steps w/ Jazz Hands;;,;,;

-2-4-6-8+ {Point Steps w/ Jazz Hands} in ½ Open Pos LOD w/ lead hands extended, palms forward
 and fingers splayed and shaking - point R, step R, point L, step L; point R, step R, point L, Step L; point R,,,,,