

MEDITATION FROM THAIS III

By : Jules Massenet



Choreo : Daisuke & Tamae Doi, 53-2 Daimon-cho, Okuda, Inazawa City, Aichi 492-8226 JAPAN
Music : PEPE PD-0008 CD Track 11 e-mail : d-doi@tcp-ip.or.jp
available from choreographer on MP3 file [free] or MD [at cost]
Rhythm : Bolero Phase III + 2 [Cross Body, Left Pass]
Sequence : Intro - Dance - Dance - Dance - Ending
Timing : SQQ unless noted by side of measure

Speed : 24 MPM

Footwork : Opposite except where noted

Released : Oct, 2006 Ver. 1.1

INTRO

1 - 4 WAIT;; HIP LIFT 2X;;

- 1-2 Cuddle Pos fc Wall lead ft free wait 2 meas;;
3-4 {Hip Lift Twice} In Cuddle Pos sd L bring R ft to L,-, with slight pressure on R lift R hip, lower hip; sd R bring L ft to R,-, with slight pressure on L lift L hip, lower hip;

DANCE

1 - 8 BASIC;; SHLDR TO SHLDR w/ARM; FENCE LINE w/ARM; CROSS BODY; LUNGE BRK; LEFT PASS; FWD BRK;

- 1-2 {Basic} Blend to CP sd L rise,-, bk R with slipping action and with flexing knee, fwd L; sd R rise,-, slip fwd L flex knee, bk R;
3 {Shoulder To Shoulder With Arm} Release hnds sd L rise,-, XRIF to Bjo flex knee with lead arm up palm out trail hnd on R hip, bk L trn to fc ptr;
4 {Fence Line With Arm} Blend to OP Fcg sd R rise,-, cross lunge thru L with bent knee look RLOD lead arm sweep CW (W CCW), bk R trn to fc ptr;
5 {Cross Body} Blend to CP sd & bk L rise comm trn LF,-, bk R flex knee with slipping action, fwd L cont trn to fc COH (W sd & fwd R rise,-, slip fwd L XIF of M flex knee trn LF, bk R cont trn to fc ptr);
6 {Lunge Break} Blend to LOP Fcg sd & fwd R rise,-, lower on R with slight body trn RF lead W to bk lunge, rise on R with slight body trn LF to rec (W sd & bk L rise,-, bk R with contra check like action, rec fwd L) end LOP Fcg COH;
7 {Left Pass} Fwd L rise to Scar DLC lead W trn RF to shape body RLOD,-, slip bk R flex knee, fwd L trn LF to fc Wall (W fwd R rise trn 1/4 RF with back to M,-, sd & fwd L flex knee strong trn LF, bk R cont trn to fc ptr) end LOP Fcg Wall;
8 {Forward Break} Sd & fwd R rise,-, fwd L with contra check like action, bk R;

9 - 16 SPOT TRN; NY; SD TO SERPIENTE;; THRU FENCE REC; REV U/A TRN; U/A TRN; HND TO HND TO OP;

- 9 {Spot Turn} Sd L rise release lead hnds,-, XRIF (W XLIF) flex knee trn 3/4 LF (W RF), fwd L cont trn to fc ptr;
10 {New Yorker} Sd R rise,-, trn RF to LOP RLOD slip fwd L flex knee, bk R trn LF to fc ptr;
11-12 {Side To Serpiente} Sd L rise blend to Bfly,-, thru R with flex knee, sd L; behind R fan L CCW (W CW),-, behind L, sd R;

“Meditation From Thais III”

(Continued)

- 13 {Through Fence Recover} thru L fan R CCW (W CW),-, cross lunge thru R with bent knee look LOD, bk L trn to fc ptr;
- 14 {Reverse Underarm Turn} Release trail hnds sd R rise,-, XLIF flex knee, bk R (W sd L rise,-, XRIF flex knee trn 3/4 LF under jnd lead hnds, fwd L cont trn to fc ptr);
- 15 {Underarm Turn} Sd L rise,-, XRIB flex knee, fwd L (W sd R rise,-, XLIF flex knee trn 3/4 RF under jnd lead hnds, fwd R cont trn to fc ptr);
- 16 {Hand To Hand To Open} Sd R rise,-, trn LF to OP LOD slip bk L flex knee, fwd R;

17 - 20 BOLERO WALKS TO FC;; OPNG OUT 2X;;

- 17-18 {Bolero Walks To Face} Fwd L rise,-, fwd R, L; fwd R rise,-, fwd L, R trn to fc ptr;
- 19-20 {Opening Out Twice} Blend to Bfly sd & fwd L rise comm body rotation to LOD,-, lower on L complete trn extend R ft to sd, rise and rotate bk to Bfly (W sd & bk R rise comm body rotation to match ptr,-, XLIB lower, fwd R rotate bk); cl R rise comm body rotation to RLOD,-, lower on R complete trn extend L ft to sd, rise and rotate bk to Bfly (W sd & bk L rise comm body rotation to match ptr,-, XRIB lower, fwd L rotate bk);

REPEAT DANCE

REPEAT DANCE

END

1 - 4 SPOT & TIME; TIME & SPOT; U/A TRN; SD X LUNGE;

- 1 {Spot & Time} Release hnds sd L rise,-, XRIF flex knee trn 3/4 LF, fwd L cont trn to fc ptr (W sd R rise,-, XLIB flex knee, fwd R);
- 2 {Time & Spot} Sd R rise,-, XLIB flex knee, fwd R (W sd L rise,-, XRIF flex knee trn 3/4 LF, fwd L cont trn to fc ptr);
- 3 {Underarm Turn} Jn lead hnds and repeat meas 15 Dance blend to Bfly;
- SS 4 {Side Cross Lunge} Sd R,-, cross lunge thru L look RLOD,-;